

World Para Nordic Skiing Rules and Regulations changes – 2020/21 Season

TITLE (number of new regulation/rule)	CURRENT	AMENDED	RATIONALE
Throughout the document	References to “visually impaired”	Change to “vision impaired”	Align language
	References to “IPC”	Change to “WPNS”	Align language
Rule #202.1.2	<p>...</p> <p>The Host Expression of Interest Forms are published on the WPNS Nordic Skiing website and must be sent to info@WorldParaNordicSkiing.org.</p>	<p>...</p> <p><u>The competition request must be submitted via the IPC Sport Data Management System (SDMS). A guideline on instructions for the submission can be found on the WPNS website: https://www.paralympic.org/nordic-skiing/documents.</u></p> <p><u>The Host Expression of Interest Forms are published on the WPNS Nordic Skiing website and must be sent to info@WorldParaNordicSkiing.org.</u></p>	Move of competition application process to SDMS
Rule #202.1.2.1	<p>...</p> <p>The submission of Host Expression of Interest by Nations shall take into consideration the calendar</p>	<p>...</p> <p>The submission of Host Expression of Interest<u>competition requests</u> by Nations shall take into consideration the calendar</p>	Align language following rule change #202.1.2

	planning framework including the long-term calendar and regional rotation.	planning framework including the long-term calendar and regional rotation.																	
Rule #213.9 + #213.10	Did not exist in WPNS R&R 19/20	213.9 Information and options regarding costs including transportation, accommodation, meals, wax cabins, entries; 213.10 procedures and deadlines for the payment of fees;	Ensuring consistency across WPNS sanctioned events on outline what information teams can expect from the official race invitation																
Rule #216.1	<p>Race Entry Fee (Athletes)</p> <p>The race entry fee is the amount that must be paid per athlete and guides to the LOC, for each race entered on the event competition programme.</p> <p>The Race Entry Fee is non-refundable in the case that the Jury cancels the race.</p> <p>The amount payable per athlete/guide per race is as follows:</p> <table border="0"> <tr> <td>Competition</td> <td>Race Fee</td> </tr> <tr> <td>Paralympic Winter Games</td> <td>N/A</td> </tr> <tr> <td>WPNS Championships</td> <td>According to IPC Competition Fee</td> </tr> <tr> <td>WPNS sanctioned competitions</td> <td></td> </tr> </table>	Competition	Race Fee	Paralympic Winter Games	N/A	WPNS Championships	According to IPC Competition Fee	WPNS sanctioned competitions		<p>Race Entry Fee (Athletes <u>and Guides</u>)</p> <p>The race entry fee is the amount that must be paid per athlete and guides to the LOC, for each race entered on the event competition programme.</p> <p>The Race Entry Fee is non-refundable in the case that the Jury cancels the race.</p> <p>The amount payable per athlete <u>and per</u> /guide per race is as follows:</p> <table border="0"> <tr> <td>Competition</td> <td>Race Fee</td> </tr> <tr> <td>Paralympic Winter Games</td> <td>N/A</td> </tr> <tr> <td>WPNS Championships</td> <td>According to IPC Competition Fee</td> </tr> <tr> <td>WPNS sanctioned competitions</td> <td></td> </tr> </table>	Competition	Race Fee	Paralympic Winter Games	N/A	WPNS Championships	According to IPC Competition Fee	WPNS sanctioned competitions		Clarify language that race entry fee is also applicable for guides.
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	(WC and below) 20€	(WC and below) 250 €																									
