

The background is a solid purple color. On the left side, there are several overlapping geometric shapes in lighter shades of purple. These include a large diamond containing a barbell icon, a smaller diamond with a barbell icon, and a large diamond with a barbell icon. There are also smaller squares and rectangles scattered around. The text is positioned on the right side of the image.

Cairo 2025 Rookie & Next Gen World Championships

Information Package

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NPC President Welcome

It is a great pleasure to host the World Para Powerlifting Championships in Egypt, for the first time , our vision to host the best competition ever, with a wonderful hospitality , I believe the nations will feel the historic atmosphere of Egypt.

Our Excellency Abd Elfatah Al Sisi President of Egypt, during his meeting with Mr. Andrew Parsons President of International Paralympic Committee welcomed the hosting of the championship , addressed the full support to organize the championship.

Our mission to host the International, Continental, and World Championships according to the International Standards, qualify people in the field of coaching, referring, classification and sports management, market the sports is very essential and fundraising, CSR towards our Paralympians is main component , and take care with grass root sports for people with disability.

Para Powerlifting is the popular sports in Egypt, we got the third place in Paris Paralympic Committee, our intention to grow more and more, we established 55 sports centers for youth with disability , one of the sports included is Para Powerlifting.

Our intention to develop and promote sports for people with disability in Africa in cooperation of International Paralympic Committee and African Paralympic Committee.

We understand that Para Powerlifting will be full intendent by the end of year 2026, hoping the best for the new entity to manage and develop the sport in the future.

Finally, I would like to welcome all nations, teams, athletes, official , volunteers, a very nice stay, and fair competition, will do our best to make the championship the best.

With my best wishes,

Dr. Hossam Eldin Mostafa

1. Key Information



Key Information

 Rookie & Next Gen World Championships

 Dates: 9 - 10 October

 Location: Cairo, Egypt

 Status: Development

 Type: Open

 Mandatory: Yes*

 Participation Fee: 300 EUR (athletes & team officials)

 Accommodation payment deadline: 7 August 2025

 Entries open: 1 May

 Entries closing: 31 May

 Contact:

- LOC: parapowerlifting@egyptparalympic.org

- WPPPO: entries@worldparapowerlifting.org

**Opens the door to Paralympic Games Pathway.*

2. World Championships Dates & Timelines



Rookie & Next Gen World Championships Dates

The dates for the Cairo 2025 Rookie & Next Gen World Championships are as follows:

	4-Oct	5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
Arrivals and Departures		Teams' Arrivals						Teams' Departures Rookie & Next Gen
Education	Courses				Raise the Bar! Anti-Doping Seminar			
Classification			International Classification		International Classification Elite			
Training			Training					
Official Weigh-in					Weigh-in Rookie & Next Gen			
Sport						Competition Rookie & Next Gen		
Meetings				Technical Meeting	Sport General Meeting			
Ceremonies					Opening Ceremony			

World Championships Timelines

	1-May	31-May	1-Jun	25-Jul	7-Aug	26-Aug
Entries by Number Open						
Entries by Number Close						
Entries by Name Open						
Entries by Name Close						

Accreditation System Open						
Final deadline to submit: Visa Form Accommodation Form						
Accreditation System Close						
Final Deadline for Full Accommodation Payment to LOC						
Final deadline to submit: Travel Information Form						
Final Deadline for Full Entry Fee Payment to WPPPO						

The competition and registration process timelines are outlined here. Athletes' entries will only be accepted via the IPC Online Entry System (SDMS) within the published entry deadlines.

Competition Venue

Distance from/to Hotel:

Tolip Olympic International City – 25 minutes by shuttle bus

The St Regis New Capital – 15 minutes by shuttle bus.





4. Accommodation

Accommodation

Cairo 2025 World Championships will have two official hotels for all athletes and team officials: **Tolip Olympic International City** and **The St Regis New Capital**. The hotel offers accommodation in wheelchair friendly single and twin rooms.

Hotels Details

- Website: [Tolip Olympic International City](#)
- Website: [The St. Regis New Capital](#)

Hotels Bookings

NOTE! The booking of rooms will be done based on a “first come first serve” basis. NPCs who complete the accommodation payment in a timely manner will be allocated in the hotel of their choice upon room availability. Teams who don’t complete the payment or send a Guarantee Letter according to the invoice, will need to be accommodated based on the remaining room availability and subject to the accommodation price changes.



