



**INTERNATIONAL
PARALYMPIC
COMMITTEE**

DOPING CONTROL GUIDE

SANTIAGO 2023

This document, named *Doping Control Guide – Santiago 2023 Parapan American Games*, has been developed for the event that will be held in Santiago of Chile between November 17th and 26th.

This manual will have versions in Spanish and English. If there are any discrepancies between both versions, the Spanish version shall prevail.



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1. JURISDICTION OF THE ANTI-DOPING PROGRAM OF THE SANTIAGO 2023 PARAPAN AMERICAN GAMES

The International Paralympic Committee (IPC) are in charge of the direction of the doping control program for the Parapan American Games, from the opening of the Parapan American Village, to be performed on November 12th, 2023, to the closing ceremony on November 26th, 2023.

The IPC Anti-Doping Department and the Organizing Committee for the Santiago 2023 Parapan American Games, henceforth Stgo2023 OC, will watch over the planning, coordination and execution of the necessary processes for the commissioning of the doping control during the Games.

The IPC is signatory of the World Anti-Doping Code, which established the international guidelines with strict and mandatory application in the fight against doping in sports. The IPC Anti-Doping Code is complemented by the international standards of the World Anti-Doping Agency (WADA) and establish several violations of the anti-doping rules and the detailed process for results management after a possible violation of the anti-doping rules.

The IPC Anti-Doping Code will be applied to the Games from the official opening of the Village until its closing day. The IPC Anti-Doping Department may submit registered athletes to control in the Games at any moment, independently of their location. All participants (athletes and athletes' support personnel) understand and accept the IPC Anti-Doping Code as a participation condition; hence, it will be understood that they have accepted to comply with them completely.

For the Santiago 2023 Parapan American Games, the Control Authority and the Results Management Authority will be the IPC, and the Sample Collection Authority will be the Chilean National Doping Control Commission (CNDC – Chile).

The responsible person for watching over the Rules from IPC is the Head of Anti-Doping, or a responsible person named by them.

The IPC Anti-Doping Code is available on the IPC website [here](#).



2. OBJECTIVE

The main objective is to offer advice and support to all athletes, National Paralympic Committees (NPC) and International Federations (IF) with a precise comprehension of the rules and procedures application that will be necessary for the doping control during the Santiago 2023 Parapan American Games.


All athletes in competition, as well as support personnel, must be aware of the fight against doping and follow the regulations of this Guide. As a condition to participate in the Games, all athletes commit to follow completely these rules and regulations.

3. CONSIDERATIONS FOR THE DOPING CONTROLS

Doping control may be carried out during the Games at any time and in any location by collecting urine and/or blood samples. As set out in the IPC Anti-Doping Code, the types of tests for these Games will be known as “in-competition” and “out-of-competition”. Prohibited substances both in-competition and out-of-competition will be tested in the requested lab analyses, as indicated in the 2023 WADA Prohibited List.

“In-competition” is defined as the period set between 11:59 p.m. on the day before a competition in which the athlete is scheduled to participate, through the end of such competition as well as the sample collection process related to such competition. Exceptions to this rule are those which WADA has approved, for a particular sport, an alternative definition of “in-competition”.

3.1 REQUEST OF BIOLOGICAL PASSPORT



The National Paralympic Committees (NPC), Regional or National Anti-Doping Organizations (RADO/NADO), or the International Federations (IF) that wish to collect samples from athletes to analyze a Biological Passport must request a prior authorization to the Anti-Doping Department of IPC, who will evaluate the relevance of the request. In such cases, the cost and results management of these controls will be the responsibility of the Anti-Doping Organization that requests the Controls unless WADA, IF or IPC say otherwise.

3.2 LABORATORY

The collected samples will be analyzed at *Laboratoire Antidopage Français (LADF) – Université Paris – Saclay*, accredited by WADA. The results will generally be sent back from 48 to 72 hours after the lab has received the samples. More time may be needed for those samples that require additional analysis or that show abnormal results. Some samples may be submitted for analysis after the Closing Ceremony, without prejudice of starting the Results Management process facing a report of Adverse Analytical Results. Any violations of the anti-doping rules that are found as a result of this analysis will be treated in accordance to the IPC Rules.


3.3 PROHIBITED SUBSTANCES

The 2023 List of Prohibited Substances and Methods from WADA has the substances and methods that are forbidden during the development of the Santiago 2023 Parapan American Games. If the 2023 Prohibited List is modified during the Games, the version that is posted on the WADA website will be used as the guideline. Find it available in several languages at:

[Descarga aquí la Lista de Prohibiciones](#)

All athletes, as well as their support personnel, must know and acknowledge the 2023 Prohibited List from WADA.

3.4 MEDICATION USE



It is a responsibility of the athlete to determine if a substance they are using, or consider using, is prohibited. It is recommended that the athletes communicate and confirm constantly with physicians from their teams about the status of all the medication they consume. If during the Games the athlete needs more clarification about this topic, they must consult with the Medical Official of their corresponding NPC.

