Quarterly Update
July to September 2020
Dear Para Powerlifting Community,

We hope you’re safe and well in these times.

As a continued effort to improve the openness with communications across the community, and provide more thorough and timely updates regarding the sport, this is the Quarterly Update for #3 (July to September).

The Quarterly Updates will feature news, updates and links related to different focus areas of World Para Powerlifting.

If you have any questions, concerns or comments, please feel free to reach out to us.

Thank you,

World Para Powerlifting Management Staff
World Para Powerlifting Sport Technical Committee Members
World Para Powerlifting Advisory Group Members
Competition Development

- In August, the Birmingham 2022 Commonwealth Games qualification criteria and ranking list were published and distributed.
  - To access the qualification criteria, click here.
  - To access the ranking, click here.

- In August, the 4th Online World Cup was organised on the original Para powerlifting competition dates of the Tokyo 2020 Paralympic Games dates.
  - The Online World Cup featured 54 athletes from 21 NPCs.
  - A broadcast was transmitted on social media featuring live judging from Referees and reached over 18,000 people.
  - To watch the broadcasts of the competition, click here for the men and here for the women.

- In August, the schedule for Paralympics Games in 2021 was officially announced.
  - To access the schedule, click here.
  - World Para Powerlifting continues to work with the Organising Committee in the planning process.

- In September, an update was provided by IWAS regarding their 2020 World Games planned for December in THA.
  - Para powerlifting is on the sport programme and it is a competition on the Paralympic Games Qualification Pathway/eligible to increase rankings.
  - To read the update, click here.
Competition Development

- In September, World Para Powerlifting submitted its application for medal events for the Paris 2024 Paralympic Games.
- In September, World Para Powerlifting submitted qualification criteria and medal events application for the Bahrain 2021 Asian Youth Para Games.
- Ongoing discussions continue with the Organising Committee regarding the planning of the Para powerlifting competition at the Santiago 2023 Para Pan American Games.
- Dubai and Bogota were confirmed as locations for World Cups in 2021 (competitions on the Paralympic Games Qualification Pathway/eligible to increase rankings) between January and June. Once confirmed, further details will be communicated.
- One additional World Cup in 2021 is being planned in another location. Once confirmed, further details will be communicated.
- Accra, GHA will be the host on an international competition, open to 6 other countries, on 19-20 February 2021.
- The most up to date calendar of competitions is always available on the WPPO website.
  - To access this, click here
Sport and Athlete Development

▪ In July through September, the Technical Official Hub was launched and access was provided to all Level 1, 2 and 3 Technical Officials to act as a living area for continued professional development and rule interpretations.
  o To learn more, click here.

▪ In July through September, several activities and resources were added to the Technical Official Hub on topics such as physical and mental training, the eMarshall system, communication, attitudes, ethics and competition manipulation.
  o Technical Officials can access the Technical Official Hub here.

▪ In August, World Para Powerlifting delivered a Technical Official Level 3 Certification Course online to participants from BRN in preparation for the 2021 Asian Youth Para Games.
  o If you’re interested in hosting or participating in an educational course face-to-face or online, click here to learn more.

▪ In September, a free Webinar Series was launched for stakeholders, hosted by world-leading experts, researchers and educators on diverse topics and in different languages.
  o To gain access to the Webinar Series, complete the form here.

▪ In September, the Technical Official Handbook was updated to version 1.2 with minor grammatical corrections and additional clarifications added.
  o To read the update document, click here.
Brand and Media

- From July to September, BarBend featured different athletes on their website:
  - Rehab AHMED EGY: To read the article, click [here](#).
  - Garrison REDD USA: To listen to the interview, click [here](#).

- In August, World Para Powerlifting’s Online World Cups were featured in the International Paralympic Committee’s Coronavirus Update as a best practice by a Para sport.

- In August, the International Paralympic Committee debuted the documentary “Rising Phoenix” about the Paralympic Movement.
  - To watch the documentary on Netflix, click [here](#).
Funding and Partnerships

- In July, BarBend became a Media Provider for World Para Powerlifting and feature news, analysis, entertainment and opinions for the sport of Para powerlifting across BarBend’s various media platforms.
  - To learn more about BarBend, click [here](#).

- In July, approved supplier, BIGSER designed and shared colouring pages featuring Para powerlifting athletes.
  - To download the colouring pages, click [here](#).
  - More details will be shared regarding their Para powerlifting collection soon.

- In July, approved supplier, Limitless Identity Fashion launched their Para powerlifting collection.
  - To view the collection and learn about the ordering process, click [here](#).
Organisation Infrastructure

- In July, World Para Powerlifting published Return to Para Powerlifting Guidelines with the infographics.
  - To view the document, click here.
  - To view the infographics, click here.

- In July, World Para Powerlifting distributed the International Paralympic Committee’s Classification Hygiene and Infection Guidelines.
  - To view the document, click here.

- In August, World Para Powerlifting finalised several tools for stakeholders:
  - Bar Loading Calculator: A visual of Appendix 4 to display the correct discs to be loaded on the bar for different lift weights. To access it, click here.
  - Mixed Team AH Calculator: A calculator used to predict the score of a mixed team based on their lifts. To access it, click here.

- In July through August, World Para Powerlifting continued to share the International Paralympic Committee’s Coronavirus Updates to members.
  - To read the most recent update, click here.
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