

Fan Challenge activity: Bring The Kilos Alive!

May 2020



How much can you lift?



Submit how many kilos you can lift and see how you match up with elite para powerlifters with the AH

Formula*

*AH score is the result of a statistical coefficient and is used to equalise and compare athletes' performances between different body weights

information you need

Number of kilos you usually lift; Item you usually lift; Your bodyweight



FAN Challenge: Bring The Kilos Alive!

Submit how many kilos you can lift! See how you match up with the top Para powerlifting athletes in the world, and compare your strength to the weight of different items and animals!

By completing this questionnaire you acknowledge and agree that:

- Personal data will be temporarily stored for registration and purposes of the challenge.
- Personal data such as the athlete's name, submited bodyweight and lift attempts will be listed publicly on the Results List.

WPPO uses the AH Formula which is the result of a statistical coefficient used to equalise and compare athletes' performances between different body weights.

Did you know? The AH formula is issued to award medals in the Parapan American Games and Commonwealth Games!

The link to the results will be available once you have completed all questions.

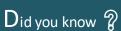
*Obligatoire

What is your name? *



Find out your rank!









What's on the Ranking list?

- ✓ Your Rank
- ✓ Item that has a similar weight to what you lifted
- Animal that has a similar body weight to what you lifted

| What is your name? | What is your country? | How much weight did you lift? (KG) | What item did you lift? | What is your gender? | AH Formula Score | Ranking | Item | Animal |
|--------------------|-----------------------|--|----------------------------|----------------------|---------------------|---------|---------------------------|--------------------------------|
| Osman, Sherif | EGY | 205 | Eleiko bar | Male | 230.98 | 1 | 5000 golf balls | Galapagos tortoise |
| Osman, Sherif | EGY | 211 | Eleiko bar | Male | 228.55 | 2 | 5000 golf balls | Galapagos tortoise |
| Kehinde, Paul | NGR | 221 | Eleiko bar | Male | 228.49 | 3 | Elite trampoline | 15 Ocelot (Leopardus Pardalis) |
| Farzin, Majid | IRI | 240 | Eleiko bar | Male | 225.54 | 4 | Elite trampoline | 15 Ocelot (Leopardus Pardalis) |
| Rostami, Roohallah | IRI | 229 | Eleiko bar | Male | 224.69 | 5 | Elite trampoline | 15 Ocelot (Leopardus Pardalis) |
| Le, Van Cong | VIE | 183.5 | Eleiko bar | Male | 219.63 | 6 | The Heart of a Blue Whale | Newborn orca |
| | | | | | | | | |

Are you ready for the Challenge?

