



PARA POWERLIFTING



PARA POWERLIFTING TEAMS MANUAL

V. 1.0





MESSAGE FROM THE GENERAL DIRECTOR OF THE VALLEDUPAR 2026 PARA-SOUTH AMERICAN GAMES

On behalf of the Organizing Committee of the Valledupar 2026 Para-South American Games, I extend a warm and special welcome to the entire South American Paralympic sport community, in particular to the National Paralympic Committees, whose commitment, dedication, and daily efforts are fundamental to the growth and strengthening of the Paralympic Movement in our region.

It is a great honour for me to present the Valledupar 2026 **Para Powerlifting Teams Manual**, a tool designed to guide and accompany all participating delegations throughout the Games. This document is the result of a collaborative effort involving the functional areas of the Organizing Committee, the Technical Delegates of the International Federations, and the specialists of the Americas Paralympic Committee. Its purpose is to provide clear, accurate, and up-to-date information to facilitate optimal preparation and performance for athletes, coaches, and officials.

Within these pages, you will find comprehensive information on the sports and disciplines included in the competition programme, classification systems, competition formats, schedules, and key logistical and operational aspects essential to the successful delivery of the event. We aim for this manual to serve as a reliable reference and an effective tool to enhance your experience at the Games, which are set to be a celebration of excellence, inspiration, and unity.

Valledupar 2026 represents far more than a sporting event. It is an opportunity to reaffirm the values that unite us – passion, inclusion, perseverance, determination and the relentless pursuit of excellence – and to demonstrate the power of sport to transform lives and contribute to a more just and inclusive society.

Colombia and especially the city of Valledupar and the Codazzi sub-venue are preparing with great enthusiasm to welcome you with the warmth, hospitality, and joy that define our people. We are confident that you will take home unforgettable experiences and lasting memories of a Games that will mark a milestone in the history of South American Paralympic sport.

Welcome to Valledupar 2026, the home of sport, inclusion and hope... **Because the Legend does not stop!**

ELMER JIMÉNEZ
Director

Valledupar 2026 Para-South American Games Organizing Committee





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1. INTRODUCTION

Welcome to Valledupar 2026

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The Valledupar 2026 Para-South American Games will be a great celebration of sport, inclusion and the human spirit. This international event will bring together the continent's leading Paralympic athletes, delivered through a modern, accessible, and excellence-driven organizational framework..

Valledupar, with its warmth, joy and passion for sports, will be the perfect setting to experience this sports party that will fill Colombia and all South America with pride. Its natural richness, cultural diversity and welcoming spirit will come together to inspire every participant and visitor.

More than a competition, the Valledupar 2026 Games will stand as a powerful expression of determination, effort and unity, where sport becomes a common language that celebrates inclusion and self-improvement.

Valledupar as a City

Valledupar, capital of the department of Cesar, is located in the north of Colombia, in the Caribbean region, on the banks of the Guatapurí River and at the foot of the majestic Sierra Nevada de Santa Marta. Founded on January 6, 1550, the city combines tradition, history and nature, and has established itself as a cultural and sporting reference for the nation.

With an average altitude of 168 meters above sea level and an average annual temperature of 29 °C, Valledupar offers a warm tropical climate, ideal for outdoor sports throughout the year. Its strategic location between the Sierra Nevada and the Serranía del Perijá makes it a meeting point between the Andean and Caribbean regions of Colombia.

The city has a modern urban infrastructure that is constantly growing. The Alfonso López Pumarejo Airport connects Valledupar with the main cities of the country, and its ground transportation network allows agile mobility to sports venues and areas of tourist interest. In addition, the city's modernization plan for the **Valledupar 2026**





Para-South American Games includes the adaptation of roads, public spaces and accessible stages, guaranteeing comfort and safety for all visitors.

Valledupar has a population of close to 600 thousand inhabitants and is recognized as the **World Capital of Vallenato**, thanks to its deep musical and cultural heritage. Every year it hosts the renowned Festival of the Vallenato Legend, an intangible heritage of humanity declared by UNESCO.

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The official currency is the **Colombian peso (COP)**.

The **official language is Spanish**, although the region also preserves expressions and languages of indigenous communities of the Sierra Nevada, such as the **Arawak, Kankuamo, Kogui and Wiwa** peoples, who enrich the cultural and spiritual heritage of Cesar.

