

**SINGAPORE 2025**

**WORLD PARA SWIMMING CHAMPIONSHIPS**

MQS Times WORD VERSION

September 2024

**List of MQS and MET Times for the Singapore 2025 World Para Swimming Championships**

Qualification Period - 1st January 2024 to 28th July 2025

|  |  |  |  |
| --- | --- | --- | --- |
| Events | Class | Men | Women |
|   |   | MQS | MET | MQS | MET |
| 50m Freestyle | S3 | 00:56.70 | 01:01.83 | 01:13.89 | 01:53.86 |
| S4 | 00:43.38 | 00:45.11 | 00:54.40 | 01:00.92 |
| S5 | 00:36.44 | 00:37.20 | 00:44.32 | 00:46.35 |
| S6 | 00:32.65 | 00:33.09 | 00:36.71 | 00:38.00 |
| S7 | 00:30.83 | 00:31.88 | 00:36.12 | 00:36.72 |
| S8 | 00:28.63 | 00:28.94 | 00:33.97 | 00:35.17 |
| S9 | 00:26.42 | 00:26.55 | 00:30.38 | 00:30.72 |
| S10 | 00:25.73 | 00:25.90 | 00:29.32 | 00:29.92 |
| S11 | 00:28.11 | 00:28.74 | 00:33.09 | 00:34.14 |
| S12 | 00:25.98 | 00:26.37 | 00:31.74 | 00:36.65 |
| S13 | 00:25.45 | 00:25.75 | 00:29.51 | 00:30.47 |
|   |   |  |  |  |  |
| 100m Freestyle | S3 | 02:04.82 | 02:18.93 | 02:34.14 | 03:33.50 |
| S4 | 01:36.59 | 01:43.56 | 02:04.27 | 02:17.34 |
| S5 | 01:20.02 | 01:22.52 | 01:33.61 | 01:38.04 |
| S6 | 01:11.31 | 01:12.38 | 01:22.80 | 01:25.15 |
| S7 | 01:08.70 | 01:10.44 | 01:17.77 | 01:19.95 |
| S8 | 01:01.61 | 01:02.60 | 01:16.13 | 01:17.37 |
| S9 | 00:58.60 | 00:58.82 | 01:05.78 | 01:06.63 |
| S10 | 00:56.12 | 00:56.68 | 01:03.37 | 01:04.94 |
| S11 | 01:04.27 | 01:05.68 | 01:13.76 | 01:17.50 |
| S12 | 00:57.48 | 00:59.20 | 01:09.75 | 01:15.02 |
| S13 | 00:56.23 | 00:56.87 | 01:06.27 | 01:08.45 |
|   |   |  |  |  |  |
| 200m Freestyle | S1 | 07:47.57 | 07:47.57 |  |  |
| S2 | 08:23.13 | 08:23.13 | 07:47.45 | 07:47.45 |
| S3 | 04:18.60 | 04:37.85 | 08:27.36 | 08:27.36 |
| S4 | 03:26.72 | 03:45.80 | 05:41.69 | 05:41.69 |
| S5 | 02:56.03 | 02:59.82 | 03:20.10 | 03:31.20 |
| S14 | 01:58.95 | 02:00.11 | 02:16.54 | 02:18.10 |
|   |   |  |  |  |  |
| 400m Freestyle | S6 | 05:40.99 | 05:46.64 | 06:06.71 | 06:23.66 |
| S7 | 05:16.74 | 05:23.87 | 05:57.16 | 06:07.33 |
| S8 | 04:43.42 | 04:54.80 | 05:39.39 | 05:48.00 |
| S9 | 04:35.38 | 04:36.80 | 05:01.65 | 05:09.53 |
| S10 | 04:35.79 | 04:39.77 | 04:56.08 | 05:00.96 |
| S11 | 05:22.88 | 05:34.50 | 06:11.27 | 07:08.82 |
| S13 | 04:37.86 | 04:48.16 | 05:57.06 | 06:00.93 |
|  |  |  |  |  |  |
| 50m Backstroke | S1 | 01:53.64 | 01:53.64 |  |  |
| S2 | 01:49.71 | 01:55.82 | 02:03.66 | 02:03.66 |
| S3 | 00:59.54 | 01:03.44 | 01:26.86 | 02:03.06 |
| S4 | 00:50.92 | 00:52.88 | 01:04.58 | 01:07.62 |
| S5 | 00:41.12 | 00:42.38 | 00:49.91 | 00:51.61 |
|   |   |  |  |  |  |
| 100m Backstroke | S1 | 03:52.51 | 03:52.51 |  |  |
| S2 | 03:52.38 | 03:58.60 | 04:28.56 | 04:28.56 |
| S6 | 01:23.58 | 01:25.93 | 01:34.96 | 01:41.27 |
| S7 | 01:20.23 | 01:24.39 | 01:39.16 | 01:43.23 |
| S8 | 01:12.97 | 01:14.94 | 01:27.31 | 01:29.84 |
