



Bangkok 2021 Para Powerlifting World Cup



Thursday 6th May 2021																		
Day 1		Gender	Category	Number of Ceremonies	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event						Start	Finish	Start	Finish			Start	Finish	Start	Finish	Start	Finish
1	1	MALE	Up to 49kg, 54kg & 59kg	5	8	A	14:25	14:50	14:30	15:00	15:00	15:25	15:30	16:25	16:30	16:55	16:55	17:10
				J,S	5 Victory Ceremonies: up to 49kg Jr (G) by MQS (61kg), up to 49kg by Minus 1, up to 54kg Jr (G) by MQS (68kg), up to 54kg (G,S,B), up to 59kg (G,S,B)													
1	2	MALE	Up to 65kg	2	6	A	16:45	17:05	16:50	17:15	17:15	17:40	17:45	18:25	18:30	18:40	18:40	Deep Cleaning
				J,S	2 Victory Ceremonies: up to 65kg Jr (G,S,B), up to 65kg (G,S,B)													

Friday 7th May 2021																		
Day 2		Gender	Category	Number of Ceremonies	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event						Start	Finish	Start	Finish			Start	Finish	Start	Finish	Start	Finish
2	3	FEMALE	Up to 41kg & 45kg & 55kg	3	4	A	09:00	09:20	09:10	09:30	09:30	09:55	10:00	10:30	10:35	10:50	10:50	11:05
				J,S	3 Victory Ceremonies: up to 41kg (G) by MQS (50kg), up to 45kg Jr (G) by Minus 1, up to 55kg Jr (G) by MQS, up to 55kg (G) by Minus 1,													
2	4	FEMALE	Up to 61k, 67kg, 73kg	3	7	A	10:55	11:20	11:00	11:30	11:30	11:55	12:00	12:45	12:50	13:05	13:05	13:20
				S	3 Victory Ceremonies: up to 61kg (G,S,B), up to 67kg (G) by MQS (62kg), up to 73kg (G,S,B)													
Lunch Break																		
3	5	MALE	Up to 72kg	1	6	A	15:30	15:50	15:35	16:00	16:00	16:25	16:30	17:10	17:15	17:20	17:20	17:35
				S	1 Victory Ceremony: up to 72kg (G,S,B)													
3	6	MALE	Up to 80kg	1	5	A	17:35	17:50	17:40	18:00	18:00	18:25	18:30	19:05	19:10	19:15	19:15	Deep Cleaning
				S	1 Victory Ceremony: up to 80kg (G,S,B)													

Saturday 8th May 2021																		
Day 3		Gender	Category	Number of Ceremonies	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes Warm Up	Athletes Presentation	Competition		Ceremony		Blackout cleaning	
Session	Event						Start	Finish	Start	Finish			Start	Finish	Start	Finish	Start	Finish
4	7	FEMALE	Up to 79kg, 86kg, Over 86kg	3	5	A	10:05	10:20	10:10	10:30	10:30	10:55	11:00	11:35	11:40	11:55	11:55	12:10
				S	3 Victory Ceremonies: up to 79kg (G) by MQS (67kg), up to 86kg (G) by Minus 1, Over 86kg (G) by Minus 1													
4	8	MALE	Up to 88 & up to 97kg	1	6	A	11:45	12:05	11:50	12:15	12:15	12:40	12:45	13:25	13:30	13:35	13:35	13:50
				S	2 Victory Ceremonies: up to 88kg (G,S,B), up to 97kg (G,S,B)													
Lunch Break																		
5	9	MALE	Up to 107kg, Over 107kg	2	7	A	14:55	15:20	15:00	15:30	15:30	15:55	16:00	16:45	16:50	17:00	17:00	Deep Cleaning
				S	2 Victory Ceremonies: up to 107kg (G,S,B), Over 107kg (G,S,B)													