

# Sharm El Sheikh 2024 World Para Powerlifting World Cup

## Information Package

20<sup>th</sup> – 25<sup>th</sup> March 2024



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## **1. General Information**

### **1.1. IPC Membership**

The Organizing Committee will only accept entries submitted by the NPC / NF in good standing with the IPC. Furthermore, only those entries submitted by the NPC President, Secretary General, or authorized person will be processed. For further information on the IPC's membership policies or to address general membership issues, please contact the World Para Powerlifting (WPPO) office:

[info@WorldParaPowerlifting.org](mailto:info@WorldParaPowerlifting.org)

### **1.2. World Para Powerlifting Rules and Regulations**

The most current World Para Powerlifting Rules and Regulations published upon the WPPO website alongside the World Para Powerlifting Qualification Pathway 2020-2024 will apply for this competition.

### **1.3. World Para Powerlifting Rules and Regulations**

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement, further details can be found on the WPPO website: <http://www.paralympic.org/powerlifting/rules-and-regulations/anti-doping>

### **1.4. Classification**

The most current World Para Powerlifting Classification Rules and Regulations published upon the WPPO website will apply for this competition. All athletes who have a designated sport class status of New, Review, Review 2024 or earlier will be required to undergo International Classification prior to the start of the competition. A detailed classification schedule will follow after the revision of the final entries by WPPO.

### **1.5. Medical Information**

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance, first aid, and physiotherapeutic services throughout the Championships.

For medical treatment, no medical insurances will be provided to any participant during the Championships.

## 2. World Cup Information

### 2.1. Dates

The dates for the Sharm El Sheikh 2024 World Cup are as follows:

	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar	23-Mar	24-Mar	25-Mar	26-Mar
Arrivals and Departures	Teams Arrivals									Teams Departures
Education	Raise the Bar!									
Classification		International Classification								
Training		Training								
Sport		Technical Meeting		Competition					National Clubs Competition	
Official Weigh-in			Weigh-in							

### 2.2. Preliminary Programme

The Provisional timetable and events programme will be provided after the final entries by name deadline. The competition schedule will remain subject to change until the close of the technical meeting.

### 2.3. Number of entries per event per NPC

In accordance with the most current World Para Powerlifting Technical Rules and Regulations published upon the WPPO website <https://www.paralympic.org/powerlifting/rules>

#### 2.3.1. Individual Event

There is no maximum number of entries per gender, Bodyweight Category and age group per NPC.

#### 2.3.2. Team Events (Gender and Mixed)

In accordance with the most current World Para Powerlifting Technical Rules and Regulations published upon the WPPO website.

### 2.4. Event viability

Athletes may compete and/or be awarded medals in a single Bodyweight Category or combined categories as detailed below:

- 3 or more Athletes: All medals will be awarded (Gold, Silver, Bronze)
- MS rule: when there is one (1) athlete in a single bodyweight category, and they lift equal to or more than the respective level MS for that bodyweight category as published in the Appendix 10 (Gold).

## 2.5. Entries and Registration Process

In order for athlete entries to be accepted, they must meet the following criteria and deadlines:

### 2.5.1. Athlete Eligibility

- Be full registered on the IPC Sport Management System (SDMS) with the correct documentation (IPC Eligibility Form and Medical Diagnostic Form) completed fully, signed, and uploaded to the athlete profile
- Have an active license for the 2024 Season.
- Be a minimum of 15 year of age by 31 December 2024.
- Have an international classification status of New, Review, Review + Fixed Date or Confirmed

**NOTE: There is no required Minimum Standard (MS) to enter the Sharm El Sheikh 2024 World Cup.**

### 2.5.2. Entries and Registration Process

All competition entries must be completed via the IPC Online entry system at <https://db.ipc-services.org/sdms/app/login> by the entry deadlines displayed below. Visa invitations, accommodation applications, accreditation applications, and travel information must be submitted by no later than the deadlines published below.