Rule #216.2	<p>Competition Sanction Fee (Organizing Committee)</p> <p>An Organizing Committee must pay all competition sanction fees to the IPC according to the terms and conditions of the contract/agreement.</p> <p>This Competition Sanction Fees are non-refundable.</p> <p>The sanction fees are as follows:</p> <table border="1"> <thead> <tr> <th>Competition</th> <th>Sanction Fee per Race</th> </tr> </thead> <tbody> <tr> <td>Paralympic Winter Games / WCH</td> <td><i>N/A</i></td> </tr> <tr> <td>World Cup</td> <td>750 €</td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th>Competition</th> <th>Sanction Fee per Event</th> </tr> </thead> <tbody> <tr> <td>Continental Cup</td> <td>250 €</td> </tr> <tr> <td>WPNS Sanctioned Race</td> <td>250 €</td> </tr> </tbody> </table>	Competition	Sanction Fee per Race	Paralympic Winter Games / WCH	<i>N/A</i>	World Cup	750 €	Competition	Sanction Fee per Event	Continental Cup	250 €	WPNS Sanctioned Race	250 €	<p>Competition Sanction Fee (Organizing Committee)</p> <p>An Organizing Committee must pay all competition sanction fees to the IPC according to the terms and conditions of the contract/agreement.</p> <p>This Competition Sanction Fees are non-refundable.</p> <p>The sanction fees are as follows:</p> <table border="1"> <thead> <tr> <th>Competition</th> <th>Sanction Fee per Race</th> </tr> </thead> <tbody> <tr> <td>Paralympic Winter Games / WCH</td> <td><i>N/A</i></td> </tr> <tr> <td>World Cup</td> <td><u>1,00750</u> €</td> </tr> </tbody> </table> <table border="1"> <thead> <tr> <th>Competition</th> <th>Sanction Fee per Event</th> </tr> </thead> <tbody> <tr> <td>Continental Cup</td> <td><u>250-500</u> €</td> </tr> <tr> <td>WPNS Sanctioned Race</td> <td><u>250-350</u> €</td> </tr> </tbody> </table>	Competition	Sanction Fee per Race	Paralympic Winter Games / WCH	<i>N/A</i>	World Cup	<u>1,00750</u> €	Competition	Sanction Fee per Event	Continental Cup	<u>250-500</u> €	WPNS Sanctioned Race	<u>250-350</u> €	<p>Increase of sanctioning fees to contribute to race and classification operations.</p>
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Rule #224.8.1.3	<p>...</p> <p>whether equipment conforms with 224.9</p>	<p>...</p> <p>whether equipment conforms with the terms of rules 224.9 and 224.10.</p>	<p>To align equipment rules</p>
Rule #224.8.2	<p>All adaptive equipment, including sit skis, prostheses, B1 goggles, corrective lenses, and air rifles must be registered by November 15 prior to each competition season using the WPNS Adaptive Equipment Form. An athlete will not be allowed to compete unless their adaptive equipment has been registered.</p>	<p>An athlete will not be allowed to compete unless their adaptive equipment has been registered. For all licensed athletes all All adaptive equipment, including but not limited to sit skis, prostheses, B1 goggles, corrective lenses, and air rifles and adaptive support must be registered by November 15 prior to each competition season using the WPNS Adaptive Equipment Form online registration. For new athletes who become licensed after November 15, the adaptive equipment must be submitted as soon as possible (see 224.8.2.2).</p>	<p>Alignment with rule adaption #331.7.2 and clearer description of registration process of equipment in cases of new athletes coming into the season after November 15.</p>
Rule #224.8.2.2	<p>Changes, adjustments or modifications to equipment made during the season must be reported to the TD prior to a team captain's meeting and will be evaluated against the equipment rules by the jury and/or members of the STC.</p>	<p>Changes, adjustments or modifications to equipment made during the season must be registered prior to the athlete's next competition and be reported to the TD prior to a team captain's meeting and will be evaluated against the equipment rules by the jury and/or members of the STC.</p>	<p>Align with rule change #224.8.2. Clarify the process on equipment registration.</p>

