



Nakhon Ratchasima 2023 Para powerlifting World Cup Final Competition Schedule



Monday, December 4, 2023

Wednesday, December 6, 2023														
Day 1	Category	Number of athletes	Group Division	Team Arrival	Kit Check		Warm-Up Area		Call Area	Athlete Presentation	Competition		Ceremony	
Session					Start	Finish	Open	Close	Open	- 7min	Start	Finish	Start	Finish
1	Men's Up to 59 kg	8	A	8:45	9:10	9:20	9:20	10:16	9:50	9:53	10:00	10:55	11:00	11:05
2	Women's Up to 61 kg & 67 kg	6	A	10:05	10:30	10:40	10:40	11:32	11:10	11:13	11:20	12:00	12:05	12:15
3	Men's Up to 49 kg & 54 kg	8	A	12:45	13:10	13:20	13:20	14:16	13:50	13:53	14:00	14:55	15:00	15:10
4	Men's Up to 65 kg & 72 kg	10	A	14:05	14:30	14:40	14:40	15:40	15:10	15:13	15:20	16:25	16:30	16:40

Thursday, December 7, 2023														
Day 2	Category	Number of athletes	Group Division	Team Arrival	Kit Check		Warm-Up Area		Call Area	Athlete Presentation	Competition		Ceremony	
Session					Start	Finish	Open	Close	Open	- 7min	Start	Finish	Start	Finish
5	Women's Up to 73 kg & 79 kg	7	A	8:45	9:10	9:20	9:20	10:14	9:50	9:53	10:00	10:45	10:50	11:00
6	Men's Up to 80 kg	6	A	9:55	10:20	10:30	10:30	11:22	11:00	11:03	11:10	11:50	11:55	12:00
7	Women's Up to 50 kg & 55 kg	7	A	10:55	11:20	11:30	11:30	12:24	12:00	12:03	12:10	12:55	13:00	13:10
8	Women's Up to 86kg & Over 86 kg	6	A	13:00	13:25	13:35	13:35	14:27	14:05	14:08	14:15	14:55	15:00	15:10
9	Men's Up to 88 kg & 97 kg	6	A	14:05	14:30	14:40	14:40	15:32	15:10	15:13	15:20	16:05	16:10	16:20
10	Men's Up to 107 kg & Over 107 kg	8	A	15:15	15:40	15:50	15:50	16:46	16:20	16:23	16:30	17:30	17:35	17:45

Friday, December 8, 2023														
Day 3	MIXED TEAM EVENT													
Session	Number of teams	Team Arrival	Kit Check		Warm-Up Area	Athlete Presentation	Competition		Ceremony					
			Start	Finish			Start	Finish	Start	Finish				
11	Heats	7	8:35	9:00	9:15	from 9:15am	-10min	10:00	10:50					
	Head-to-Head	4						11:00	11:30					
	Third Place	2						11:40	11:55					
	Final	2						11:55	12:10			12:15	12:25	