

**Irish Para Powerlifting  
National Championships  
November 16<sup>th</sup>, 2024  
Dublin, Ireland**

The National Sports Executive Committee is delighted to host the first World Para Powerlifting sanctioned **Para Powerlifting National Championships** in Ireland.

Para Powerlifting is a sport with a proud tradition in Ireland, with Irish athletes having competed in the sport at the 1960 Rome Paralympic Games. In more recent years its popularity has grown once again, and we look forward to providing more competitive opportunities in Ireland in the future.

The key information about the competition is as follows;

- Date – Saturday, November 16<sup>th</sup>, 2024
- Venue - IWA Sport Centre, Blackheath Drive, Clontarf, Dublin 3, D03 AW62.
- Accommodation – Clayton Hotel, Dublin Airport
- WPPO recognition status – Approved Competition. ie 1 NPC + max. 3 international athletes in total.

Our Local Organizing Committee are dedicated to delivering a well-run, high-quality, and athlete-centered competition experience in conjunction with World Para Powerlifting. To that end, please find the entry pack for the Irish Para Powerlifting National Championships. Please note, the health and wellbeing of all visitors will remain a priority.

We look forward to offering you a '*Céad míle fáilte*', ('a hundred thousand welcomes') in Dublin in November 2024.

Irish Para Powerlifting Management Committee.



**Irish Para Powerlifting  
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**ENTRY PACK**

Section 1 – Key information  
Section 2 – entry information  
Section 3 accommodation requirements  
Section 4 – anti doping  
Section 5 – Privacy statement  
Section 6 – Signed Declaration

**Section 1**

**Key information**

- Competition date – Saturday, November 16<sup>th</sup>, 2024
- Competition venue - IWA Sport Centre, Áras Chúchulainn, Blackheath Drive, Clontarf, Dublin 3, D03 AW62.
- Accommodation – Clayton Hotel, Dublin Airport
- Airport – International travellers should travel to Dublin Airport
- Entry Pack return date September 9<sup>th</sup>, 2024
- The entry pack includes the following forms:
  - Entry Form
  - Accommodation Form
  - Anti-Doping Declaration Form

**Doping Control**

- Random testing may be conducted at the event. Please complete the declaration form and return it with the registration forms. ( Online when events page is designed)

**Accommodation**

- Clayton Hotel, Dublin Airport, (located on the campus of Dublin airport).
- Room rates will be available on request.

**Transfers from hotel to competition venue/return**

- Accessible transfer will be coordinated and will be provided from the accommodation to the competition venue.



### **Competition Fees**

- The Registration/Entry Fee is €40 per athlete.
- The registration fee includes a lunch pack on the day of the competition only.

### **General Information**

#### **IPC Membership**

The LOC will only accept entry forms submitted by the NPC / NPF in good standing with the IPC. Furthermore, only those entry forms submitted by the NPC President, Secretary General or authorized person will be processed. For further information on the IPC's membership policies or to address general membership issues, please contact the World Para Powerlifting office.

#### **World Para Powerlifting competition status and Rules & Regulations**

WPPO recognition status – Approved Competition. I.e. 1 NPC + max. 3 international athletes in total.

The current World Para Powerlifting Technical Rules & Regulations will apply for this competition.

#### **Anti-Doping**

The Anti-Doping control / processes may be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

The anti-doping rules of IWA-Sport are the Irish Anti-Doping Rules as amended from time to time.

A copy of the Irish Anti Doping Rules and further anti doping information can be found here <https://www.sportireland.ie/anti-doping-rules>

#### **Medical Information**

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance and first aid services during training days and the competition. For medical treatment no medical insurance will be provided to any participants. **All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage)** and will be responsible for any medical expenses resulting from participation in the event. Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents, and repatriation.