Valledupar 2026 will be a vibrant, hospitable host city proud to receive the best athletes on the continent. Their joyful spirit, musical identity and commitment to inclusion will make these Games an unforgettable experience for all.

Valledupar as Host of Mega Sport Events

Valledupar, City of Sport

Valledupar, capital of the department of Cesar, has established itself as one of the most important sports cities in Colombia and the Caribbean region. Thanks to its commitment to the development of sport and inclusion, it has managed to position itself as a benchmark in the organization of major national and international events.

The city has a modern sports infrastructure, strengthened after the successful holding of the **2022 Bolivarian Games**, which left as a legacy accessible, sustainable venues with international standards. These spaces, along with new adaptations and improvements, will host the competitions of the **Valledupar 2026 Para-South American Games**.

Among the main sports venues are the La Gota Fría Sports Unit, where the Basketball stages, Athletics Stadium (José Luis Parada), Combat Coliseum (Oscar Muñoz Oviedo), Softball Stadium (Dorismel Pacheco Fontalvo), Baseball Stadium (Erasmus Camacho Calamar), the Armando Maestre Pavajeau Stadium, the Racket Complex, the Elías Ochoa Daza Skating Rink, are located. the Julio Monsalvo Castilla Coliseum,



and the UPC Pool Complex, all designed to promote the performance and comfort of athletes.

Valledupar's sports infrastructure is supported by a network of services and efficient mobility.

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The city of Valledupar in its sports history has hosted events of international significance such as the Futsal World Cup, South American Women's Volleyball, South American U-15 Soccer Championship, matches of the Conmebol South American Cup, South American U18 Basketball, with representation in Colombian professional soccer with its team Alianza Valledupar F.C, professional indoor soccer with Real Valledupar, professional basketball with Caciques de Valledupar, among other regional and national sports events.

The **Valledupar 2026 Para-South American Games** will represent a new milestone in the city's sports history, reaffirming its commitment to excellence, accessibility and inclusion. Valledupar is preparing to live a true celebration of continental sport, where self-improvement and passion will be the protagonists.

Valledupar 2026

Valledupar will host the Para-South American Games for the first time in its history.

Valledupar 2026 Para-South American Games	
Opening ceremony	JULY 5
Competences	JULY 5 TO 15, 2026
Closing ceremony	JULY 15, 2026
Participants	1172 ATHLETES

Clusters	Headquarters	Sports program
VALLEDUPAR & CODAZZI	10 VENUES OF COMPETITION	13 SPORTS

The Official Mascot

Inspired by the cañahuate tree, a symbol of resilience and the ability to flourish in adversity, it embodies the core values at the heart of the Games: inclusion, courage, determination, and bravery.

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Design with human and natural elements:

- Trunk as body and branches as arms.
- Head full of yellow flowers.
- A prosthesis and a flower-shaped arm: functional diversity

Its name honours Tobias Enrique Pumarejo "Don Toba", master of vallenato music and creator of lyrical romantic vallenato.



≡ LA LEYENDA NO SE DETIENE ≡



2. ABOUT THE COMPETITION

Competition Schedule

The Para Powerlifting competition for the individual events will be from 3 to 5 July 2026 and for the team events on 6 July 2026.



				JULY 20206						
Sport	Venue	Days	ATH	1	2	3	4	5	6	7
Para powerlifting	Popular University of Cesar Coliseum	6	80	LL	E/C	C	C	C	C	S

- Delegation arrival: 1 July 2026
- Training / Sports Classification/Team Meeting/Weigh-In 1: July 2, 2026
- Competitions: July 3 to 6, 2026
- Departure of delegations: July 7, 2026

Competition Venue

Name

GYMNASTICS COLISEUM OF THE UPC (POPULAR UNIVERSITY OF CESAR)

Address

Cra. 34B No 16B-45. Valledupar, Cesar

Description

The Gymnastics Coliseum of the Popular University of Cesar (UPC) is a modern and high-level sports venue, recently endorsed as the venue for Para Powerlifting competitions for the Valledupar 2026 Para-South American Games, and will serve as the venue for events in this sport from 3rd to 6th July 2026. It is part of Valledupar's sports infrastructure, which includes other modern venues such as a multifunctional coliseum and a swimming pool, seeking to position the city as the capital of sports.

Key features:

- Location: Popular University of Cesar (UPC) in Valledupar.
- Main function: Host of multiple sport competitions.