Tolip Olympic International City

Single Room

€ 220 EUR per person per night (incl. VAT)

🛏 Number of available rooms: 80 (1 bed)

🍷 Included: 3 meals buffet style per day



Twin Room

€ 180 EUR per person per night (incl. VAT)

🛏 Number of available rooms: 220 (2 beds)

🍷 Included: 3 meals buffet style per day



Triple Room

€ 160 EUR per person per night (incl. VAT)

🛏 Number of available rooms: 50 (3 beds)

🍷 Included: 3 meals buffet style per day



The St Regis New Capital

Single Room

€ 270 EUR per person per night (incl. VAT)

🛏 Number of available rooms: 95 (1 bed)

🍷 Included: 3 meals buffet style per day



Twin Room

€ 225 EUR per person per night (incl. VAT)

🛏 Number of available rooms: 75 (2 beds)

🍷 Included: 3 meals buffet style per day



Check-in & Check-out

Check-in time

15:00h

First meal included: **lunch** on day of arrival

Check-out time

12:00h

Last meal included: **lunch** on day of departure

Early Check-in / Late Check-out

Fee: 1 extra night

Meals included: all meals

Early Check-in / Late Check-out

- Early check-in for the Cairo 2025 World Championships will incur an extra night charge, while rooms will be available at no additional cost after 15:00h.
- Late check-out for the Cairo 2025 World Championships will incur an extra night charge, for teams staying in their rooms after 12:00h. Teams can stay at the hotel lobby for free.

Teams that arrange and pay the accommodation fee for early check-in and/or a late check-out will have access to meals provided at the host hotel during the scheduled dining times.



5. Payments



Participation Fee Payment

The Championships participation fee invoice will be automatically generated via the IPC online entry system following the completion and submission of a team's entry by number.

All payments must be completed via bank transfer or paid online via credit card by no later than 26 August 2025.

Should you have any enquiries concerning your Championships participation fee invoice and or payment please contact the WPPO office: entries@WorldParaPowerlifting.org before the payment deadline.

Please transfer the full invoice amount without any deductions (**the payers need to bear all bank charges to ensure that the IPC receives the complete amount**) to the following bank account and identify your payment by stating the invoice number in the reference field. The invoice will not be considered as settled if the IPC receives less than the complete amount.

Account Name:	IPC, Dahlmannstraße 2, 53113 Bonn, Germany
Bank:	Deutsche Bank AG, D-53113 Bonn, Germany
Branch No:	414
Swift Address:	DEUT DE DK 380
IBAN:	DE20 3807 0059 0029 0122 20



Accommodation Payment

Full accommodation fees must be transferred to the following bank account, by **no later than 15 August 2025**.

All hotel booking form and payment transfers receipt to be send to: parapowerlifting@egyptparalympic.org & cc entries@worldparapowerlifting.org

Please note that room booking will only be reserved and allocated to teams when the accommodation payment has been received in full!

Beneficiary Bank Name:	Egyptian Paralympic Committee
Bank Name:	BANK MISR
Bank Branch:	Garden City
Bank Address:	6 Ibrahim Naguib st, Garden City, Cairo
Beneficiary Account Number:	USD: 1220120000012132 EUR: 1220130000001980
Swift-Code:	BMISEGCXXX
IBAN:	USD: EG380002012201220120000012132 EUR: EG550002012201220130000001980

Accommodation Payment Conditions

- If accommodation is requested after the final payment deadline, please note that availability in the official hotel **cannot be guaranteed**, and the prices may differ.
- Any extra charges and/or fee that may apply to booked rooms other than accommodation (such as laundry, room service, long-distance call, minibar) are each NPCs responsibility.
- Any damage to the room and the hotel fixtures, fittings, and furnishings will be the responsibility of the NPC and will be charged accordingly.

Payment on arrival request

It is on the LOC's rights to accept or refuse a payment on arrival request from NPCs. If accepted, LOC may request the NPC to send a letter for payment on arrival.



