



9th May 2022 - 4PM KOR

2C22

평택세계장애인역도아시아 오세아니아오픈선수권대회

2022 Pyeongtaek World Para Powerlifting Asia Oceania Open Championships.





MAIN LOC CONTACT:

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Entering Korea

- VISA
- K-ETA (online process) for below countries:

Australia, Bahrain, El Salvador, Kazakhstan, Morocco, Malaysia, Singapore, Thailand, United Arab Emirates

If you are unsure about the procedure to follow, please contact the LOC.





How to fill K-ETA (At least 72 hours before boarding the flight)

- PC: <u>www.k-eta.go.kr</u> or Mobile: K-ETA
- Korea Electronic Travel Authorization website > K-ETA

Before filling in the application you will need:

- ID Photo
- All Passport data
- Email address (the results will be sent to this email address)
- Purpose of Entry: please select "Games/Match/Competition"
- Contact number in Korea: +82 10 8869 3541
- Accommodation address: 3-10, Pyeongtaekhang-ro 184beon-gil, Poseung-eup, Pyeongtaek-si, Gyeonggido Ramada Encore Hotel, 574-3 Manhori, Poseung eup,
- Credit card to make the K-ETA Payment: €7.46 = KWR 10,000/person





What is Q-Code?

- The Korean Government has put in place a system to reduce your time in the airport through a "Q-CODE". As of today, it is not obligatory for all overseas entrants to complete the "Q-CODE" ahead of travel.
- https://cov19ent.kdca.go.kr/cpassportal/biz/beffatstmnt/main.do?lang=en
- By presenting a QR-Code to a quarantine officer you can receive <u>quick quarantine services at the airport.</u>
- If one does not have Q-CODE, it will take longer to proceed at the "quarantine area at the airport" than those with Q-CODE and then it is mandatory to bring all related documents.
 (certificate of COVID-19 vaccine, etc.)
- However, 4 copies of PCR Test Negative Document(English) issued 48 hours before your departure is obligatory. (This is only for the Sports related overseas entrants.)
- **Please find two attachment files to download here: https://cov19ent.kdca.go.kr/cpassportal/
 - (1)"Q-code Promotional Notice(ENG)" and (2)"Q-CODE User Manual_220421_3"





Arrival in Korea

Only at Terminal 1, INCHEON International Airport

In the **baggage claim area**, LOC volunteers will be waiting for the Teams arriving in Terminal 1 however, if you miss seeing them at the baggage claim area, go to "F" because LOC buses will be Waiting outside of **exit "14"**.







Arrival in Korea

Terminal 2, INCHEON International Airport

The baggage claim area in Terminal 2 is pretty small, therefore no LOC volunteers will be at the baggage claim area. Volunteers are waiting for you "B" and LOC buses are outside of exit "6".







Arrival in Korea

- We strongly recommend INCHEON International Airport(ICN) for all teams Arrivals.
- However, if your team lands in GIMPO Airport, we will arrange transportation.
- To avoid lack of transportation, please submit Travel Information until 20th May.



2. Event Bubble





The Event Bubble is designed to **reduce the amount of contact** you will have with anyone
involved in the competition. Participants will be
permitted to leave the hotel to travel to the
competition venue or any city tour activities
planned by the LOC.



The protocols **apply to all accredited individuals** including athletes, delegation members, technical officials, contractors during the entire duration of the event



3. Covid-19 Testing



• Each participant will go through a minimum of 2 Covid-19 tests during the event.

	Types	Expected Dates	Cost	Remarks
48 Hours before Arrival	PCR	8~10 June	Covered by each NPC	Home country PCR Test (Negative) Documents
On the Day of Arrival	PCR	10~12 June	Covered by the LOC	Ramada Encore Hotel
Day 6 th or 7 th	PCR	16~17 June	Covered by the LOC	Ramada Encore Hotel
**48 Hours before Departure	Depends on each NPC	19~20 June	Covered by each NPC	PCR Test (Negative) Documents

- Any additional test costs €70 = KRW 95,000 (Korean WON)
- **Teams in need of "PCR Negative Printed Documents" 48 hours before departure from INCHEON Airport,
 Please complete the questionnaire on the Competition Portal by 13th May.
- The LOC is not responsible for costs resulting from positive cases (change of flights, accommodation)

3. Covid-19 Testing



Covid-19 Procedure

IF A PERSON FEELS UNWELL

If you feel unwell, have a fever, cough and difficulty breathing → isolate in your room and seek medical care early by contacting the LOC immediately.

IF A PERSON TESTS POSITIVE TO COVID-19:

- Doctor will make an assessment (symptoms or not)
- Quarantine in your accommodation room until a negative test result

A covid-19 insurance for each Delegation should be submitted to the LOC prior travel.

PLEASE Submit Insurance Document until 20th May.

3. Covid-19 Testing



Covid-19 Procedure

IF A PERSON IS CLOSE CONTACT

A close contact means any physical contact; communication without masks; be in a closed area 15 minutes not wearing masks.