Rule #224.8.3	<p>Should there be a clear violation of Equipment Regulations, the Jury will determine the sanction in accordance with Section 225.</p>	<p>Should there be a clear violation of Equipment Regulations, the Jury will determine the sanction The final decision as to any applicable sanction(s) in respect of any breach by a competitor of competition equipment and technology rules pursuant to this rule 224 shall lie with the jury, to be determined in accordance with Section-rule 225.</p>	<p>Adjustment of language.</p>
Rule #225.1.1	<p>The IPC Code of Ethics and the World Para Nordic Skiing Code of Conduct (both located on the IPC Website) shall apply to all participants of World Para Nordic Skiing Sanctioned Competitions</p>	<p>The IPC Code of Ethics and the World Para Nordic Skiing Code of Conduct (both located on the IPC Website) shall apply to all participants of World Para Nordic Skiing Sanctioned Competitions</p>	<p>Document is not in force</p>
Rule #225.1.2	<p>Any breach of these regulations shall be determined in accordance with the procedures outlines in the World Para Nordic Skiing Code of Conduct.</p>	<p>Any breach of these regulations shall be determined in accordance with the procedures outlines in the World Para Nordic Skiing Code of Conduct.</p>	<p>Document is not in force</p>
Rule #225.3.2	<p>All competing competitors may be subject to the following additional penalties:</p> <ul style="list-style-type: none"> ▪ Disqualification ▪ Impairment of their starting position 	<p>All competing competitors may be subject to the following additional penalties:</p> <ul style="list-style-type: none"> ▪ <u>Disqualification (DSQ)</u> ▪ <u>Not being permitted to start (NPS)</u> 	<p>Adding NPS to the list of penalties.</p>

	<ul style="list-style-type: none"> ▪ Forfeiture of prizes and benefits in favor of the organiser ▪ Suspension from IPC events 	<p>Impairment of their starting position</p> <ul style="list-style-type: none"> ▪ Forfeiture of prizes and benefits in favor of the organiser ▪ Suspension from IPC events 	
Rule #225.5	<p>The following Penalty decisions may be given verbally:</p> <ul style="list-style-type: none"> ▪ reprimands ▪ the withdrawal of accreditation for the current event from any accredited person. 	<p>The following Penalty decisions may be given verbally:</p> <ul style="list-style-type: none"> ▪ reprimands ▪ <u>the withdrawal of accreditation for the current event from any accredited person.</u> ▪ <u>not permitted to start</u> 	Adding NPS to the list of verbal penalties.
Rule #302.1.1	<p>At World Cup (WC):</p> <ul style="list-style-type: none"> ○ WPNS TD, ○ WPNS Race Director, ... 	<p>At World Cup (WC):</p> <ul style="list-style-type: none"> ○ WPNS TD, ○ WPNS Race Director, ○ <u>WPNS TD,</u> ... 	Adjustment of order of officials. RD is consistent at events and therefore guides appointed TD at each WC event.

Rule #303.2.2.7	The main duties of RD are: (further details in the WPNS RD Job Description) ...	The main duties of RD are: (further details in the WPNS RD Job Description) ...	Document is not available, therefore, to be taken out.
Rule #304.1.2	Reimbursement applies as follows: <ul style="list-style-type: none"> ▪ at WCH for the WPNS TD, WPNS Assistant TD CC, WPNS Assistant TD BT, WPNS Race Director, fixed Jury member, IR Timing & Results, IR Biathlon, ▪ at WC competition for the WPNS TD and the National TD assistant, IR Timing & Results, IR Biathlon, ... 	Reimbursement applies as follows: <ul style="list-style-type: none"> ▪ at WCH for the WPNS TD, WPNS Assistant TD CC, WPNS Assistant TD BT, WPNS Race Director, fixed Jury member, IR Timing & Results, IR Biathlon, ▪ at WC competition for the WPNS TD and the National TD assistant, IR Timing & Results, IR Biathlon, WPNS Race Director (excluding per diem) ... 	For clarification about cost coverage for WPNS RD
Rules #310.1	Competition Formats and Programs	[See Appendix A]	Adjusted race distances have been tested in season 2019/2020. After discussions in spring 2020 in various WGs and the Nations Meetings, the distances have been updated.
Rules #310.3.2.1, #321.1, #326.1, #327.1, #328.1.1,	Subsequent adjustment of race distances based on rule #310.1	[See 310.1 and Appendix A]	See comment to rule 310.1

