



Manchester 2020 Road to Tokyo Para Powerlifting World Cup

Manchester, Great Britain

February 2020

World Para Powerlifting

Adenauerallee 212-214
53113 Bonn, Germany
www.WorldParaPowerlifting.org

Tel. +49 228 2097260
Fax +49 228 2097-209
WorldParaPowerlifting@Paralympic.org



On behalf of British Weight Lifting, UK Sport and Manchester City Council, I am delighted to invite you to the **Manchester 2020 Road to Tokyo Para Powerlifting World Cup**, which is being held between 20-23 February in Manchester, UK. This competition will be one of the final qualification events for athletes aspiring to compete at the Tokyo 2020 Paralympic Games, so we look forward to welcoming lifters from around the World to compete at their very best and strengthen their bids to qualify. We would also welcome the next generation of athletes to attend the competition in order to drive the continued growth of para-powerlifting.

Great Britain is a country which is safe for international athletes to travel and Manchester is a city renowned for high class sporting events as well as being an international destination for sport, tourism and business. Our chosen venue in Wythenshawe, South Manchester is only a 10minute drive from Manchester International Airport and the official hotels, so competing athletes will experience a compact event with minimal travel time and be able to maximise training, preparation and relaxation time.

Our Local Organising Committee are committed to delivering a well-run, high quality athlete-centred World Cup experience in conjunction with World Para Powerlifting.

I wish all the best to the participants and look forward to seeing you in Manchester.



Ashley Metcalfe
Chief Executive Officer
British Weight Lifting

Contents

1	Competition Dates	4
2	Competition Entries	4
3	Accommodation.....	5
3.1	Type and cost of rooms:.....	5
3.2	Payment procedure.....	6
3.3	Cancellation Policy:	6
4	Transportation	6
5.	Visa.....	7
6	Competition Information	7
6.1	Preliminary Competition Programme	7
6.2	Maximum Number of Entries per Event	7
6.2.1	Individual Event.....	7
6.2.2	Individual Team Event.....	8
6.3	Viability of the Events	8
6.4	Medal Awards	8
6.4.1	Team Trophies	8
6.5	Body Weight Category change.....	8
6.6	Entries and Registration Process.....	9
6.7	Late entries.....	9
6.8	Replacements.....	9
6.9	Declaration of Participation	9
6.10	Results and Rankings	9
6.11	Records	9
7	General Information	9
7.1	IPC Membership.....	9
7.2	World Para Powerlifting Rules & Regulations.....	10
7.3	Anti-Doping	10
7.4	International Classification.....	10
7.5	Medical Information.....	10
7.6	Extra Days.....	10
8	Contact Details.....	10
9	Host City Information.....	11

1 Competition Dates

WPPO Level 3 Referee Course	Sunday 16 th – Tuesday 18 th February
Team Arrival Dates	Monday 17 th February - Wednesday 19 th February
International Classification	Tuesday 18 th February – Wednesday 19 th February
Raise the Bar! Anti-Doping Seminars	Tuesday 18 th February – Wednesday 19 th February
Technical Meeting	Wednesday 19 th February
Competition Dates	Thursday 20 th February – Sunday 23 rd February 2020
Team Departures	Monday 24 th February

2 Competition Entries

All competition entries must be completed via the IPC Online entry system at www.paralympic.org/sdms by the entry deadlines displayed below. Visa invitation, accommodation applications, accreditation applications and travel information must be submitted by no later than the deadlines published below.

