



Preliminary Competition SCHEDULE
Tbilisi 2021 World Para Powerlifting Senior World Championships

version6_ 2.11.2021

Sunday 28th November 2021												
Day 1	BW	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event				Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
1	Men's Up to 49.00kg	9	C	07:40	09:05	07:45	09:15	09:30	10:00	10:55		
		10	B					11:00	11:30	12:30		
		10	A					12:35	13:05	14:10		
Break												
2	Women's Up to 41.00kg	9	B	13:55	14:05	14:00	14:15	14:30	15:00	15:55		
		9	A					16:00	16:30	17:25		
3	Women's Up to 45.00kg	8	B	16:02	17:05	16:07	17:15	17:30	18:00	18:50		
		9	A					18:55	19:25	20:25		

Monday 29th November 2021												
Day 2	BW	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event				Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
4	Men's Up to 54.00kg	9	C	07:40	09:05	07:45	09:15	09:30	10:00	10:55		
		9	B					11:00	11:30	12:25		
		10	A					12:30	13:00	14:05		
Break												
5	Women's Up to 50.00kg	7	C	13:10	14:05	13:15	14:15	14:30	15:00	15:40		
		8	A					15:45	16:15	17:05		
		8	B					17:10	17:40	18:35		

Tuesday 30th November 2021												
Day 3	BW	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event				Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
6	Men's Up to 59.00kg	8	C	07:40	09:05	07:45	09:15	09:30	10:00	10:50		
		9	B					10:55	11:25	12:20		
		9	A					12:25	12:55	13:55		
Break												
7	Women's Up to 55.00kg	7	C	12:30	13:55	12:35	14:05	14:20	14:50	15:30		
		7	B					15:35	16:05	16:45		
		8	A					16:50	17:20	18:15		
8	Women's Up to 61.00kg	8	B	16:52	17:55	16:57	18:05	18:20	18:50	19:40		
		9	A					19:45	20:15	21:15		

Wednesday 1st December 2021

Day 4	BW	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event				Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
9	Women's Up to 67.00kg	7	C	07:40	09:05	07:45	09:15	09:30	10:00	10:40		
		8	B					10:45	11:15	12:05		
		8	A					12:10	12:40	13:35		
Break												
10	Men's Up to 65.00kg	9	D	12:25	13:30	12:30	13:40	13:55	14:25	15:20		
		9	C					15:25	15:55	16:50		
		9	B					16:55	17:25	18:25		
		9	A					18:30	19:00	20:00		

Thursday 2nd December 2021

Day 5	BW	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event				Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
12	Women's Up to 73.00kg	8	B	07:35	08:35	07:35	08:45	09:00	09:30	10:20		
		9	A					10:25	10:55	11:50		
13	Women's Up to 79.00kg	9	B	10:30	11:30	10:30	11:40	11:55	12:25	13:20		
		9	A					13:25	13:55	14:50		
Break												
11	Men's Up to 72.00kg	9	D	13:20	14:45	13:25	14:55	15:10	15:40	16:35		
		9	C					16:40	17:10	18:05		
		9	B					18:10	18:40	19:40		
		9	A					19:45	20:15	21:15		

Friday 3rd December 2021

Day 6	BW	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event				Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
14	Women's Up to 86.00kg	8	B	08:06	09:05	08:11	09:15	09:30	10:00	10:50		
		8	A					10:55	11:25	12:15		
Break												
15	Men's Up to 80.00kg	9	D	11:05	12:10	11:10	12:20	12:35	13:05	14:00		
		9	C					14:05	14:35	15:30		
		9	B					15:35	16:05	17:05		
		9	A					17:10	17:40	18:40		

Saturday 4th December 2021												
Day 7	BW	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event				Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
16	Women's Over 86.00kg	9	C	07:24	08:35	07:29	08:45	09:00	09:30	10:25	12:05	12:10
		10	A					10:30	11:00	12:00		
Break												
17	Men's Up to 88.00kg	9	C	10:30	11:55	10:35	12:05	12:20	12:50	13:45	17:00	17:05
		9	B					13:50	14:20	15:15		
		10	A					15:20	15:50	16:55		
18	Men's Up to 97.00kg	7	C	15:10	16:35	15:15	16:45	17:00	17:30	18:10	21:00	21:05
		7	B					18:15	18:45	19:25		
		8	A					19:30	20:00	20:55		

Sunday 5th December 2021												
Day 8	BW	Total Athletes	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event				Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
19	Men's Up to 107.00kg	7	C	07:44	08:35	07:49	08:45	09:00	09:30	10:10	12:45	12:50
		7	B					10:15	10:45	11:25		
		7	A					11:30	12:00	12:40		
Break												
20	Men's Over 107.00kg	8	D	11:25	12:25	11:30	12:35	12:50	13:20	14:10	18:40	18:45
		8	C					14:15	14:45	15:35		
		8	B					15:40	16:10	17:05		
		8	A					17:10	17:40	18:35		

Monday 6th December												
MIXED TEAM EVENT												
Day 7	Phase	Category	Number of Teams	Kit Check		Weigh-in		Athletes	Athletes	Competition		
Session				Start	Finish	Start	Finish	Warm Up	Presentat ion	Start	Finish	
21	Heats	Mixed Team Event	10	08:30	09:20	08:30	09:30	09:45	10:20	10:30	11:30	
	Knock out		4	11:30	11:45	11:45	12:10					
	Third Place		2					12:25	12:37			
	Final		2					12:37	12:50			
1 Medal Ceremony Mixed Teams (G,S,B) @12:55												
FEMALE and MALE THROPHIES @ 13:10 (Team 1st,2nd,3rd Place)												