

PARIS 2024



PARA POWERLIFTING TIMETABLE

DAY1

📍 PORTE DE LA CHAPELLE ARENA



04 SEPT

MORNING SESSION*

12:00

MEN'S -49KG

13:35

WOMEN'S -41KG

AFTERNOON SESSION*

17:00

WOMEN'S -45KG

18:35

MEN'S -54KG

DAY2



05 SEPT

MORNING SESSION*

12:00

WOMEN'S -50KG

13:35

MEN'S -59KG

AFTERNOON SESSION*

17:00

WOMEN'S -55KG

18:35

MEN'S -65KG

*Central European Summer Time (CEST)

DAY3

📍 PORTE DE LA CHAPELLE ARENA



06 SEPT

MORNING SESSION*

12:00

MEN'S -72KG

13:35

WOMEN'S -61KG

AFTERNOON SESSION*

17:00

WOMEN'S -67KG

18:35

MEN'S -80KG

DAY4



07 SEPT

MORNING SESSION*

12:00

WOMEN'S -73KG

13:35

MEN'S -88KG

AFTERNOON SESSION*

17:00

WOMEN'S -79KG

18:35

MEN'S -97KG

*Central European Summer Time (CEST)

DAY5

📍 PORTE DE LA CHAPELLE ARENA



08 SEPT

MORNING SESSION*

9:00

MEN'S -107KG

10:35

WOMEN'S -86KG

AFTERNOON SESSION*

14:00

WOMEN'S +86KG

15:35

MEN'S +107KG

*Central European Summer Time (CEST)