

Complejo Panamericano
Halterofilia
CODE Paradero























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1. GENERAL INFORMATION

1.1. IPC Membership

The organizing committee will only accept entries submitted by the NPC (National Paralympic Committee) in good standing with the WPPO. Furthermore, only those entries submitted by the NPC President, Secretary General, or authorized person will be processed. For further information, please contact: parapower.guadalajara2022@gmail.com

1.2. World Para Powerlifting Rules and Regulations

Being an authorized event by the WPPO the most current World Para Powerlifting Rules and Regulations published upon the WPPO website alongside the World Para Powerlifting Qualification Pathway 2020-2024 will apply for this competition with the exception that there will be no jury for a Powerlift or lift challenge. The aforementioned documents alongside their annexes can be found on the following website: https://www.paralympic.org/powerlifting/rules.

The results on this event will be reflected on the World Para Powerlifting Ranking and Parapan American Games Santiago 2023.

1.3. Anti-Doping

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement, further details can be found on the WPPO website: www.paralympic.org/powerlifting/rules-and-regulations/anti-doping.

1.4. Classification

All athletes who have a designated sport class status of New (N), Review (R) or earlier will be required to undergo International Classification prior to the start of the competition.

The classification schedule will follow after the revision of the final entries by the LOC.

1.5. Medical Information

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance and first aid. Therefore, all participants are responsible for obtaining their own medical insurance (including COVID-19 insurance and repatriation coverage) and will be responsible for any medical expenses resulting from participation in this Open International. Each respective NPC is fully responsible to ensure that all members of their delegation are appropriately insured, including coverage for travel, medical, COVID-19, liability, accidents, and repatriation. Each NPC will need to provide evidence of appropriate insurance coverage for their full delegation by no later than **17 November 2022**. NPCs can email this information directly to the LOC at:parapower.guadalajara2022@gmail.com.























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2. OPEN INTERNATIONAL INFORMATION

2.1 Open International Dates

SCHEDULE	FECHA
Teams Arrival Dates	6-7 December 2022
International Classification	7-8 December 2022
Technical Meeting	8 December 2022
Competition Dates	9-10-11 December 2022
Teams Departures	12 December 2022

2.2 Preliminary Programme

The Provisional timetable and events programme will be provided after the final entries by name deadline. The competition schedule will remain subject to change until the close of the technical meeting.

2.3 Number of entries per Event per NPC

2.3.1 Individual Event

There is no maximum number of entries per gender, Bodyweight Category and age group per NPC.

2.4. Event Viability

Athletes may compete and/or be awarded medals in a single Body weight Category or combined categories as detailed below:

- ❖ 3 or more Athletes: when there are 3 or more Athletes in one body weight category the event will be viable and all medals be awarded (Gold, Silver, Bronze).
- ❖ 1 or 2 Athletes: when the total number of Athletes is 1 or 2 in more than one body weight category by gender, combined categories will be formed by the TD discretion and the coefficient formula will be applied.
- 2 Athletes: When there are 2 Athletes in a single body weight category and they lift equal to or more than the respective level MQS for that body weight category.
- ❖ 1 Athlete. When there is one (1) athlete in a single body weight category and they lift equal to or more than the respective level MQS for that body weight category.

2.5. Entries and Registration process

In order for athlete entries to be accepted, they must meet the following criteria and deadlines:























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2.5.1. Athlete Eligibility

- ❖ Be full registered on the IPC Sport Management System (SDMS) with the correct documentation (IPC Eligibility Form and Medical Diagnostic Form) completed fully, singed, and uploaded to the athlete profile;
- ❖ Have an active license for the 2022 Summer Competition Season;
- ❖ Be a minimum of 15 year of age by 31 December 2022;
- ❖ Have an international classification status of New, Review, Review + Fixed Date or Confirmed

NOTE: There is no required Minimum Qualifying Standard (MQS) to enter this event.

2.5.2. Late Entries

NPC must contact the LOC if there is a late entry request. All respective information provided by the NPC will be reviewed in consultation with the LOC on a 'case by case' basis and the entry may be accepted/rejected.

2.5.3 Replacements

The replacement of athletes may be accepted due to injury or medical reasons. All respective supporting information regarding the replacement must be reviewed by the LOC on a 'case by case' bases.

2.5.4. Declaration of Participation

By completing and submitting sport entries, NPCs are considered to have officially declared the participation of their athletes in the specified events/categories.

2.5.5 Final Entry Process

All final entries (by name and body weight category) must be completed by **11 November 2022**. All competition entries must be completed via the <u>IPC Online entry system</u>. Please note that after this deadline no changes to the final entries unless under exceptional circumstances.

2.5.6 Open International Participation Fee

All payment must be completed via bank transfer by no later than **11 November 2022** to the account detailed below:

If you request an invoice, you can solicit it in the following emails: henrypag@hotmail.com/sillasjalisco@yahoo.com indicating the exact amount for invoice, number of people and function as well as invoice data.























