

THE PARALYMPIC GAMES

THE SIX 'P'S



THE STOKE MANDEVILLE GAMES

1948

Nearly 70 years ago, **Sir Ludwig Guttman**, a doctor at Stoke Mandeville Hospital, in Great Britain, organised the first sports competition for people recovering from spinal injuries.



© Christopher Payne

THE STOKE MANDEVILLE GAMES

It was an **archery competition** involving 16 wheelchair competitors.



THE STOKE MANDEVILLE GAMES

1959

The Stoke Mandeville Games took place every year at the same hospital in Great Britain until 1959.

Every year more sports were included, such as **wheelchair races** and **basketball**.



THE PARALYMPIC GAMES

1960

In 1960 the Games became **international**.

They were staged in Rome, Italy.

It was decided that these 13th International Stoke Mandeville Games were the first to be officially called **PARALYMPIC GAMES**.



© Christopher Payne

THE PARALYMPIC GAMES

To date the **Paralympic Games** have been held in **summer** and **winter** every two years in different countries around the world.



© Dan Behr

THE PARALYMPIC GAMES

In 2020s, The Paralympic Games take place in:

Tokyo in 2021



Paris in 2024



Los Angeles in 2028



THE WINTER PARALYMPIC GAMES



1976

The **first Paralympic Winter Games** took place in 1976 in Örnsköldsvik, Sweden.



© Handikappidrott

THE WINTER PARALYMPIC GAMES

In 2020s, The **Paralympic Winter Games** take place in:

Beijing in 2022



Milano Cortina in 2026



Recreational and **competitive** sports, recognised by the International Paralympic Committee, that are played, performed and contested by athletes with an impairment.

The Para athletes' amazing **courage** and **willingness** to try new things combined with **technological developments** means that Para sports continue to grow in number and popularity.



© Sven Bruggeman

PARA DANCE SPORT



© Chung Sung-Jun

PARA SNOWBOARD

Classification in Para sport determines which athletes are **eligible** to compete in a sport and how athletes are **grouped** together for competition.

Para athletes compete with others whose impairments have a **similar effect** on their **ability** to play the sport.

This makes competition **fair** for everyone and ensures **success** is determined by **sporting excellence**.



© Catherine Ivill/Getty Images

Any Para sport on the Paralympic programme is referred to as a **Paralympic sport**. The term is only used when referring to the sport's involvement in the Paralympic Games.

In Tokyo 2020, **22 sports** are to be contested. **Para badminton** and **Para taekwondo** are newly debuted at the 2020 Paralympic Games.



PARA BADMINTON



PARA TAEKWONDO

The Paralympic Games is an **international, multi-sport event** at which elite Para athletes from around the world compete in different Paralympic sports.

The word '**Paralympic**' comes from the Greek '**para**' (beside or alongside) and the word '**Olympic**'.

The Paralympic Games and the Olympic Games are **separate events** that use the same **cities** and **venues**.



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PARA ATHLETE

A Para athlete is a person with an **impairment** who participates in **recreational** and/or **competitive physical activity** and **sport**.



**PARA ATHLETE LAIRCA NICDAO,
THE FIRST JUNIOR WORLD CHAMPION
IN PARA DANCE, BONN 2019**

PARALYMPIAN

A Paralympian is an athlete who **has taken part** in the **summer** or **winter** Paralympic Games.



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**PARALYMPIAN EMMA WIGGS, GOLD
MEDALLIST IN PARA CANOE, RIO 2016**