



STEPHEN MILLER

Country: Great Britain

Date of Birth: 27/5/1980

Sport: Para athletics

Discipline: Club throw



Sports Career

Paralympic Games : Bronze medal in 2016, Competed in 2012, Silver medal in 2008, Gold medal in 2004, Gold medal in 2000, Bronze medal in 2000, Gold medal in 1996

World Championships : Bronze medal in 2017

Why do you wish to become a member of the IPC Athletes' Council?

I have competed at six Paralympic Games and seen how much the Paralympic Movement has developed over the last 25 years into one of the biggest sporting events in the world with a huge impact. From the first moment I became a Paralympian, I felt a sense of meaning, belonging and purpose. The Paralympic Movement has helped me to grow and flourish not only as an athlete, conquering physical challenges but also as a person. It's helped me to establish the values that I live by today.

Athletes have always been at the heart of the Paralympic movement. Through their commitment, endeavour and excellence, they are the driving force behind the games. As athletes, we need to have input into key decisions. I would love to bring my experience and skills to build on the great work that has been done.

Why do you wish to run for the IPC Athletes' Council?

Paralympic sport is an important part of my life. I want to put my experience as an athlete and representative to help the Paralympic Movement continue to improve with athletes at its heart.

What special skills, background and expertise will you bring to the IPC Athletes' Council?

As an athlete rep, I've developed good communication and listening skills. As a high support need athlete, I have had to have a lot of support, so I know how important it is to work with others.

How has sport impacted your life?

Sport has been a huge part of my life. It gave me an outlet to explore my abilities, it helped me to accept myself and my vulnerabilities, and to enjoy challenges and embrace adversity.

What is your vision for the IPC Athletes' Council?

My vision is that the Athletes' Council becomes an integral part of IPC Governance and decision making. That it becomes the heart of an athlete network covering all sports.

Why is the athletes' voice important to you?

Athletes are the Paralympic Movement, the athlete voice ensures that the vast experience and knowledge athletes have doesn't go to waste. Athletes should feel trusted and valued.

What is the biggest challenge you have experienced as an athlete? How did you overcome it?

My biggest challenge has been maximising my ability and getting people to see beyond my disability to the pure sporting performance. I do this by striving to improve each day and by having fun.