#### **Queries to LOC**

- Email [shannon.pollock@iwa.ie](mailto:shannon.pollock@iwa.ie) / [paul.ryan@iwa.ie](mailto:paul.ryan@iwa.ie) / [sam.jablansky@iwa.ie](mailto:sam.jablansky@iwa.ie)

### **Section 2 Entry Form - will be online draft details below.**

#### **Personal information**

- First name
- Surname
- Address



- Date of birth
- Age
- Telephone number
- Email address

#### Competition information

- IPC License Number
- Body weight category
- Male
- Female
- Junior (u23)
- Over 40

Female

45kg

**N.B. WPPO** fees will apply for any change of declared bodyweight category.

Male	49kg	54g	59g	65g	72kg	80kg	88kg	97kg	107kg	+107kg
Female	41g	45kg	50kg	55kg	61kg	67kg	73kg	79kg	86kg	+86kg

#### Section 3 - Accommodation booking form

- Accommodation is only provided on a bed and breakfast basis.
- As accommodation is limited, please indicate your preferred choice and return this form as soon as possible.

#### Accommodation requirements

- Single room
- Date of arrival
- Date of departure
- Dietary requirements if any

#### Payment

Fees must be paid **in full** with the Entry Form and received by IWA Sport no later than September 9<sup>th</sup> 2024. Registration for the event cannot be confirmed until payment has been received.

Payment by Electronic Funds Transfer only (details provided once entries received).





#### **Section 4 - Anti doping declaration and therapeutic use exemption form**

- It is a condition of this Competition that all athletes participating must declare compliance with the Irish Anti-Doping Rules.
  - Primary responsibility for ensuring that substances on the World Anti-Doping(WADA) banned list are not taken, rests with each individual athlete.
  - If an athlete is taking, for medical reasons, a substance on the WADA prohibited list or is using a method prohibited by WADA, then he/she must complete the below Therapeutic Exemption Form and submit it to the organiser at least one hour before the start of the event. If this is not completed and the substance is detected during the doping control procedures, the sports person will be liable to the relevant disciplinary procedures.
- FULL NAME (AS PER PASSPORT)
  - IPC license Number
  - COUNTRY
  - NPC
  - SPORT
  - MEDICATION YOU ARE TAKING OR THE METHOD YOU ARE USING
  - REASON FOR MEDICATION OR METHOD
  - WHAT DOSAGE ARE YOU TAKING?
  - WHEN DID YOU START THIS MEDICATION?
  - NAME AND ADDRESS OF DOCTOR WHO PRESCRIBED THE MEDICATION OR METHOD
  - I confirm that the information above is correct, and I agree to further information being provided by my General Practitioner (Doctor) if necessary.

#### **Declaration**

I acknowledge that I have read and understand all of the above information. I understand that any breach may render me liable to disciplinary action in line with the IWA – Sport Disciplinary Regulations Code, or other appropriate disciplinary codes.



## Section 5 - Privacy Information

### How information about you will be used internally (IWA) and externally (other National and International federations).

IWA respects the privacy of its members, volunteers, supporters and other external visitors and will hold and information provided in a secure manner. Only authorised IWA personnel and appropriate personnel from National and International Federations will have access to this data and may only use it for the purposes of competition administration. Additionally, IWA may contact you from time to time based on areas of interest and communications preferences indicated by you.

### **Data Protection (GDPR) Statement**

For the purposes of National or International competition administration, it is necessary to collect essential personal information about our Athletes and Volunteers. This generally includes name, address, date of birth, photo, passport information, classification and medical records, email address, phone number. All information requested is required to process competition entries and may be shared with National and International Federations specific to the given competition. Personal Information is never shared with organisations that we have not received your consent to share.

It is not possible to enter International Competitions without supplying this personal information.

### **Using your information:**

We may use and share your information.

- For the purposes of competition administration, ie entries, classification, booking accommodation, etc.
- To improve and develop services.
- To understand your requirements
- To advocate on behalf of People with Physical disabilities to Government Departments.
- We do not disclose any personal details or information without your authorisation.

### **Contact:**

A copy of IWA's Data Protection Policy is available from IWA's Customer Care Department. If you require any further information you can email; [customercare@iwa.ie](mailto:customercare@iwa.ie) or call 01 818 6455

### **Consent**

To comply with GDPR requirements all Athletes and Volunteers will be requested to consent to IWA collecting and processing personal data for the purposes outlined above.