By bringing medications into Chile, all NPCs must know and acknowledge the medications, pharmaceutical products, and medical equipment import process, which is detailed in the Santiago 2023 Medical Services Guide and in the Chefs de Mission Guide.

3.5 SUPPLEMENT USE


It is recommended extreme caution when using nutritional supplements. A significant number of adverse analytical results has been attributed to use of supplements.

The use of supplements by athletes is extremely dangerous, since many countries have not regulated the manufacturing and labeling of the supplements, and they may not follow strict guidelines for manufacturing or storage. This could generate that a supplement has prohibited substances in its composition. If an athlete accidentally intakes a prohibited substance, a mislabeled supplement will not hold as a defense at an audit hearing.

It is recommended that athletes discuss with their delegation's physician or a specialist prior to supplements intake.

It is an absolute responsibility of the athlete the use of supplements before, and during the Santiago 2023 Parapan American Games.

4.- THERAPEUTIC USE EXEMPTION (TUE)



The IPC TUE Committee will be responsible for the regulations for Therapeutic Use Exemptions (TUEs) that will be published in the “Doping” section of the Santiago 2023 Extranet, in the following link:

<https://extranet.santiago2023.org/admin/en/documents/doping/show>

From 17 October until 26 November 2023, all athletes registered to compete at the Santiago 2023 Para Pan American Games are considered International-level Athletes through the duration of the Games Period as defined in the IPC Anti-Doping Code. Therefore, from 17 October 2023, the IPC becomes responsible for Therapeutic Use Exemptions. Games Period TUE rules apply to all athletes.

It is an athlete’s responsibility to ensure that any medication or method they take to treat an illness or medical condition is not prohibited according to the WADA Prohibited List.


The TUEs may be requested in case an athlete must consume/use a medication/method that is included within the 2023 Prohibited List in order to treat a disease or condition. Said athletes will need the approval of the TUE prior to using/taking the necessary medication/method.

For questions about the TUE process, see the IPC website [Anti-doping - TUE \(paralympic.org\)](https://www.paralympic.org/anti-doping-tue). Contact the TUE Committee of IPC through this email tue@paralympic.org

4.1 PRIOR TO THE GAMES

It is expected that all athletes who compete at the Santiago 2023 Parapan American Games who need a TUE apply to the corresponding Anti-Doping Organization.

Prior to October 17th 2023, athletes must know if their International Federation considers them an international level athlete. If that was the case, they must send



the TUE application to the IF. If not, they must send the TUE application to their National Anti-Doping Organization (NADO) of their country of origin.

NPCs are encouraged to:

- Be proactive to assist their athletes in verifying the status of their medications.
- Discuss with athletes the risks associated with the use of supplements.
- Identify with the athlete's doctor therapeutic alternatives instead of prohibited drugs if possible.
- Help athletes to present the TUE application forms in a legible, complete and in a timely manner (at least one month before the start of the Games) to the corresponding Anti-Doping Organization, with the corresponding medical documents justifying it.


Athletes that already have a valid TUE certificate:

An athlete who has received a TUE from their NADO or IF, that has not been recognized by the IPC, must submit a request for recognition of the TUE by writing to the IPC (tue@paralympic.org) quoting the ADAMS TUE reference number (Anti-Doping Administration and Management System). The NADO or IF that approved the TUE needs to make the TUE and supporting materials available to the IPC via ADAMS to allow IPC to access it. The IPC will only recognize TUEs that are recorded in ADAMS.

The IPC will notify the athlete whether the TUE is recognized. Any TUEs which may expire during the Games Period must be treated with extreme care.

4.2 DURING THE GAMES

From 17 October 2023, **all** athletes must apply to the IPC TUE Committee and submit



the completed TUE application with supporting medical documentation either through ADAMS or by email to tue@paralympic.org. Submissions must be in English. If approved, the TUE will only be valid for the duration of the Games (unless the IPC is the International Federation of the sport). The decisions of the IPC TUE Committee will be communicated to the athlete's NPC, NADO, the IF and to WADA. The TUE application form can be found on the IPC website: [TUE Application Form](#).

In the event of an emergency treatment or treatment of an acute medical condition, Article 4.1 of the 2023 International Standard for Therapeutic Use Exemptions (ISTUE) will apply, being this the case of a retroactive TUE.

Details of the TUE process, including the TUE application process, the medical documentation in support of the application needed and the criteria for granting a TUE are outlined in the IPC Anti-Doping Code and 2023 ISTUE.

Further information on the TUE process as well as the TUE application form can be found on the IPC website:


<http://www.paralympic.org/the-ipc/anti-doping/tue>.

5. INFORMATION ABOUT WHEREABOUTS

The efficacy of the anti-doping control programs depends, largely, on having the precise and complete information of the whereabouts of each athlete.

Therefore, the IPC Anti-Doping Department mandates that the NPCs comply with the following:

- Ensure that athletes that belong to a registered group for controls of the International or National Federation, have provided precise and detailed



information about their whereabouts to the corresponding anti-doping organization.

