

## Toyota World Para Swimming Championships Singapore 2025 21 - 27 September

# **Team Leader Guide**

Version 2











## **Contents**

1. W	ELCOME	4
2. 0	RGANISATION AND CONTACTS	6
2.1.	Local Organising Committee	6
2.2.	World Para Swimming	6
3. W	ELCOME TO SINGAPORE	7
4. G	ENERAL INFORMATION	g
4.1.	Championships Dates	g
4.2.	Venue Overview	g
4.3.	Traveling to Singapore	g
4.4.	Visas	10
4.5.	Accommodation and Transportation	10
4.6.	Electrical Supply	12
4.7.	Currency	13
5. S	PORT ENTRIES AND COMPETITION	13
5.1	Entries	13
5.2	Wild Card and Direct Invitation	15
6. C	OMPETITION INFORMATION	15
6.1	Competition Venue	15
6.2	Delegation Registration Meeting (DRM)	2
6.3	Accreditation	2
6.4	Training	3
6.4.1	Athlete Entry Headshots	3
6.5	Pre Championships Training Requests	3
6.6	Warm Up/Swim Down	4
6.7	Technical Meeting	4
6.8	Call Rooms & Competition	4











•	). <del>9</del>	MIXEA ZONE	5
7.	NI	PC SERVICES INFORMATION	5
7	7.1	Sport Information Desk (SID)	5
7	1.2	Team Preparation Areas	6
7	7.3	Massage Tables	6
7	<b>7.4</b>	Ice Baths	6
7	7.5	Lactate Testing	6
7	7.6	<b>Biomechanical Race Analysis</b>	7
7	1.7	Athlete Seating	7
7	7.8	Ticketing	7
7	7.9	Social Media/ Website	8
8.	CI	EREMONIES	8
8	3.1	Opening Ceremony	8
8	3.2	Victory Ceremonies	8
9.	Al	NTI-DOPING AND MEDICAL INFORMATION	9
9	9.1	Anti-Doping	9
9	9.2	<b>Medical Services at the Venue</b>	9
9	9.3	Insurance	10
9	9.4	Medical Attention	11











#### 1. WELCOME

**Dear Team Leaders** 

A warm welcome to Singapore and to the Toyota World Para Swimming Championships 2025! We are absolutely thrilled to have you here as a Team Leader. Your dedication and hard work in supporting your athletes are invaluable, and we are committed to providing you with the resources and information you need for a successful and enjoyable experience.

This Team Leader Guide is designed to be your comprehensive companion throughout the Championships. It contains essential details about the event, venue information, accommodation details, transportation arrangements, medical services, and important contact information. We encourage you to take some time to familiarize yourself with its contents.

We understand that leading a team at a global event like this comes with its own set of responsibilities, and we are here to assist you every step of the way. Our dedicated team of volunteers and staff are ready to answer your questions and provide support whenever needed. Please don't hesitate to reach out to us through the contact details provided in the guide.

We hope that the Singapore 2025 Toyota World Para Swimming Championships will be a memorable and rewarding experience for you and your team. We are excited to witness the incredible talent and sportsmanship on display and celebrate the achievements of all the athletes.

We wish you and your team the very best!

Thank you

Kelly Fan
Executive Director
Singapore Disability Sports Council











Dear Team Leaders,

Welcome to the Singapore 2025 Toyota World Para Swimming Championships. It marks the first time the World Championships have been held in Asia.

Singapore 2025 will be one of the biggest Para sports events of the year and is the first major championships of the quadrennial, an important step towards the Los Angeles 2028 Paralympic Games.

This guide brings all the information you need to get ready for the World Championships. It has been developed by World Para Swimming in partnership with Local Organising Committee (LOC) which has successfully delivered the Para Swimming World Series since 2019.

I am sure many Paralympians and emerging athletes competing in Singapore will go on to be the stars of LA 2028 and future Paralympic Games. Just as importantly, they will also leave a great legacy in Singapore about the power of Para swimming and Para sport.

Do not hesitate to contact the LOC and World Para Swimming in case you have any question about the Team Leader Guide.

We look forward to a fantastic event, and I wish you all the very best of luck!

Craig Nicholson Head of World Para Swimming World Para Swimming











## 2. ORGANISATION AND CONTACTS

## 2.1. Local Organising Committee

LOC Main Contact: Justinian Chua

sgpwps@sdsc.org.sg

LOC Accommodation and Transport: Suresh R.

sureshkumar.r@sdsc.org.sg

LOC Media Contact: Sylvia Quek

sylvia.quek@sdsc.org.sg

## 2.2. World Para Swimming

**World Para Swimming Manager: Nicole Burns** 

Nicole.Burns@WorldParaSwimming.org

World Para Swimming Event Coordinator: Daniela Gimenez

Daniela.Gimenez@WorldParaSwimming.org

World Para Swimming Technical Delegate: Alexandre Garaffa

World Para Swimming Assistant Technical Delegate: Marg Chamberlain

World Para Swimming Medical Delegate: Natalie Cheyne











#### 3. WELCOME TO SINGAPORE

Welcome to Singapore, a vibrant island nation where East meets West! Get ready to be captivated by our stunning skyline, lush green spaces, and a unique blend of cultures.

## **A Cultural Melting Pot:**

- **Diverse Heritage:** Singapore's population comprises mainly Chinese, Malay, Indian, and Eurasian communities, each contributing unique traditions, languages, and cuisines. This multiculturalism is celebrated in festivals. food. and everyday interactions.
- **Ethnic Enclaves:** Explore vibrant neighborhoods like Chinatown, Little India, and Kampong Glam, where you can experience the distinct flavors and traditions of each community.
- **Language Mosaic:** While English is the official language, you'll hear a mix of Mandarin, Malay, Tamil, and other dialects spoken throughout the city.

#### **A Modern Marvel:**

- **Futuristic Architecture:** Singapore boasts a stunning skyline with iconic structures like the Marina Bay Sands, Gardens by the Bay, and the ArtScience Museum, showcasing cutting-edge design and innovation.
- **Urban Oasis:** Despite its rapid development, Singapore is known as a "City in a Garden" with lush green spaces, nature reserves, and meticulously manicured gardens, offering a refreshing escape from the urban bustle.
- **Technological Hub:** Singapore is a global leader in technology and innovation, with a strong focus on research and development, making it a hub for startups and tech companies.