<p>#328.1.2, #328.1.3, #330.1</p>																											
<p>Rule #314.1.3</p>	<p>The recommended start orders of the different classes if the same track is being used for all is as follows:</p> <table data-bbox="501 536 913 762"> <tr> <td>Men</td> <td>LW 10-12</td> </tr> <tr> <td>Women</td> <td>LW 10-12</td> </tr> <tr> <td>Men</td> <td>B 1-3</td> </tr> <tr> <td>Men</td> <td>LW 2-9</td> </tr> <tr> <td>Women</td> <td>B 1-3</td> </tr> <tr> <td>Women</td> <td>LW 2-9</td> </tr> </table>	Men	LW 10-12	Women	LW 10-12	Men	B 1-3	Men	LW 2-9	Women	B 1-3	Women	LW 2-9	<p>The recommended ed start order of ed start orders of the different classes if the same track is being used for all is as follows:</p> <table data-bbox="1137 536 1550 762"> <tr> <td>Men</td> <td>LW 10-12</td> </tr> <tr> <td>Women</td> <td>LW 10-12</td> </tr> <tr> <td>Men</td> <td>B 1-3</td> </tr> <tr> <td>Men</td> <td>LW 2-9</td> </tr> <tr> <td>Women</td> <td>B 1-3</td> </tr> <tr> <td>Women</td> <td>LW 2-9</td> </tr> </table> <p>This is a recommended start order only, and different start orders may be considered on a case-by-case basis to provide all classes with an opportunity to start under the most favourable circumstances, depending on snow and weather conditions, and access to warm-up tracks before the start of their race.</p>	Men	LW 10-12	Women	LW 10-12	Men	B 1-3	Men	LW 2-9	Women	B 1-3	Women	LW 2-9	<p>This rule shall only give guidance and not suggest that the stated order has always to be used. Addition to the rule to ensure variety in start orders.</p>
Men	LW 10-12																										
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<p>Rule #316.4.2</p>	<p>Transponder Timekeeping:</p> <p>Transponders (active and passive systems) can be used as a supporting system to the official timing system to determine race times and ranking sequences at intermediate timing points, pre-timing points, and finish (unofficial result). The official result must be confirmed by using</p>	<p>Transponder Timekeeping:</p> <p>Transponders (active and passive systems) can be used as a supporting system to the official timing system to determine race times and ranking sequences at intermediate timing points, pre-timing points, and finish (unofficial result). The official result must be confirmed by using</p>	<p>Ensure that transponders are not attached to a more favourable position.</p>																								

	<p>electronic timing systems in accordance with 316.4.1</p>	<p>electronic timing systems in accordance with 316.4.1.</p> <p>For LW 10 – 12: The transponder must not be fixed ahead of the front binding.</p>	
<p>Rule #323.4.2.5</p>	<p>Athletes are responsible for leaving at the right time. Start times for each heat will be posted in the start area. Each athlete will be provided with a sticker to be placed on their arm, glove or leg with their exact start time to use as reference at the start.</p> <p>If there is a need (e.g. B-Class), athletes may be held by a team member or an official (on request) with a hand on the shoulder of the athlete until they can start.</p>	<p>Athletes are responsible for leaving at the right time. Start times for each heat will be posted in the start area. Each athlete will may be provided with a sticker to be placed on their arm, glove or leg with their exact start time to use as reference at the start.</p> <p>Competitors are organized on the pre-start line where instruction are given and lanes are designated according to rule 323.4.2.9.</p> <p>If there is a need (e.g. B-Class), athletes may be held by a team member or an official (on request) with a hand on the shoulder of the athlete until they can start.</p> <p>The starting procedure for sprint heat starts will begin one minute before the start of the heat at which point a “one minute to start” warning will be given and competitors must be standing in their start lanes at the prestart line. Next there will be a command to “take your start positions” and the competitors will advance to the start line.</p>	<p>To ensure start procedures for cross country sprint races are clearly laid out and follow the same procedure at each event.</p>