Should a participant be considered as a close contact, he/she will be required to:

→ be in quarantine for 3 days in his room

Close contact	Requirement	Testing	
Athlete	Allowed to leave his room for the time of his c ompetition.	Take a PCR test on day 3 of the quarantine at the NPC own cost. The quarantine will end on day 4 upon the result of a	
Coach	Must remain in his room for 3 days. Exceptions if the delegation has only 1 accredit ed coach.		
Delegation Member	Delegation Member Must remain in his room for 3 days.		

^{*:} Additional measures will be taken by the organization to minimize contacts: dedicated time slot may be implemented for Training and Weigh-in.



4. Protocols



- Covid-19 precaution procedures will be applied in the official hotel, restaurant and competition venue.
- Benches will be disinfected after each session (training, warm-up, call area).
- Every person will receive an event pack that includes:
- hand sanitizer
- face covering mask

Best practices:

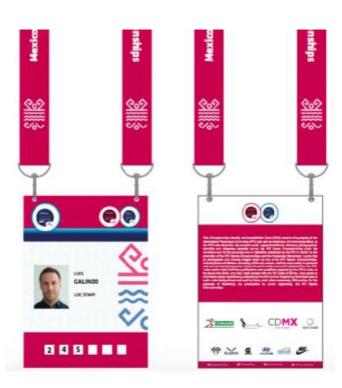
- ✓ Face mask covering must be always worn in accommodation and venue
- ✓ Follow 2 meters social distancing all times.
- ✓ Use the disinfection stations to clean your hands
- ✓ Wash your hands with soap and water frequently and avoid touching eye, nose and mouth.



5. Accreditation



- Accreditation will only be delivered upon:
- a PCR Negative test result from the test taken on the day of arrival in the official hotel of the championships
- if **all payment** to the LOC have been **completed**.
- Every participant will have to carry their own accreditation at all time
- If you are seen without your accreditation on this will be an infringement of the Covid-19 rules at the event and you may be subject to sanctions.





6. Accommodation



Accommodation Payments

■ 10 May 2022: Deadline to transfer remaining accommodation fees

7. Logistics



Meals

All meals will be served at the hotel

• If a team need "Lunch boxes(to eat at the venue)", then please book the number of "lunch box" by at least 36 hours before the pick-up date.

(for example) If a team need and pick up "5 lunch boxes" in the morning of 15 June, you should book them by 2 p.m., 13 June.

Transportation

- Ramada Encore Hotel is located 25 minutes bus to the competition venue.
- Delegations will be able to come and watch the event throughout the championships



7. Results & Livestream



- The event will be livestreamed on WPPO Facebook and Youtube channels.
- Live results will be available on WPPO Website: https://www.paralympic.org/powerlifting
- We encourage all accredited participants to come to the venue and watch the event live to s
 upport the competing athletes.





Competition venue





Anjung Gymnasium





Q&A



8. WPPO – Uniforms



According to the WPPO Rules and Regulations, all <u>Lifting suits/ t-shirts/ sleeves/ unitards used</u>
 <u>in-competition</u> (warm-up, call area, FOP) must be from **WPPO approved suppliers**.







 WPPO is missing to receive information from countries regarding the lifting suit supplier they will use during the competition.

Indonesia, India, Saudi Arabia, Laos, Mongolia, Philippines, Tajikistan, Taipei, United Arab Emirates, Yemen

Please complete the form in the Competition Portal.



8. WPPO – Weigh-in



 According to the WPPO Rules and Regulations Random Weigh-ins of the Athletes may take place in the day of the Event in advance of the warm-up for the specific Bodyweight Category at the discretion of WPPO

Should an Athlete weigh outside of a percentage of their specific

Bodyweight Category (published in the corresponding Competition
information package), they will be disqualified (DSQ) from the Event

The percentage is set to 5% of the specific Bodyweight Category.

5.00%						
Gender	BW Category	"Acceptable" KG Change	Maximum Random Weigh-in Bodyweight			
Women	41	2.1	43.1			
	45	2.3	47.3			
	50	2.5	52.5			
	55	2.8	57.8			
	61	3.1	64.1			
	67	3.4	70.4			
	73	3.7	76.7			
	79	4	83			
	86	4.3	90.3			
	Over 86	NA	NA			
Men	49	2.5	51.5			
	54	2.7	56.7			
	59	3	62			
	65	3.3	68.3			
	72	3.6	75.6			
	80	4	84			
	88	4.4	92.4			
	97	4.9	101.9			
	107	5.4	112.4			
	Over 107	NA	NA			



8. WPPO – Competition Entries



- 15th May: Publication of Entries by name of Pyeongtaek Championships
- In April was published on WPPO website the Competition Schedule by day:

Date	Men	Women	
Tuesday 14 th June	Technical Meeting		
Wednesday 15 th June	Up to 49kg, Up to 97kg	Up to 41kg, Up to 45kg	
Thursday 16th June	Up to 54kg, Up to 59kg	Up to 50kg, Up to 55kg	
Friday 17 th June	Up to 65kg, Up to 72kg	Up to 86kg, Over 86kg	
Saturday 18 th June	Up to 107kg, Over 107kg	Up to 61kg, Up to 67kg	
Sunday 19 th June	Up to 80kg, Up to 88kg	Up to 73kg, Up to 79kg	
Monday 20 th June	Men/Women/Mixed Team Events		





See you in Pyeongtaek!