#### **A Food Paradise:**

- **Hawker Culture:** Singapore's hawker centers are a must-visit for any foodie. These open-air food courts offer a wide array of affordable and delicious local dishes, from Hainanese chicken rice to chili crab.
- **Culinary Delights:** From Michelin-starred restaurants to trendy cafes, Singapore's dining scene is diverse and exciting, catering to every taste and budget.
- **Fusion Cuisine:** The multicultural influences have led to the creation of unique fusion dishes that blend flavors from different cultures, offering a culinary adventure for your taste buds.











## A Shopper's Haven:

- **Retail Therapy:** Singapore is a shopper's paradise, with a wide range of malls, boutiques, and markets offering everything from high-end fashion to local handicrafts.
- **Orchard Road:** This iconic shopping street is home to numerous luxury brands, department stores, and entertainment options.
- **Unique Souvenirs:** Explore local markets and shops to find unique souvenirs and keepsakes that reflect Singapore's culture and heritage.

## **Beyond the City:**

- **Island Escapes:** Take a short trip to nearby islands like Sentosa, offering beaches, theme parks, and resorts for a fun-filled getaway.
- **Nature Adventures:** Explore nature reserves like the Bukit Timah Nature Reserve or the Southern Ridges, offering hiking trails and stunning views of the city.
- **Cultural Experiences:** Visit museums, art galleries, and historical sites to learn more about Singapore's rich history and culture.

## Things to Note:

- **Cleanliness and Order:** Singapore is known for its cleanliness and strict laws, ensuring a pleasant and safe environment for all.
- **Efficiency and Punctuality:** Singaporeans value efficiency and punctuality in both personal and professional settings.
- **Respect for Cultures:** It's important to be mindful of cultural sensitivities and customs, especially when visiting religious sites or interacting with locals.

Singapore offers a unique blend of experiences that will leave you captivated. Whether you're interested in culture, food, nature, or shopping, there's something for everyone to enjoy in this dynamic city-state.











#### 4. GENERAL INFORMATION

## 4.1. Championships Dates

17 & 18 September 2025 Team Arrivals

18 - 20 September 2025 Training

20 September 2025 Technical Meeting (10:30am)

20 September 2025 Press Conference (12 noon)

20 September 2025 WPS Sports Forum (1:30pm)

21 September 2025 Opening Ceremony

21 - 27 September 2025 Championship dates

27 September 2025 Closing Ceremony

28 September 2025 Team Departures

#### 4.2. Venue Overview

The competition will be held at OCBC Aquatic Centre, a world-class facility launched in July 2015 that has since played host to many well-known international competitions such as the FINA Swimming World Cup, ASEAN Para Games 2015 and the World Para Swimming World Series in 2019, 2023 and 2024.

The 3,000-seat indoor facility features a 10-lane 50m competition pool, an 8-lane 50m training pool and a 25m wide diving / multi-purpose pool. The pools are temperature-controlled and kept at an optimal 27°C to 28°C.

The facility - the top venue for elite swimmers in Singapore - is also close to the city centre, enabling teams to easily access it using the public train service.

Location: 7 Stadium Drive, Singapore Sports Hub, Singapore 397632

https://www.sportshub.com.sg/venues-facilities/ocbc-aquatic-centre

## 4.3. Traveling to Singapore

The official airport for the Singapore 2025 Toyota World Para Swimming Championships is the Singapore Changi Airport (SIN).

Website: http://www.changiairport.com/











The Local Organizing Committee (LOC) will provide ground transportation to all teams booked onto the Teams Accommodation packages. To ensure your airport transfers are arranged, NPCs must submit accurate arrival and departure details no later than 22 August 2025 via the online WPS Accreditation System.

NPCs who opt for accommodations outside of the official arrangements will be responsible for their own ground transportation.

#### 4.4. Visas

Singapore enforces strict visa regulations. If your citizenship requires a visa to enter Singapore, you must secure it before arrival. Detailed information on visa applications can be found on the Ministry of Foreign Affairs of Singapore website: <a href="https://www.ica.gov.sg/enter-transit-depart/entering-singapore/visa\_requirements">https://www.ica.gov.sg/enter-transit-depart/entering-singapore/visa\_requirements</a>

Any delegation requiring an official invitation letter from the LOC is requested to submit the required information for all members requiring visas to <a href="mailto:sgpwps@sdsc.org.sg">sgpwps@sdsc.org.sg</a>. This must be done as soon as possible in order for your visa to be processed in time. Please include the following visa information per delegation request: Full name as it appears on the passport, Date of Birth, Nationality, Passport Number, Role in team.

The LOC cannot be held responsible for any delays or rejections of visa applications. Each NPC is responsible for applying for the necessary visas well in advance and should direct all inquiries to the appropriate embassy.

## 4.5. Accommodation and Transportation

## 4.5.1. Accommodation

The Local Organizing Committee (LOC) has selected the accommodation that best meets the needs of the competition.











## Championship Hotel - Swissotel The Stamford Singapore

Teams Accommodation package includes

- Twin-sharing (2 person) or Single room (1 person)
- Breakfast, Lunch & Dinner (buffet style)
- Airport transfer (arrival & departure)
- Venue shuttle

#### **Important Dates**

2 May Open for Preliminary Booking

13 June Close of Preliminary Booking and payment of 40% deposit

30 July Close of Final Booking

15 August Final balance to be paid in full

Please refer to the Accommodation Guide for more information.

#### 4.5.2. Pre/Post Accommodation Championships Rates

LOC are pleased to offer a rate at the Championships Hotel before/after the event period for training at the venue. Rooms will be subjected to availability at point of confirmation.

#### **Full Board Rates:**

SGD 606.90 Nett (1 Person, Single Room per night,)

SGD 779.45 Nett (2 Person , Twins Room per night)

To book, please use the accommodation form provided in the Accommodation Guide and contact the hotel directly.

## 4.5.3. Transport

For teams booked onto the Teams Accommodation packages, a shuttle service will be provided to and from the Championship Hotel and competition venue on a regular basis. The transport schedule will be shared nearer to date.

Alternatively, teams may utilise Singapore's Mass Rapid Transit (MRT) system to reach the competition venue. Competition venue located at Stadium MRT Station (CC6) on the Circle Line.