Rule #323.4.2.6	<p>All digits of the start time must be visible on the start clock before the athlete is allowed to cross the start line with the binding.</p>	<p><u>In order to guarantee an exact start, a large display clock with running countdown time or time of day must be used.</u> All digits of the start time must be visible on the start clock before the athlete is allowed to cross the start line with the binding.</p>	<p>To ensure athletes have a clear indication on when to start.</p>
Rule #323.4.2.7	<p>Competitors are not allowed to change corridors/tracks within marked corridors the first 30-50m after the start line.</p>	<p>Competitors are not allowed to change corridors/tracks within marked corridors the first <u>15 – 30</u> 50 m after the start line.</p>	<p>Adjustment of length of marked corridors when athletes are not allowed to change corridors/tracks.</p>
Rule #324.1.2	<p>Mixed Relay: the combined percentage of each team must be 330 % or less, calculated by summing the individual percentages of the athlete in each leg with reductions of 18 % per leg for female athletes and 12% per leg for sit ski athletes (female sit ski athlete: minus 30%). There must be at least one-woman taking part.</p>	<p>Mixed Relay: the combined percentage of each team must be <u>3350</u> % or less, calculated by summing the individual percentages of the athlete in each leg with reductions of <u>158</u> % per leg for female athletes and 12% per leg for sit ski athletes (female sit ski athlete: minus <u>3027</u>%). There must be at least one-woman taking part.</p>	<p>Brought forward by WG Timing & Factors.</p>
Rule #324.1.3	<p>Open Relay: the combined percentage of each team must be 370 % or less, calculated by summing the individual percentages of the athlete in each leg with reductions of 18 % per leg for female athletes and 12% per leg for sit ski athletes (female sit ski athlete: minus 30%).</p>	<p>Open Relay: the combined percentage of each team must be <u>3750</u> % or less, calculated by summing the individual percentages of the athlete in each leg with reductions of <u>158</u> % per leg for female athletes and 12% per leg for sit ski athletes (female sit ski athlete: minus <u>2730</u>%).</p>	<p>Brought forward by WG Timing & Factors.</p>

Rule #324.3.1	<p>The names of the competitors actually competing on each team, and their starting order must be delivered to the organiser latest 2 hours before the Team Captains' Meeting. In PWG and WCH, late entries are not allowed. In other competitions, the Jury makes the decision regarding late entries.</p>	<p>The names of the competitors actually competing on each team, and their starting order must be delivered to the organiser latest 2 hours before the Team Captains' Meeting. In PWG and WCH, late entries are not allowed. In other competitions, the Jury makes the decision regarding late entries.</p>	<p>Language adjustment</p>
Rule #324.4.2	<p>Start numbers will be assigned to teams (using the modified percentage: LW 10-12 minus 12%, women minus 18% of the athletes starting in the first leg). Athletes with the higher percentage will be assigned the lower bib numbers. In cases where more than one athlete has the same percentage the lower bib number will be assigned to the athlete with the lower WPNS points.</p>	<p>Start numbers will be assigned to teams (using the modified percentage: LW 10-12 minus 12%, women minus 158% of the athletes starting in the first leg). Athletes with the higher percentage will be assigned the lower bib numbers. In cases where more than one athlete has the same percentage the lower bib number will be assigned to the athlete with the lower WPNS points.</p>	<p>To align with rule change #324.1.3</p>
Rule #331.2.2	<p>The biathlon shooting range must be located in the central area of the stadium and both the targets and the shooting ramp must be visible to the majority of spectators. The range must be flat and level and must be surrounded by adequate safety protection on the sides and behind the targets. The placement and configuration of the range must be set up with strict regard for safety in relation to the trails, stadium and the surrounding area and must</p>	<p>The biathlon shooting range must be located in the central area of the stadium and both the targets and the shooting ramp must be visible to the majority of spectators. The range must be flat and level and must be surrounded by adequate safety protection on the sides and behind the targets. The placement and configuration of the range must be set up with strict regard for safety in relation to</p>	<p>Information on number of lanes adjusted following its implementation in season 2019/2020</p>