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OPEN INTERNATIONAL PARTICIPATION FEE

FUNCTION	DOLLAR	EURO	MEXICAN PESO
Athlete	190 USD	170 EUR	\$3,600 MXN
Staff (Trainer-	95 USD	85 EUR	\$1,800 MXN
delegate, medic, etc.)			

ACCOUNT INFORMATION

Account Name: Asociación Jalisciense de Deportes Sobre Silla de Ruedas, A. C.

Colina imperial 2131

Col. Colinas de Atemajac

C. P. 45170

Zapopan, Jalisco, México.

Bank: Scotiabank

Sucursal Name: Sucursal Plaza Patria

Av. Patria SN C. P. 45160 Guadalajara, Jalisco. México.

Beneficiary Account Number: 01009829172

IBAN: 044320010098291722 **SWIFT Address:** MBCOMXMM

Required Notes:

2.5.7 Registration Process

PROCESS	DATE
IPC Entry by Number Opens	22 July 2022
Final Deadline for Registration by Number	26 August 2022
of Participants.	
IPC Entry by Name	12 September 2022
LOC Accreditation Opens	
Final Deadline for Registration	11 November 2022
Final Deadline to Return:	
 Hosting Format. 	11 November 2022
Accreditation Format.	
Payment Deadline	11 November 2022























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2.6 Random Weigh-in

According to the WPPO Rules and Regulations Random Weigh-ins of the Athletes may take place in the day of the Event

Percentage:

5.00%				
Gender	BW Category	"Acceptable" KG Change	Maximum Random Weigh-in Bodyweight	
	41	2.1	43.1	
	45	2.3	47.3	
	50	2.5	52.5	
	55	2.8	57.8	
Women	61	3.1	64.1	
women	67	3.4	70.4	
	73	3.7	76.7	
	79	4	83	
	86	4.3	90.3	
	Over 86	NA	NA	
	49	2.5	51.5	
	54	2.7	56.7	
	59	3	62	
	65	3.3	68.3	
Men	72	3.6	75.6	
	80	4	84	
	88		92.4	
	97	4.9	101.9	
	107	5.4	112.4	
	Over 107	NA	NA	

2.7 Results

After the close of the competition the official competition results book(s) will be compiled and it will be shared via email to all teams and the results will be uploaded on the WPPO website.

2.8 Rankings

All results will be updated and uploaded to the WPPO website, the world rankings and Parapan American Games Santiago 2023.























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2.9. Records

It will not be permitted for athletes to break records.

2.10. Training and Competition Complex

Polideportivo CODE Paradero (Blvd. Gral. Marcelino García Barragán 1820, Atlas, 44870, Guadalajara, Jalisco, México).

3. **COVID-19**

In order to make the event as safe as possible for every attendee we will require the complete support and cooperation of all teams. This may include COVID testing, PCR and antigen test within 48 hours prior the arrival of the venue. Presenting these testing will be necessary to access the event accreditation which is essential to allow access to the competition complex.

4. ACCOMMODATIONS

- ❖ Fiesta Americana Hotel and Hilton Hotel are the official hotels of all athletes, staff and technical officials during the event.
- These hotels offers accommodation in accessible single, twin, triples o quadruples.
- All prices below include breakfast, lunch and dinner (all other hotel charges are the responsibility of the NPC).























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HILTON HOTEL

Address: Av. De las Rosas #2933, Col. Centro CP. 44530, Guadalajara, Jalisco, México. It is located 30 minutes from the Guadalajara International Airport. Located 20 minutes from the official venue of the event.

Room Measurements:

- Entrance door to the room: 1.12mts width.
- WC Door: 95cm
- Measurements inside the bathroom area: 4.18mts x 2.25mts
- Measurements inside the shower: 1.90mts x 2.58mts.































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FIESTA AMERICANA HOTEL

Address: Av. Aurelio Aceves #225, Col. Vallarta Poniente CP. 44110, Guadalajara, Jalisco, México. It is located 36 minutes from the Guadalajara International Airport. Located 20 minutes from the official venue of the event.

Room Measurements:

• Entrance door to the room: 2mts x 80cm.

■ WC Door: 2mts x 65cm ■ Shower door: 2mts x 65cm































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- 4.1 Type and Cost of Rooms
- Single Room: Per person, per night, including 3 meals per day and transportation to and from official event airport-hotel-venue.
- ❖ Twin Room: Per person, per night, including 3 meals per day and transportation to and from official event airport-hotel-venue
- ❖ Triple Room: Per person, per night, including 3 meals per day and transportation to and from official event airport-hotel-venue
- Quadruple Room: Per person, per night, including 3 meals per day and transportation to and from official event airport-hotel-venue

Fiesta Americana Hotel

	Single	Twin	Triple	Quadruple
All Included	\$2961.50 MXN	\$4286.50 MXN	\$6429.75 MXN	\$8573.00 MXN
	150 USD	215 USD	\$325 USD	\$428 USD

Guadalajara Hilton Hotel

All Included	Single	Double	Triple	Quadruple
	\$1645.00 Mx	\$2318.00 Mx	\$3516.00 Mx	\$4714.00 Mx
	90 USD	120 USD	190 USD	250 USD

The check-in time at the official hotels are from 15:00 and the check-out times is until 12:00. Teams who arrive before midnight when their check-in is the following day will have to pay for an extra night. Teams who arrive in the morning on their check-in day may be able to access their rooms at 12:00 if the room is ready.

