



■ **Tbilisi 2021 World Para Powerlifting World Cup**
May 20-23

- **TEAM INFORMATION WEBINAR**
- **12 MAY 2021**



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1. EVENT BUBBLE



Event Bubble is designed to reduce the amount of contact you will have with anyone involved in the competition



The protocols apply to all accredited individuals including athletes, Technical Officials, contractors and volunteers during the event



Only LOC is able to leave the hotel in urgent situation, but they will enter back to the hotel with a negative PCR test negative



2. GENERAL HYGIENE AND SAFETY MEASURES

- **FACE MASK/ COVERING MUST BE WORN AT ALL TIMES**
- **FROM THE MOMENT YOU ARRIVE IN GEORGIA, YOU MUST FOLLOW 2 METER SOCIAL DISTANCING ALL TIMES.**
- **WASH YOU HANDS FREQUENTLY AND WEAR MASK ALL TIMES.
KEEP SOCIAL DISTANCING MINIMUM 2 METERS.
AVOID TOUCHING EYE, NOSE AND MOUTH.
WEAR GLOVES.
IF YOU HAVE A FEVER, COUGH AND DIFICULTY BREATHING, SEEK MEDICAL CARE EARLY**
- **BREACH OF ANY OF THESE RULES MAY RESULT IN REMOVAL OF YOUR ACCREDITATION AND/OR DISQUALIFICATION FROM THE EVENT, AS WELL AS POSSIBLE FURTHER ACTION BEING TAKEN BY THE LOC AND WPPO.**



COVID-19 TESTING DURING THE EVENT

Every individual in the event bubble will go through **2 PCR AND 1 ANTIGEN TESTS.**

- 1ST PCR TEST COVERED BY THE LOC WHEN YOU ARRIVE IN TO THE HOTEL;
- 2ND PCR TEST COVERED BY THE LOC ON THE THIRD DAY OF ARRIVAL;
- 3RD ANTIGEN TEST COVERED BY THE LOC BEFORE YOU LEAVE GEORGIA.
IF A PARTICIPANT NEEDS A PCR TEST TO FLY TO THEIR HOME COUNTRY, HE MUST BOOK IT IN ADVANCE GOING THROUGHT THE LOC OFFICE (PARTICIPANT OWN COST).
- DOCTOR WHO WILL TAKE PCR TEST WILL BE IN THE FIRST FLOOR SEPARATE ROOM WHERE YOU HAVE TO VISIT. EVERY PARTICIPANT WILL BE CALLED BY LOC.



- **IF A PERSON TESTS POSITIVE TO COVID-19:**

According to Georgian Law, the individual must be in quarantine for 12 days at his own cost. After 12 days the individual will be tested and with a negative PCR test result he/she will be able to return home.

- **IF A PERSON IS CLOSE CONTACT**

According to Georgian Law, close contact means: Physical Contact, Communication without masks; Be in closed area 15 minutes or more with masks;

Should a participant be considered as a close contact, he/she will be required to:

- be in quarantine for 4 days in his room
- after 4 days, take a PCR test at its own cost: with a negative result, she/he can leave the room and return to the event



- **PRINT** the registration form which you made on the MFA of Georgia's website. Don't miss to print registration number too.
- Especially those countries who needed special permission
- to enter to Georgia, please print and take with you the Invitation letter sent by the LOC.
- Every person in your team must take a **PCR Test within 72 hours** before arriving in Georgia and have **Negative result**.
- Bring Vaccine proof documents (if applicable)
- Insurance: Please make sure you have a medical insurance, including covid-19, for every person of your team. LOC recommend you take as highest coverage as possible. This applies to every person travelling to Georgia.

3. BEFORE TRAVELLING TO GEORGIA



▼ 4. WHEN YOU ARRIVE IN GEORGIA

- When you have completed passport control, then proceed to get your luggage.
- Please Contact LOC if you have any problems at customs.
- After collecting your luggage, you will find LOC members waiting for you with the competition logo since they know your flights and the total number of each team.
- The LOC staff will take you to the PREFERENCE & HOTEL HUALING by **accessible** bus which is located 10-15 minutes from the airport.
- When you arrive in the hotel, you will be accommodated separately and be called by LOC to come down for the 1st floor to take PCR Tests.



TRANSPORTATION

LOC STAFF WILL BE WAITING AT THE AIRPORT FOR THE TEAMS TO TAKE THE SHUTTLE BUS TO THE HOTEL.

For any questions please contact the LOC

TINATIN: +995595600622

(I will meet you in the airport too)

Buses are accessible for wheelchair users and after each team buses will be cleaned!





- After testing each person everybody must return to their rooms.
- You must not leave your room or have any contact with anyone individuals (including participants) prior **receiving confirmation of a negative test result.**
- For quarantine day (1st day of arrival) meals will be delivered by hotel staff. After leaving your rooms you will be able to take your Breakfast, Lunch and Dinner in the Hotel restaurant.
- Accreditation will only be delivered upon a PCR Negative test result from your 1st test onsite and communicated by the LOC.
- Every person will receive event pack. This will include a hand sanitizer and a face covering.