- Infrastructure: It stands out as a high-level and modern venue, incorporated into the city's sports infrastructure.
- Future events: It will be the official venue for the Para Powerlifting competitions during the Valledupar 2026 Para-South American Games.
- Participation: The coliseum is considered a suitable space to host international sports events, such as the Para-South American Games.

The UPC Gymnastics Coliseum is a modern sports venue that expands the city's capacity to host high-level events, consolidating itself as a key point for the development of sport in Valledupar.

Competition Venue Services

At the Gymnastics Coliseum of the Popular University of Cesar, the sports classification processes will be carried out for those who require it, training, weigh-ins, all competitions (individuals and teams), awards, doping control.

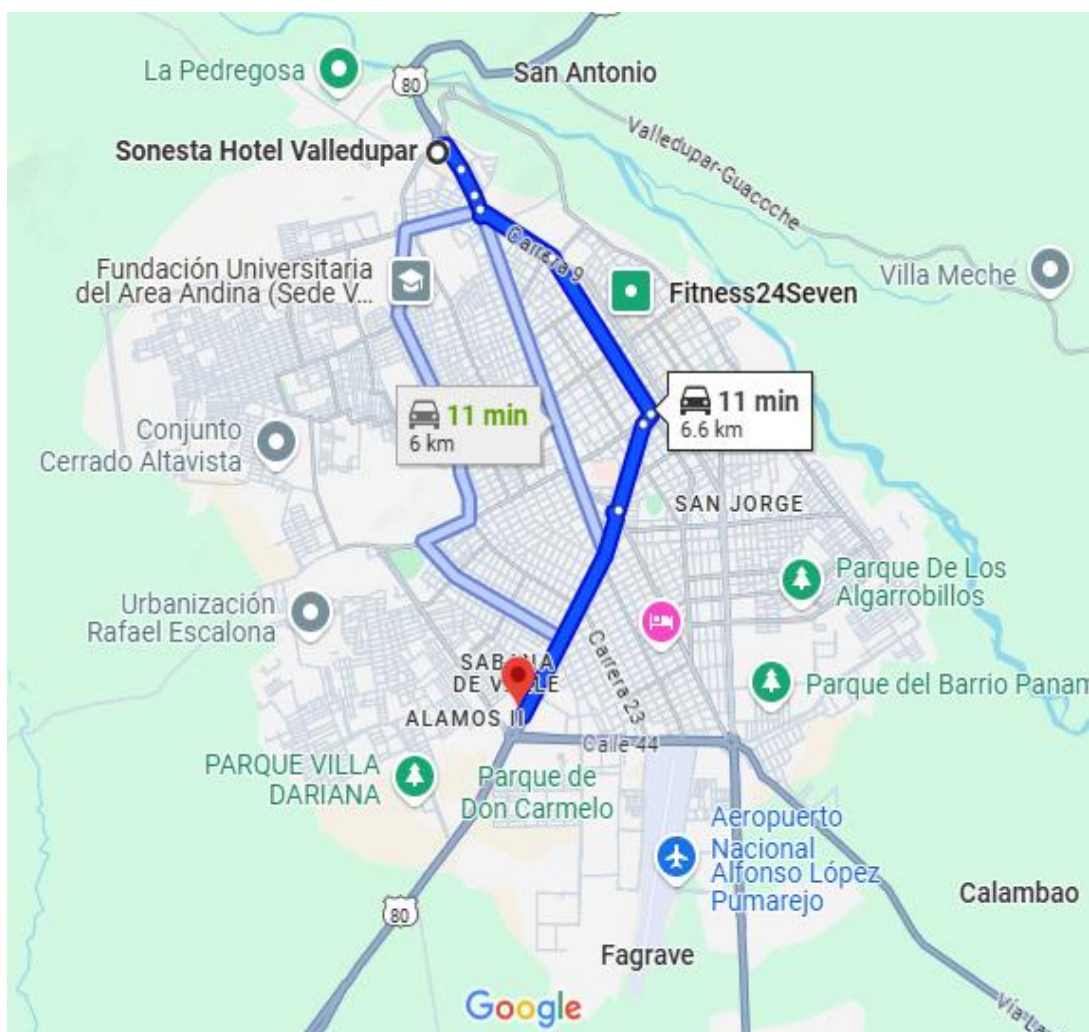
Similarly, there will be a feeding area for the supply of lunches for both athletes and team officials. During the entire time that the coliseum is in service for Para Powerlifting competitions, it will have a first aid medical service for fortuitous cases, incidents and hospital transfers if necessary.

