

Cairo 2023 World Para Powerlifting World Cup
Information Package
3-5 November



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1. General Information

1.1. IPC Membership

The Organizing Committee will only accept entries submitted by the NPC / NF in good standing with the IPC. Furthermore, only those entries submitted by the NPC President, Secretary General, or authorized person will be processed. For further information on the IPC's membership policies or to address general membership issues, please contact the World Para Powerlifting (WPPO) office: info@WorldParaPowerlifting.org

1.2. World Para Powerlifting Rules and Regulations

The most current World Para Powerlifting Rules and Regulations published upon the WPPO website alongside the World Para Powerlifting Qualification Pathway 2020-2024 will apply for this competition.

1.3. World Para Powerlifting Rules and Regulations

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement, further details can be found on the WPPO website: www.paralympic.org/powerlifting/rules-and-regulations/anti-doping

1.4. Classification

The most current World Para Powerlifting Classification Rules and Regulations published upon the WPPO website will apply for this competition. All athletes who have a designated sport class status of New, Review, Review 2023 or earlier will be required to undergo International Classification prior to the start of the competition. A detailed classification schedule will follow after the revision of the final entries by WPPO.

1.5. Medical Information

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance, first aid, and physiotherapeutic services throughout the Championships.

For medical treatment, no medical insurances will be provided to any participant during the Championships.

2. World Cup Information

2.1. Dates

The dates for the Cairo 2023 World Cup are as follows:

	30-Oct	31-Oct	01-Nov	02-Nov	03-Nov	04-Nov	05-Nov	06-Nov
	D-4	D-3	D-2	D-1	D 0	D+1	D+2	D+3
Arrivals and Departures	Teams Arrivals							Teams Departures
Education		Raise the Bar!						
Classification		International Classification						
Sport			Technical Meeting		Competition			
Official Weigh-in				D0 Athletes	D+1 Athletes	D+2 Athletes		

2.2. Preliminary Programme

The Provisional timetable and events programme will be provided after the final entries by name deadline. The competition schedule will remain subject to change until the close of the technical meeting.

2.3. Number of entries per event per NPC

In accordance with the most current World Para Powerlifting Technical Rules and Regulations published upon the WPPO website <https://www.paralympic.org/powerlifting/rules>

2.3.1. Individual Event

There is no maximum number of entries per gender, Bodyweight Category and age group per NPC.

2.3.2. Team Events (Gender and Mixed)

In accordance with the most current World Para Powerlifting Technical Rules and Regulations published upon the WPPO website.

2.4. Event viability

Athletes may compete and/or be awarded medals in a single Bodyweight Category or combined categories as detailed below:

a) 3 or more Athletes: All medals will be awarded (Gold, Silver, Bronze)

b) MQS rule: when there is one (1) athlete in a single bodyweight category and they lift equal to or more than the respective level MQS for that bodyweight category as published in the Appendix 10

(Gold).

2.5. Entries and Registration Process

In order for athlete entries to be accepted, they must meet the following criteria and deadlines:

2.5.1. Athlete Eligibility

- Be full registered on the IPC Sport Management System (SDMS) with the correct documentation (IPC Eligibility Form and Medical Diagnostic Form) completed fully, signed, and uploaded to the athlete profile;
- Have an active license for the 2023 Season;
- Be a minimum of 15 year of age by 31 December 2023.
- Have an international classification status of New, Review, Review + Fixed Date or Confirmed

NOTE: There is no required Minimum Standard (MS) to enter the Cairo 2023 World Cup.

2.5.2. Entries and Registration Process

All competition entries must be completed via the IPC Online entry system at www.paralympic.org/sdms by the entry deadlines displayed below. Visa invitations, accommodation applications, accreditation applications, and travel information must be submitted by no later than the deadlines published below.

2.5.3. Late entries

Team must contact the WPPO office if there is a late entry request. All respective information provided by the NPC/NF will be reviewed in consultation with the LOC on a 'case by case' basis and the entry may be accepted/rejected accordingly by WPPO.

2.5.4. Replacements

The WPPO office must be informed if an NPC/NF needs to make a replacement. The replacement of athletes may be accepted due to injury or medical reasons. All respective supporting information regarding the replacement must be sent to the WPPO office and will be reviewed on a 'case by case' bases and accepted/rejected accordingly by WPPO.

