



Glasgow 2026 Commonwealth Games: 23 July – 02 August 2026

PARA POWERLIFTING – World Para Powerlifting

The information in this Qualification System is accurate as of 31 January 2025. For the avoidance of doubt, the Commonwealth Games Federation ('CGF') and World Para Powerlifting ('WPPO') reserve the right to amend this Qualification System in any manner, at their absolute discretion should they deem it necessary.

1 INTRODUCTION

The Para Powerlifting Qualification System consists of two (2) methods of qualification for the Glasgow 2026 Commonwealth Games ('G2026'):

- 1. Direct Qualification World Para Powerlifting Commonwealth Rankings (Ranking Period: 01 January 2025 01 January 2026)
- 2. Bipartite Invitation

2 MEDAL EVENTS & QUALIFICATION SLOTS

2.1 Para Powerlifting Medal Events

Women's Medal Events	WPPO Bodyweight Categories within Medal Event
1. Lightweight (Up to and including 61kg)	Up to 41.0 kg, Up to 45.0 kg, Up to 50.0 kg, Up to 55.0 kg, Up to 61.0 kg
2. Heavyweight (Over 61kg)	Up to 67.0 kg, Up to 73.0 kg, Up to 79.0 kg, Up to 86.0 kg, Over 86.0 kg

Men's Medal Events	WPPO Bodyweight Categories within Medal Event
1. Lightweight (Up to and including 72kg)	Up to 49.0 kg, Up to 54.0 kg, Up to 59.0 kg, Up to 65.0 kg, Up to 72.0 kg
2. Heavyweight (Over 72kg)	Up to 80.0 kg, Up to 88.0 kg, Up to 97.0 kg, Up to 107.0 kg, Over 107.0 kg

2.2 Para Powerlifting Qualification Slots

Women's Medal Events	Maximum Qualification Slots
1. Lightweight (Up to and including 61kg)	• 12
2. Heavyweight (Over 61kg)	• 12

Men's Medal Events	Maximum Qualification Slots
1. Lightweight (Up to and including 72kg)	• 12
2. Heavyweight (Over 72kg)	• 12

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2.3 Maximum Number of Athletes per CGA per event

Sport	Gender	Entries
Para Powerlifting	Women's Events	2 athletes per event per CGA
	Men's Events	2 athletes per event per CGA

3 QUALIFICATION PATHWAY

Para Powerlifting qualification slots will be allocated in accordance with the following Qualification Pathway:

Qualification Method	Qualification Detail
 Direct Qualification WPPO Commonwealth Rankings Ranking Period: 01 January 	The top nine (9) ranked Commonwealth athletes per medal event on the WPPO Commonwealth Rankings (using the WPPO coefficient formula) at the close of the Ranking Period as at 23:59 UTC on 01 January 2026 will be allocated a Direct Qualification slot in accordance with the below:
2025 – 01 January 2026	 CGAs will be eligible to qualify a maximum of two (2) athletes per medal event
	• In the event the final Direct Qualification slot has been achieved by more than one (1) athlete with the same result, the tie break rule will be applied as per the WPPO Rules and Regulations to determine the allocation of the final Direct Qualification slot.
	• CGAs with an individual athlete(s) ranked in both medal events (Lightweight and Heavyweight) are required to declare to the CGF which medal event their athlete(s) wish to compete in by no later than 09 January 2026 .
	• For the avoidance of doubt, only results achieved by athletes at WPPO Recognised Competitions within the ranking period of 01 January 2025 – 01 January 2026 are eligible for Commonwealth rankings. The WPPO competition calendar is accessible via the <u>WPPO website.</u>
	 In the case of Great Britain, Crown Dependencies and British Overseas Territories, results attained by British athletes at WPPO Recognised Competitions (i.e., competitions where athletes must compete for their IF affiliated organisation) shall be attributed to their eligible CGA for the purposes of the WPPO Commonwealth Rankings.





2. Bipartite Invitation	Three (3) Bipartite Invitation slots will be issued per medal event.
WPPO and CGF Bipartite Invitation	CGAs must submit their applications for Bipartite Invitation slots to the CGF by 12 January 2026 .
	In order to be considered for the award of a Bipartite Invitation slot, athletes must meet the eligibility criteria outlined in section 6 of this Qualification System and have competed in at least one (1) WPPO Recognised Competition within the Ranking Period.
	It is at the absolute discretion of WPPO and the CGF to allocate a Bipartite Invitation slot where an athlete has not competed in a WPPO Recognised Competition within the ranking period.
	The allocation of Bipartite Invitation slots is made at the absolute discretion of WPPO and the CGF. In making these decisions, WPPO and the CGF will award in the first instance to eligible athletes who have successfully participated in the CGF development programme (GAPS), that have demonstrated previous levels of performance commensurate to participation in the Commonwealth Games.
	If there are no eligible athletes that have successfully participated in the CGF development programme (GAPS), WPPO and the CGF will consider factors including but not limited to the following:
	Regional representation;
	 Depth of field and strength of competition;
	 Demonstrated previous levels of performance commensurate to participation in the Commonwealth Games; and
	 Any extenuating circumstances that may have resulted in an eligible athlete being unable to achieve a valid result at a WPPO recognised competition within the Ranking Period.
	The allocation of Bipartite Invitation slots shall be made by the CGF Director of Sport (or their appointed designate) and the Head of WPPO (or their appointed designate) ('The Bipartite Commission').
	All decisions of the Bipartite Commission are final and shall not be subject to appeal.