SERVICE	TIMETABLE	DESCRIPTION
Athlete lounge	8:00 to 19:00	A rest room with chairs and puffs; 110V and 220V outlets.
Technical Officials' Lounge	8:00 to 19:00	A room for technical officials with nearby sanitary batteries; chairs and puffs; 110V and 220V outlets.
Wi-Fi access	8:00 to 19:00	Wi-Fi network for NPCs and athletes, stable and secure for operation and communication.
Mixed zone	8:00 to 19:00	An area for interviews and contact with the media, with delimited spaces and orderly flow.
Technical Information Centre	10:00 to 19:00	An official information point shall be established for the display and dissemination of schedules, results, and official announcements, and shall be staffed by designated personnel.
Medical facilities	8:00 to 19:00	A fixed medical station shall be provided in the field of play, along with a mobile medical station

		in the warm-up and call areas. A permanently staffed, fully equipped medical ambulance shall also be available on site.
Doping Control	9:00 to 19:00	An anti-doping control area with waiting rooms, sample collection and exclusive toilets.
Warm-up Area	8:40 to 19:00	An area with eight benches duly equipped with a set of approved supplier discs (ELEIKO) for the athletes' warm-up.
Call Area	8:40 to 19:00	An area with two benches, duly equipped with a complete set of competition discs from an approved supplier (ELEIKO), shall be provided for athletes' warm-up and preparation. In addition, thirty (30) chairs shall be made available for athletes to use while waiting during the competition.
Field of Play	8:40 to 19:00	A 12 m × 12 m competition platform shall be provided, including the corresponding ascent and descent ramps. The platform shall be equipped with a bench and discs from an approved supplier (ELEIKO).
Tribune	9:00 to 19:00	A spectator tribune shall be provided for the public and accredited persons. The tribune shall be safe, fully accessible, and include designated areas for persons with reduced mobility.
Food and catering area	11:30 to 15:00	A designated food service area shall be provided, offering balanced menus. Access to this area shall be controlled, and it shall be reserved exclusively for authorized personnel during mealtimes.

Distance and Time to Hotels

The estimated time to travel the distance from the hotels to the Coliseum of the Popular University of Cesar ranges between 25 and 35 minutes.



Athlete Quota

MALE	FEMALE	TOTAL
40	40	80

The allocation of slots by country for this sport is based on the individual ranking of the Best Lift in South America between 22nd August, 2023 and 30th November, 2025.

On 15th December 2025, World Para Powerlifting (WPPO) will announce the nominal slots per country. The first four athletes in each category will obtain a slot; if there are not four athletes from at least two countries in a category, the fourth slot will be assigned to another bodyweight category according to WPPO criteria.



NPCs must confirm the acceptance of slots no later than 31st December 2025 at 23:59 CET.

Maximum Slots Allocation by NPC

Each country may have one slot per bodyweight category and may only duplicate registration in two categories. In any case, each country will be able to register only up to 10 athletes per gender.

As for the team slots, each country will be able to register one team per gender and one in mixed. Athletes registered for team competitions will necessarily have to be among those qualified individually.

Team competitions will only be held if there is a registration of three or more teams per type (women's, men's, mixed). This requirement implies participation from at least three (3) different countries for a team competition to take place.

Athlete Eligibility

NPCs may register for the Valledupar 2026 Para-South American Games only competitors who:

- Have sports classification in Confirmed or Review status.
- Have IPC license in place by 2026.
- Is among the top four athletes in a women's or men's bodyweight category in the individual ranking of South America's Best Lift published by World Para Powerlifting from 22nd August 2023 to 30th November 2025.

In the case of Panama's Para athletes, as a guest country, WPPO will add them manually in the ranking.

Medal Events

Male	Female	Mixed	Total
10	10	3	23

Male	Women	Total
Up to 49 kg	Up to 41 kg	23 Medal Events
Up to 54 kg	Up to 45 kg	
Up to 59 kg	Up to 50 kg	
Up to 65 kg	Up to 55 kg	
Up to 72 kg	Up to 61 kg	
Up to 80 kg	Up to 67 kg	
Up to 88 kg	Up to 73 kg	
Up to 97 kg	Up to 79 kg	
Up to 107 kg	Up to 86 kg	
Over 107 kg	Over 86 kg	
Team	Team	
Mixed team		

*The medal event schedule will be confirmed after the final entry by name deadline based on the number of entries per bodyweight category and teams.