Accommodation Cancellation Policy

Full accommodation payment due by 7 August 2025

- Full payment refunded if cancelation is done before 7 August 2025
- 50 % payment refunded if cancelation is done between 8 August till 31 August
- No payment refunded if cancelation is done after 31 August 2025

**No refund done if participation cancelation, changes of dates, decrease of nights and / or number of reserved rooms - except athlete injury. NPC shall provide proof of injury to WPPPO, copying LOC. WPPPO shall confirm if the Medical form can be accepted and for a refund consideration.*





6. Visa

Visa

- For those delegation members who require visa to enter Egypt, please visit the following link: [Egypt e-Visa Portal](https://egypt-e-visa-portal.com/)
- For Visa Form visit:
<https://embassyofegypt.se/onewebmedia/Visa%20Application%20Form%20%28updated%29.pdf>



Visa process

1. NPC to send to LOC the Visa Form template completed with all participants' information before 25 July 2025
2. LOC to prepare and send to the NPC the Visa Invitation Letter.
3. NPC to make the necessary arrangements depending on the Visa needs for their country (i.e. e-visa procedures, embassy appointment, etc.).
4. NPC to inform the LOC and WPPPO when they receive the visa.

LOC email: parapowerlifting@egyptparalympic.org

WPPPO email: entries@worldparapowerlifting.org

7. Transport



Transport

Official World Championships airport: Cairo International Airport (CAI)

- Distance between airport and World Championships hotel: 18 miles approximately
- Transportation time between airport and World Championships hotel: 45 min approximately
- Distance between World Championships hotel and Competition Venue: walking distance
- Transportation time between World Championships hotel and Competition venue: 2 min

Transportation will be provided free of charge to all athletes and team officials from/to the **official World Championships airport, and the official hotel during the World Championships dates**. Teams who arrive outside the official arrival dates can discuss with the LOC for transportation options*.

Teams will be greeted by a LOC volunteer to help ensure they are delivered to the host hotel in a timely and safe manner.

** Please note that LOC is not obliged to provide transportation free of charge for teams arriving before official arrival days and departing after official departure dates.*



8. Host City

About Cairo

Cairo (/ˈkɑːroʊ/ KY-roh; Arabic: القاهرة romanized: al-Qāhirah, Egyptian Arabic pronunciation: [el.qɑ(ː)ˈheɾɑ]) is the capital and largest city of Egypt and the Cairo Governorate, being home to more than 10 million people. It is also part of the largest urban agglomeration in Africa, the Arab world and the Middle East. The Greater Cairo metropolitan area is the 12th-largest in the world by population with over 22.1 million people.

Cairo is associated with ancient Egypt, as the Giza pyramid complex and the ancient cities of Memphis and Heliopolis are located in its geographical area. Located near the Nile Delta, the city first developed as Fustat following the Muslim conquest of Egypt in 641 next to an existing ancient Roman fortress, Babylon. Cairo was founded by the Fatimid dynasty in 969. It later superseded Fustat as the main urban centre during the Ayyubid and Mamluk periods (12th–16th centuries). Cairo has long been a centre of the region's political and cultural life, and is titled "the city of a thousand minarets" for its preponderance of Islamic architecture. Cairo's historic center was awarded World Heritage Site status in 1979. Cairo is considered a World City with a "Beta +" classification according to GaWC.

Cairo has the oldest and largest film and music industry in the Arab world, as well as Egypt's oldest institution of higher learning, Al-Azhar University. Many international media, businesses, and organizations have regional headquarters in the city; the Arab League has had its headquarters in Cairo for most of its existence.

Cairo, like many other megacities, suffers from high levels of pollution and traffic. The Cairo Metro, opened in 1987, is the oldest metro system in Africa, and ranks amongst the fifteen busiest in the world, with over 1 billion annual passenger rides. The economy of Cairo was ranked first in the Middle East in 2005, and 43rd globally on Foreign Policy's 2010 Global Cities Index.

The New Administrative Capital (NAC) (Arabic: العاصمة الإدارية الجديدة, romanized: al-ʿĀṣima al-Idāriya al-Jadīda), is a new urban community in Cairo Governorate, Egypt and a satellite of Cairo City. It is planned to be Egypt's new capital and has been under construction since 2015. It was announced by the then Egyptian housing minister Mostafa Madbouly at the Egypt Economic Development Conference on 13 March 2015. The capital city is considered one of the projects for economic development, and is part of a larger initiative called Egypt Vision 2030.

