



Beijing 2025 Para powerlifting World Cup Preliminary Competition Schedule

22 - 24 June 2025



version 30 May

Sunday, 22 June 2025												
Day 1	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Victory Ceremony	
				Start	Finish	Open	Close	Open	Start	Finish	Start	Finish
1	Women's Up to 41 kg Women's Up to 55 kg	8	A	08:10	08:20	08:20	09:08	08:50	09:00	09:55	10:00	10:10
2	Men's Up to 49 kg	5	B	09:05	09:15	09:15	10:00	09:45	09:55	10:25		
		6	A	09:35	09:45	09:45	10:31	10:15	10:25	11:05	11:10	11:15
3	Women's Up to 45 kg	9	A	10:30	10:40	10:40	11:29	11:10	11:20	12:20	12:25	12:35
4	Men's Up to 54 kg	5	B	11:50	12:00	12:00	12:45	12:30	12:40	13:10		
		6	A	12:20	12:30	12:30	13:16	13:00	13:10	13:50	13:55	14:00
5	Women's Up to 50 kg	7	A	13:55	14:05	14:05	14:52	14:35	14:45	15:30	15:35	15:40
6	Men's Up to 59 kg	10	A	14:55	15:05	15:05	15:55	15:35	15:45	16:50	16:55	17:05
7	Women's Up to 61 kg	7	A	16:20	16:30	16:30	17:17	17:00	17:10	17:55	18:00	18:10
8	Men's Up to 65 kg	6	B	17:25	17:35	17:35	18:21	18:05	18:15	18:50		
		6	A	18:00	18:10	18:10	18:56	18:40	18:50	19:30	19:35	19:40
9	Men's Up to 72 kg	5	B	18:55	19:05	19:05	19:50	19:35	19:45	20:15		
		6	A	19:25	19:35	19:35	20:21	20:05	20:15	20:55	21:00	21:05
Monday, 23 June 2025												
Day 2	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Victory Ceremony	
				Start	Finish	Open	Close	Open	Start	Finish	Start	Finish
10	Women's Up to 67 kg	9	A	08:10	08:20	08:20	09:09	08:50	09:00	10:00	10:05	10:10
11	Men's Up to 80 kg	7	A	09:25	09:35	09:35	10:22	10:05	10:15	11:00	11:05	11:10
12	Women's Up to 73 kg	9	A	10:25	10:35	10:35	11:24	11:05	11:15	12:15	12:20	12:25
13	Men's Up to 88 kg	5	B	11:40	11:50	11:50	12:35	12:20	12:30	13:00		
		6	A	12:10	12:20	12:20	13:06	12:50	13:00	13:40	13:45	13:50
14	Men's Up to 97 kg	9	A	13:45	13:55	13:55	14:44	14:25	14:35	15:35	15:40	15:50
15	Women's Up to 79 kg Women's Up to 86 kg	10	A	15:05	15:15	15:15	16:05	15:45	15:55	17:00	17:05	17:10
16	Men's Up to 107 kg	9	A	16:25	16:35	16:35	17:24	17:05	17:15	18:15	18:20	18:30
17	Women's Over 86 kg	7	A	17:45	17:55	17:55	18:42	18:25	18:35	19:20	19:25	19:30
18	Men's Over 107 kg	9	A	18:45	18:55	18:55	19:44	19:25	19:35	20:35	20:40	20:45
Tuesday, 24 June 2025												
Day 3	Category	Number of teams	Group Division	Kit Check		Warm-Up Area		Call Area	Competition		Victory Ceremony	
				Start	Finish	Open	Close	Start	Start	Finish	Start	Finish
Men's Team Event												
21	Heats	7		09:10	09:20	09:20	11:15	09:45	10:00	10:40		
	Head-to-Head	4							10:45	11:10		
	Bronze Match	2							11:15	11:25		
	Gold Match	2							11:30	11:40		
Women's Team Event												
22	Head-to-Head	4		11:10	11:20	11:20	12:30	11:45	12:00	12:25		
	Bronze Match	2							12:30	12:40		
	Gold Match	2							12:45	12:55		
Mixed Team Event												
23	Heats	7		12:45	12:55	12:55	15:10	13:40	13:55	14:35		
	Head-to-Head	4							14:40	15:05		
	Bronze Match	2							15:10	15:20		
	Gold Match	2							15:25	15:35		