



Beijing 2025 Para powerlifting World Cup Competition Schedule

22 - 24 June 2025



FINAL v2

Sunday, 22 June 2025												
Day 1	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Victory Ceremony	
				Start	Finish	Open	Close	Open	Start	Finish	Start	Finish
1	Women's Up to 41 kg Women's Up to 55 kg	8	A	8:25	8:35	8:35	9:23	9:05	9:15	10:10	10:15	10:25
2	Men's Up to 49 kg	8	A	9:45	9:55	9:55	10:43	10:25	10:35	11:30	11:35	11:40
3	Women's Up to 45 kg	9	A	11:00	11:10	11:10	11:59	11:40	11:50	12:50	12:55	13:00
4	Men's Up to 54 kg	10	A	12:20	12:30	12:30	13:20	13:00	13:10	14:10	14:15	14:20
5	Women's Up to 50 kg	7	A	14:00	14:10	14:10	14:57	14:40	14:50	15:35	15:40	15:45
6	Men's Up to 59 kg	9	A	15:05	15:15	15:15	16:04	15:45	15:55	16:55	17:00	17:05
7	Women's Up to 61 kg	5	A	16:25	16:35	16:35	17:20	17:05	17:15	17:50	17:55	18:00
8	Men's Up to 65 kg	5	B	17:20	17:30	17:30	18:15	18:00	18:10	18:40		
		6	A	17:50	18:00	18:00	18:46	18:30	18:40	19:20	19:25	19:30
9	Men's Up to 72 kg	9	A	18:50	19:00	19:00	19:49	19:30	19:40	20:35	20:40	20:45

Monday, 23 June 2025												
Day 2	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Victory Ceremony	
				Start	Finish	Open	Close	Open	Start	Finish	Start	Finish
10	Women's Up to 67 kg	5	A	8:10	8:20	8:20	9:05	8:50	9:00	9:30		
		6	A	8:40	8:50	8:50	9:36	9:20	9:30	10:10	10:15	10:20
11	Men's Up to 80 kg	8	A	9:40	9:50	9:50	10:38	10:20	10:30	11:25	11:30	11:35
12	Women's Up to 73 kg	9	A	10:55	11:05	11:05	11:54	11:35	11:45	12:45	12:50	12:55
13	Men's Up to 88 kg	10	A	12:15	12:25	12:25	13:15	12:55	13:05	14:05	14:10	14:15
14	Men's Up to 97 kg	9	A	14:10	14:20	14:20	15:09	14:50	15:00	16:00	16:05	16:10
15	Women's Up to 79 kg Women's Over 86 kg	10	A	15:30	15:40	15:40	16:30	16:10	16:20	17:25	17:30	17:40
16	Men's Up to 107 kg	10	A	17:00	17:10	17:10	18:00	17:40	17:50	18:55	19:00	19:05
17	Women's Up to 86 kg	7	A	18:25	18:35	18:35	19:22	19:05	19:15	20:00	20:05	20:10
18	Men's Over 107 kg	7	A	19:30	19:40	19:40	20:27	20:10	20:20	21:05	21:10	21:15

Tuesday, 24 June 2025												
Day 3	Category	Number of teams	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Victory Ceremony	
				Start	Finish	Open	Close		Start	Start	Finish	Start
Men's Team Event												
21	Heats	6		9:10	9:20	9:20	11:10	9:45	10:00	10:35		
	Head-to-Head	4							10:40	11:05		
	Bronze Match	2							11:10	11:20		
	Gold Match	2							11:25	11:35	11:40	11:50
Women's Team Event												
22	Head-to-Head	4		11:10	11:20	11:20	12:30	11:45	12:00	12:25		
	Bronze Match	2							12:30	12:40		
	Gold Match	2							12:45	12:55	13:00	13:10
Mixed Team Event												
23	Heats	7		12:45	12:55	12:55	15:10	13:40	13:55	14:35		
	Head-to-Head	4							14:40	15:05		
	Bronze Match	2							15:10	15:20		
	Gold Match	2							15:25	15:35	15:40	15:50