The new capital of Egypt has yet to be given a name. A competition was launched on the new capital's website to choose a new name and logo for the city. A jury of specialists was formed to evaluate the proposals submitted to list and determine the best among all the proposals. No official results have yet been announced by the Egyptian Government. In October 2021, transportation minister Kamel al-Wazir indicated the city might be named "Wedian" (meaning "Riverbed" or "Valley"), or "Masr" (the Arabic equivalent of "Egypt"). Other proposed names include "Kemet," "Al Mustaqbal," and "Al Salam."

The new city is to be located 45 kilometres (28 miles) east of Cairo and just outside the Second Greater Cairo Ring Road, in a largely undeveloped area halfway to the seaport city of Suez. According to the plans, the city will become the new administrative and financial capital of Egypt, housing the main government departments and ministries and foreign embassies. On 700 square kilometres (270 sq mi) total area, it is expected to house a population of 6.5 million people, though it is estimated that the figure could rise to seven million.

The government stated that the undertaking of the project is to relieve congestion in Cairo. Cairo has a metropolitan population of nearly 20 million.



9. Annexes

General Information

IPC Membership

The Organising Committee will only accept entries submitted by the NPC / NF in good standing with the IPC. Furthermore, only those entries submitted by the NPC President, Secretary General, or authorised person will be processed. For further information on the IPC's membership policies or to address general membership issues, please contact the World Para Powerlifting (WPPO) office: info@WorldParaPowerlifting.org

World Para Powerlifting Rules and Regulations

The most current World Para Powerlifting Rules and Regulations published upon the WPPO website alongside the World Para Powerlifting Qualification Pathway 2025-2028 will apply for this World Championships.

Anti-doping

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement, further details can be found on the WPPO website: www.paralympic.org/powerlifting/rules-and-regulations/anti-doping

Classification

The most current World Para Powerlifting Classification Rules and Regulations published upon the WPPO website will apply for this World Championships. All athletes who have a designated sport class status of New, Review, Review 2025 or earlier will be required to undergo International Classification prior to the start of the World Championships. A detailed classification schedule will follow after the revision of the final entries by WPPO.

Medical information

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance, first aid, and physiotherapeutic services throughout the World Championships. For medical treatment, no medical insurances will be provided to any participant during the World Championships.



Participant Insurance

Each respective NPC is fully responsible to ensure that all members of their delegation are appropriately insured, including coverage for travel, medical, liability, accidents, Covid 19 and repatriation. Each NPC will need to provide evidence of appropriate insurance coverage for their full delegation by no later than 26 August 2025.

Bodyweight Changes

Athletes will have the opportunity to change Bodyweight Categories during the entry verification process, either up or down one (1) Bodyweight Category from the category assigned at the time of the final entry deadline.

Only one (1) change per Athlete is accepted and must be requested during the allocated time of the entry verification process. A fee of one hundred Euros (€100) will be charged for each requested change and must be paid immediately during the entry verification process for the change to be accepted. The new Bodyweight Category is accepted only upon payment and is considered final.

Lift Challenge Cards

At WPPO World Championships, Athletes will have the opportunity to challenge their own “No Lift” decision. The Lift Challenge cards must be requested from the entries open date until the Technical Meeting date at a cost of one hundred Euros (€100). Full payment must be paid immediately upon request of the Lift Challenge card/s. Any purchased Lift Challenge cards retained by an Athlete or Team Official must be returned to the WPPO management before the close of the World Championships in order to receive a full refund. Any Lift Challenge cards that are not returned in this timeframe will no longer be valid or eligible for a refund.

Bodyweight Changes & Lift Challenge Card Payment

WPPO has established 2 payment methods:

- PayPal: for Bodyweight Changes you'll be redirected during the entry verification process; for Lift Challenge Cards, please go to the [NPCs Competition Portal](#) (available from beginning of 2025)
- Bank transfer: *available from 2025*



World Championships Information

Preliminary Programme

The Provisional timetable and events programme will be provided after the final entries by name deadline. The competition schedule will remain subject to change until the close of the technical meeting.

Number of entries per event per NPC

In accordance with the most current World Para Powerlifting Technical Rules and Regulations published upon the WPPO website:

<https://www.paralympic.org/powerlifting/rules>

Individual events

There is no maximum number of entries per gender, Bodyweight Category and age group per NPC.

Team events (Gender and Mixed)

In accordance with the most current World Para Powerlifting Technical Rules and Regulations published upon the WPPO website.

