



Application form for the intermediate level course for Para Dance Sport coaching and athletes' workshop

World Para Dance Sport would like to thank you for your interest in participating in our education programme. This course provides a comprehensive introduction to World Para Dance Sport for coaches and dancers, who are eager to develop skills to practice and teach Para Dance Sport.

The participants of the Introductory course offered in 2018 and 2019 are welcomed to join the intermediate/ advanced course.

The course will be conducted by one member of the World Para Dance Sport Technical Committee.

A workshop for athletes will be offered on 1 May where coaches and athletes will be able to work together – the concept of this workshop is to enable athletes to further develop their skills and practise new techniques. In addition, coaches will have the opportunity to work with new athletes and enhance their coaching skills and competencies.

If you are interested in participating, please submit the below form for the course for coaches, fully completed including any necessary attachments, to Info@WorldParaDanceSport.org. Before filling in the form, please carefully read the below programme details. The athletes interested in the workshop will find a different application form at the end of this document.

Programme dates:

- Arrival date: 28 April 2020
- Course for coaches: 29, 30 April and 01 May 2020
- Workshop for athletes: 1 May 2020
- Departure date: 04 May 2020

Programme location: Geovillage Sport Wellness & Convention Resort
07026 Olbia, Italy

Course for coaches' participant fee: 120 Euros

Workshop for athletes' fee: 25 Euros

The participation fee includes attendance, coffee breaks and participation certificate.

Please note that as a participant of the programme it will be your responsibility to arrange flights and ground transport as well as any insurance that you may need (e.g. medical and travel). It will also be your responsibility to arrange accommodation and meals.



The organisers are ready to support the participants with accommodation, meals and transport information. For more details, please contact Mrs. Antonella Alessi at olbiadance2020@gmail.com

The nearest airport is: Olbia Costa Esmeralda airport.

Candidate profile for the programme:

Candidates must have:

- Completed the free online course: IPC introduction to Para Sport
<http://ipc-academy.org/?academy=1&course=47>
- An interest in Paralympic sports and specifically Para Dance Sport;
- Desire to serve as a dance coach;
- Coaching or other relevant background in the sport of World Para Dance Sport or Dance Sport is welcome;
- Dancers are welcome if a rational is provided;
- Participants are highly encouraged to complete the free online WADA learning course
<https://adel.wada-ama.org/en/course/181/alpha>

Candidates must send, in addition to this application form, the following documents:

- Curriculum Vitae or Resume with information about education and professional experience in dance (if relevant);
- Certificates and other documents validating your qualifications;
- IPC Introduction to Para Sport online course certificate of completion*.

*participants of the Introductory course offered in 2018 and 2019 do not need to send the IPC Introduction to Para Sport online course certificate.

Learning objectives:

- Understanding of the development of World Para Dance Sport
- Understanding of the World Para Dance Sport Rules and Regulations
 - Wheelchair options that can be used for Para dance Sport
 - The use of space in the wheelchair
 - Different styles (Single dance, Duo dance, Combi dance freestyle/showdance)
 - Technique and practice for single dance
 - Similarities and differences among combi styles and duo styles

- Judging criteria in approved WPDS competitions
- Understanding technical aspects of dancing with a wheelchair
- Getting started
 - Partner connection and leadership
 - Working with dancers
 - Aspirations
- The body and wheelchair in one unit
 - Wheelchairs, basic steps, moves and turns (combi)
 - Body coordination and connection of two main elements
 - Difference between sitting female athlete and male athlete with standing female and male standing partner.

Outcomes:

- 1. Candidates that complete the course will receive a certificate confirming attendance to the introductory course to Para Dance Sport.

FOR COACHES

Please complete with your details:

Last name:	
First name:	
Gender:	
Nationality:	
Date of Birth:	
Full address: (street, city, ZIP code, country)	
Email address:	
Mobile phone number:	
What is your native language?	

Are you fluent in English?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
What is your profession?		
What are your qualifications (e.g. university degree, professional certifications)?		
Do you have the support of your NPC* to participate in this programme?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
If yes, which is your NPC?		
If yes, NPC contact person name:		
Documents attached to this form:	<input type="checkbox"/> Any certificates proving qualification as outlined in the candidate profile above (e.g. certificate, coaching certificates)	
	<input type="checkbox"/> Any relevant certificates	

* National Paralympic Committee

Have you attended the Introductory course offered in Jurmala in December 2018 or Bordeaux in 2019?

If you have experience as a Para Sport Coach, please list your experience below (e.g. competitions officiated, type and number of athletes coached):

If you have any experience with Para sport in roles other than Coach for Dance or Para Dance Sport, please provide a brief description below (e.g. adjudicator, team official):



Signature of the applicant: _____

Below only to be filled out by applicants who are members, volunteers or coaches with their National Paralympic Committee / National Federation:

Name of the NPC / NF: _____

NPC / NF signature: _____

NPC / NF stamp:

FOR ATHLETES

Last name:		
First name:		
Gender:		
Nationality:		
Date of Birth:		
Full address: (street, city, ZIP code, country)		
Email address:		
Mobile phone number:		
What is your native language?		
Are you fluent in English?	<input type="checkbox"/> No	<input type="checkbox"/> Yes
What are your qualifications (e.g. university degree, professional certifications)?		

Invoicing instructions for participant fee (if different from contact details above):

Name/Organisation:	
Full address:	



(street, city, ZIP code, country)	
Email:	

Please return your application form no later than 27 March 2020 to Info@WorldParaDanceSport.org

The candidates will have their participation confirmed by 15 April. Candidates will receive an invoice for the participant fee and once the fee is paid, the participant has confirmed his/ her attendance and the fee can no longer be refunded.

Invoices to be paid by 15 April.

Please be informed that there are a limited number of participants.