

Cairo 2025 Para powerlifting World Championships Competition Schedule



9 - 18 October 2025

Rookie & Next Gen Championships

					Thursday,	9 October 2025	;					
Day 1	Category	Number of athletes	Group	Kit Check		Warm-Up Area Call Area		Athletes'	Competition		Victory Ceremony	
			Division	Start	Finish	Open	Open	Presentation	Start	Finish	Start	Finish
1	Men's Up to 49 kg	9	В	08:10	08:20	08:20	08:45	08:50	09:00	09:55		
		8	Α	09:15	09:25	09:25	09:55	10:00	10:05	11:00	11:05	11:20
2 Victory Ceremonies: Rookie (G,S,B); Next Gen (G,S,B)												
2	Women's Up to 41 kg Women's Up to 45 kg	10	А	10:45	10:55	10:55	11:25	11:25	11:35	12:40	12:45	13:10
4 Victory Ceremonies: Up to 41 kg Rookie (G,S,B); Next Gen (G,S) & Up to 45 kg Rookie (G,S); Next Gen (G,S,B)												
3	Men's Up to 59 kg	9	A	13:10	13:20	13:20	13:50	13:50	14:00	15:00	15:05	15:20
2 Victory Ceremonies: Rookie (G,S,B); Next Gen (G,S,B)												
4	Men's Up to 65 kg	10	А	14:45	14:55	14:55	15:25	15:25	15:35	16:40	16:45	17:00
			2	Victory Cere	monies: Roo	kie (G by MS); Ne	xt Gen (G,S,B					
5	Men's Up to 54 kg	9	Α	16:25	16:35	16:35	17:05	17:05	17:15	18:15	18:20	18:35
				2 Victory Co	eremonies: R	ookie (G,S); Next	Gen (G,S,B)					
2 Victory Ceremonies: Rookie (G,S); Next Gen (G,S,B) OPENING CEREMONY												
6	Women's Up to 50 kg Women's Up to 55 kg	8	А	18:55	19:05	19:05	19:35	19:35	19:45	20:40	20:45	21:10
4 Victory Ceremonies: Up to 50 kg Rookie (G,S); Next Gen (G,S,B) & Up to 55 kg Rookie (G,S); Next Gen (G by MS)												

					Friday, 10	October 2025						
Day 2	Category	Number of athletes	Group Division	Kit Check Start Finish		Warm-Up Area Open	Call Area Open	Athletes' Presentation	Competition Start Finish		Victory Ceremony Start Finish	
7	Women's Up to 61 kg Women's Up to 67 kg	9	А	08:10	08:20	08:20	08:50	08:50	09:00	10:00	10:05	10:25
		3 Victor	y Ceremonie	es: Up to 61 l	kg Rookie (G	,S,B); Next Gen (G	,S), Up to 67 l	g Next Gen (G,S	,B)			
8	Men's Up to 72 kg	6	В	09:50	10:00	10:00	10:30	10:30	10:40	11:15		
		6	Α	10:35	10:45	10:45	11:15	11:20	11:25	12:05	12:10	12:25
2 Victory Ceremonies: Rookie (G,S,B); Next Gen (G,S,B)												
9	Men's Up to 88 kg	8	Α	11:50	12:00	12:00	12:30	12:30	12:40	13:35	13:40	13:55
				2 Victory Ce	remonies: Ro	ookie (G,S,B); Nex	t Gen (G,S,B)					
10	Womens upto 73 kg Women's Up to 79 kg Women's Up to 86 kg	9	А	14:15	14:25	14:25	14:55	14:55	15:05	16:05	16:10	16:35
		Ceremonies: Up	to 73 kg Ne	xt Gen (G,S,I	B); Up to 79	kg Rookie (G,S,B);	Next Gen (G,	s) & Up to 86 kg	Next Gen (G	by MS)		
11	Men's Up to 80 kg	5	А	16:00	16:10	16:10	16:40	16:40	16:50	17:25	17:30	17:45
			2	Victory Cere	monies: Roo	kie (G by MS); Ne	xt Gen (G,S,B					
12	Men's Up to 97 kg	6	А	17:10	17:20	17:20	17:50	17:50	18:00	18:40	18:45	19:00
	·			2 Victory Ce	remonies: Ro	ookie (G,S,B); Nex	t Gen (G,S,B)					
13	Men's Up to 107 kg Men's Over 107 kg	7	А	18:25	18:35	18:35	19:05	19:05	19:15	20:00	20:05	20:30
		4 Victory Cere	monies: Up	to 107 kg Ro	okie (G,S); N	ext Gen (G,S) & O	ver 107 kg Ro	okie (G,S); Next	Gen (G,S)			