



Tbilisi 2025 Para powerlifting World Cup Competition Schedule

10 - 12 May



FINAL version v1

Saturday, 10 May 2025													
Day 1	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area		Competition		Victory Ceremony	
Session				Start	Finish	Open	Close	Open	Close	Start	Finish	Start	Finish
1	Women's Up to 41 kg; Women's Up to 45 kg	6	A	09:10	09:20	09:20	10:00	09:50	10:40	10:00	10:40	10:45	10:55
2	Men's Up to 65 kg	6	B	10:10	10:20	10:20	11:00	10:50	11:40	11:00	11:40		
		6	A	11:00	11:10	11:10	11:50	11:40	12:30	11:50	12:30	12:35	12:40
3	Women's Up to 55 kg	6	A	11:55	12:05	12:05	12:45	12:35	13:25	12:45	13:25	13:30	13:35
4	Men's Up to 54 kg	10	A	13:30	13:40	13:40	14:20	14:10	15:25	14:20	15:25	15:30	15:35
5	Women's Up to 50 kg; Women's Up to 61 kg	10	A	14:50	15:00	15:00	15:40	15:30	16:45	15:40	16:45	16:50	17:00
6	Men's Up to 59 kg	5	B	16:15	16:25	16:25	17:05	16:55	17:35	17:05	17:35		
		6	A	17:00	17:10	17:10	17:50	17:40	18:30	17:50	18:30	18:35	18:40
7	Men's Up to 49 kg	6	A	17:55	18:05	18:05	18:45	18:35	19:25	18:45	19:25	19:30	19:35

Sunday, 11 May 2025													
Day 2	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area		Competition		Victory Ceremony	
Session				Start	Finish	Open	Close	Open	Close	Start	Finish	Start	Finish
8	Men's Up to 72 kg	8	A	09:10	09:20	09:20	10:00	09:50	10:55	10:00	10:55	11:00	11:05
9	Women's Up to 67 kg	7	A	10:20	10:30	10:30	11:10	11:00	11:55	11:10	11:55	12:00	12:05
10	Men's Up to 88 kg	7	B	11:20	11:30	11:30	12:10	12:00	12:50	12:10	12:50		
		6	A	12:10	12:20	12:20	13:00	12:50	13:40	13:00	13:40	13:45	13:50
11	Men's Up to 80 kg	7	A	13:05	13:15	13:15	13:55	13:45	14:40	13:55	14:40	14:45	14:50
12	Women's Up to 73 kg Women's Up to 79 kg	9	A	14:45	14:55	14:55	15:35	15:25	16:35	15:35	16:35	16:40	16:50
13	Men's Up to 97 kg	8	A	16:05	16:15	16:15	16:55	16:45	17:45	16:55	17:45	17:50	17:55
14	Women's Up to 86 kg Women's Over 86 kg	8	A	17:15	17:25	17:25	18:05	17:55	19:00	18:05	19:00	19:05	19:15
15	Men's Up to 107 kg	6	A	18:30	18:40	18:40	19:20	19:10	19:55	19:20	19:55	20:00	20:05
16	Men's Over 107 kg	5	A	19:20	19:30	19:30	20:10	20:00	20:45	20:10	20:45	20:50	20:55

Monday, 12 May 2025													
Day 3	Category	Number of teams	Group Division	Kit Check		Warm-Up Area		Call Area		Competition		Victory Ceremony	
Session				Start	Finish	Open	Close	Start	Finish	Start	Finish	Start	Finish
Men's Team Event													
17	Head-to-Head	3		09:05	09:20	09:20	10:34	10:00	10:50	10:00	10:25		
	Gold Match	2								10:30	10:50	10:55	11:05
Women's Team Event													
18	Head-to-Head	3		10:25	10:40	10:40	11:54	11:20	12:10	11:20	11:45		
	Gold Match	2								11:50	12:10	12:15	12:25