### 2.5.3. Late entries

Team must contact the WPPO office if there is a late entry request. All respective information provided by the NPC/NF will be reviewed in consultation with the LOC on a 'case by case' basis and the entry may be accepted/rejected accordingly by WPPO.

### 2.5.4. Replacements

The WPPO office must be informed if an NPC/NF needs to make a replacement. The replacement of athletes may be accepted due to injury or medical reasons. All respective supporting information regarding the replacement must be sent to the WPPO office and will be reviewed on a 'case by case' bases and accepted/rejected accordingly by WPPO.

### 2.5.5. Declaration of Participation

By completing and submitting sport entries, NPCs are considered to have officially declared the participation of their athletes in the specified events/categories.

### 2.5.6. Final Entry Process

All final entries (by name and bodyweight category) must be completed by 8<sup>th</sup> February 2024. Please note that after this deadline no changes to the final entries and or final team delegation be accepted unless under exceptional circumstances. Please note that any decisions concerning this matter will be made by WPPO and are not open for further contest or appeal by any other organization or body.

Changes of bodyweight category after 8<sup>th</sup> February 2024 will only be possible during the verification process. No change will be possible after the Technical Meeting for Individual and Team Events.

### 2.5.7. Online Entry System and registration process

The competition and registration process and timelines are outlined below. Athlete entries will only be accepted via the IPC Online Entry System within the published entry deadlines.

	31-Dec	15-Jan	1-Feb	8-Feb	15-Feb	20-Feb	1-Mar
Online Entries by Number and Name Open							
Deadline to return Visa Application Form							
Deadline to return Accommodation Application Form							
Deadline Online Entries by Number and Name							
Accreditation System Open							
Travel Form Information							
Deadline Full Accommodation Payment							
Accreditation System Close							

### 2.6. Random Weigh-in

According to the WPPO Rules and Regulations Random Weigh – ins of the Athletes may take place in the day of the Event in advance of the warm-up for the specific Bodyweight Category at the discretion of WPPO. Should an Athlete weight outside of percentage of their specific Bodyweight Category they will be disqualified (DSQ) from the Event. **The percentage is set to 5% of the specific Bodyweight Category.**

5%			
Gender	Body Weight Category	Minimum Random Weigh In Change	Maximum Random Weigh In Change
Men	49		51,4
	54	46,6	56,7
	59	51,3	61,9
	65	56,1	68,2
	72	61,8	75,6
	80	68,4	84
	88	76	92,4
	97	83,6	101,8
	107	92,2	112,3

5%			
Gender	Body Weight Category	Minimum Random Weigh In Change	Maximum Random Weigh In Change
Women	41		43,1
	45	39	47,2
	50	42,8	52,5
	55	47,6	57,7
	61	52,3	64
	67	58	70,3
	73	63,7	76,6
	79	69,4	83
	86	75,1	90,3

## 2.7. Results

Only results of athletes who have active license for the 2024 Season within the given timelines for results recognition and have a sport class status of Review, Review 2024 or later or Confirmed will be taken into consideration.

No hard copy (printing) results per NPC will be distributed as it will be able to download and check the Live Results on the WPPO website <https://www.paralympic.org/powerlifting/live-results>

After the close of the competition the official competition results book(s) will be compiled and it will be posted and uploaded to the competition website.

## 2.8. Rankings

All recognized results in accordance with the above will also be updated on WPPO website in the official WPPO 2024 World ranking list. The results of athletes meeting the Qualification pathway requirements will be included in the Preliminary Paralympic Ranking List.