	<p>comply with local laws. The shooting direction should generally be north to enhance light conditions during competitions.</p> <p>Effective 2019/20 season, the shooting range for PWG must have 12 shooting lanes for B-classes and 18 shooting lanes for LW-classes. The shooting range for WCH and WC must have at least 10 to 12 shooting lanes for B-classes and 14 shooting lanes for LW-classes. Current standards apply until then.</p>	<p>the trails, stadium and the surrounding area and must comply with local laws. The shooting direction should generally be north to enhance light conditions during competitions.</p> <p>Effective 2019/20 season, tThe shooting range for PWG must have 12 shooting lanes for <u>vision impaired B-classes (electronic)</u> and 18 shooting lanes for LW-classes <u>(air rifle)</u>. The shooting range f<u>For World Cup and World Championships the range</u>WCH and WC must have at least 10 to 12 shooting lanes for <u>vision impaired B-classes</u> and 14 shooting lanes for LW-classes. Current standards apply until then.</p>	
<p>Rule #331.4.2</p>	<p>Specifications for 10m air rifle</p> <p>The biathlon air rifle shall be any type of compressed air or gas-powered rifle of conventional appearance with a five or one-shot clip and according to the following specifications:</p> <p>a) The total length of the air rifle system measured from the back end of the mechanism</p>	<p>Specifications for 10m air rifle</p> <p>The biathlon air rifle shall be any type of compressed air or gas-powered rifle of conventional appearance with a five or one-shot clip and according to the following specifications:</p> <p>a) The total length of the air rifle system measured from the back end of the</p>	<p>To standardize the rifles for purposes of safety, fairness and compliance with international travel regulations.</p>

	<p>to the apparent muzzle must not exceed 850mm.</p> <p>b) The front sight may not extend beyond the apparent muzzle.</p> <p>c) The trigger weight should be set at a minimum of 0.5kg (500 grams).</p>	<p>mechanism to the apparent muzzle must not exceed 850mm.</p> <p>b) The front sight may not extend beyond the apparent muzzle.</p> <p>c) The trigger weight should be set at a minimum of 0.5kg (500 grams).</p> <p><u>d) Caliber: .177 caliber. 4,5 mm</u></p> <p><u>e) Power: Not to exceed 560 ft/sec. 8.0 Joule (0.75grain pellet measured with a full cylinder).</u></p> <p><u>f) Air cylinder: No more than 10 years old.</u></p> <p><u>g) Minimum height of the stock: 70 mm</u></p> <p><u>h) Maximum weight of the weapon: 5,5 kg</u></p> <p><u>i) There must be a trigger-guard for safety</u></p> <p><u>j) Maximum width of stock: 70 mm</u></p>	
<p>Rule #331.4.3.2</p>	<p>The World Para Nordic Skiing STC may authorize another proven shooting system, which is as good or better than the current shooting system. This system can be subsequently assessed and, if suitable, adopted at a Sports Forum.</p>	<p>The World Para Nordic Skiing STC may authorize another proven shooting system, which is as good or better than the current shooting system. This system can be</p>	<p>Deletion of this rule as proposed by the Biathlon Working Group.</p>

		subsequently assessed and, if suitable, adopted at a Sports Forum.	
Rule #331.4.3.3	The World Para Nordic Skiing STC may authorize the use of personal rifles for the B-classes compatible with the organizers shooting systems.	The World Para Nordic Skiing STC may authorize the use of personal rifles for the B-classes compatible with the organizers shooting systems.	Deletion of this rule as proposed by the Biathlon Working Group.
Rule #331.6.6	The shooting range is a “holding zone”.	The shooting range is a “holding zone”.	The entire course is now considered a holding zone so this reference is redundant and no longer necessary.
Rule #331.7.2	Rifle support for LW classes 5/7 and 6/8 Athletes of the classes LW 5/7 and 6/8 are allowed to use a rifle support. The supports to be used during the competition will be provided by WPNS. Athletes are not allowed to use their own support. Exceptions are only allowed in the LW 5/7 class. In case a LW 5/7 athlete has to use a private support due to physical limitation, this support has to be presented to the TD prior to the competition. Using a support that has not been presented and accepted by the TD prior to the competition can lead to disqualification.	Rifle support for LW classes 5/7 and 6/8 Athletes of the classes LW 5/7 and 6/8 are allowed to use a rifle support. The supports to be used during the competition will be provided by WPNS. Athletes are not allowed to use their own support. Exceptions are only allowed in the LW 5/7 class. In case a LW 5/7 athlete has to use a private support due to physical limitation, this support has to be presented to the TD prior to the competition. Using a support that has not been presented and accepted by the TD prior to the competition can lead to disqualification. <u>submitted to the WPNS Equipment Inventory and be approved. Using a support that has not been</u>	Consistency with adaptive equipment inventory rules.

