

Cairo 2023 Para powerlifting World Cup Preliminary Competition Schedule

Sep-23

				Fric	day, Nov	ember 3, 20	023					
Day 1	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area Com		etition	Ceremony	
Session				Start	Finish	Open	Close	Open	Start	Finish	Start	Finish
1	Men's Up to 80 kg	5	Α	9:40	9:50	9:50	10:40	10:25	10:30	11:05	11:10	11:15
Victory Ceremony G,S,B												
2	Men's Up to 88 kg & 97 kg	9	Α	10:40	10:50	10:50	11:48	11:25	11:30	12:30	12:35	12:45
Victory Ceremony G,S,B												
Lunch Break												
3	Women's Up to 67 kg, 73 kg, 79 kg, Over 86 kg	10	Α	13:10	13:20	13:20	14:20	13:55	14:00	15:05	15:10	15:30
	Victory Ce	remony: U	Jp to 67 kg	g (G) by l	MS, Up to	o 73 kg G,S	B, Up to 79,	G,S, Over 86	kg (G) by	MS		
4	Men's Up to 54 kg & 59 kg	6	Α	14:50	15:00	15:00	15:52	15:35	15:40	16:20	16:25	16:35
Victory Ceremony: Up to 54 kg (G) by MS, Up to 59 kg G,S,B												
5	Men's Up to 65 kg	5	Α	15:55	16:05	16:05	16:55	16:40	16:45	17:20	17:25	17:30
Victory Ceremony G,S,B												

Saturday, November 4, 2023												
Day 2	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Ceremony	
Session				Start	Finish	Open	Close	Open	Start	Finish	Start	Finish
6	Women's Up to 45 kg, 50 kg, 55 kg, 61 kg	8	A	9:40	9:50	9:50	10:46	10:25	10:30	11:25	11:30	11:50
Victory Ceremony: Up to 45 kg (G) by MS, Up to 50 kg (G,S) Up to 55 kg G,S,B, Up to 61 kg (G,S)												
7	Men's Up to 72 kg	7	Α	11:00	11:10	11:10	12:04	11:45	11:50	12:35	12:40	12:45
Victory Ceremony G,S,B												
Lunch Break												
8	Men's Up to 49 kg	8	Α	13:10	13:20	13:20	14:16	13:55	14:00	14:55	15:00	15:05
				Vic	ctory Ce	remony G,S	,В					
9	Women's Up to 41 kg	10	Α	14:30	14:40	14:40	15:40	15:15	15:20	16:25	16:30	16:35
Victory Ceremony G,S,B												
10	Men's Up to 107 kg & Over 107 kg	7	Α	16:00	16:10	16:10	17:04	16:45	16:50	17:35	17:40	17:50
Victory Ceremon: Up to 107 kg (G,S), Over 107 kg G,S,B												

victory ceremon. op to 107 kg (G,S), Over 107 kg G,S,B											
Sunday, November 5, 2023											
Day 3	Category	Group	Kit Check		Warm-Up Area		Call Area	Comp	etition	Cere	mony
Session		Division	Start Finish		Open Close		Open	Start	Finish	Start	Finish
Women's Team Event, Men's Team Event and Mixed Team Event											
WOMEN'S TEAM EVENT		Number of Teams	Kit Check		Warm-Up Area		Comp	etition	Ceremony		
Session	Phase		Start	Finish			Start	Finish	Start	Finish	
1	Heats	3	9:00	9:15	from 9:45am			10:00	10:25		
1	Final	2						10:35	10:50	10:55	11:05
Victory Ceremony G,S,B											
N	IEN'S TEAM EVENT	Number of Teams	Kit Check		Warm-Up Area			Competition		Ceremony	
Session	Phase		Start	Finish				Start	Finish	Start	Finish
2	Heats	3	10:15 10:30		from 10:30am		11:15	11:40			
	Final	2						11:50	12:05	12:10	12:20
		_	Vi	ctory Cer	emony G,	S,B					
MIXED TEAM EVENT		Number of Teams	Kit Check		Warm-Up Area		Competition		Ceremony		
Session	Phase		Start Finish					Start	Finish	Start	Finish
	Head-to-Head	4	11:30	11:45	from 11:15am		12:30	13:00			
3	Third Place	2	11.50				13:10	13:25			
	Final	2							13:50	13:55	14:05
			Vi	ctory Cer	emony G,	S,B					