Entry by number Opens	Wednesday 18th September 2019
Entry by number Deadline	Sunday 13th October 2019
Entry by Name Opens	Monday 14th October 2019
Accreditation System Opens	Monday 14th October 2019
<u>Final</u> Deadline to return request for visa invitation letter	Wednesday 20th November
<u>Final</u> Online Entry by Name deadline	Friday 13th December 2019
<u>Final</u> Deadline to return: <ul style="list-style-type: none"> ▪ Accommodation Application 	Friday 13th December 2019
Full accommodation payment deadline	Friday 13th December 2019
<u>Final</u> Deadline to return: <ul style="list-style-type: none"> ▪ Accreditation Information ▪ Travel Information 	Friday 17th January 2020
Team Arrivals	Monday 17th – Wednesday 19th February 2020
International Classification	Tuesday 18th – Wednesday 19th February 2020
Technical Meeting	Wednesday 19th February 2020
Competition Dates	Thursday 20th – Sunday 23rd February 2020
Departures	Monday 24th February 2020

3 Accommodation

Three official hotels will be used for all athletes and officials during the World Cup. The hotels offer accommodation in accessible single, twin and double rooms. Official training for the event will take place in the Radisson Blu hotel. All prices below include Breakfast, Lunch and Dinner (all other hotel charges are the responsibility of the resident) and all meals are provided at team Hotels. Please note:

First Meal – Dinner on day of Arrival

Last Meal – Breakfast on day of Departure

Radisson Blu Manchester Airport

- Address: Chicago Avenue, Manchester, M90 3RA
- Website: [Radisson Blu Manchester Airport](https://www.radissonblu.com/hotels/radisson-blu-manchester-airport)



Hilton Manchester Airport

- Address: Outwood Lane, Manchester, M90 4WP
- Website: [Hilton Manchester Airport](https://www.hilton.com/en/hotels/manad10-hilton-manchester-airport/)

Clayton Hotel Manchester Airport

- Address: Outwood Lane, Manchester, M90 4HL
- Website: [Clayton Hotel Manchester Airport](https://www.claytonhotels.com/hotels/clayton-hotel-manchester-airport/)

3.1 Type and cost of rooms:

- **Double room** – £125 per person per night (minimum 5-night stay)
- **Single room** – £190 per person per night (minimum 5-night stay)

The check-in time at the competition hotels is from 15:00 and the check-out is until 12:00. Early Check-in and Late Check out can be requested but additional charges may be incurred.

3.2 Payment procedure

Full accommodation fees must be transferred to the following bank account, by no later than **Friday 13th December 2019**. Please note that room bookings will only be confirmed and allocated to teams when the accommodation payment has been received in full.

If accommodation is requested after the final payment deadline, please note that availability in the three competition hotels cannot be guaranteed and the prices may differ.

Please note that **no cash payments** will be accepted for accommodation fees at this competition.

Account name	Manchester City Council Receipts
Name of the bank	Barclays Bank
Address of the bank:	51 Mosley Street, Manchester, M60 2AU
Account Number:	53348075
Sort Code:	20-55-58
IBAN	GB56 BARC 2055 5853 3480 75
Swift code:	BARCGB22

3.3 Cancellation Policy:

Accommodation will only be guaranteed once payment has been received in full. Payment deadline is Friday 13th December 2019. Refunds will only be considered if costs have not been incurred and at the discretion of the LOC.

4 Transportation

All teams will be met at the airport by event representatives who will assist you getting to your hotel.

Transportation will be provided to all athletes and team officials from/to the official hotels to the competition and training venues. The distance between the hotel and the competition venue is 2 miles with the journey taking approximately 10 minutes by car or bus. The competition venue is located in the Wythenshawe Forum. The training venue is located in the Radisson Blu hotel.

The competition venue is also accessible by the Metro Link that runs between Manchester Airport (where the hotels are based) and Wythenshawe Forum (4 stops). This will allow teams additional flexibility when travelling between the hotel and the venue.

<https://tfgm.com/public-transport/tram/network-map>

5 Access to the UK – the Visa process

The LOC can provide Visa invitation letters to athletes and team officials that require them. In order to obtain your invitation letters, please contact manchester2020ppwc@mls.gb.co and request a visa invitation form. This must be requested no later than **Wednesday 20th November 2019**. A form will be issued to be completed in order for the LOC to issue an invitation letter.

The links below help attendees to check if they need a visa to travel to the UK, with a helpful step by step procedure. The standard visit visa rules will allow visitors to participate in sports events. The Home Office page explains what a visitor can and cannot do.