- Provide timely information about travel times, specific room allocations and training schedules for the Games.

These components are essential to allow the localization of athletes, in order to perform the controls not associated with competitions.

In case the information received from the NPC is incomplete or the NPC refrains from sharing information, the IPC Anti-Doping Department will have the right to request detailed information about the whereabouts of the athletes.


6. RULING OF PENDING CASES THAT INVOLVE POSSIBLE VIOLATIONS OF THE ANTI-DOPING RULES

The IPC Anti-Doping Department values all efforts done by NPCs, the anti-doping organizations and IFs to guarantee that pending cases that involve possible violations of the anti-doping rules, committed either by athletes that intend to participate in the Santiago 2023 Parapan American Games or their support personnel, are solved before the athletes validate their accreditations for the Games.

Any issues related to the management of pending results must be informed to: antidoping@paralympic.org

7. WADA ATHLETE ENGAGEMENT PROGRAM

The WADA Athlete Engagement Program has become an efficient means to reach athletes and their surroundings to educate about the dangers and consequences of doping. At the Parapan American Village dining hall there will be an athlete



engagement module where athletes may approach anti-doping experts from all over the world to ask questions, share experiences and information about all topics associated to anti-doping control. The individual interaction that athletes, coaches and officials receive from the anti-doping experts is essential for the success of the Athlete Engagement Program. The program will include several educational materials, awards and engaging activities.

8. TECHNICAL PROCEDURES FROM THE IPC ANTI-DOPING DEPARTMENT FOR THE GAMES.

All doping control procedures will be implemented to conformity with the International Standard for Testing and Investigation (ISTI) from WADA. The ISTI can be found at:

<https://www.wada-ama.org/en/resources/world-anti-doping-program/international-standard-testing-and-investigations-isti>


The following information complements the requirements of the ISTI:

- For Parapan American Games, the Control Authority and the Results Management Authority will be IPC. The Sample Collection Authority will be the CNDC – Chile.
- Sample collection equipment that guarantees the safety, integrity and identity of the sample will be used. For this event, equipment from the Berlinger brand will be available.

The detailed sample collection procedures from the IPC Anti-Doping Department comply completely with the ISTI. The detail of the control process is available in the Sample Collection Guide – Doping Control.

9. NATIONAL RECORDS CONFIRMATION

NPCs can request a sample collection to confirm a national record by presenting the athlete at the Doping Control Station at the competition venue and making the



request directly to the Doping Control Station Manager. This manager will communicate with the Central Command of Doping Control for validation. In case there are no doping control officers at the venue, the NPC may request that the control be carried out at the Parapan American Village.

The NPC will have to cover the sample analysis cost by filling out an acceptance form and the results will be shared in ADAMS. It will also be required a signed letter from the NPC's National Anti-Doping Organization confirming they accept the Results Management Authority for the doping control.

The price of the Doping Control requested will be USD 500, this includes:

1. Control Kit.
2. Hydration.
3. Sampling collection.
4. Sending the samples to the laboratory.
5. Analysis result.

The method of payment will be available at the final version of the Mission Control Guide.


10. FORMS

The forms to be used during the doping control process are the following:

- Doping Control Form.
- Custody Chain Form.
- Supplementary Report Form.
- DCO Report Form.
- Biological Passport Supplementary Reports.
- Failed Attempt Form (Control Registered Group).

11. Annex - Acronyms

- ADAMS - Anti-Doping Administration and Management System/Sistema de Administración y Gestión Antidopaje.
- WADA/AMA - Agencia Mundial Antidopaje/World Anti-Doping Agency.
- TUE/AUT - Therapeutic Use Exemption/Autorización de Uso Terapéutico.
- CNDC/CNCD - Chilean National Doping Control Commission/Comisión Nacional de Control de Dopaje.
- CO Stgo2023/Stgo2023 OC - Organizing Committee for the Santiago 2023 Parapan American Games/Comité Organizador de los Parapanamericanos Santiago 2023.
- NPC/CPN - National Paralympic Committees/Comité Paralímpico Nacional.
- ISTI/EICI - International Standard for Testing and Investigation/Estándar Internacional para Controles e Investigación.
- IF/FI - International Federation/ Federación Internacional.
- IPC - International Paralympic Committee/Comité Paralímpico Internacional.
- ISTUE - International Standard for Therapeutic Use Exemptions/Estándar Internacional de Autorizaciones de Uso Terapéutico.
- LADF - Laboratoire Antidopage Francais/French Anti-Doping Laboratory/ Laboratorio Antidopaje Francés.
- OCD - Oficial de Control de Dopaje/Doping Control Officers.
- NADO/ONAD - National Anti-Doping Organization/Organización Nacional Antidopaje.

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- RADO/ORAD - Regional Anti-Doping Organization/Organización Regional Antidopaje.



SAINT JOHN'S



Department of Parasitology

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