Please note that the cost of MRT travel will be borne by the participating nations. You can purchase MRT tickets at the station or use a contactless bank card or mobile wallet for payment.

For more information: <a href="https://www.smrt.com.sg/public-transport/getting-around/visiting-singapore/how-to-pay/">https://www.smrt.com.sg/public-transport/getting-around/visiting-singapore/how-to-pay/</a>

#### 4.5.4. Arrivals and Departures

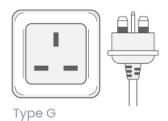
For teams booked through the Teams Accommodation package, transportation will be provided from your arrival terminal of Singapore Changi Airport (SIN) to the championship hotel on the official arrival and departure days. The Local Organizing Committee (LOC) will coordinate the transport schedule based on the provided travel details.

Welcome staff will be readily available to assist you at Singapore Changi Airport (SIN), stationed just outside the arrivals area. Should you require assistance, please visit the LOC welcome counter located at Changi Airport Terminal 3.

All NPCs are responsible for submitting their team arrival and departure details by no later than 22 August 2025 via the online WPS Accreditation System. Please contact <a href="mailto:Daniela.Gimenez@worldparaswimming.org">Daniela.Gimenez@worldparaswimming.org</a> if you have any questions.

## 4.6. Electrical Supply

In Singapore, the standard voltage ranges from 220V to 240V with a frequency of 50Hz. The Type G plug is the most commonly used power plug. It is known for its characteristic three rectangular flat pins.













## 4.7. Currency

In Singapore, the official currency is the Singapore Dollar (SGD, S\$). You can easily find Automated Teller Machines (ATMs) at banks, supermarkets, and transport stations.

Credit and debit cards are widely accepted in Singapore's shops and restaurants. Tipping in Singapore is not expected. Instead, a service charge will normally be added to your bill.

For the Singapore 2025 Toyota World Para Swimming Championships, all transactions at the venue can be paid via card or cash, eg: for technical protests and appeals, purchases, and fines.

## 5. SPORT ENTRIES AND COMPETITION

#### 5.1 Entries

The Singapore 2025 Toyota World Para Swimming Championships Qualification Criteria and Deadlines can be found online <a href="here">here</a>.

In this document swimmers eligibility, competition format, event viability criteria, maximum entry per NPC and final entries are detailed.

The qualification and entry timeline are as follows:

1st January 2024	Start of the period for athletes to achieve MQS performances
2 <sup>nd</sup> May 2025	Opening of Online Preliminary Entry by Number
23 <sup>rd</sup> May 2025	Deadline to submit Preliminary Entry by Number Accurate numbers are appreciated so that championships services can be accurately planned. Please do not include Direct invitation or Wild Card requests in this number.
20 <sup>th</sup> June 2025	Start date to apply for Wild Cards
27 <sup>th</sup> June 2025	Opening of Online Entry System for Entry by Number per Event











9 <sup>th</sup> July 2025	Deadline for Entry by Number per Event.
	NPCs will be invoiced based on the number provided in this entry. <b>No</b> withdrawal is possible after this entry deadline.
	The accurate Entry by Number data is very important to allow accurate planning for the Championships services and programme can be published at the earliest opportunity. Therefore, please enter accurate numbers of qualified athletes for both male and female events.
11 <sup>th</sup> July 2025	Opening of online NPC delegation Accreditation System
18 <sup>th</sup> July 2025	Opening of Online Entry System for Entry by Name and Entry by Team (final entry).
	NPCs are permitted a maximum 15% increase in athlete numbers compared to Entry by Number.
	A second invoice for added NPC team members will be sent to the NPC.
28 <sup>th</sup> July 2025	End of the period for athletes to achieve MQS performances
1st August 2025	Deadline to apply for Wild Cards (including for relay-only athletes).
8 <sup>th</sup> August 2025	Deadline for Online Entry by Name and Entry by Team (final entry deadline). No changes in the entries will be accepted after this date.
15 <sup>th</sup> August 2025	Deadline for Competition Fee Payment
22 <sup>nd</sup> August 2025	Deadline to accredit NPC delegations via online Accreditation System and to enter arrival and departure information.

All entries must be through the WPS Entry system. **SDMS** (ipc-services.org) submitted by NPCs.

Please note, all nations must be in good standing with WPS in order for athletes to be eligible to be entered. Therefore, all outstanding invoices with WPS must be paid before 15th August in order for the entries to be accepted.

Any challenges with online entries please contact Nicole.Burns@WorldParaSwimming.org











#### 5.2 Wild Card and Direct Invitation

Wild Card Applications must also be entered through the SDMS System. The criteria for consideration is explained through the Qualification Criteria point 7. At its sole discretion, World Para Swimming may waive qualification criteria 3 and 4 in section 3 above related to MQS times for athletes granted a Wild Card slot.

Direct invitations are considered by separate criteria outlined in point 8 of the Qualification criteria, and slots will only be distributed at WPS sole discretion.

To submit a NPCs may request a Direct Invitation slot directly with WPS by emailing a letter of request to <a href="mailto:nicole.burns@worldparaswimming.org">nicole.burns@worldparaswimming.org</a>

All direct invitation slots are at the sole discretion of World Para Swimming, and World Para Swimming has no obligation to award any direct invitation slots, regardless of whether or not NPCs/athletes meet the criteria above.

Direct Invitation slots will not be offered after the final entry list being published at the end of August 2025.

#### 6. **COMPETITION INFORMATION**

#### **6.1** Competition Venue

The following pages are the venue plans for

Level 1- Field of Play level

Level 2- Seating, inc. accessible seating

Level 3- Media, Biomechanical area and Seating.

The plans indicate specific room and space allocations of the venue for the Championships.