<https://www.gov.uk/apply-standard-visitor-visa>

<https://www.gov.uk/standard-visitor-visa>

6 Competition Information

6.1 Preliminary Competition Programme

The provisional timetable and events programme will be provided after the final entries by name deadline 13th December 2019. The competition schedule will remain subject to change until the close of the technical meeting. (Target date for sharing provisional time table 23/12/19).

6.2 Maximum Number of Entries per Event

6.2.1 Individual Event

The maximum number of **Senior** individual entries per NPC/NF across all senior bodyweight categories will be:

- Female Athletes: Twenty (20)
- Male Athletes: Twenty (20)

There must not be more than two (2) senior athletes from any one country in the same bodyweight category*

Note: The maximum number of senior individual entries for the **competition host NPC only**, is sixty (60) athletes (Female: 30 and Male: 30) across all senior bodyweight categories. There must not be more than three (3) senior athletes from Championship host NPC in the same bodyweight category*

The maximum number of **Junior** individual entries per NPC/NF across all junior bodyweight categories will be:

- Female Athletes: Thirty (30)
- Male Athletes: Thirty (30)

There must not be more than three (3) junior athletes from any one country in the same bodyweight category

6.2.2 Individual Team Event

NPCs are permitted to enter only one (1) additional individual entry per bodyweight category if they wish to enter the Individual Team Event. The athlete entered that receives the lowest individual competition rank will have their individual result recognised for World, Regional and Paralympic ranking purposes only, but they will not be eligible to receive an individual event medal only a team event medal.

Team events will only exist in senior bodyweight categories but the team may comprise of both senior and junior athletes, if such athletes compete in the same bodyweight category. To ensure the viability of team events, these athletes entered in the team event will not be permitted to change bodyweight categories during the Technical Meeting.

6.3 Viability of the Events

An individual event can be considered viable when the below minimum athlete numbers apply per bodyweight category:

- 1 Athlete: MQS rule when there is one (1) athlete in a single bodyweight category and they lift equal to or more than the respective Regional Championship MQS for that bodyweight category, as detailed in Appendix 7 of the WPPO rules and regulations (Gold).
- Minus one rule (-1) when there are two athletes in a single bodyweight category (Gold)
- 3 or more Athletes: All medals will be awarded (Gold, Silver, Bronze)

An individual team event can be considered viable when two (2) complete teams entered within that individual bodyweight category. A team must consist of three (3) competing athletes from the same nation within that individual bodyweight category in that competition.

6.4 Medal Awards

Medals will be awarded to the top three (3) placed junior and senior athletes per bodyweight category in accordance with the above viability of events. Medals in the Team events will be awarded to the top three (3) placed teams.

6.4.1 Team Trophies

At this competition One (1) team trophy only will be awarded to just the highest placed team from all competing nations, using points from the top six (6) ranked athletes from the individual event in accordance with 16.6.4 of the Rules and Regulations from one (1) or both genders, and junior and senior athletes will both be considered.

6.5 Body Weight Category change

Bodyweight category changes will be permitted following the final entry deadline only during the technical meeting in line with article 11.3.9 of the WPPO rules and regulations. The bodyweight category that is signed off at the technical meeting is considered final, and no further changes will be allowed. Please note that to ensure the viability of teams, athletes that have entered a team event will not be permitted to change bodyweight categories after the final entry deadline.

6.6 Entries and Registration Process

In order to enter this competition all athletes must be registered and licensed for the 2020 competition season via the [SDMS Athlete Data Management System](#) by no later than the final entry deadline. Athletes do not require a Minimum Qualifying Standard (MQS) to enter the competition.

All athletes must be entered by their respective NPC/NF via the IPC Online Entry System by the final entry deadline in order to be accepted by World Para Powerlifting. Should you require assistance with entries please contact World Para Powerlifting: info@WorldParaPowerlifting.org.