IWA values and cares about your privacy and is committed to processing your personal information fairly and in compliance with data protection laws.

### **GDPR stands for General Data Protection Regulation.**

This is the privacy law set out by the European Union. This law protects everyone's privacy



rights including your rights as an IWA Member, Volunteer, AGM Attendee, or Staff Member.

**What information does IWA collect from you?**

IWA may collect the following types of personal information from you:

- Personal identification information, such as your name, home address, email, date of birth, gender, organisation, photograph, and phone numbers
- Medical/health information

**Why does IWA collect this information?**

- For the purposes of National or International competition administration, it is necessary to collect essential personal information about our Athletes and Volunteers. This generally includes name, address, date of birth, photo, passport information, classification and medical records, email address, phone number. All information requested is required to process competition entries and may be shared with National and International Federations specific to the given competition. Personal Information is never shared with organisations that we have not received your consent to share.

It is not possible to enter International Competitions without supplying this personal information.

**Are IWA allowed to collect and process my information?**

Yes, IWA have a legitimate interest in collecting and processing of your personal data for the administration of business, and to comply with Company Law

(We rely on GDPR Article 6 1 (F) to process your standing information, name, address, and Article 9 2 (B) to process any sensitive data, such as medical data.)

**Where does IWA get this information?**

IWA collects this information directly from you when you register to take part in our activities. This can include lifelong membership or one off visits.

**Whom does IWA share this information with?**

IWA will use this data for the purposes of administering our relationship with you, as a valued IWA Member, IWA Sports Member, Volunteer, or Staff member, and to provide you with information about areas of interest to you and about our services generally. IWA will not, without your knowledge, supply your data to any third party except where such a transfer is a necessary part of the activities, which, we undertake as an organisation, for example, updating our funders, or to facilitate services provided on behalf by our GDPR compliant third parties.

**How long does IWA keep your information?**

Typically, IWA will keep your data for seven years, while you are engaging with IWA, and for seven years after you stop engaging with IWA.

**Information relating to our Service Users, Members, and Customers**

If you are an existing Service user, Member or a Customer who applies for one of our services or products, details of how we process your information will be contained on the





relevant application form and product terms and conditions.

However please note the following;

Your information comprises of all details we hold about you and your interactions and transactions with us. We do not share any of this information with a third party outside of Irish Wheelchair Association without your prior authorisation. All payments by credit card over the internet are processed through a secure server.

If you require any further information or a copy of IWA Data Protection and Privacy Policy, you can email [customercare@iwa.ie](mailto:customercare@iwa.ie)

**IWA Data Protection Officer:**

**Denise Moran**

Tel: 045 989 606

Email: [denise.moran@iwa.ie](mailto:denise.moran@iwa.ie)

Irish Wheelchair Association  
Clane House, Ballinagappa Road  
Clane, Co. Kildare, W91 YT99

**Section 6 Declaration**

- I have read, understand and hereby agree to abide by all the rules of this competition.
- I agree to comply with all policies and procedures of the Irish Wheelchair Association.
- I acknowledge that I have read, understand and agree to comply with the IWA-Sport Code of Conduct
- I am aware of my Data Protection rights and am giving my consent for my image to be recorded (photo or video) and to be used in promotional material or platforms such as the IWA website, IWA social media sites and or internal or external promotional articles. (You are free to withdraw your consent at any time. If you wish to withdraw your consent for any of the above activities, please contact the competition contact.
- To comply with GDPR requirements I consent to IWA collecting and processing personal data for the purposes as outlined.
- The anti-doping rules of IWA-Sport are the Irish Anti-Doping Rules as amended from time to time and are applicable in full to all IWA-Sport Members. (A copy of the Irish Anti Doping Rules and further anti doping information can be found



here <https://www.sportireland.ie/anti-doping-rules>)

Signed by

Date

Signed by Parent/guardian if athlete is under 18 years of age.

Note minimum age for registration is 16 years.

