



Beijing 2025 Para powerlifting World Cup Preliminary Competition Schedule

22 - 24 June 2025



version 13 Jun

Sunday, 22 June 2025												
Day 1	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Victory Ceremony	
				Start	Finish	Open	Close		Open	Start	Finish	Start
1	Women's Up to 41 kg Women's Up to 55 kg	8	A	08:10	08:20	08:20	09:08	08:50	09:00	09:55	10:00	10:10
2	Men's Up to 49 kg	10	A	09:30	09:40	09:40	10:30	10:10	10:20	11:20	11:25	11:35
3	Women's Up to 45 kg	9	A	10:55	11:05	11:05	11:54	11:35	11:45	12:45	12:50	13:00
4	Men's Up to 54 kg	10	A	12:20	12:30	12:30	13:20	13:00	13:10	14:10	14:15	14:25
5	Women's Up to 50 kg	7	A	14:20	14:30	14:30	15:17	15:00	15:10	15:55	16:00	16:05
6	Men's Up to 59 kg	9	A	15:25	15:35	15:35	16:24	16:05	16:15	17:15	17:20	17:30
7	Women's Up to 61 kg	7	A	16:50	17:00	17:00	17:47	17:30	17:40	18:25	18:30	18:40
8	Men's Up to 65 kg	5	B	18:00	18:10	18:10	18:55	18:40	18:50	19:20		
		6	A	18:30	18:40	18:40	19:26	19:10	19:20	20:00	20:05	20:10
9	Men's Up to 72 kg	10	A	19:30	19:40	19:40	20:30	20:10	20:20	21:20	21:25	21:30

Monday, 23 June 2025												
Day 2	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Victory Ceremony	
				Start	Finish	Open	Close		Open	Start	Finish	Start
10	Women's Up to 67 kg	9	A	08:10	08:20	08:20	09:09	08:50	09:00	10:00	10:05	10:10
11	Men's Up to 80 kg	7	A	09:30	09:40	09:40	10:27	10:10	10:20	11:05	11:10	11:15
12	Women's Up to 73 kg	9	A	10:35	10:45	10:45	11:34	11:15	11:25	12:25	12:30	12:35
13	Men's Up to 88 kg	5	B	11:55	12:05	12:05	12:50	12:35	12:45	13:15		
		6	A	12:25	12:35	12:35	13:21	13:05	13:15	13:55	14:00	14:05
14	Men's Up to 97 kg	9	A	14:00	14:10	14:10	14:59	14:40	14:50	15:50	15:55	16:05
15	Women's Up to 79 kg Women's Up to 86 kg	10	A	15:25	15:35	15:35	16:25	16:05	16:15	17:20	17:25	17:30
16	Men's Up to 107 kg	10	A	16:50	17:00	17:00	17:50	17:30	17:40	18:45	18:50	19:00
17	Women's Over 86 kg	7	A	18:20	18:30	18:30	19:17	19:00	19:10	19:55	20:00	20:05
18	Men's Over 107 kg	8	A	19:25	19:35	19:35	20:23	20:05	20:15	21:10	21:15	21:20

Tuesday, 24 June 2025												
Day 3	Category	Number of teams	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Victory Ceremony	
				Start	Finish	Open	Close		Start	Start	Finish	Start
Men's Team Event												
21	Heats	7		09:10	09:20	09:20	11:15	09:45	10:00	10:40		
	Head-to-Head	4							10:45	11:10		
	Bronze Match	2							11:15	11:25		
	Gold Match	2							11:30	11:40	11:45	11:55
Women's Team Event												
22	Head-to-Head	4		11:15	11:25	11:25	12:35	11:50	12:05	12:30		
	Bronze Match	2							12:35	12:45		
	Gold Match	2							12:50	13:00	13:05	13:15
Mixed Team Event												
23	Heats	7		12:50	13:00	13:00	15:15	13:45	14:00	14:40		
	Head-to-Head	4							14:45	15:10		
	Bronze Match	2							15:15	15:25		
	Gold Match	2							15:30	15:40	15:45	15:55