		approved in this way prior to the competition may lead to disqualification.	
Rule #331.7.2.2	Modifications or the addition of weights, including barrel weights, tabs or other attachments designed to improve the stability of the rifle or change the natural balance point of the rifle are not allowed.	Modifications or the addition of weights, including barrel weights, tabs or other attachments designed to improve the stability of the rifle or change the natural balance point of the rifle are not allowed.	The rifle balance point can be easily changed with rifle stock or other customization and the Biathlon WG feels that this is hard to assess and does not provide an unfair advantage to the athlete as long as the rifle is within the new specifications.
Rule #351.2	violates the WPNS rules regarding equipment (art. 224) and commercial markings	violates the WPNS rules regarding equipment and/or on advertising and commercial markings prior to competing in a competition or race (rules 224, 227); or (art. 224) and commercial markings	Adjustment of rule.
Rule #352.2.2	In addition, a competitor should automatically be disqualified if they: <ul style="list-style-type: none"> participate in the competition under false pretenses (for example wrong bib, wrong name, gender, category etc), either jeopardizes the security of persons or property or causes injury or damage, 	In addition, a competitor should shall automatically be disqualified if theyhe or she : <ul style="list-style-type: none"> participates in the competition under false pretenses (for example wrong bib, wrong name, gender, category etc); either jeopardizes the security of 	Language adjustments.

	<ul style="list-style-type: none"> ▪ commits a serious violation of the principles of fair play or sportsmanlike behavior, ▪ intentionally causes obstruction (incl. in the shooting range), ▪ receiving prohibited assistance (see art. 331.12, 344.6) from a member of their team staff or non-competing athlete on their team, ▪ taking part in a competition with a rifle that has not been inspected, ▪ participates in a competition using equipment that does not comply with competition equipment rules (224), ▪ modifies equipment or rifle which has been inspected (in a prohibited way), 	<p>persons or property or causes injury or damage¹⁷</p> <ul style="list-style-type: none"> ▪ commits a serious violation of the principles of fair play or sportsmanlike behavior¹⁷ ▪ intentionally causes obstruction (including in the shooting range)¹⁷ ▪ receiving receives prohibited assistance (see artrule. 331.12, 344.6) from a member of their team staff or non-competing athlete on their team,ⁱ ▪ taking takes part in a competition with a rifle that has not been inspected¹⁷ 	
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	<ul style="list-style-type: none"> ▪ participates in a competition with a start number or start number sequence color which has not been assigned to them on the competition start list, regardless of whether this is deliberate or due to a mistake made by them or by their team, ▪ fires more than five rounds in any shooting stage, ▪ does not lay in or is not shooting from the assigned shooting lanes, ▪ remains in an incorrect shooting position or incorrect position in the shooting lane after having been warned, ▪ violation of any of any of the following shooting safety regulations: 	<ul style="list-style-type: none"> ▪ participates in a competition using equipment that does not comply with competition equipment rules (224), ▪ modifies equipment or rifle which has been inspected (in a prohibited way);¹⁷ ▪ participates in a competition with a start number or start number sequence color which has not been assigned to them on the competition start list, regardless of whether this is deliberate or due to a mistake made by them or by their team;¹⁷ 	
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		<ul style="list-style-type: none">▪ fires more than five rounds in any shooting stage.▪ does not lay in or is not shooting from the assigned shooting lanes.▪ remains in an incorrect shooting position or incorrect position in the shooting lane after having been warned.▪ violates any of the following shooting safety regulations:	
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Appendix A