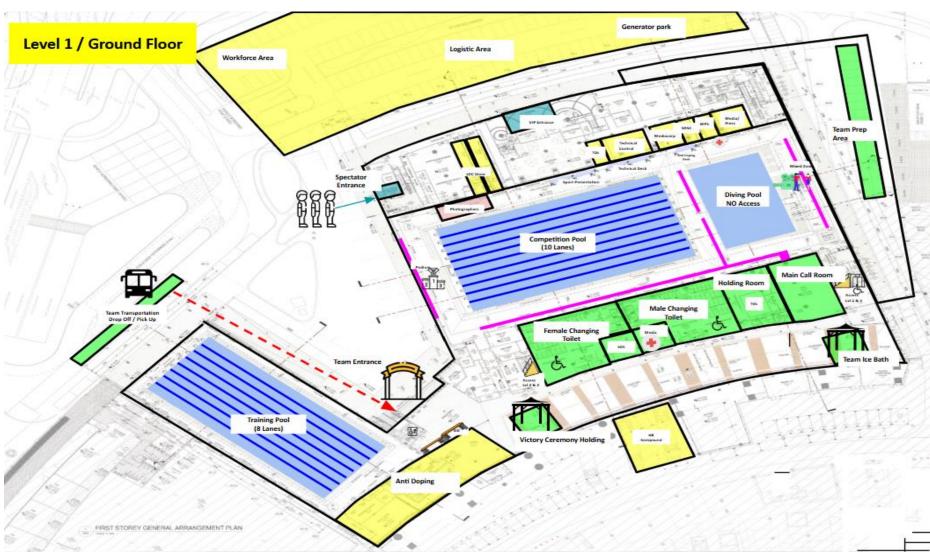




































## 6.2 Delegation Registration Meeting (DRM)

The Delegation Registration Meeting (DRM) will be scheduled with each participating NPC by the NPC Services Team and will take place at the competition venue. This meeting will take place at a time agreed in advance of the Championships with each NPC. Each team's DRM must be conducted before the first training session of the relevant NPC. To schedule DRMs please contact sgpwps@sdsc.org.sg

During the DRM the following key information will be confirmed with each Team Leader:

- Contact details
- o Venue overview of key spaces and flow
- Accreditation allocation
- o Transport information
- o Training information
- Confirmation of Flag Bearer for Opening Ceremony
- o Other relevant information

All financial obligations must be met before receiving accreditation for athletes and team officials, including accommodation fees.

#### 6.3 Accreditation

All athletes and team staff require accreditation in order to enter the venue and competition areas.

Accreditation registration is through the SDMS system at the following link <a href="https://www.ipc-services.org/sdms/accreditation/dashboard">https://www.ipc-services.org/sdms/accreditation/dashboard</a>

Accreditation system open: 11 July 2025

Accreditation registration deadline: 22 August 2025

All team accreditation profiles must be completed by this date. The accreditation cards will be provided to the Team Leader once the DRM is completed.

As the access to all Championship Zones will be controlled, everyone is required to wear their accreditation cards visibly at all times, during both the training and competition period. The accreditation card is a personal belonging, transferring it to another person is prohibited.











All athletes and approved support staff must present their accreditation card when checking into the Call Room prior to their event.

## 6.4 Training

Training on 18-20 September 2025 will take place at the training pool and competition pool at OCBC Aquatic Centre.

Training times are below:

18 September 2025: 0730 – 19:30

19 September 2025: 0730 - 19:30

20 September 2025: 0730 - 19:30

A finalised training schedule will be provided to NPCs following the final entry deadline. No amendments to the training schedule can be made following the publication of the schedule.

Lane markings will be clearly displayed on the poolside outlining specific classification lanes, e.g. VI lane, S1-4 Lane.

#### 6.4.1 Athlete Entry Headshots

During the 3 training days, the LOC will invite all athletes from each nation for individual portrait shots at the competition venue. These photos will be used for sport presentation during athlete introductions. Your nation's cooperation is appreciated to enhance the championship experience. Team Leaders will receive the schedule from the LOC

#### **6.5** Pre Championships Training Requests

Teams requiring training lanes at the competition venue before the official training days should contact the LOC (<a href="mailto:sgpwps@sdsc.org.sg">sgpwps@sdsc.org.sg</a> ). Please note the following conditions.

**Lane Booking Details:** 

- -Fee: SGD 100 per lane, per 2-hour slot
- -Priority will be given to teams booking the LOC Team Accommodation Package at the Championship Hotel
- -Available Dates: 8 17 September 2025
- -Pool: Training Pool Only (8 Lanes)











Time Slots:

AM: 8:00 AM - 10:00 AM / 10:00 AM - 12:00 PM PM: 2:00 PM - 4:00 PM / 4:00 PM - 6:00 PM

## 6.6 Warm Up/Swim Down

Warm up on competition days for heats and finals is available in the competition pool and warm up pool.

Warm up times in the competition pool are below:

Heats: 0700 - 0845
Finals: 1530 - 1715\*

\*Competition pool warm up will end earlier on 21st and 27th September due to the Opening and Closing Ceremonies. The exact time will be communicated at the DRMs.

All athletes must follow the warm up signage in place for the safety of all swimmers. Warm up lane allocations will also be shared in the technical meeting.

The training pool will be available for continuous warm-up/swim down throughout the day until 30 minutes after the competition session ends daily.

## 6.7 Technical Meeting

The Technical Meeting will take place 20 September 2025 at 10:30am at the Singapore Sports Hub Auditorium.

Technical Meeting presentation will be circulated to attending NPCs in advance of the meeting to prepare any questions.

Any equipment that is required to be checked by Technical Officials can be done prior to the technical meeting at the referees table, but also taken to the technical meeting and checked at the end of the meeting.

## 6.8 Call Rooms & Competition

A centralised Call Room will be designated for all events.











It is the responsibility of the athlete to report to the Call Room no later than 15 minutes prior to the scheduled start of their event.

Regulations outlined in the World Para Swimming Rules and Regulations concerning swimwear and Singapore 2025 Toyota World Para Swimming Championships Cap guidelines will apply; swimwear (caps, goggles and swimsuits) must be from the approved list and might be checked in the call room. Athletes will be escorted from the Call Room onto the pool deck. WPS have shared the Singapore 2025 Toyota World Para Swimming Championships Cap guidelines with NPCs directly via email. If you do not have these, please contact WPS.

Competition Schedule is visible at Appendix A. Note the days and schedule of events may be subject to change depending on event viability at the close of entries.

Heat session start times: 09:00

Final session start times :17:30

#### 6.9 Mixed Zone

All athletes must go through the mixed zone following their event(s). The location of the Mixed Zone is shown in the venue map.

#### 7. NPC SERVICES INFORMATION

#### 7.1 Sport Information Desk (SID)

A Sport Information Desk will operate at the competition venue on the days of competition, as well as during any scheduled training sessions.