If there are less than three entries in a category, it will be combined with a higher or lower category at WPPO's discretion and will compete based on the Coefficient Formula (CF).

The following table is presented as a preliminary of the competition schedule and delivery of medals that will be distributed among the three days of individual competition and team competition.

N°	Event	Gender	Gold	Silver	Bronze	Total
1	Up to 41 kg and Up to 45 kg	Female	2	2	2	6
2	Up to 49 kg and Up to 54 kg	Male	2	2	2	6
3	Up to 50 kg and Up to 55 kg	Female	2	2	2	6
4	Up to 59 kg and Up to 65 kg	Male	2	2	2	6
5	Up to 61 kg and Up to 67 kg	Female	2	2	2	6
6	Up to 72 kg and Up to 80 kg	Male	2	2	2	6
7	Up to 73 kg and Up to 79 kg	Female	2	2	2	6
8	Up to 88 kg and Up to 97 kg	Male	2	2	2	6
9	Up to 86 kg and Over 86 kg	Female	2	2	2	6
10	Up to 107 kg and Over 107 kg	Male	2	2	2	6



11	Teams	Female	1	1	1	3
12	Teams	Male	1	1	1	3
13	Teams	Mixed	1	1	1	3
Total			23	23	23	69

Gold, silver and bronze medals will be awarded in the Para Powerlifting competition for first, second and third place in each of the bodyweight categories in both the Best Lift and the Total Lift, respectively.

However, for the medal table, only the medals obtained in the Best Lift and one medal of each denomination in the team competitions will be counted.

In accordance with the regulations of the Americas Paralympic Committee (AmPC) for the Regional Games, digital medal certificates and participation diplomas will be awarded to all athletes.

Event Viability

The possibility of registration for the Valledupar 2026 Para-South American Games is based on the individual ranking of the Best Lift in South America and Panama on 22nd August 2023 and 30th November 2025, issued by World Para Powerlifting. Additionally, at the time of Final Entry by Name, each powerlifter must have a valid WPPO license by 2026.

Events will be viable if there is a minimum registration of three athletes for the given bodyweight category and within this registration there is representation from at least two countries.

In the event that the viability parameter is not met, i.e. that the registration is one or two athletes for the category, it will be immediately combined with a subsequent category, whether of lower or higher bodyweight at the discretion of the Valledupar 2026 Para-South American Games, in agreement with World Para Powerlifting and the Americas Paralympic Committee (AmPC). For that specific case, the award will be subject to the score given by the Coefficient Formula (CF). In no case will the minus one rule be implemented.



Competition Format

Para Powerlifting is the ultimate upper body strength test. It is competed under the bench press modality, a sport technique by which the powerlifter lowers the bar to the chest, touches the chest, stops maintaining the contact and then drives it upwards until the full extension of the arms locking the elbows at the same time.

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The bar must be progressively loaded in each round according to the increasing principle, according to which each powerlifter makes their first attempt in the first round, their second attempt in the second round and their third attempt in the third round.

The competition format for the Valledupar 2026 Para-South American Games has been approved by WPPO and the AmPC. The competition format is described below:

Para Powerlifting competitions sanctioned by World Para Powerlifting (WPPO) are conducted in accordance with the current Para Powerlifting Regulations, published on the World Para Powerlifting website: <https://www.paralympic.org/powerlifting/rules>.

Individual

In the men's and women's individual bodyweight categories, the competition will be held as a final in the round format provided for in the World Para Powerlifting regulations in each of the individual categories.

Athletes may compete within a single bodyweight category in which they are qualified. It will not be possible to change bodyweight category once the NPC has confirmed the slot granted.

Where a category has entries of two (2) athletes or fewer and does not include representation from a minimum of two (2) NPCs, this will be combined with another category at the discretion of the Valledupar 2026 Para-South American Games, WPPO and AmPC; and will be awarded by the Coefficient Formula (CF). The final determination of medal events and combined groups shall be confirmed by the LOC, in consultation with the TD and WPPO prior to the technical meeting.