Amended Rule 310.1

Cross Country Skiing

Competition	Class	Gender	Total Distance		Course	Loops
CC Sprint	LW 10-12	men	800m (+/-300m)	sit ski	800m (+/-200m)	1
Qualification (all)	LW 10-12	women	800m (+/-300m)	sit ski	800m (+/-200m)	1
Semifinal B1-3 (best 8)	LW 2-9	men	1200m (+/-400m)	standing	1200m (+/-400m)	1
Semifinal LW (best 12)	B1-3	men	1200m (+/-400m)	standing	1200m (+/-400m)	1
Final B1-3 (best 4)	LW 2-9	women	1200m (+/-400m)	standing	1200m (+/-400m)	1
Final LW (best 6)	B 1-3	women	1200m (+/-400m)	standing	1200m (+/-400m)	1
CC short	LW 10-12	men	5.0 km	sit ski	2.5 km	2
	LW 10-12	women	5.0 km	sit ski	2.5 km	2
	LW 2-9	men	7.5 km	standing	2.5 km	3
	B1-3	men	7.5 km	standing	2.5 km	3
	LW 2-9	women	5.0 km	standing	2.5 km	2
	B 1-3	women	5.0 km	standing	2.5 km	2
CC middle	LW 10-12	men	10 km	sit ski	2.5 km	4
	LW 10-12	women	7.5 km	sit ski	2.5 km	3
	LW 2-9	men	12.5 km	standing	2.5 km	5
	B1-3	men	12.5 km	standing	2.5 km	5
	LW 2-9	women	10 km	standing	2.5 km	4
	B 1-3	women	10 km	standing	2.5 km	4

CC long	LW 10-12	men	18 km	sit ski	3.0 km	6
	LW 10-12	women	15 km	sit ski	3.0 km	5
	LW 2-9	men	20 km	standing	5.0 km	4
	B1-3	men	20 km	standing	5.0 km	4
	LW 2-9	women	15 km	standing	5.0 km	3
	B 1-3	Women	15 km	standing	5.0 km	3

Relay 2 x 2.5km classic + 2 x 2.5km free	mixed (335%)	classic	5km	sit ski	2.5km	2
		free	5km	standing	2.5km	2
	(375%)	open classic	5km	sit ski	2.5km	2
		free	5km	standing	2.5km	2

Biathlon

Competition	Class	Gender	Total Distance		Course	Loops
Bt Sprint	LW 10-12	men	6.0 km	sit ski	2.0 km	3
	LW 10-12	women	6.0 km	sit ski	2.0 km	3
Penalty loop sit ski: 100m standing: 150m 2 shootings	LW 2-9	men	6.0 km	standing	2.0 km	3
	B1-3	men	6.0 km	standing	2.0 km	3
	LW 2-9	women	6.0 km	standing	2.0 km	3
	B 1-3	women	6.0 km	standing	2.0 km	3

Bt Middle	LW 10-12	men	10 km	sit ski	2.0 km	5
	LW 10-12	women	10 km	sit ski	2.0 km	5
Penalty loop sit ski: 100m	LW 2-9	men	10 km	standing	2.0 km	5
	B1-3	men	10 km	standing	2.0 km	5

standing: 150m 4 shootings	LW 2-9	women	10 km	standing	2.0 km	5
	B 1-3	women	10 km	standing	2.0 km	5

Bt Individual Penalty 1 minute 4 shootings	LW 10-12	men	12.5 km	sit ski	2.5 km	5
	LW 10-12	women	12.5 km	sit ski	2.5 km	5
	LW 2-9	men	12.5 km	standing	2.5 km	5
	B1-3	men	12.5 km	standing	2.5 km	5
	LW 2-9	women	12.5 km	standing	2.5 km	5
	B 1-3	women	12.5 km	standing	2.5 km	5

Bt Pursuit 2 day Pursuit Penalty loop sit ski: 100m standing: 150m 4 shootings	LW 10-12	men	10 km	sit ski	2.0 km	5
	LW 10-12	women	10 km	sit ski	2.0 km	5
	LW 2-9	men	10 km	standing	2.0 km	5
	B1-3	men	10 km	standing	2.0 km	5
	LW 2-9	women	10 km	standing	2.0 km	5
	B 1-3	women	10 km	standing	2.0 km	5

Bt Sprint Pursuit Qualification + Final Penalty loop sit ski: 80m standing: 80m 2 shootings	LW 10-12	men	2.4 - 3.0 km	sit ski	800m (+/-200m)	3
	LW 10-12	women	2.4 - 3.0 km	sit ski	800m (+/-200m)	3
	LW 2-9	men	3.6 - 4.8 km	standing	1200m (+/-400m)	3
	B1-3	men	3.6 - 4.8 km	standing	1200m (+/-400m)	3
	LW 2-9	women	3.6 - 4.8 km	standing	1200m (+/-400m)	3
	B 1-3	women	3.6 - 4.8 km	standing	1200m (+/-400m)	3