2.5.5. Declaration of Participation

By completing and submitting sport entries, NPCs are considered to have officially declared the participation of their athletes in the specified events/categories.

2.5.6. Final Entry Process

All final entries (by name and bodyweight category) must be completed by 20th September. Please note that after this deadline no changes to the final entries and or final team delegation be accepted unless under exceptional circumstances. Please note that any decisions concerning this matter will be made by WPPO and are not open for further contest or appeal by any other organization or body. Changes of bodyweight category after 20th September 2023 will only be possible during the verification process. No change will be possible after the Technical Meeting for Individual and Team Events.

2.5.7. Online Entry System and registration process

The competition and registration process and timelines are outlined below. Athlete entries will only be accepted via the IPC Online Entry System within the published entry deadlines.

Entry by Number and Names opens	3 rd May
Accreditation system open	1 st September
Final deadline to return Accommodation application form	15 th September
Final Online Entry by Number and by Name deadline	15 th September
Accreditation system close	15 th September
Final Deadline to return Visa application form	20 th September
*Full Accommodation Payment Deadline	25 th September
Travel form information	10 th October

2.6. Random Weigh-in

According to the WPPO Rules and Regulations Random Weigh – ins of the Athletes may take place in the day of the Event in advance of the warm-up for the specific Bodyweight Category at the discretion of WPPO. Should an Athlete weight outside of percentage of their specific Bodyweight Category they will be disqualified (DSQ) from the Event. **The percentage is set to 5% of the specific Bodyweight Category.**

5.0%					5.0%				
Gender	Bodyweight Category	"Acceptable" KG Change	Minimum Random Weigh-in	Maximum Random Weigh-in	Gender	Bodyweight Category	"Acceptable" KG Change	Minimum Random Weigh-in	Maximum Random Weigh-in
Men	49	2.5	-	51.5	Women	41	2.1	-	43.1
	54	2.7	46.6	56.7		45	2.3	39.0	47.3
	59	3.0	51.4	62.0		50	2.5	42.8	52.5
	65	3.3	56.1	68.3		55	2.8	47.6	57.8
	72	3.6	61.8	75.6		61	3.1	52.3	64.1
	80	4.0	68.5	84.0		67	3.4	58.0	70.4
	88	4.4	76.1	92.4		73	3.7	63.7	76.7
	97	4.9	83.7	101.9		79	4.0	69.4	83.0
	107	5.4	92.2	112.4		86	4.3	75.1	90.3

2.7. Results

Only results of athletes who have active license for the 2023 Season within the given timelines for results recognition and have a sport class status of Review, Review 2023 or later or Confirmed will be taken into consideration.

No hard copy (printing) results per NPC will be distributed as it will be able to download and check the Live Results on the WPPO website <https://www.paralympic.org/powerlifting/live-results>

After the close of the competition the official competition results book(s) will be compiled and it will be posted on the WPPO Competition Portal and uploaded to the competition website.

2.8. Rankings

All recognized results in accordance with the above will also be updated on WPPO website in the official WPPO 2023 World ranking list. The results of athletes meeting the Qualification pathway requirements will be included in the Preliminary Paralympic Ranking List.

2.9. Records

It will be permitted for athletes to break records in accordance with the most current WPPOTechnical Rules and Regulations.

3. COVID-19

Our main goal is to make a safe and enjoyable competition. Egypt government guidance will lead our planning to ensure a Covid secure event.

In order to make the event as safe as possible for every attendee we will require the complete support and cooperation of all teams. This may include Covid Testing in your respective country prior departure at the cost of the NPC.

If your team member will need PCR testing during the competition period, it will be covered by the respective NPC.

Cost of PCR test: 25 \$

4. Accommodation

The Guard Hotel is the **official hotel** of all athletes and team officials during the competition. The hotel offers accommodation in wheelchair friendly single, twin, and triple rooms.

Training & competition will take place at the hotel.

The Guard Hotel

o Address: 39MH+8RX, Sheraton Al Matar, El Nozha, Cairo Governorate 4472111

o Cairo, Egypt

o www.guardhotelcairo.website/en/



4.1. Rates

- **Single Room 140 USD** per person per night including 3 meals buffet style per day (1 bed).
- **Twin Room 240 USD** (120 USD per person) per night including 3 meals buffet style per day (2 beds).

4.2. Check-in / Check-out Times

The check-in time at the official hotel is from 15:00 and the check-out time is until 12:00. Teams who arrive before midnight when their check-in is the following day will have to pay for an extra night.