Training days – 07:30 to 20:00

Competition days – 07:00 to 11:00 and 15:30 to 21:00

It is the primary and only point of distribution for all event related information including the following:

- Distribution of start lists for the NPCs;
- Official communication with teams:
- Official forms distribution (Relay Declaration Form, Protest Form, Medical Withdrawal Form);
- Liaison between teams and LOC / World Para Swimming.











## 7.2 Team Preparation Areas

Due to limited space for general spaces at the venue, we are pleased to offer nations exclusive use of a dedicated, air-conditioned preparation and recovery area. This will be a dry preparation and for massage or recovery purposes. Ice baths will not be permitted in this area.

Please note that the number of spaces for this area is limited. To have this for your NPC, we strongly advise submitting your request as soon as possible to LOC.

Any NPC wishing to reserve a space within the Team Preparation Area must request and pay in advance. The cost for each space is SGD850 and includes:

- 3m x 2m dedicated space
- 2 chairs
- Wi-Fi access
- Electrical power point (shared)
- Air-conditioning

Kindly submit your request via; Team Preparation Area Request form

Note: Allocation of space is at the discretion of the LOC

## 7.3 Massage Tables

Please be advised that nations are responsible for bringing their own massage tables. The LOC will not be able to provide or rent any massage tables.

#### 7.4 Ice Baths

NPCs can bring their own ice baths to be placed in a designated area close to the changing rooms. This area will be highlighted to NPCs during the DRM meeting.

Kindly submit your request via; <u>Ice Bath Request form</u>

Note: Allocation of space is at the discretion of the LOC

## 7.5 Lactate Testing

Lactate testing will be available in accordance with World Para Swimming Rules and Regulations. Only NPCs approved by WPS in advance will be eligible to conduct lactate testing.











NPCs who wish to conduct lactate testing are required to complete Lactate Testing application form (Appendix B) and submit it to <a href="mailto:Daniela.Gimenez@worldparaswimming.org">Daniela.Gimenez@worldparaswimming.org</a> by 10 July 2025

Testing will only be possible in the designated area. The designated area will be highlighted to the approved NPCs during the DRM. Medical waste bins and sharps containers will be provided by the LOC to dispose of used medical materials in the appropriate and prescribed manner.

#### 7.6 Biomechanical Race Analysis

Race analysis will be possible in accordance with World Para Swimming Rules and Regulations. Only NPCs approved in advance by World Para Swimming will be eligible to conduct race analysis. Filming positions will be highlighted to NPC Team Leaders during the DRM. It will be only be possible to film from the designated position within the venue.

Please submit your Biomechanical Race Analysis application for (Appendix C) directly to Daniela Gimenez at <a href="mailto:Daniela.Gimenez@worldparaswimming.org">Daniela.Gimenez@worldparaswimming.org</a> by 10 July 2025 and WPS will send confirmation of space allocation.

At least one accreditation card will be provided for each approved NPC to access the designated area.

## 7.7 Athlete Seating

A specified number of seats for accredited NPC team members will be made available in the main seating tribune. We kindly ask the teams to respect the need for a clear pool deck during the competition times.

## 7.8 Ticketing

We warmly invite international attendees—including athletes' families, friends, and supporters to join us in celebrating the Singapore 2025 Toyota World Para Swimming Championships. Nations are encouraged to share this event information with their athletes' families and networks, ensuring they don't miss this opportunity to witness the exciting competition live in Singapore.

## **Ticket Pricing:**

- Day Passes: Starting at just SGD10 for Heats and Finals.
- Seven-Day Pass: Only SGD40 throughout the Championships.











Tickets are available through the official ticketing site: <a href="https://www.sistic.com.sg/events/worldpara0925">https://www.sistic.com.sg/events/worldpara0925</a>

#### 7.9 Social Media/ Website

Keep up with all the latest news & articles as we embark on the journey to the Singapore 2025 Toyota World Para Swimming Championships. Stay informed and inspired by following us on our social media channels and website, where we share exciting updates, stories, and behind-the-scenes content.

**Event website:** 

https://sdsc.org.sg/wpsc25/

When posting on social media, don't forget to use the official event hashtags: #ParaSwimming #Singapore2025 #InclusivityInSports #SwimTogether #sdsc

To tag these accounts:

- @paraswimming\_worldchamps
- @paraswimming
- @sdsc

#### 8. CEREMONIES

#### 8.1 Opening Ceremony

The Opening Ceremony will be 21 September 2025, 5.00pm. Further information will be provided via email to NPCs prior to the Championships.

Each nation must nominate one athlete to serve as their flag bearer for the Parade of Nations. The name of the Flag Bearer will be confirmed during the Delegation Registration Meeting (DRM).

## 8.2 Victory Ceremonies

Medal ceremonies will take place throughout the finals session, as scheduled in the programme.











It is the Team Leader's responsibility to ensure the athlete is in the Victory Ceremony Preparation Room in a timely manner to attend the medal ceremony. Athletes will be briefed about the Medal Ceremony procedure in the Victory Ceremony Preparation Room.

Please refer to the World Para Swimming Rules and Regulations and Advertising Guidelines for full description of accepted uniform and procedures for ceremonies.

Medals will be awarded to the first three (3) athletes finishing the event (regardless of the sport class). In the exceptional case an event is completed by only three (3) or fewer swimmers, medals will be awarded following the 'minus one rule' in 10.15.2.

Please note all events that are viable as of the (close of Final entries) will remain medal events, independent of any-medical withdrawals.

#### 9. ANTI-DOPING AND MEDICAL INFORMATION

## 9.1 Anti-Doping

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

https://www.paralympic.org/swimming/rules-and-regulations/anti-doping

All athletes may be subject to in and out of competition Doping Control sample collection and testing throughout the Championships in accordance with the regulations above.

If an athlete is selected for testing in competition, a chaperone will escort the athlete and be in possession of the athlete's accreditation card until the testing has been completed.

#### 9.2 Medical Services at the Venue

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance and first aid services during the Championships training and competition dates.

Medical services will be provided at the official competition venue. The Chief Medical Officer with the WPS Medical Delegate will be responsible for medical arrangements for the competition and will supervise medical support, which includes recording all injuries and diseases. They will also supervise the emergency medical room including all essential first aid equipment and materials. The Chief Medical Officer will act as liaison for visiting NPC doctors











with laboratory facilities, emergency treatment, necessary hospitalisation and obtaining necessary medications.