4 ALLOCATION OF QUALIFICATION SLOTS

The WPPO Commonwealth Rankings will be available on the WPPO website.

4.1 Direct Qualification Slot

The CGF will confirm in writing to the respective CGAs within fourteen (14) days of the close of the ranking period of the allocation of the Direct Qualification slots. The CGAs will then have ten (10) days to respond to the CGF to confirm acceptance of the allocated Direct Qualification slots in accordance with section 7 (Qualification Timeline) of this Qualification System.

All Direct Qualification slots are awarded to a CGA by athlete by name and therefore are non-transferable.

4.2 Bipartite Invitation Slots

The CGF will confirm in writing to the respective CGAs by **26 January 2026** of the allocation of the Bipartite Invitation Slots. The CGAs will then have ten (10) days to respond to the CGF to confirm acceptance of the allocated Bipartite Invitation slots in accordance with section 7 (Qualification Timeline) of this Qualification System.

All Bipartite Invitation slots are awarded to a CGA by athlete by name and therefore are non-transferable.

5 REALLOCATION OF QUALIFICATION SLOTS

5.1 Direct Qualification Slots

If a Direct Qualification slot is declined by a CGA, or if acceptance of the Direct Qualification slot is not received by the Confirmation of Acceptance Deadline, then the CGF will reallocate the Direct Qualification slot in accordance with the qualification pathway to the next highest ranked athlete on the WPPO Commonwealth Rankings not otherwise qualified, respecting the maximum number of athletes per CGA per event.

Where there are no eligible athletes remaining on the WPPO Commonwealth Rankings, the remaining slots may be reallocated at the absolute discretion of the CGF and WPPO.

5.2 Bipartite Invitation Slots

If a Bipartite Invitation slot is declined by a CGA, or if acceptance of the Bipartite Invitation slot is not received by the Confirmation of Acceptance Deadline, then the CGF will reallocate the Bipartite Invitation slot in accordance with the qualification pathway to the next eligible athlete with consideration for the Bipartite Invitation factors listed in section 3 of this Qualification System.

Where there are no further eligible Bipartite Invitation applicants, the remaining slots may be reallocated at the absolute discretion of the CGF and WPPO.

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The CGF and WPPO reserve the right not to reallocate a Qualification slot, in the case that such reallocation may result in compromising the safety and integrity of the Para Powerlifting competition.

6 ATHLETE ELIGIBILITY

To be eligible to represent a CGA in the Para Powerlifting competition of G2026 an athlete must:

- Be internationally classified with a confirmed sport class status or review with a fixed review date of 2027 or later at the sport entries deadline of 23 June 2026;
- Hold an active WPPO Licence for the 2026 season;
- Not currently be disqualified or suspended by the CGF, their CGA, WPPO or under the World Anti-Doping Code;
- Have complied with all applicable rules and regulations of the CGF, WPPO and the World Anti- Doping Code as may be modified and applied by the CGF to ensure that the overriding principles of the Commonwealth Games are observed;
- Have met the CGF's eligibility regulations in accordance with the CGF Constitution; and
- Have complied with the minimum age regulations, as stipulated by WPPO.

7 QUALIFICATION TIMELINE

Date	Milestones
01 January 2025	Para Powerlifting ranking period commences
01 January 2026	Para Powerlifting ranking period closes
By 09 January 2026	Deadline for CGAs with athlete(s) ranked in two (2) medal events to notify the CGF which medal event their athlete(s) wish to compete in
12 January 2026	CGA deadline to submit Bipartite Invitation applications to the CGF
By 15 January 2026	CGF to issue Direct Qualification slots to CGAs
25 January 2026	Confirmation of Acceptance Deadline: CGAs to confirm acceptance of Direct Qualification slots
26 January – 16 February 2026	Reallocation of returned Qualification slots
By 26 January 2026	CGF to issue Bipartite Invitation slots to CGAs

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05 February 2026	Confirmation of Acceptance Deadline: CGAs to confirm acceptance of Bipartite Invitation slots
23 June 2026	Glasgow 2026 Entry by Name Deadline
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