## 2.9. Records

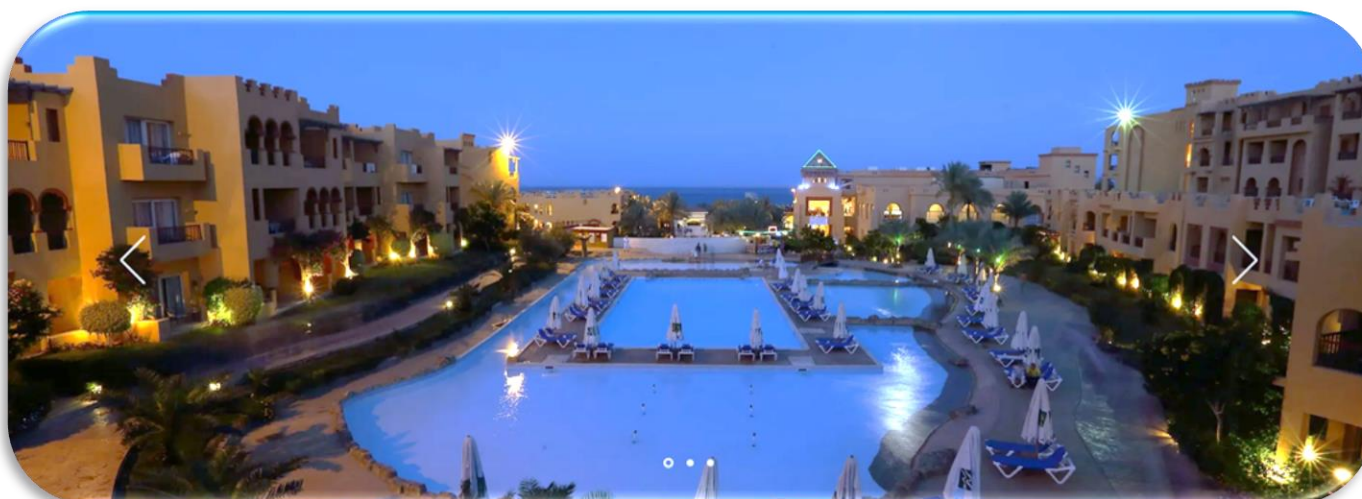
It will be permitted for athletes to break records in accordance with the most current WPPOTechnical Rules and Regulations.

## 3. Accommodation

The Rehana royal -Sharm El sheikh is the **official hotel** for all athletes and team officials during the competition. The hotel offers accommodation in wheelchair friendly single, and twin rooms. Training & competition will take place at the hotel.

### The Rehana royal Hotel

- o Address: Nabq Bay, South Sinai Governorate 46617
- o Sharm El Sheikh, Egypt
- o <https://www.rehanaresorts.com/rehanaroyal>







### 3.1. Rates

- **Single Room 180 US /Night / per room** all-inclusive single occupancy / day (1 bed).
- **Twin Room 280 US / Night / per room** all-inclusive Double occupancy / day (2 beds).
- **3 pieces of laundry / day** will be free.

### 3.2. Check-in / Check-out Times

The check-in time at the official hotel is from 15:00 and the check-out time is until 12:00

Teams who arrive before midnight when their check-in is the following day will have to pay for an extra night.

Teams will get their meals according to the below:

- First Meal – Dinner on day of Arrival
- Last Meal – Breakfast on day of Departure

Teams that arrange and pay the accommodation fee for early check-in and/or a late check-out will have access to meals provided at the host hotel during the scheduled dining times.

### 3.3. Payment procedures

Full accommodation fees must be transferred to the following bank account, by no later than **20<sup>th</sup> of February 2024**. Please note that room booking will only be reserved and allocated to teams when the accommodation payment has been received in full. If accommodation is requested after the final payment deadline, please note that availability in the official hotel cannot be guaranteed, and the prices may differ.

- Upon request to send letter for payment on arrival, please do note that the extra processing fee of 5% will be applicable.
- All hotel booking form and payment transfers receipt to be send to: [egyptparapower@npcegypt.org](mailto:egyptparapower@npcegypt.org)
- Any extra charges and/or fee that may apply to booked rooms other than accommodation (such as laundry, room service, long-distance call, minibar) are each NPCs responsibility.
- Any damage to the room and the hotel fixtures, fittings, and furnishings will be the responsibility of the NPC and will be charged accordingly.



