

# World Abilitysport Youth Games 2024

## Para Powerlifting

**Preliminary Competition Schedule**  
(To be updated after Technical Meeting)



05 December 2024												
Day 1	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Athletes' Presentation	Competition		Ceremony	
Session				Start	Finish	Open	Close		Start	Finish	Start	Finish
1	Men's up to 49kg & 54kg	8	A	08:10	08:20	08:20	09:48	08:55	09:00	09:48	09:53	10:20
6 Victory Ceremony: M49 Rookie BL TL (GSB); M49 Next Gen BL TL (GS); M54 Rookie BL TL (GSB)												
2	Women's up to 41kg, 45kg, 50kg, 55kg	8	A	09:45	09:55	09:55	11:23	10:30	10:35	11:23	11:28	12:10
14 Victory Ceremony: W41 Rookie BL TL (G by MS), W41 Next Gen BL TL (G by MS); W45 Rookie BL TL (G by MS), W45 Next Gen BL TL (G by MS); W50 Rookie BL TL (G by MS), W50 Next Gen BL TL (G by MS); W55 Rookie BL TL (GS)												
3	Women's up to 61kg, 67kg, 73kg, 79kg, 86kg	6	A	12:55	13:05	13:05	14:21	13:40	13:45	14:21	14:26	15:00
10 Victory Ceremony: W61 Rookie BL TL (GS); W67 Next Gen BL TL (G by MS); W73 Next Gen BL TL (G by MS); W79 Next Gen BL TL (G by MS); W86 Next Gen BL TL (G by MS);												
4	Men's up to 59kg & 65kg	8	A	14:25	14:35	14:35	16:03	15:10	15:15	16:03	16:08	16:38
4 Victory Ceremony: M59 Next Gen BL TL (GSB); M59 Next Gen BL TL (GSB)												
5	Men's up to 72kg, 80kg, 88kg, 97kg	10	A	16:10	16:20	16:20	18:00	16:55	17:00	18:00	18:05	18:30
14 Victory Ceremony: M72 Rookie BL TL (G by MS), M72 Next Gen BL TL (GS); M80 Rookie BL TL (GS), M80 Next Gen BL TL (GS); M88 Rookie BL TL (G by MS), M88 Next Gen BL TL (G by MS); M97 Next Gen BL TL (G by MS)												

06 December 2024												
Day 2	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Athletes' Presentation	Competition		Ceremony	
Session				Start	Finish	Open	Close		Start	Finish	Start	Finish
Women's Team Event												
6	Gold Match	2	A	09:10	09:20	09:20	10:15	09:50	10:00	10:15	10:20	10:30
Men's Team Event												
7	Gold Match	2	A	10:10	10:20	10:20	11:15	10:50	11:00	11:15	11:20	11:30
Mixed Team Event												
8	Heat	3	B	11:10	11:20	11:20	12:20	11:50	12:00	12:20		
	Gold Match	2	B	11:40	11:50	11:50	12:45	12:20	12:30	12:45	12:50	13:00

### Important:

- Schedule is subject to change. Final version will be released after technical meeting.
- Technical Meeting will be held on 03 December 2024 at 2:30pm. Attendance is compulsory. Two (2) representatives from each team.
- Weigh-in: 04 December. Please be punctual & make sure athlete is within the registered weight category.

### Victory Ceremony Legend:

**BL** - Best Lift  
**TL** - Total Lift  
**GSB** - Gold, Silver, Bronze Medals  
**GS** - Gold, Silver Medals  
**G by MS** - Gold Medal by Minimum Standard