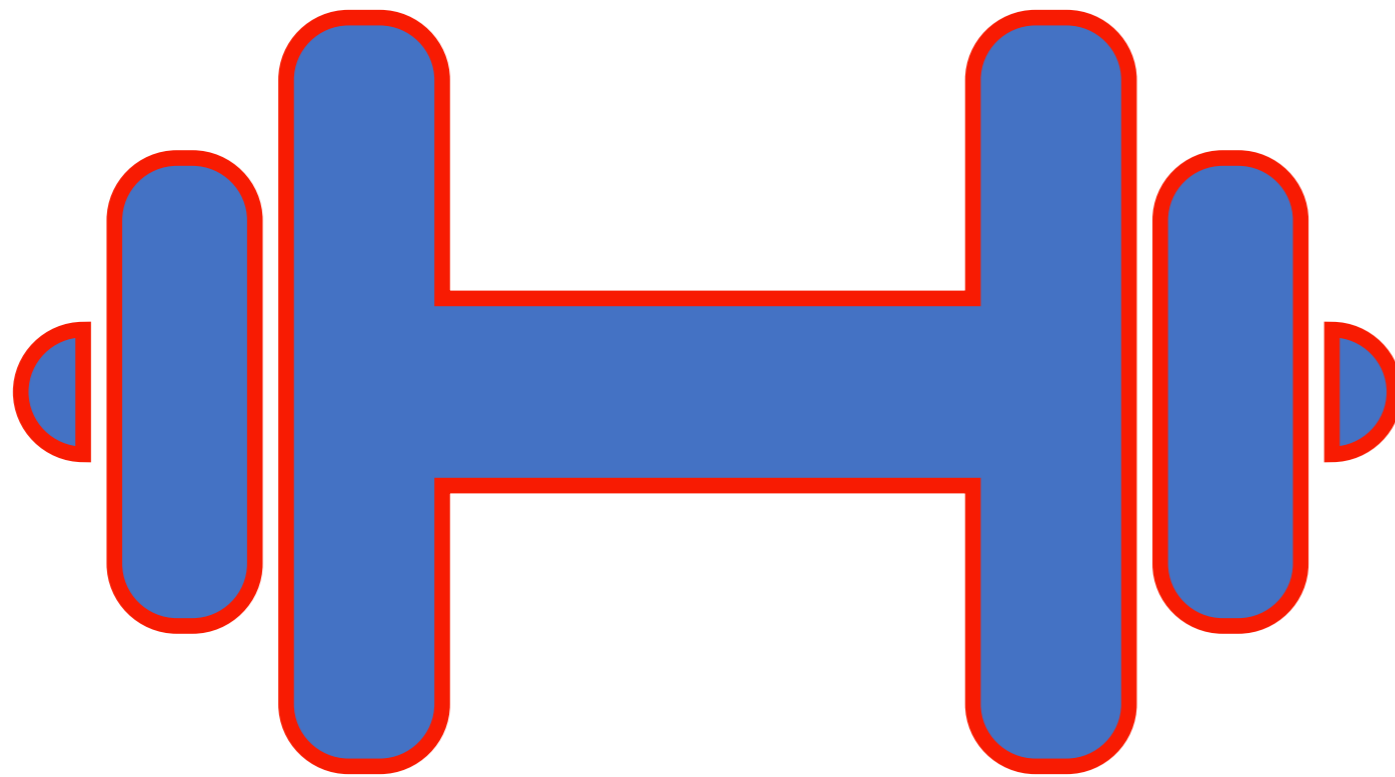


ACCOMMODATION

1. TEAMS DO THE CHECK-IN AND GO TO THEIR ROOMS TO QUARANTINE
 2. Every Team will be called by LOC to take PCR tests.
 3. After taking the test, teams will be back to their rooms and wait for PCR test results.
- Accreditation will only be distributed when a Negative result is received
- Every attendee will receive a personal event pack with hand sanitiser, face covering, code of conduct, chalk for lifters



5. Training, Warm Up and Competition



- Training will be according to each country.
- The detailed training schedule will be provided when closer to the event.
- The training schedule will be closely monitored and people will not be allowed to enter the training area if they are not on the schedule.
- **Training** equipment will be cleaned after each training session.
- **Warm up** equipment will be cleaned after each competition session.
- **Competition** equipment will be cleaned after every attempt



- Follow all departure directions related to the Event.
- Comply will all screening procedures and directions in relation to your return travel.
- If you test Positive for Covid-19 up to 14 days after returning home, please contact the LOC to notify them.

Departing from Georgia



Please submit any questions to:

Email: Tbilisi Local Organizing Committee:

Tbilisi.worldcup@gmail.com & copy:

World Para Powerlifting:

info@worldparapowerlifting.org

Safe travels and safe competition!