



IPC GOVERNING BOARD BIOGRAPHY

- **Name:** Dr. Debra Alexander
- **IPC position:** Member at Large
- **Elected:** 2017, 2021 and 2025
- **Position (outside of IPC GB):** 1st Vice President World Triathlon; Board Member South Africa Olympic and Paralympic Committee and Sports Confederation (SASCOC) ex-officio; Board Member Triathlon South Africa - ex-officio.
- **Nationality:** South Africa
- **Languages spoken:** English, Afrikaans
- **Social media channels:** [Facebook](#), [Instagram](#), [LinkedIn](#)



Dr Debra Alexander is a South African Clinical Psychologist with a PhD in Neuropsychology/Sport. She is a visionary, transformational leader in international sport, serving a third term as an International Paralympic Committee (IPC) Governing Board Member. She is also the President of the Association of Paralympic Sports Organisation and the 1st Vice President of World Triathlon, an ex-officio Board Member of the South African National Olympic and Paralympic Committee, Africa Triathlon, and Triathlon South Africa (TSA) and a past President of TSA.

She previously served as a Board Member of the African Paralympic Committee (AfPC) and hosted the first Africa led National Classifier Training Course for athletes with a physical impairment, participating in Para athletics. Other significant roles included 1st Vice President of Africa Triathlon; 2nd Vice President of the South African National Olympic and Paralympic Committee. She is the first person from an International Federation and the first woman from Africa to serve on the IPC Governing Board.

Debra's significant contribution to International, regional and national sport committees/commissions/working groups spans governance, science

INTERNATIONAL PARALYMPIC COMMITTEE

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and research, IPC VISTA Conferences; equity, diversity and inclusion; safeguarding policies and procedures, medical and anti-doping; sport and athlete development, high performance, Para triathlon, the Paralympic Games sport programme, and human resources.

She is passionate about athlete well-being, mental health, equity, and inclusion in sport.

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