Find out if you need approval to bring personal medications into Singapore. Submit your application directly through this link: <a href="https://www.hsa.gov.sg/personal-medication">https://www.hsa.gov.sg/personal-medication</a>

Information on temporary registration for Medical Personnel will be shared directly with nations by the NPC in the coming weeks.

First aid and limited medical facilities will be available at the First Aid room located on the pool deck level. Information on location of medical facilities and notification of required team support will be outlined in the DRM and will be available at the SID.

NPCs that have medical personnel travelling with them are reminded to ensure that NPC's medical staff have appropriate medical insurance

Lifeguards will be on duty during all competition and training sessions. Athletes should only enter the water when lifeguards are on duty.

For NPCs that do not bring medical personnel to the competition and require Sports Injury Physiotherapy or Sports Massage services, support is available at BMJ Physio & Sports Performance Clinic, located just 250m from the competition venue at Kallang Wave Mall @ Sports Hub.

For NPCs that require Sports Injury Physiotherapy or Sports Massage services, support is available at <u>BMJ Physio & Sports Performance Clinic</u>, located just 250m from the competition venue at Kallang Wave Mall @ Sports Hub.

To Pre book a session, please click the <u>booking link</u> for securing slots. Kindly note that these services are available by appointment only and are chargeable.

On-Site Massage SGD 105.00 - 60mins

On-Site Physio SGD 165.00 - 45mins

#### 9.3 Insurance

Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents and repatriation. All delegation members must have appropriate accident and health insurance accepted in order to compete. The LOC will provide only basic medical services in the venue.











No medical insurance will be provided to any of the participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event.

## 9.4 Medical Attention

The following details relate to emergency medical services:

Singapore's primary emergency call number is 995 for ambulance and fire. Non-emergency ambulances may be reached at 1777.

The Singapore General Hospital is about 15 minutes' drive from the competition venue.

Address: Singapore General Hospital, Outram Road, Singapore 16960











## Appendix A

## **Competition Schedule**



## Toyota World Para Swimming Championships Singapore 2025 Programme Singapore - 21-27 September



	Day 1		Day 2		Day 3		Day 4		Day 5		Day 6		Day 7
1	Men's 400m Freestyle S8	27	Men's 100m Freestyle S4	51	Men's 100m Backstroke S1	77	Mens 100m Backstroke \$13	102	Women's 100m Breaststroke SB5	127	Women's 400m Freestyle S13	150	Women's 100m Breaststroke SB8
2	Women's 400m Freestyle S8	28	Women's 100m Freestyle S4	52	Men's 100m Breaststroke SB7	78	Women's 100m Backstroke S13	103	Men's 100m Breaststroke SB5	128	Men''s 400m Freestyle S13	151	Men's 100m Breaststroke SB8
3	Men's 100m Breaststroke SB9	29	Men's 50m Backstroke S5	53	Women's 100m Breaststroke SB7	79	Men's 200m Individual Medley SM11	104	Women's 400m Freestyle S9	129	Women's 200m Individual Medley SM8	152	Women's 100m Backstroke S10
4	Women's 100m Breaststroke SB9	30	Women's 50m Backstroke S5	54	Men's 100m Breaststroke SB14	80	Women's 200m Individual Medley SM11	105	Men's 400m Freestyle S9	130	Men's 200m Individual Medley SM8	153	Men's 100m Backstroke S10
5	Men's 50m Breaststroke SB2	31	Men's 150m Individual Medley SM3	55	Women's 100m Breaststroke SB14	81	Men's 100m Freestyle S8	106	Women's 100m Butterfly S10	131	Women's 50m Backstroke S2	154	Women's 400m Freestyle S11
6	Women's 50m Breaststroke SB2	32	Women's 150m Individual Medley SM3	56	Men's 100m Backstroke S2	82	Women's 100m Freestyle S8	107	Men's 100m Butterfly S10	132	Men's 50m Backstroke S2	155	Men's 400m Freestyle S11
7	Men's 50m Freestyle S5	33	Men's 400 m Freestyle S7	57	Women's 100m Backstroke S2	83	Men's 400 m Freestyle S6	108	Women's 50m Freestyle S4	133	Men's 50m Backstroke S1	156	Women's 100m Freestyle S7
8	Women's 50m Freestyle S5	34	Women's 400m Freestyle S7	58	Men's 150m Individual Medley SM4	84	Women's 400m Freestyle S6	109	Men's 50m Freestyle S4	134	Women's 50m Freestyle S7	157	Men's 100m Freestyle S7
9	Men's 100m Butterfly S13	35	Mens 100m Freestyle S6	59	Women's 150m Individual Medley SM4	85	Men's 100m Breaststroke SB12	110	Women's 50m Freestyle S8	135	Men's 50m Freestyle S7	158	Women's 50m Butterfly S6
10	Women's 100m Butterfly S13	36	Women's 100m Freestyle S6	60	Men's 50m Freestyle S12	86	Women's 100m Breaststroke SB12	111	Men's 50m Freestyle S8	136	Women's 100m Backstroke S11	159	Men's 50m Butterfly S6
11	Men's 100m Backstroke S6	37	Men's 200m Individual Medley SM10	61	Women's 50m Freestyle S12	87	Men's 200m Freestyle S1	112	Women's 50m Butterfly S7	137	Men's 100m Backstroke S11	160	Women's 50m Freestyle S9
12	Women's 100m Backstroke S6	38	Women's 200m Individual Medley SM10	62	Men's 50m Butterfly S5	88	Men's 50m Backstroke S3	113	Men's 50m Butterfly S7	138	Women's 200m Freestyle S5	161	Men's 50m Freestyle S9
13	Men's 200m Freestyle S14	39	Men's 100m Backstroke S8	63	Women's 50m Butterfly S5	89	Women's 50m Backstroke S3	114	Women's 100m Freestyle S12	139	Men's 200m Freestyle S5	162	Women's 100m Freestyle S5
14	Women's 200m Freestyle S14	40	Women's 100m Backstroke S8	64	Men's 200m Individual Medley SM6	90	Men's 50m Backstroke S4	115	Men's 100m Freestyle S12	140	Women's 200m Freestyle S3	163	Men's 100m Freestyle S5
15	Men's 200m Individual Medley SM7	41	Men's 100m Butterfly S11	65	Women's 200m Individual Medley SM6	91	Women's 50m Backstroke S4	116	Women's 50m Freestyle S6	141	Men's 200m Freestyle S3	164	Women's 200m Freestyle S4
16	Women's 200m Individual Medley SM7	42	Mens's 100m Butterfly S12	66	Men's 100m Butterfly S9	92	Men's 200m Freestyle S2	117	Men's 50m Freestyle S6	142	Women's 100m Backstroke S9	165	Men's 200m Freestyle S4
17	Men's 50m Freestyle S11	43	Women's 100m Butterfly S12	67	Womens's 100m Butterfly S9	93	Women's 200m Freestyle S2	118	Women's 200m Individual Medley SM14	143	Men's 100m Backstroke S9	166	Women's 200m Individual Medley SM13
18	Women's 50m Freestyle S11	44	Mens 100m Backstroke S14	68	Men's 400 m Freestyle S10	94	Men's 200m Individual Medley SM5	119	Men's 200m Individual Medley SM14	144	Women's 100m Freestyle S10	167	Men's 200m Individual Medley SM13
19	Men's 50m Breaststroke SB3	45	Women's 100m Backstroke S14	69	Women's 400m Freestyle S10	95	Women's 200m Individual Medley SM5	120	Women's 50m Freestyle S3	145	Men's 100m Freestyle S10	168	Women's 100m Freestyle S3
20	Women's 50m Breaststroke SB3	46	Men's 100m Breaststroke SB13	70	Men's 100m Breaststroke SB11	96	Mens 100m Backstroke S7	121	Men's 50m Freestyle S3	146	Women's 100m Breaststroke SB6	169	Men's 100m Freestyle S3
21	Men's 100m Backstroke S12	47	Women's 100m Breaststroke SB13	71	Women's 100m Breaststroke SB11	97	Women's 100m Backstroke S7	122	Women's 100m Freestyle S11	147	Men's 100m Breaststroke SB6	170	Women's 100m Butterfly S14
22	Women's 100m Backstroke S12	48	Men's 200m Individual Medley SM9	72	Men's 100m Freestyle S13	98	Men's 100m Freestyle S9	123	Men's 100m Freestyle S11	148	Mixed 4x100m Medley S14	171	Men's 100m Butterfly S14
23	Men's 100m Breaststroke SB4	49	Women's 200m Individual Medley SM9	73	Women's 100m Freestyle S13	99	Women's 100m Freestyle S9	124	Women's 50m Freestyle S13	149	Mixed 4x100m Freestyle 49pts	172	Mixed 4x100m Freestyle 34pts
24	Women's 100m Breaststroke SB4	50	Mixed 4x50m Freestyle 20pts	74	Men's 100m Butterfly S8	100	Mixed 4x100m Medley 49pts	125	Men's 50m Freestyle S13				-
25	Man's 50m Franctula 510			75	Women's 100m Rutterfly SR	101	Miyad Av100m Franctyla S1A	126	Miyad Av100m Madlay 3Ants				