The round system consists of three (3) attempts made by athlete, which take place in an ascending bar sequentially and that, at the end of the first attempt of all the





athletes in the competition group, the weight of the bar decreases to start the second attempt of all the athletes, again in an increase of the weight on the bar; the same for the third attempt. In all cases, the weight to be lifted is chosen at will and strategy by the athletes and their team officials. Athletes have the possibility of requesting a fourth attempt in order to break a record according to the tier of competition.

Teams

The competitions of the Team Event and Mixed Team event will be held in their usual format of Heats, Head-to-Head, Bronze Match and Gold Match according to the number of entries.

The team events are:

Female's Team Event

Teams composed of three women who can be of different bodyweight categories and different age groups competing for the same NPC and whose result will be calculated by the Coefficient Formula (CF).

Men's Team Event

Teams composed of three men who can be of different bodyweight categories and different age groups competing for the same NPC and whose result will be calculated by the Coefficient Formula (CF).

Mixed Team Event

Teams composed of three athletes within which at least one person of the opposite gender must be included, that is, if two are men one will be a woman and vice versa; all three may be of different bodyweight categories and age groups competing for the same NPC, likewise their result will be calculated by the Coefficient Formula (CF).

The team session will be held on a different day than the individual competitions, this being the last of the sport's schedule for the Valledupar 2026 Para-South American Games. In this each athlete lifts one of the three lifts of the set of rounds arranged for the corresponding phase.





Competition Program

The Schedule will be defined by the Organization of the Games, with the approval of the TD and will be announced after the conclusion of the Final Entry by Name, and no later than March 15, 2026.

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Warm-up

The warm-up will be carried out in the warm-up area, annexed to the call area, which in turn is annexed to the field of play (FOP). There shall be eight (8) stations with full approved supplier tier one equipment (ELEIKO). It will be possible to enter according to the schedule informed in the competition calendar. Access to the warm-up area will be given under the WPPO regulations – two warm-up passes per athlete.

Qualification for the Lima 2027 Parapan American Games

The personal record that is made in the Para Powerlifting competition of the Valledupar 2026 Para-South American Games is part of the qualification pathway for the Lima 2027 Parapan American Games.

Rules, Protests, and Appeals

The Para Powerlifting competition will be conducted in accordance with the following documents that will be in effect during the Games:

- Current Para Powerlifting Regulations, found at:

<https://www.paralympic.org/powerlifting/rules>

Use of Brands in Equipment and Clothing

Lifting suits and sport apparel for the Para Powerlifting competition must meet the requirements detailed in:

- Valledupar 2026 Competition Uniform Manual (to be published closer to the date of the event).
- Comply with the WPPO uniform standards set out in Appendix 4: <https://www.paralympic.org/powerlifting/rules>.



Athlete Substitution Policy

Where an athlete is withdrawn from the Competition due to force majeure, he/she shall be replaced by the athlete who follows him/her in the ranking, provided that such substitution does not contravene the rule limiting a maximum of two athletes from the same country per bodyweight category.

Since the slots are by name and not by country, the substitution will not be assigned to the country of the retired athlete, but to the athlete who continues in the individual qualification of the Best Lift ranking in South America.

Slots are allocated on a by name basis, as qualification is established according to the individual ranking of the Best Lift in South America and Panama between 22nd August 2023 and 30th November 2025, issued by World Para Powerlifting (WPPO).

Accordingly, where an athlete withdraws, the slot shall be reallocated to the next highest-ranked qualified athlete, provided that such reallocation does not result in more than two (2) athletes from the same NPC in the same Bodyweight Category, nor exceed the maximum of two (2) duplicated Bodyweight Categories per NPC. Where either of these limitations would be exceeded, the slot shall be reallocated to the next highest-ranked eligible athlete who meets all established criteria.

All NPCs will receive official communication from WPPO regarding the slots obtained, based on the corresponding ranking, on 15th December 2025.

NPCs must confirm acceptance of each quota by **31 December 2025, 23:59 CET**.

In the event that an athlete is qualified in more than one category, their NPC must confirm which slot they accept, so that the unselected slot can be awarded to the next athlete in the ranking within the established period. Any slots not confirmed by a NPC will be reassigned in accordance with this substitution policy.

The following will be considered as discharged:

- Failure to confirm acceptance of a slot.
- The withdrawal of an athlete up to one month before the start of the Games.

Slots for athletes withdrawn for any reason less than one month before the start of the Games will be declared void.