6.7 Late entries

Teams must contact the WPPO office if there is a late entry request. All respective information provided by the NPC/NF will be reviewed in consultation with the LOC on a 'case by case' basis and the entry may be accepted or rejected accordingly by WPPO only.

6.8 Replacements

The WPPO Office must be informed if any NPC/NF needs to make an athlete replacement. The replacement of athletes may be accepted due to injury or medical reasons. All respective supporting information regarding the replacement must be sent to the WPPO office and it will be reviewed on a 'case by case' basis and accepted or rejected accordingly by WPPO only.

6.9 Declaration of Participation

By completing and submitting your final sport entries via the IPC Online Entry System, NPCs are considered to have declared the participation of their athletes in the specified event/categories.

6.10 Results and Rankings

Only results of athletes who are licensed within the given timelines for results recognition and have a Review or Confirmed sport class status will be taken into consideration for inclusion in the official World and Regional ranking lists. The results will also be recognised on the Paralympic ranking list for only those athletes that have met all the published pre-requisites to be on the Paralympic rankings.

6.11 Records

At this competition athletes are permitted to break records. Please refer to article 16.5 of the WPPO rules and regulations to see the eligibility requirements for an athlete to break a record.

7 General Information

7.1 IPC Membership

The Organising Committee will only accept entry forms submitted by the NPC / NPF in good standing with the IPC. Furthermore, only those entry forms submitted by the NPC President, Secretary General or authorized person will be processed. For further information on the IPC's membership policies or to address general membership issues, please contact the World Para Powerlifting office.

7.2 World Para Powerlifting Rules & Regulations

The current World Para Powerlifting Technical Rules & Regulations February 2019 (Version 3) will apply for this competition.

7.3 Anti-Doping

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

7.4 International Classification

Athletes who have never been classified and or have a designated sport class status of Review or Review 2020 or earlier will be required to undergo International Classification prior to the start of the competition. A detailed classification schedule will follow after the revision of the final entries by World Para Powerlifting. Athletes that are required to attend international classification must arrive no later than Tuesday 18th February 2020.

7.5 Medical Information

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance and first aid services during training days and the competition. For medical treatment no medical insurance will be provided to any participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event. Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents and repatriation.

7.6 Extra Days

In case of early arrivals or late departures outside of the official arrival and departure dates, any additional needs for accommodation, transportation, meals and any other services must be organised and paid for by the respective NPC/NF for these additional dates.

8 Contact Details

LOC

Tel: 00 44 114 2573170

Email: manchester2020ppwc@mls.gb.co

World Para Powerlifting

Tel: 0049 228 2097 129

Fax: 0049 228 2097 209

Email: WorldParaPowerlifting@paralympic.org

9 Host City Information – Why Manchester?

A city thanks makes things happen

Manchester is a globally recognised sports capital that has secured its place as an international destination for sport, tourism and business and has rightfully gained a reputation as a place that makes things happen.

A city with a strong history in hosting para-sports events

Manchester boasts world-class sporting facilities, a diverse major sports events portfolio and, crucially, a network of partners whom we cooperate with on a number of levels. Manchester has hosted many disability sports events over recent years including all para sport competitions of the 2002 Commonwealth Games, the Paralympic World Cup (2005 to 2012) and the 2019 Manchester Para cycling International.

A fully committed venue

Wythenshawe Forum has hosted weightlifting, boxing, snooker and wrestling events in recent years. The venue and venue staff are fully committed to ensuring that all accessibility requirements of the power lifters are met to ensure the success of the event.

Quality and compact accommodation and transport

We will offer accommodation which is of a good quality, transport which is efficient and reliable and packages which offer good value for money for competing nations. With the venue, Manchester Airport and all official hotels within a 10-minute drive of each other, competing athletes will experience a compact event which will minimise travel time and maximise training and relaxation time.

A media powerhouse

The digital connectivity of Manchester ranks amongst the best in the world with Media City UK in nearby Salford (home to the BBC) and the Manchester Digital Hub boasting Europe's second largest creative, digital and media hub.

For more information on things to do in Manchester please visit visitmanchester.com