| S9 | 01:07.34 | 01:08.07 | 01:17.93 | 01:20.07 |
| S10 | 01:05.22 | 01:07.40 | 01:15.19 | 01:16.78 |
| S11 | 01:15.43 | 01:16.79 | 01:26.72 | 01:33.94 |
| S12 | 01:10.26 | 01:13.17 | 01:30.71 | 01:47.97 |
| S13 | 01:06.37 | 01:09.53 | 01:18.32 | 01:27.40 |
| S14 | 01:02.58 | 01:02.84 | 01:12.43 | 01:13.77 |
|   |   |  |  |  |  |
| 50m Breaststroke | SB2 | 01:35.94 | 02:31.19 | 03:23.52 | 03:23.52 |
| SB3 | 01:00.14 | 01:03.62 | 01:11.27 | 01:18.04 |
|   |   |  |  |  |  |
| 100m Breaststroke  | SB4 | 02:02.57 | 02:05.67 | 02:24.17 | 02:34.55 |
| SB5 | 01:44.90 | 01:49.35 | 02:05.61 | 02:10.31 |
| SB6 | 01:30.21 | 01:32.18 | 01:49.23 | 01:52.71 |
| SB7 | 01:32.76 | 01:35.71 | 01:46.97 | 01:51.36 |
| SB8 | 01:18.25 | 01:20.91 | 01:31.44 | 01:35.24 |
| SB9 | 01:12.61 | 01:13.75 | 01:25.87 | 01:31.05 |
| SB11 | 01:25.25 | 01:27.20 | 01:39.37 | 01:50.97 |
| SB12 | 01:20.55 | 01:22.49 | 01:35.54 | 02:07.68 |
| SB13 | 01:14.54 | 01:17.73 | 01:46.28 | 01:53.31 |
| SB14 | 01:10.25 | 01:11.38 | 01:23.07 | 01:24.55 |
|   |   |  |  |  |  |
| 50m Butterfly | S5 | 00:39.01 | 00:41.10 | 00:56.21 | 00:57.59 |
| S6 | 00:34.05 | 00:35.04 | 00:42.29 | 00:45.06 |
| S7 | 00:33.53 | 00:34.11 | 00:41.01 | 00:42.18 |
|   |   |  |  |  |  |
| 100m Butterfly | S8 | 01:07.17 | 01:08.68 | 01:25.03 | 01:27.55 |
| S9 | 01:03.45 | 01:03.86 | 01:13.99 | 01:15.70 |
| S10 | 01:01.04 | 01:02.50 | 01:12.88 | 01:14.97 |
| S11 | 01:17.30 | 01:25.37 |  |  |
| S12 | 01:02.80 | 01:04.68 | 01:32.74 | 01:32.74 |
| S13 | 01:02.25 | 01:03.99 | 01:27.25 | 01:27.25 |
| S14 | 00:58.56 | 00:59.33 | 01:09.95 | 01:10.77 |
|  |
| 150m Individual Medley | SM3 | 03:56.02 | 05:10.44 | 04:36.43 | 04:36.43 |
| SM4 | 03:01.17 | 03:18.58 | 03:52.30 | 06:12.53 |
|   |   |  |  |  |  |
| 200m Individual Medley | SM5 | 03:38.85 | 03:50.74 | 04:12.85 | 04:21.30 |
| SM6 | 02:56.55 | 03:07.43 | 03:29.79 | 03:43.17 |
| SM7 | 02:59.53 | 03:03.76 | 03:27.21 | 03:35.65 |
| SM8 | 02:35.61 | 02:39.61 | 03:04.85 | 03:13.05 |
| SM9 | 02:26.67 | 02:28.39 | 02:46.72 | 02:48.96 |
| SM10 | 02:23.59 | 02:24.68 | 02:43.49 | 02:47.91 |
| SM11 | 02:42.97 | 02:51.01 | 03:21.34 | 03:48.70 |
| SM13 | 02:22.26 | 02:28.99 | 02:52.13 | 03:05.19 |
| SM14 | 02:16.11 | 02:17.79 | 02:36.98 | 02:38.04 |
| Relays\* |   |
| Mixed 4x100m Freestyle | 34 Points | \ |
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| Mixed 4x100m Medley | 34 Points | \ |  |
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|  |
| Mixed 4x100m Freestyle | S14 | \ |  |
| Mixed 4 x 100m Medley | S14 | \ |  |
| Mixed 4 x 100m Freestyle | 49 Points (VI) | \ |  |
| Mixed 4x100m Medley | 49 points (VI) | \ |  |
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|  |
| Mixed 4x50m Freestyle | 20 points | \ |  |
|  |
| Mixed 4x50m Medley | 20 points | \ |  |
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