3. PRIOR TO THE COMPETITION

Training

The training will be from 2nd to 5th July 2026 and will be informed after the Final Entry by name close and no later than 15th April 2026.

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Training Venue

Gymnasium of the Gymnastics Coliseum of the Popular University of Cesar.

Address

Cra. 34B No 16B-45. Valledupar, Cesar.

Description

The gymnasium is located near the main entrance of the coliseum; it shall be equipped with six (6) tier one (ELEIKO) equipment sets.

Training Venue Services

The training area shall have ELEIKO benches equipped with discs and bar. The smaller denomination pieces will be delivered on request and exchanged with the accreditations. Additionally, a calibrated and certified control scale shall be in the place.

Approximate distance in time from the hotel

25 +/-35 minutes - 6.6 kilometres (considering the furthest hotel)

Sports Classification

Classification in Para powerlifting will be exclusively for athletes in a status of Review and Review dated 2026, according to their last classification.

All the detailed information regarding the classification can be found in the Valledupar 2026 Classification Guide, which in the event of any discrepancy will prevail over this manual.





Team Meeting

The Team Meeting will take place on 2nd July 2026 at the 15:00 hours, the location of this meeting will be confirmed in future versions of this manual. Up to two (2) representatives per team may participate, including team officials and coaches of the participating delegations. Athletes are not allowed to participate.

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The meeting will be led by the Technical Delegate Jenny Ortiz Cárdenas, who also serves as the event's Sport Manager. It will be conducted in Spanish and English if necessary.

4. POST-COMPETITION

Mixed Zone

At the end of the competition, all athletes must go through the mixed zone, allowing the accredited media and the athletes to interact. It is not mandatory for athletes to speak to the press.

Doping Control

Athletes who are selected for doping control will be notified directly in person and escorted to the doping control station by a chaperone or anti-doping team official.

The athlete has the right to be accompanied throughout the process and if he/she is under-age, he/she must be accompanied by an adult from his/her delegation.

It shall be the responsibility of the athlete to remain under permanent and continuous observation by doping control personnel after notification and until they enter the Doping Control Station.

If the athlete must attend a victory ceremony or any press interaction, he/she must always be under observation of the doping control personnel, so that once finished, he/she will go to the doping control station.

All NPCs, athletes and support personnel, including physicians, shall review and be familiar with the Anti-Doping Rules and Regulations, which are based on the WADA World Anti-Doping Code in force at the time.





Medical Service

The venue will have a medical station installed within the Field of Play, equipped for the attention of any eventuality that arises during the development of the events.

Likewise, there will be a medicalized ambulance with permanent presence, guaranteeing an immediate response to emergency situations and ensuring the attention and timely transfer of athletes or members of the organization who require it.

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Victory Ceremonies

1. The athletes who rank in the first three places will go to the podium immediately after the end of their competition group.
2. Athletes who access the podium must remain in the Call Area before the start of the ceremony.
3. It will be mandatory to appear in the full official uniform of the delegation. The use of accreditations, flags, caps or other elements different than the uniform will not be allowed.
4. Failure to comply with these provisions may be subject to sanctions by the organization and the competent authorities.

Results' Distribution

All results will be posted at the venue's Sports Information Desk (SID). They may be received by NPC team leaders. They can also be reviewed on the website of the Valledupar 2026 Para-South American Games.



5. RELEVANT INFORMATION

Key people

ROLE	FULL NAME	EMAIL
Valledupar 2026 Sports Deputy Director	David Orlando Gómez Acosta	subdtec@parasuramericanos2026.com
Sport Manager and Technical Delegate Valledupar 2026	Jenny Ortiz Cárdenas	parapowerlifting@parasuramericanos2026.com
IF Representative	Judit Agudo	judit.agudo@worldparapowerlifting.org

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Technical Information

There will be a Sports Information Desk (SID) available at the competition venue.

At this location, athletes and their delegates will be able to request information about transport schedules, meeting room reservations, classification results, competition results and schedules of the mobility of special equipment to and from the hotel.

Sports Equipment

The sports equipment used in the competition will be of the *ELEIKO brand*.

6. SPORT-SPECIFIC PROCEDURES

Kit Check

The review of sports clothing for the competition will be carried out on the respective bench designated for the warm-up of each athlete according to the schedule socialized on the day of the team meeting. This process will be carried out according to numeral 17 of the WPPO Rules and Regulations.



