



Tbilisi 2026 Para powerlifting European Open Championships Preliminary Competition Schedule

06 - 11 March 2026

v. 09 Feb



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Tuesday, 10 March 2026															
Day 5	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area	Athletes' Presentation	Competition		Victory Ceremony			
				Start	Finish	Open	Close			Start	Finish	Start	Finish		
16	Men's Over 107 kg	8	A	08:10	08:20	08:20	09:08	08:45	08:50	09:00	09:55	10:00	10:20		
2 Victory Ceremonies: Over 107 kg European Championships (G,S,B); Over 107 kg Open Championships (G,S,B)															
17	Women's Up to 67 kg	7	B	09:45	09:55	09:55	10:42	10:20	10:25	10:35	11:15				
		6	A	10:35	10:45	10:45	11:31	11:10	11:15	11:25	12:05	12:10	12:30		
2 Victory Ceremonies: Up to 67 kg European Championships (G,S,B); Up to 67 kg Open Championships (G,S,B)															
BREAK															
18	Men's Up to 72 kg	8	B	13:10	13:20	13:20	14:08	13:45	13:50	14:00	14:50				
		7	A	14:10	14:20	14:20	15:07	14:45	14:50	15:00	15:45	15:50	16:05		
2 Victory Ceremonies: Up to 72 kg European Championships (G,S,B); Up to 72 kg Open Championships (G,S,B)															

Wednesday, 11 March 2026														
Day 6	Category	Number of teams	Group Division	Kit Check		Warm-Up Area		Call Area	Athletes' Presentation	Competition		Victory Ceremony		
				Start	Finish	Open	Close			Start	Finish	Start	Finish	
Men's Team Event														
19	Heats	6		09:10	09:20	09:20	11:40	09:40	09:45	10:00	10:35			
	Head-to-Head	4				10:35				10:45	11:10			
	Bronze Match	2				11:10				11:25	11:35			
	Gold Match	2								11:40	11:50	11:55	12:10	
Mixed Team Event														
20	Heats	3		11:40	11:50	11:50	12:59	12:10	12:20	12:30	12:50			
	Gold Match	2								12:55	13:05	13:10	13:20	