Event Viability

Athletes may compete and/or be awarded medals in a single Bodyweight Category or combined categories as detailed below:

- 3 or more Athletes: All medals will be awarded (Gold, Silver, Bronze).
- MS rule: when there is one (1) athlete in a single bodyweight category, and they lift equal to or more than the respective level MS for that bodyweight category as published in the Appendix 10 (Gold).



Entries and Registration Process

In order for athlete entries to be accepted, they must meet the following criteria and deadlines:

Athlete Eligibility

- Be full registered on the IPC Sport Management System (SDMS) with the correct documentation (IPC Eligibility Form and Medical Diagnostic Form) completed fully signed, and uploaded to the athlete profile;
- Have an active license for the 2025 Season;
- Be a minimum of 15 year of age by 31 December 2025;
- Have an international classification status of New, Review, Review + Fixed Date or Confirmed

NOTE: There is no required Minimum Standard (MS) to enter the Cairo 2025 World Championship.

Entries and Registration Process

All World Championship entries must be completed via the IPC Online entry system at <https://db.ipc-services.org/sdms/app/login> by the entry deadlines displayed below. Visa invitations, accommodation applications, accreditation applications, and travel information must be submitted by no later than the deadlines published below.

Late entries

Team must contact the WPPO office if there is a late entry request. All respective information provided by the NPC/NF will be reviewed in consultation with the LOC on a 'case by case' basis and the entry may be accepted/rejected accordingly by WPPO.

Replacements

The WPPO office must be informed if an NPC/NF needs to make a replacement. The replacement of athletes may be accepted due to injury or medical reasons. All respective supporting information regarding the replacement must be sent to the WPPO office and will be reviewed on a 'case by case' bases and accepted/rejected accordingly by WPPO.



Declaration of Participation

By completing and submitting sport entries, NPCs are considered to have officially declared the participation of their athletes in the specified events/categories.

Final Entry Process

- All entries by number must be completed by 31 May 2025 and all final entries by name must be completed by 25 July 2025.
- Please note that after this deadline no changes to the final entries and or final team delegation be accepted unless under exceptional circumstances.
- Please note that any decisions concerning this matter will be made by WPPO and are not open for further contest or appeal by any other organization or body.
- Changes of bodyweight category after 25 July 2025 will only be possible during the verification process. No change will be possible after the Technical Meeting.

Random Weigh-in

According to the WPPO Rules and Regulations Random Weigh – ins of the Athletes may take place in the day of the Event in advance of the warm-up for the specific Bodyweight Category at the discretion of WPPO.

Should an Athlete weight outside of percentage of their specific Bodyweight Category they will be disqualified (DSQ) from the Event.

The percentage is set to 5% of the specific Bodyweight Category, detailed on the table on the right.

5%				5%			
Gender	BW Category	Min Random WI	Max Random WI	Gender	BW Category	Min Random WI	Max Random WI
MEN	49		51,4	WOMEN	41		43
	54	46,6	56,7		45	39	47,2
	59	51,3	61,9		50	42,8	52,5
	65	56,1	68,2		55	47,5	57,7
	72	61,8	75,6		61	52,3	64
	80	68,4	84		67	58	70,3
	88	76	92,4		73	63,7	76,6
	97	83,6	101,8		79	69,4	82,9
	107	92,2	112,3		86	75,1	90,3



Results

Only results of athletes who have active license for the 2025 Season within the given timelines for results recognition and have a sport class status of Review, Review 2025 or later or Confirmed will be taken into consideration.

No hard copy (printing) results per NPC will be distributed as it will be able to download and check the Live Results on the WPPO website <https://www.paralympic.org/powerlifting/live-results>

After the close of the World Championship the official World Championship results book(s) will be compiled, and it will be posted and uploaded to the World Championship website.

Rankings

All recognized results in accordance with the above will also be updated on WPPO website in the official WPPO 2025 World and Regional ranking lists. The results of new athletes and athletes meeting the Qualification pathway requirements will be included in the Preliminary Paralympic Ranking List.

Records

It will be permitted for athletes to break records in accordance with the most current WPPO Technical Rules and Regulations.



Contact details

Local Organizing Committee Contact

- Dr. Hossam Eldin Mostafa
- Chairman of Organising Committee
- Email: parapowerlifting@egyptparalympic.org
- Phone: +201514102244

World Para Powerlifting

- Website: www.paralympic.org/powerlifting
- Email: Entries@WorldParaPowerlifting.org & Info@WorldParaPowerlifting.org