Athletes' uniform and sport apparel are regulated by the WPPO Rules and Regulations (Numeral 16 Athletes' Uniform and Personal Apparel) and Appendix 4 of the WPPO Rules and Regulations and the Games Uniform Policy.

<https://www.paralympic.org/sites/default/files/2025-04/Appendix%20-%20WPPO%20Identifications%20on%20Uniform%20Guidelines.pdf>

Weigh-in

The weigh in process for both individual and team events will be carried out in accordance with the guidelines of the WPPO Rules and Regulations, numeral 15 and will be coordinated by the Technical Delegate. The weigh-in room will be located within the competition sports arena.

Athletes Presentation

The Athletes presentation will be carried out in accordance with the guidelines of the WPPO regulations (Numeral 19 "Athletes Presentation" Appendix 10, Numeral 6.2). During the Games... athlete submissions will be in accordance with the following format: At least ten (10) minutes prior to the start of the competition, the Technical Controller will guide the competing athletes to the FOP.

Once all athletes for the competition are on stage, the athletes competing (by country and name) will be announced. Once all athletes have been introduced, the Technical Controller will direct the athletes back into the warm-up area.

Entering the Field of Play

The athlete will enter with a team official after the respective announcer's call, order of competition and published layout.

Exit to the Field of Play

Once the lift is finished, the Athlete shall go again to the call area in accordance with the published layout.





7. OTHER RELEVANT INFORMATION

Layout

To be published six months before the games

Timeline and Important Dates

Date	Detail
22 nd August, 2023	Start of the qualification period for the Valledupar 2026 Para-South American Games.
30 th November, 2025	End of the qualification period for the Valledupar 2026 Para-South American Games.
15 th December, 2025	WPPO publishes the Preliminary Qualification List for Valledupar 2026 Para-South American Games.
31 st December, 2025	<p>Deadline for NPCs with athletes ranked in more than one medal event and/or more than two (2) athletes per gender ranked in the top four (4) of their respective medal events to submit their written declaration to WPPO.</p> <p>NPCs must confirm:</p> <ul style="list-style-type: none">• The chosen category for athlete qualified in more than one category.• The category selection for delegations with two athletes in the same bodyweight category, including the athletes' names. <p>If a NPC fails to submit this declaration, WPPO will make this decision based on the results of the most recent competition. No protest or appeal will be accepted.</p>
12 th January, 2026	WPPO will publish the Final Qualification List for the Valledupar 2026 Para-South American Games.
14 th January, 2026	WPPO will confirm in writing to the NPCs the allocation of the Valledupar 2026 Para-South American Games athlete's slots.
15 th February, 2026	Opening of Final Entry by Name submission period via the Games Entry Platform (registration of all events including teams).



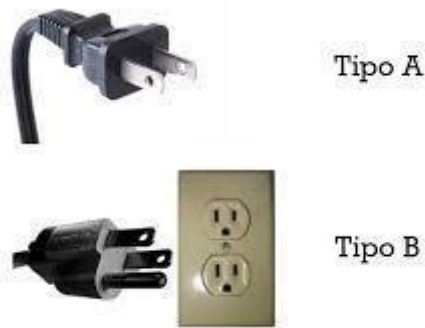


15 th March, 2026	Deadline for NPCs Final Entry by Name submission period via the Games Entry Platform (registration of all events including teams).
3 rd to 6 th July, 2026	Valledupar 2026 Para-South American Games.

Electricity and Plugs

During the Valledupar 2026 Para-South American Games, the competition venues and support areas will have an alternating current electricity supply of 110 V and 220 V, thus guaranteeing the operation of the different sports, technical and communications equipment. The available connections will be type A and type B, standard in Colombia, and will be distributed in key areas such as Field of Play, warm-up area, press spaces and operations. In addition, backup systems will be available through power plants to ensure continuity of service in case of eventualities.

Delegations are advised to **bring their own adapters and voltage regulators**; in case their equipment uses other types of plugs or requires additional protection to ensure safe and stable operation.





AMERICAS
PARALYMPIC
COMMITTEE



PAÍSES PARTICIPANTES



ARGENTINA



BOLIVIA



BRASIL



CHILE



COLOMBIA



ECUADOR



PANAMÁ



PARAGUAY



PERÚ



SURINAME



URUGUAY



VENEZUELA

≡ LA LEYENDA NO SE DETIENE ≡

DEL 5 AL 16 DE JULIO DE 2026