Teams will get their meals according to the below:

- First Meal – Dinner on day of Arrival
- Last Meal – Breakfast on day of Departure

Teams that arrange and pay the accommodation fee for early check-in and/or a late check-out will have access to meals provided at the host hotel during the scheduled dining times.

4.3. Payment procedures

Full accommodation fees must be transferred to the following bank account, by no later than **25th September 2023**. Please note that room booking will only be reserved and allocated to teams when the accommodation payment has been received in full. If accommodation is requested after the final payment deadline, please note that availability in the official hotel cannot be guaranteed, and the prices may differ.

Upon request to send letter for payment on arrival, please do note that the extra processing fee of 5% will be applicable.

All hotel booking form and payment transfers receipts must be sent to:

Email: howayda.mondy@npcegypt.org and info@npcegypt.org

The accommodation fees must be transferred to the following bank account:

Beneficiary Bank Name:	Egypt Paralympic Committee
Bank Name:	National Bank of Egypt
Bank Code:	NBE
Beneficiary Account Number:	1573060433087100027
Swift-Code:	NBEGEGCX157
IBAN:	EG79000301573060 4330871000270

- Any extra charges and/or fee that may apply to booked rooms other than accommodation (such as laundry, room service, long-distance call, minibar) are each NPC's responsibility.
- Any damage to the room and the hotel fixtures, fittings, and furnishings will be the responsibility of the NPC and will be charged accordingly.

4.4. Cancellation Policy

- **Cancellation:** Full payment refunded until 20th September 2023
- **50 % will be refunded if cancellation is done between 21th September 2023 and 10th October.**
- **No payment refunded on or after 10th October 2023** (For cancellation participation, changes of dates, decrease of nights and / or number of reserved rooms - except athlete injury).
- If cancellation is due athlete injury, a completed Medical Withdrawal form must be submitted to the LOC and WPPO.
- In case of a country official travel ban related to Covid-19 prior travel; Proof must be provided to the LOC before the start of the event.

5. Transportation

Transportation will be provided free of charge to all athletes and team officials from/to the official competition airport, **Cairo International Airport**, and the official hotel on the official arrival and departure days. Teams will be greeted by an LOC volunteer to help ensure they are delivered to the host hotel in a timely and safe manner. The distance between **Cairo** international Airport and the competition hotel is 15 km. Driving by bus or car takes **20** minutes.

6. VISA

- Delegation members who require visas to enter Egypt please visit the website to determine what type of visa is required.
- All NPC's that require a visa must complete the Visa Form and provide a passport copy of each individual delegation member and submit it to the LOC via the Competition Portal and organizer Mail .
- The LOC will provide you with a formal invitation letter together with the list of your delegation to take to your visa's appointment.
- Please be reminded that it is important you arrange all necessary visas well in advance of the respective deadlines.

7. Cairo

A city founded on the Nile with an ancient charm Cairo the City of a Thousand Minarets" is the capital of Egypt and the largest city in Africa, with a name that means "the victorious city."

Cairo, an exotic and fascinating city with a very ancient history, extends along the Nile River, in the north of Egypt, at the point where the river abandons its natural course in the desert and divides into the three branches that form the region of the Delta and serving as the capital of numerous Egyptian kingdoms.

Cairo, Egypt's sprawling at its heart is Tahrir Square and the vast Egyptian Museum, a trove of antiquities including royal mummies and gilded King Tutankhamun artifacts. Nearby, Giza is the site of the iconic pyramids and Great Sphinx, dating to the 26th century BC. In Gezira Island's leafy Zamalek district, 187m Cairo Tower affords panoramic city views.

There's no other city in the world where modern architecture is topped by such a magnificent 6,000-year-old complex of royal pyramids, temples and causeways. Any trip to the Egyptian capital must start with these majestic creations.

They go from Menakaure, the smallest pyramid, through to Pyramid of Khafre, the second largest, to the Great Pyramid of Giza, commissioned by the pharaoh Khufu



8. Contact Details

Local Organising Committee

Contact: Dr. Howayda Mondy

Member of: Local Organising Committee

Email: howayda.mondy@npcegypt.org

info@npcegypt.org

Phone: +201006092360 (whatsapp)

World Para Powerlifting

Website: <https://www.paralympic.org/powerlifting>

Email: Info@WorldParaPowerlifting.org