- Contact for Hotel Information:
 - Samantha Ibarra
 - o <u>eventosdeportivos@mgoevents.com</u>
 - +52 3314112149,
 - o **+52** 3336291276























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5. TRANSPORTATION

- Transportation will be provided free of charge to all athletes and team officials from/to the official competition, airport (Guadalajara International Airport "Miguel Hidalgo y Costilla") the official hotels and event venue.
- Teams will be greeted by an LOC volunteer to help ensure they are delivered to the host hotel(s) in a timely and safe manner.

It is responsibility of each attendee to verify with their national government the requirements for entering Mexico.



























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6. GUADALAJARA

Guadalajara is a metropolis in western Mexico and the capital of the state of Jalisco. It is characterized, among other things, by its Historical Center where there are buildings such as Instituto Cultural Cabañas, named historical heritage of humanity by UNESCO, Teatro Degollado, Museo Regional, Museo de la Ciudad, Palacio de Gobierno, Cruz de Plazas and The Cathedral, its most recognized identifying symbol.

Guadalajara City was named as world capital of sports 2020, award given by the ACES Europe, International Association non profitable since 2001.

POPULAR DESTINATIONS

Tonalá

Do not miss out the land of Toltec Artisans, Tonalá is part of the metropolitan area of Guadalajara. You can buy the amazing crafts made with clay that are considered a true piece of art like plates, jars, jugs, pots and much more.

Here you can also visit Casa de los Artesanos, Cerro de la Reina, Museo Nacional de Cerámica among others.

Guadalajara Cathedral

It is one of the constructions of the historic center of Guadalajara. A curious fact is that under the main altar of the choir of the church are the crypts of the bishops and cardinals possessing the dioceses of the century XVI.

Mariachi Plaza

If you wish to listen to joyful and friendly mariachis and the typical and unique representative song of the state iGuadalajara! iGuadalajara!, visit mariachi plaza where in addition of listening to regional songs you can taste the food of place and watch the characteristic dances not only from Jalisco but of the entire Mexican Republic. This plaza is located in the historic center of the city.

Tlaquepaque

iAy! iTlaquepaque el pueblito, tus olorosos jarritos! Located 16km from the airport, the historic center of San Pedro Tlaquepaque is astonishingly beautiful with its colonial churches and old mansions, colorful flower and orange trees. The height of the place means that this site always has the perfect spring weather. Here you can find shandicrafts and crafts typical of the place that are a great pride for the people of Jalisco.





















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GASTRONOMY

We Mexicans consider this city and its gastronomy a real treasure, who has not enjoyed a meeting or important event with tequila and mariachi music as companion. Like many other cuisines in Mexico, the gastronomy of Guadalajara is tasty and varied and is the result of a combination of Spanish and prehispanic cultures. Without a doubt at some point in your life you should taste one of the 5 typical dishes of Guadalajara.

Torta Ahogada

This delicious dish is prepared with a birote split in half where you add pork carnitas and beans. The torta is completely soaked in a spicy red sauce and served with sliced onions. Definitely a real delicacy.

Pozole

In Guadalajara they also have their own Pozole although it is similar to the one consumed in Mexico City. This dish is made with a red, white or green pork broth with corn kernels and a garnish of chopped lettuce, onion, avocado, radishes, oregano and chili pepper. In addition it is served with the traditional corn toasts.

Birria

Another typical dish from Guadalajara is the Birria a dish based on lamb, beef or goat cooked in an underground oven and covered with maguey leaves. You can serve it with a sauce of chili and spices.

Carne en su jugo

This dish is a beef consomme served with beans, bits of meat, bacon and seasoned with chopped onion, cilantro, salt and lemon juice.

Jericalla

And for a dessert how about a delicious Jericalla? A flan prepared with milk, eggs, sugar and cinnamon that is baked until the outer shell burns. It was invented by an old Spanish nun, according to a traditional Mexican legend.































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7.- CONTACT DETAILS

Local Organizing Committee

Contact:

parapower.guadalajara2022@gmail.com

Mexican Paralympic Committee

https://www.copame.org.mx

Contact:

emanuel.garibay@copame.org.mx







Event Address

Blvd. Gral. Marcelino García Barragán No.1820 Col. Atlas C.P.44870 Polideportivo Code Paradero Foro de Halterofilia https://goo.gl/maps/E6mS8CCGzezmFZbG7

Local Organizing Committee CODE Jalisco

www.codejalisco.gob.mx





Mtra. Liliana Suarez Carreón

Mexican Paralympic Committee President





