The events are single class events

The list of events may change due to final entries.

23/05/2025









Mixed 4x50m Medley 20pts



# Protocol for Blood Lactate Sampling at World Para Swimming Competitions

Singapore 2025 World Para Swimming Championships

<u>Deadline to submit to World Para Swimming is 10 July 2025</u>

Note: This testing procedure is only for lactate testing. Blood sampling for any other purpose requires formal notification in writing to the World Para Swimming.

The following guidelines apply to the collection of blood samples for the purpose of athlete service. NPCs wishing to conduct such testing at World Para Swimming Competitions, must adhere to the following.

- These guidelines refer to testing done in or near the competition or training area from the moment that the competition venue is available for training purposes until the official close of the competition.
- NPCs wishing to perform such testing must make a written request to World Para Swimming by means of the completed form on page 3 of this protocol. The request includes details on the sampling methods and safety procedures that will be implemented.
- The NPC involved in blood sampling will test only its own athletes and has written permission from each individual to do so. A copy of these forms should be available for inspection during the competition.
- In absence of International Standards, the NPC is responsible to ensure the person(s) performing the testing are appropriately qualified. A name list with notification of qualification needs to be submitted as part of the application. Only the persons listed are authorized to perform the testing.
- The sampling will take place at a predetermined designated location at the venue agreed to by the Technical Delegate (TD) in consultation with the Organizing Committee. The individual(s) responsible for testing the swimmers from their NPC is to contact the TD upon arrival and will then be informed of the designated location for testing.
- The organizer will provide the required tools for disposal of all medical waste (gloves, lancets, capillary tubes etc.) in agreement with a recognized local firm and/or hospital.
- The TD is mandated to check if all relevant documents can be shown at the event, act
  when the agreement is not complied with, and will report back to the World Para
  Swimming in case of inconveniences.
- World Para Swimming is not liable for injuries, exposures and/or any irregularities in procedures related to the blood lactate sampling conducted by the NPC.
- Failure to adhere to these terms will result in loss of accreditation for the person(s) involved in the testing.



- The authorization will be granted on annual basis, and a new application will have to be submitted after expiry date.
- The NPC submits a report on its activities under this protocol at the occasion of the renewal.

#### ABBREVIATED STANDARD PRECAUTIONS

'Standard Precautions' are basic work practices adapted from the Universal precautions of the National Institute of Environmental Health and Safety (USA).

#### 1. General Hygiene:

 Work areas should be maintained in a hygienic state — benches and equipment should be kept free of spills and wiped over with an alcohol or bleach based product after each use. The use of protective pads can help to keep the work area clean. The protective pads should be changed at the end of every work session and within a session if it becomes soiled.

## 2. Hands / Gloves:

- Disposable latex gloves must be worn at all times when handling blood samples or any equipment associated with blood collection/testing.
- Hands should be cleaned with warm water and disinfectant after the handling of any blood samples or equipment associated with blood testing.

#### 3. Biohazard Disposal / Biological Waste:

- All 'sharp' items contaminated or not, must be disposed of immediately after use, in a Biohazard Sharps Container [i.e. needles, butterfly needles, lancets, capillary tubes].
- Other contaminated items, not considered 'sharps' must be disposed of in a Biohazard Bag [ie tissues, autolet platforms, gloves, cotton wool balls, alcohol swabs].
- Biohazard Sharps Containers and Biohazard Bags should be collected by the firm designated in the agreement as mentioned above.

