

Preliminary Competition Schedule

### Manchester 2021 Para Powerlifting World Cup

Thursday 25 March 2021																		
Day 1		Gender	Category	Number of Ceremonies	Group	Equipment Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event					Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish
1	1	FEMALE	Up to 41kg & 45kg	2	A	08:55	09:25	09:00	09:35	10:10	10:30	10:55	11:00	12:00	12:05	12:15	12:15	12:45
						S												
2	2	FEMALE	Up to 50kg & 55kg	4	A	11:00	11:40	11:05	11:50	12:25	12:45	13:10	13:15	13:50			13:50	14:20
						2 Victory Ceremonies: up to 41kg (G,S,B), up to 45kg (G,S,B)												
						B												
	3	MALE	Up to 49kg, 54kg	4	A	14:30	15:20	14:35	15:30	16:05	16:25	16:50	16:55	17:40			17:40	18:10
						4 Victory Ceremony: up to Jr 50kg (G) by Minus 1, up to 50kg (G,S,B), up to Jr 55kg by MQS (55kg) (G), Senior up to 55kg (G,S,B)												
						B												
				J.S		4 Victory Ceremony: Junior 49kg (G) by MQS (74kg), Senior up to 49kg (G,S,B), Junior 54kg (G,S,B), Senior up to 54kg (G,S,B)												
				S		A												

Friday 26 March 2021																		
Day 2		Gender	Category	Number of Ceremonies	Groups	Equipment Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event					Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish
3	4	MALE	Up to 59kg	2	A	08:55	09:25	09:00	09:35	10:10	10:30	10:55	11:00	12:00	12:05	12:15	12:15	12:45
						J.S												
	5	MALE	Up to 65kg	2	A	11:15	11:40	11:20	11:50	12:25	12:45	13:10	13:15	14:00	14:05	14:15	14:15	14:45
						J.S												
4	6	FEMALE	Up to 61kg & 67kg	3	B	12:50	13:40	12:55	13:50	14:25	14:45	15:10	15:15	16:00			16:00	16:30
						A												
	7	MALE	Up to 72kg	1	A	16:55	17:25	17:00	17:35	18:10	18:30	18:55	19:00	20:00	20:05	20:10	Deep Clean	
						S												
				J.S		3 Victory Ceremonies: up to 61kg (G,S,B), up to 67kg Jr (G) by MQS (xxx) up to 67kg (G,S,B)												
				S		1 Victory Ceremony: up to 72kg (G,S,B)												

Saturday 27 March 2021																		
Day 3		Gender	Category	Number of Ceremonies	Groups	Equipment Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event					Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish
6	8	MALE	Up to 80kg	1	A	09:05	09:25	09:10	09:35	10:10	10:30	10:55	11:00	11:40	11:45	11:50	11:55	12:25
						S												
7	9	FEMALE	Up to 73 & 79kg	2	B	10:40	11:20	10:45	11:30	12:05	12:25	12:50	12:55	13:30			13:30	14:00
						A												
	10	MALE	Up to 88 & 97kg	2	B	14:10	14:50	14:15	15:00	15:35	15:55	16:20	16:25	17:00			17:00	17:30
						A												
				S		2 Victory Ceremonies: up to 73kg (G,S,B) and up to 79kg (G,S,B)												
				S		2 Victory Ceremonies: up to 88kg (G,S,B) and up to 97kg (G,S,B)												

Sunday 28 March 2021																		
Day 4		Gender	Category	Number of Ceremonies	Groups	Equipment Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event					Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish
9	11	MALE	Up to 107kg & Over 107kg	2	B	07:35	08:25	07:40	08:35	09:10	09:30	09:55	10:00	10:40			10:40	11:10
						A												
10	12	FEMALE	Up to 86 & Over 86kg	2	B	11:35	12:15	11:40	12:25	13:00	13:20	13:45	13:50	14:25			14:25	14:55
						A												
	13	MALE	Up to 97kg & Over 97kg	2	B	14:35	15:25	14:40	15:35	16:10	16:30	16:55	17:00	17:40			17:40	18:10
						A												
				S		2 Victory Ceremonies: up to 86kg (G, S, B) and over 86kg (G,S,B)												

MIXED TEAM EVENT																	
Day 4		Category	Groups	Kit Check		Weigh-in		Teams Arrival	Athletes Warm Up	Athletes Presentation	Competition		Blackout cleaning				
Session	Event			Start	Finish	Start	Finish				Start	Finish	Start	Finish	Start	Finish	Start
Heats	Mixed Team Event	A	15:00	15:10	15:05	15:20	15:55	16:50	17:15	17:30	18:00						
Session	Gender	Number of Teams	Group Division		Warm up Area	Athletes Presentation		Competition		Start	Finish						
Third Place	Mixed Team Event	2	B		18:00	18:40		18:45		19:20							
Final	Mixed Team Event	2	A				19:20		19:55								
1 Medal Ceremony Mixed Teams (G,S,B) @20:00																	
TEAM THROPHY @ 20:10 (Team 1st Place)														Deep Clean			