

Appendix 10: Minimum Qualification Standard (MQS) Table

Note: In accordance with the WPPPO Rules and Regulations, for the age groups (recognised in all Recognised Competitions), the age of the Athlete is by the age of the Athlete by 31 December the year of the Recognised Competition. All weights listed in kilograms (kg).

Age groups:

- Elite: 15+
- Legend: 45+
- Next Gen: 18-20
- Rookie: 15-17

Elite Men

Category	World Championships and Paralympic Games	Regional Championships	Other Sanctioned and Approved Competitions
Up to 49.00 kg	96	87	78
Up to 54.00 kg	101	92	83
Up to 59.00 kg	107	97	87
Up to 65.00 kg	108	99	89
Up to 72.00 kg	125	114	102
Up to 80.00 kg	132	120	108
Up to 88.00 kg	130	119	107
Up to 97.00 kg	129	118	106
Up to 107.00 kg	134	122	110
Over 107.00 kg	140	127	114

Elite Women

Category	World Championships and Paralympic Games	Regional Championships	Other Sanctioned and Approved Competitions
Up to 41.00 kg	59	54	49
Up to 45.00 kg	58	53	48
Up to 50.00 kg	66	60	54
Up to 55.00 kg	73	66	59
Up to 61.00 kg	73	66	59
Up to 67.00 kg	73	66	59
Up to 73.00 kg	75	69	62
Up to 79.00 kg	78	71	64
Up to 86.00 kg	83	75	67
Over 86.00 kg	86	78	70

Legend Men

Category	World Championships	Regional Championships, Other Sanctioned and Approved Competitions
Up to 49.00 kg	70	61
Up to 54.00 kg	74	64
Up to 59.00 kg	78	68
Up to 65.00 kg	79	69
Up to 72.00 kg	91	79
Up to 80.00 kg	96	84
Up to 88.00 kg	95	83
Up to 97.00 kg	94	82
Up to 107.00 kg	98	85
Over 107.00 kg	102	89

Legend Women

Category	World Championships	Regional Championships, Other Sanctioned and Approved Competitions
Up to 41.00 kg	43	38
Up to 45.00 kg	42	37
Up to 50.00 kg	48	42
Up to 55.00 kg	53	46
Up to 61.00 kg	53	46
Up to 67.00 kg	53	46
Up to 73.00 kg	55	48
Up to 79.00 kg	57	50
Up to 86.00 kg	60	52
Over 86.00 kg	62	54

Next Gen Men

Category	World Championships and Regional Youth Games	Regional Championships, Other Sanctioned and Approved Competitions
Up to 49.00 kg	70	61
Up to 54.00 kg	74	64
Up to 59.00 kg	78	68
Up to 65.00 kg	79	69
Up to 72.00 kg	91	79
Up to 80.00 kg	96	84
Up to 88.00 kg	95	83
Up to 97.00 kg	94	82
Up to 107.00 kg	98	85
Over 107.00 kg	102	89

Next Gen Women

Category	World Championships and Regional Youth Games	Regional Championships, Other Sanctioned and Approved Competitions
Up to 41.00 kg	43	38
Up to 45.00 kg	42	37
Up to 50.00 kg	48	42
Up to 55.00 kg	53	46
Up to 61.00 kg	53	46
Up to 67.00 kg	53	46
Up to 73.00 kg	55	48
Up to 79.00 kg	57	50
Up to 86.00 kg	60	52
Over 86.00 kg	62	54

Rookie Men

Category	World Championships and Regional Youth Games	Regional Championships, Other Sanctioned and Approved Competitions
Up to 49.00 kg	52	43
Up to 54.00 kg	55	46
Up to 59.00 kg	58	48
Up to 65.00 kg	59	49
Up to 72.00 kg	68	57
Up to 80.00 kg	72	60
Up to 88.00 kg	71	59
Up to 97.00 kg	70	59
Up to 107.00 kg	73	61
Over 107.00 kg	76	63

Rookie Women

Category	World Championships and Regional Youth Games	Regional Championships, Other Sanctioned and Approved Competitions
Up to 41.00 kg	32	27
Up to 45.00 kg	32	26
Up to 50.00 kg	36	30
Up to 55.00 kg	39	33
Up to 61.00 kg	39	33
Up to 67.00 kg	39	33
Up to 73.00 kg	41	34
Up to 79.00 kg	42	35
Up to 86.00 kg	45	37
Over 86.00 kg	47	39

Version History

Version	Date	Comments
1.0	2022-03-07	Initial document creation.
1.1	2022-05-12	Update to include Legend age group; general adjustments to MQSs reflect 2021 performance levels.