<b>Beneficiary Bank Name:</b>	<b>Egypt Paralympic Committee</b>
<b>Bank Name:</b>	<b>National Bank of Egypt</b>
<b>Bank Code:</b>	<b>NBE</b>
<b>Beneficiary Account Number:</b>	<b>1573060433087100027</b>
<b>Swift-Code:</b>	<b>NBEGEGCX157</b>
<b>IBAN:</b>	<b>EG79000301573060 4330871000270</b>

### 3.4. Cancellation Policy

- **Cancellation:** Full payment refunded until **1<sup>st</sup> February 2024**
- **50 %** will be refund until **15<sup>th</sup> February 2024**
- No payment refunded on or after **28<sup>th</sup> February 2024**  
(For cancelation participation, changes of dates, decrease of nights and / or number of reserved rooms - except athlete injury).
- If cancellation is due athlete injury a completed Medical Withdrawal form must be submitted to the LOC and WPPO.
- In case of a country official travel ban related to Covid-19 prior travel; Proof must be provided to the LOC before the start of the event.

## 4. Transportation

Transportation will be provided free of charge to all athletes and team officials from/to the official competition airport, Sharm El Sheikh International Airport, and the official hotel on the official arrival and departure days.

Teams will be greeted by an LOC volunteer to help ensure they are delivered to the host hotel in a timely and safe manner. The distance between Sharm El Sheikh International Airport and the competition hotel is 15 Km is 8.1 mi away, and the resort offers free private parking onsite.

## 5. VISA

- Delegation members who require visas to enter Egypt please visit the <https://visa2egypt.gov.eg> website to determine what type of visa is required.
- All NPC's that require a visa must complete the Visa Form and provide a passport copy of each individual delegation member and submit it to the LOC via the Competition Portal and organizer mail.
- The LOC will provide you with a formal invitation letter together with the list of your delegation to take to your visa's appointment.
- Please be reminded that it is important you arrange all necessary visas well in advance of the respective deadlines.

## 6. Sharm El Sheikh City



Sharm El-Sheikh resort town on the southeastern coast of the Sinai Peninsula. Located in Janūb Sina governorate, Egypt., Its area is about 180 km<sup>2</sup>, with average temperature 23.1 °C, desert Climate.

Sharm El-Sheikh is the popular Egyptian resort town, which is filled with some of the world's wonders. Historically, gained particular significance due to its strategic location, which provides control over the narrow entrance to the Gulf of Aqaba. The city has recently been a preferred tourist destination with visitors coming from all over the world; as the unique biodiversity of the marine world increases the number

of visitors to the region, turning it into a popular destination for snorkeling.

The city home to hidden gems with its popular beach resorts, rich underwater habitat, beautiful coral reefs and unique diving spots, home to the most fascinating landscapes of Sinai Peninsula and the Red Sea. You can spend the day sunbathing at one of the best beaches in the world, explore the local culture wandering around the Old Town, go hiking on Mount Sinai or embark on an adventure to the deep seas and discover the underwater treasures at many diving spots, particularly at Ras Mohammed Marine Park. There are also many historical treasures in the region such as St. Catherine's Monastery sits at the foot of Mt. Sinai, Sharm Old Market and Al-Sahaba Mosque.

The entrance of 14 miles (23 km) northeast of Sharm el-Sheikh's Bay, at the Strait of Tiran. The strait, which is blocked by islets and coral reefs, is hemmed in by the Ras Nasrani cape on the west and by Tiran Island on the east.

The food culture in Sharm El-Sheikh has been heavily influenced by Lebanese and Indian cuisines.

## 7. Contact Details

### Local Organising Committee

**Website:** <https://paralympic.org.eg/en/epc-home-en/>

**Email:** [egyptparapower@npcegypt.org](mailto:egyptparapower@npcegypt.org)

### World Para Powerlifting

**Website:** <https://www.paralympic.org/powerlifting>

**Email:** [Info@WorldParaPowerlifting.org](mailto:Info@WorldParaPowerlifting.org)