#### 4. Food:

 Foodstuffs and drinks must not be consumed in blood testing areas or when using blood testing equipment.

#### 5. Risk Minimization:

All blood samples must be transported from the testing areas in closed containers.



#### **NEEDLE/SHARPS INJURY & EXPOSURE MANAGEMENT**

In the event of a needle/sharp injury and/or exposure to body fluids, the individual must report within twelve (12) hours to the NPCs doctor or, in absence hereof, to the medical services in the venue. Full responsibility for further assessment of the injury, including the follow-up lies with the NPC.

In cases where the LOC has not ensured an appropriate infrastructure nor waste management provisions in accordance with the IPSF requirements, the IPSF TD will inform all relevant parties that the blood lactate testing will not take place.



Stamp NPC

# APPLICATION FOR BLOOD SAMPLING AT WORLD PARA SWIMMING SANCTIONED EVENTS

- 1. The NPC involved in blood sampling will test only their own athletes.
- 2. The NPC will have written consent forms from each individual athlete.
- 3. The NPC must have <u>a hard copy of the standard sampling methods and safety procedures available.</u>
- 4. The NPC encloses a list of qualified individuals to perform the testing with this application (Names + qualification). The NPC has a copy of this list available to the TD upon request.
- 5. The NPC must do their sampling at the <u>predetermined position or room in the pool</u> agreed to by the Technical Delegate and the Organizing Committee.

BLOOD SAMPLING CHECK LIST - documents to be available at the venue (The TD is

6. NPCs must adhere to the standard precautions described above.

Signature:

Responsible person NPC/NF

mandated to check if all documents are available)							
Written consent forms from each individual	l athlete						
Hard copy of standard sampling safety procedures							
Hard copy of qualifications of person(s) wh	o conducts the tests						
Hard copy of this Agreement, countersigne	ed by WPS						
AGREEMENT FORM ALLOWING BLOOD S	SAMPLING DURING COMPETITION						
I have read and will ensure adherence by Blood Lactate Testing. On behalf of the NF that our hazardous materials are being disp	PC I will ensure that the testing area is ke	pt clean and					
Blood Lactate Testing. On behalf of the NF	PC I will ensure that the testing area is ke	pt clean and					
Blood Lactate Testing. On behalf of the NF that our hazardous materials are being disp	PC I will ensure that the testing area is ke	pt clean and					

Agreement received by WPS:		
Signature World Para Swimming Representative	Date	

Signature:

General/CEO

NPC/NF President/Secretary-



## APPROVAL FOR CAPTURING VIDEO FOOTAGE

The following agreement details the requirements of World Para Swimming for NPCs requesting the capturing of video footage of swimmers for biomechanical stroke analysis during the Singapore 2025 World Para Swimming Championships. **Applications are required to be submitted by 10 July 2025.** Please note, there will be a limited number of spaces available for Biomechanical filming, therefore spaces will be allocated on a first come first serve basis.

Note: Coaches wishing to capture footage of individual swimmers i.e. own swimmer/s, for personal usage, are also required to apply.

<b>NPC Details</b> NPC:	
Contact Person at the Competition:	
Arrival Date:	
Departure Date:	
For those NPCs that	have gained approval, a specific place will be designated to conduct

For those NPCs that have gained approval, a specific place will be designated to conduct biomechanical analysis. This will be communicated at the Technical Meeting and shown to NPCs on their DRM.

Filming is only allowed with non-professional camera equipment<sup>1</sup>.

#### **General Code of Conduct**

All NPC representatives involved in the above-mentioned filming who have access to competition venues shall:

- 1. Adhere to all Accreditation and Security policies
- 2. Respect the wishes of the swimmers
- 3. Respect the rules of the sport as determined by the relevant Competition Manager, Technical Delegate and/or any other relevant party (e.g. Referee)
- 4. Abide by the agreement and not deviate from the information, as detailed in the original application. In any instance where a deviation from the filming may occur, it is the responsibility of the responsible person to first discuss the implications with the World Para Swimming Technical Delegate. The Technical Delegate must give approval for any changes made.

<sup>&</sup>lt;sup>1</sup> non-professional camera equipment: handheld cameras, no shoulder cameras



- 5. At no time will the NPCs footage be used for either a technical or classification protest for either their own swimmer(s) or another country's swimmer(s).
- 6. Footage to be taken is only for NPC's own swimmers for coaching or research purposes i.e. biomechanical stroke analysis, and has the agreement of the swimmer/s. At no time is footage to be captured of swimmers from other countries and used for any purpose. For NPCs wishing to capture footage of other nations' swimmers for research purposes it is then required that an WPS Research Application is completed and forwarded to WPS for approval.

#### **Project Specific Code of Conduct**

- 1. Person/s conducting filming will not inhibit the work or obstruct other persons from carrying out their specific duties (e.g. obstructing the views of accredited photographers).
- 2. Person/s conducting filming are permitted to record footage of the athletes only from the designated area.
- 3. Access to the Field of Play is not allowed.
- 4. No underwater filming will be permitted.

#### Information to be Provided Prior to Approval

The NPC is required to submit the following information prior to the approval being given:

•	The number and type of cameras that are to be used (including tripods, size of tripod)
•	Due to the limited space for filming within the venue, WPS can only allocate one space per NPC. Please include any additional equipment you would like to be considered within the space request. Please note: WPS or the LOC are not required or responsible and cannot provide any of the necessary equipment.
•	The swimmers who are to be filmed



• Every endeavour will be made to provide power supply but this cannot and will not be guaranteed.

#### **Report of Biomechanics Information**

Declaration

The NPC is required to provide World Para Swimming, upon request, a copy of all video footage and shall submit a report of the stroke analysis findings to the World Para Swimming within three [3] months of the request. Coaches capturing footage of their own swimmer/s for personal use only will be required to provide footage only if requested by World Para Swimming.

Principal Investigator NAME:
DATE:
SIGNATURE:
List [Print the name of up to one (1) additional coach conducting filming if more than th principal investigator]:
NAME:
World Para Swimming Use Only
Signed by World Para Swimming once approval has been given:
Signature of World Para Swimming:
Date: