



**2015 IPC Powerlifting
European Open Championships
Eger, Hungary 24-28 November**



ORGANIZATION: Hungarian Paralympic Committee



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1 Introduction

The Local Organising Committee and the International Paralympic Committee (IPC) would like to invite you to the 2015 IPC Powerlifting European Open Championships between 24-28 November 2015 organised by the Hungarian Paralympic Committee in Eger.

Dear Friends,

The city of Eger has previously held the IPC Powerlifting Hungarian Open Championships in 2011 and 2014 and is familiarised to host major sporting events of 6 sports held annually, including European Championships as well.

Hosted by the Hungarian Paralympic Committee 100 to 150 athletes from 25 countries are expected to participate in the European Championships – an event that will be critical for a major stop for powerlifters on the road to Rio 2016.



We are very proud to host this prestigious event that will contribute to develop the regional engagement in the sport of Powerlifting. After organising 2 open championships we are very excited and committed to raise our level to the Open European Championships.

We feel privileged that the competition is hosted in Hungary and we are looking forward to welcoming our guests in Eger.

Zsolt Gömöri
President of the Hungarian Paralympic Committee

Local Organising Committee



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2 General Information

2.1 IPC Membership

The Organising Committee will only accept entry forms submitted by the NPC / NPF in good standing with the IPC. Furthermore, only those entry forms submitted by the NPC President, Secretary General or authorized person will be processed. For further information on the IPC's membership policies or to address general membership issues, please contact the IPC PO office ipcpowerlifting@paralympic.org

2.2 Rules & Regulations

The 2013-2016 IPC Powerlifting Rules & Regulations will apply for the 2015 European Open Championships. <http://www.paralympic.org/Powerlifting/RulesandRegulations/Rules>

2.3 Anti-Doping

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

<http://www.paralympic.org/Powerlifting/RulesandRegulations/AntiDoping>

2.4 Classification

Athletes who have never been classified and or have a designated sport class status of "R" (Review) will be required to go through International Classification prior to the start of the 2015 IPC Powerlifting European Open Championships.

International Classification will be conducted on **22-23 November 2015**. A detailed classification schedule will follow after the revision of the final entries by IPC PO. All athletes informed that they require classification must arrive at a time prior to / in advance of their allocated slot within the classification process and have with them ready a completed copy of the IPC Powerlifting Medical information form (this can be found on the IPC Powerlifting website, on the download and forms section <http://www.paralympic.org/Powerlifting/Forms>.)

The NPC must upload the Medical Information in the classification section of SDMS four (4) weeks before the competition. International Classification must be completed at least 2 hours prior the start of the Technical Meeting.

Athletes must be licensed through their NPC. From a classification perspective the provisions of the Classification Manual apply. For more specific details refer to the IPC Powerlifting classification rules and regulations.

<http://www.paralympic.org/Powerlifting/RulesandRegulations/Classification>



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2.5 Medical Information

2.5.1 Medical Services

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance and first aid services during the Championships

2.5.2 Treatment

No medical insurance will be provided to any of the participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event.

2.6 Participant Insurance

Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents and repatriation. All delegation members must have appropriate accident and health insurance accepted in order to compete at international IPC competitions.

Each participant will need to provide evidence of appropriate insurance cover no later than **20 October 2015**.

2.7 Dates

Teams Arrival dates	21-22 November
Raise the Bar!	22 November
Anti-Doping Seminar	23 November
International Classification	22 November (All day) 23 November (morning) Classification schedule will be provided after final entries by name
Technical Meeting	23 November
Opening Ceremony	24 November
Competition dates	24-28 November
Closing Ceremony	28 November
Teams Departures	29 November



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2.8 Preliminary Programme

The Provisional timetable and events programme will be provided after the final entries by name revision. (20 October 2015). The competition programme will be finalized after the technical meeting.

2.9 Maximum number of entries per event per NPC

Only for the 2015, we will allow 15 instead of 10 maximum number of entries per NPC across all events but still with no more than 2 per event.

Each country is allowed to enter a maximum of 15 senior male and 15 senior female competitors spread throughout the range of the 10 male and female bodyweight categories. There must not be more than 2 senior competitors from any one country in any particular bodyweight category.

Additionally, each country is allowed to enter a further maximum of 15 junior male and 15 junior female competitors spread throughout the range of the 10 male and female bodyweight categories for juniors. There must not be more than 2 competitors from any one country in any particular bodyweight category.

2.10 Viability of the Events

For an event to be considered viable for all three medals the minimum number of athletes per weight category must be 3. In case of a category with less than 3 athletes (2 or less) then section 9 of the 2013-2016 rules will apply and either a minus one rule will be applied and or, where considered more practical, weight categories will be grouped together as decided upon by the technical delegate appointed by IPC PO. In such circumstance of combined bodyweight groups the HA (Haleckzko) formula should be used in full accordance with the IPC PO rules. Any final decisions made will be announced prior to the competition at the technical meeting.

2.11 Body Weight Category change

Bodyweight categories will apply as per the 2013-2016 IPC Powerlifting Rules and Regulations. Point 4.1 of the rules applies where entered bodyweight or change to bodyweight category is required. The bodyweight category signed off at the technical meeting is considered final and no further changes will be allowed.



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2.12 Entries and Registration Process

All entered athletes must be registered by IPC Powerlifting by the final entries deadlines. (**refer to IPC Athlete Licensing Policy for the current season**) Athlete's entries not meeting this criterion may be rejected by IPC Powerlifting.

All athletes must be entered online* by their respective NPCs or National organizations authorised and endorsed by the NPC to do so and accepted by IPC Powerlifting.

*Do not contact LOC about entries.

2.12.1 Late entries

The IPC PO Office must be informed about any late entry. All respective information must be reviewed on the 'case by case' basis and the entry may be accepted / rejected by IPC PO.

2.12.2 Replacements

The IPC PO Office must be informed about every replacement. Replacements of athletes may be accepted due to injury or medical reasons. All respective medical information regarding the athlete who is to be replaced must be sent to the IPC PO Office by the respective NPC for further consideration regarding its acceptance / rejection.

2.12.3 Declaration of Participation

By completing and submitting sport entries via the IPC Powerlifting European Championships Sport Entries Online System (EBS), NPCs are considered to have declared the participation of their athletes in the specified event/categories.

2.12.4 Final Entry Process

NPCs will be able to generate their competition fee invoice for the European Open Championships directly from the EBS based on its confirmed overall team delegation size.

Please note that no amendments to the invoice will be permissible after submission by **09 October 2015**, except for athlete withdrawals due to injury or medical reasons before the Championships may be granted an exception to this rule provided a medical certificate signed by the team/LOC medical officer is submitted to IPC Powerlifting for approval. IPC PO may waive the application of this rule to an athlete under exceptional circumstances. Any decision made by IPC PO will be final and not open for further contest or appeal by any other organization or body.



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2.12.5 Online Entry System and registration processes

The registration process for the competition is as follows:

- **02 September 2014** Delivery of Invitation letter and general information
- **02 September 2014** Delivery of accommodation, visa, and transport forms
- **01 May 2015** Opening of Online Entry (**by number by event**)
- **31 July 2015** Close of Online Entry (**by number by event**)
- **01 August 2015** Opening of Online Final Entry (**by name**) and provisions of details per persons and photographs for accreditation
- **09 October 2015** Close of Online Final Entry (**by name**) and provisions of details per persons, photographs for accreditation. **Deadline to pay in full all registration fees**
- **09 October 2015:** Close of sending back the forms for accommodation, visas, accreditation and transport forms to the following addresses **and deadline to pay in full all fees due (see bank details in 2.17.3):**

Organising Committee:

Hungarian Paralympic Committee
Budapest, 1146, Istvánmezei út 1-3.
Tel/Fax: +36 1 460 6804
E-mail: powerliftingec2015@hparalimpia.hu

IPC Powerlifting:

Adenauerallee 212-214, 53113 Bonn, Germany
Fax: +49 228 2097209
E-mail: ipcpowerlifting@paralympic.org

2.13 Results

Results will be sent by LOC to the IPC PO Office after the competition is completed. The results will then be reviewed and the Ranking list will be updated accordingly.

Only results of athletes who are licensed by IPC PO within the given timelines for results recognition and have an 'R' or 'C' sport class status will be taken into consideration for inclusion in the official World and Regional ranking lists (refer to the 2013-2016 IPC PO Rules and Regulations).



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2.14 Rankings

Please see the IPC PO Rules and Regulations 2013-2016, point 7 (Rankings). Also please be reminded about the IPC Licensing Policy, where the requirements for the athlete to be included in the Rankings are described.

2.15 Records

Please see the IPC PO Rules and Regulations 2013-2016, point 8 (Records). Also please be reminded about the IPC Licensing Policy, where also the requirements for the athlete to be considered eligible to achieve the Record are described.

2.16 Competition Fee

The competition fee for the 2015 European Open Championships is **550 Euros** per participant; this payment must be transferred directly to IPC. **09 October 2015**, deadline to pay in full all necessary registration fees. The Competition Fee covers Championships services such as a basic medical services provided in the official Championships venue and transport (return journey to / from the airport to the official Championships hotel, others) **from 21-29 November (official Championships period)**. In case of arrival before 21st and departure after 29th the LOC will provide extra service and all associated costs are to be covered by the NPC / delegation.

The entry fees should be transferred to the following IPC bank account and identify your payment by stating a clear reference **NPC name- 2015 IPC PO ECH competition fee** on the bank documents:

Account Name:	IPC, Adenauerallee 212-214, D-53113 Bonn, Germany
Bank:	Deutsche Bank AG, D-53113 Bonn, Germany
Bank code:	380 700 59
Branch No.:	414
SWIFT Address:	DEUT DE DK 380
Account number:	0290 122 00
IBAN:	DE75380700590029012200

Please note that incomplete payment will result in all athletes from your delegation being ineligible to compete. **No reimbursements will be granted after the payment.**

IPC Powerlifting acknowledges in certain countries/territories the restrictions to transfer money abroad. In the event of such difficulty, please contact IPC Powerlifting on ippowerlifting@paralympic.org for an alternative payment option. Please note absolutely no cash payment in any kind for the competition fee will be accepted by IPC PO without its prior approval.



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2.17 Accommodation

2.17.1 Hotel Eger&Park

Official hotel for all athletes and officials during the Championships, the hotel offers accommodation in single and double rooms.

- **Hotel name:** Hotel Eger&Park
- **Address:** Szálloda utca 1-3. Eger
- **Website:** www.hotelegerpark.hu/en/

2.17.2 Type of rooms*:

- **Single room.-** 125 euros per night per room, incl. 3 times a day meals
 - **Double room.-** 210 euros per night per room, incl. 3 times a day meals
- * Please be informed that the check-in time in the hotel is from 14:00 and the check-out is until 12:00. Teams who arrive before 14:00 or leave after 12:00 are allowed to stay in the lobby.

* All rooms will be allocated based on the money arrived from the NPCs.

2.17.3 Payment

The accommodation should be transferred to the following bank account, according to the terms of payment: (09 October 2015, deadline to pay full)

Account name	Magyar Paralimpiai Bizottsag
Account holder address	1146 Budapest, Istvanmezei ut 1-3.
Name of the bank	K & H Bank Zrt.
Address of the bank:	1146 Budapest, Ajtosi Durer sor 10.
IBAN	HU31 1040 9015 4957 5055 5352 1026
Swift code:	OKHBHUHB

2.17.4 Accommodation Cancellation Policy

- 50% of payment will be refunded before 09 October 2015
- No payments will be refunded after 09 October 2015

2.18 Transport

Transportation will be organized from/to **Liszt Ferenc International Airport, Budapest** to the official Championships hotel.



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The distance between the airport and hotel is 140 km; the journey takes approximately 1.5 hours by car or bus. The competition venue is in the hotel building.

2.19 Extra Days

In case of early arrival or late departure (outside the official dates) any additional needs (example for accommodation / transportation etc), 100% of associated costs are to be covered by the NPC / delegation. Please contact the LOC for more information about any additional requirements.

2.20 Entry Forms

The Online Entry forms are through the **IPC Online Entry System (EBS)**. Please refer to attached manual).

The event form named as:

- **2015 IPC Powerlifting European Open Championships**
(According to the athlete selection made, it will register in the entry forms as Junior or Senior).
- On 01 May, 0:00am, the entries by number phase is opened (male, female, staff, plus entries by gender, age group and weight category, IPC Powerlifting > European Open Championships > Entries by Number or > Slot Allocation).

2.21 Visas

For those delegation members who require visa to enter Hungary, you are to contact the nearest Hungarian Embassy/Consulate in your country. All NPC's to fill up the Visa Request Form (see attached), copy of your passport and photograph send it to the LOC. The LOC will provide you with a formal invitation letter together with the list of your delegation to your NPC and the Hungarian Embassy/Consulate in your country.

Please be reminded that it is important that your NPC arrange all RELEVANT VISAS well in advance with the respective deadlines.

The forms must be sent to powerliftingec2015@hparalimpia.hu no later than **09 October 2015**.



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3 Extra Information

3.1 Athlete Eligibility

To be eligible to be entered by an NPC to participate (compete) in the 2015 IPC Powerlifting European Open Championships must:

- have held an active IPC Powerlifting Athletes License for the 2015 season*;
- be internationally classified with a 'Confirmed' sport class status or a 'Review' sport class status with a review date set for after the 2015 ECH;
- have achieved the respective Minimum Qualification Standard (MQS) for the weight category that they will be entered for in the 2015 ECH* within the period 1 January 2013 and 09 October 2015; (*exception being where rule 4.1 of the 2013-2016 IPC PO rules apply)
- All new athletes and juniors do not required MQS to be eligible.

3.2 Powerlifting Medal Events and Minimum Qualification Standards

Medals will be awarded in ten (10) body weight categories for men and ten (10) body weight categories for women.

Seniors

Men's Event	MQS
Up to 49.00 kg	95 kg
Up to 54.00 kg	105 kg
Up to 59.00 kg	115 kg
Up to 65.00 kg	125 kg
Up to 72.00 kg	132 kg
Up to 80.00 kg	140 kg
Up to 88.00 kg	147 kg
Up to 97.00 kg	155 kg
Up to 107.00 kg	162 kg
Over 107.00 kg	170 kg

Juniors

Men's Event	MQS
Up to 49.00 kg	87 kg
Up to 54.00 kg	97 kg
Up to 59.00 kg	107 kg
Up to 65.00 kg	117 kg
Up to 72.00 kg	125 kg
Up to 80.00 kg	132 kg
Up to 88.00 kg	140 kg
Up to 97.00 kg	147 kg
Up to 107.00 kg	155 kg
Over 107.00 kg	162 kg



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Seniors

Women's Event	MQS
Up to 41.00 kg	52 kg
Up to 45.00 kg	55 kg
Up to 50.00 kg	57 kg
Up to 55.00 kg	60 kg
Up to 61.00 kg	62 kg
Up to 67.00 kg	65 kg
Up to 73.00 kg	67 kg
Up to 79.00 kg	70 kg
Up to 86.00 kg	77 kg
Over 86.00 kg	82 kg

Juniors

Women's Event	MQS
Up to 41.00 kg	47 kg
Up to 45.00 kg	50 kg
Up to 50.00 kg	52 kg
Up to 55.00 kg	55 kg
Up to 61.00 kg	57 kg
Up to 67.00 kg	60 kg
Up to 73.00 kg	62 kg
Up to 79.00 kg	65 kg
Up to 86.00 kg	72 kg
Over 86.00 kg	77 kg

In addition, where categories have competitors who are juniors (from day of 14th Birthday up to until the day of the 20 birthday by the 31st of December of the year of the competition)

For juniors, in the situation that there is only one (1) athlete in the category then medals will be awarded according to the provisions that are described in the 2013-2016 Rules and Regulations.

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3.3 Host City – Eger

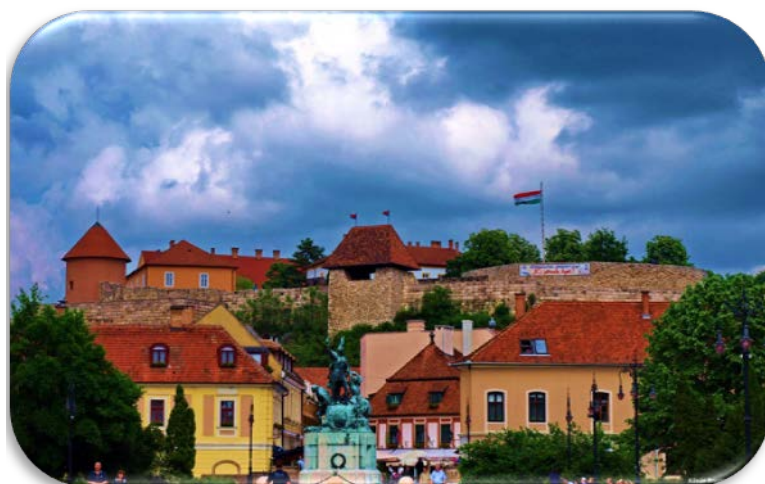
The name of Eger represents, for every Hungarian, the story of determined patriotism, when the outnumbered heroic defenders in the fortress, led by István Dobó, held out against the Turks in their initial attack in 1552.

Eger is a paradise for historical sightseers and contains something like 200 historical monuments. In addition to all of these attractions, it is a picturesque place with a small, pedestrianised town centre that features many brightly painted houses with iron balconies lining narrow, twisting streets. Ornate lampposts and hanging baskets of flowers decorate the cobbled lanes and squares and sculptures representing the battle against the Turks are a proud reminder of the victorious saga.



Castle of Eger

St. Stephen, first king of Hungary, founded a bishopric in Eger sometime between 1001 and 1009 AD. The town's ecclesiastical importance led to the construction of a stone fortress for its protection in 1248, built around a Romanesque cathedral. By the 16th century, the Turkish invasion was in full swing, with Buda falling in the 1540's. In 1552 the Turks turned their attention to one of the biggest obstacles in the region, the fortress of Eger. The Hungarian defenders, only two thousand strong, managed to withstand a five-week siege by a force about forty times its size. The fortress of Eger, now a protected historic monument, is the site



of the István Dobó Castle Museum. Permanent exhibitions cover the history of the castle, the underground fortification system (Casemates), while another exhibits the medieval forms of

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punishment. Carvings from the destroyed cathedral can be seen in the lapidarium, while the marble sarcophagus of István Dobó, the heroic captain of the fortress during the 1552 siege, can be found in the Heroes' Hall. The Art Gallery, also hosted in the castle, has one of the finest art collections in Hungary with works by Dutch, Italian, Austrian, and Hungarian masters.

Eger Basilica

Monstrous Basilica in Eger is the second largest in Hungary. From the outside a huge and very impressive building with a typical dome, which is open to visitors.



The interior impresses by its vastness, beautiful decorations, and impressive paintings on the ceiling. The sanctuary towers jutting out are visible from a distance.



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3.4 Venue and Accommodation - in one place

Hotel Eger&Park****

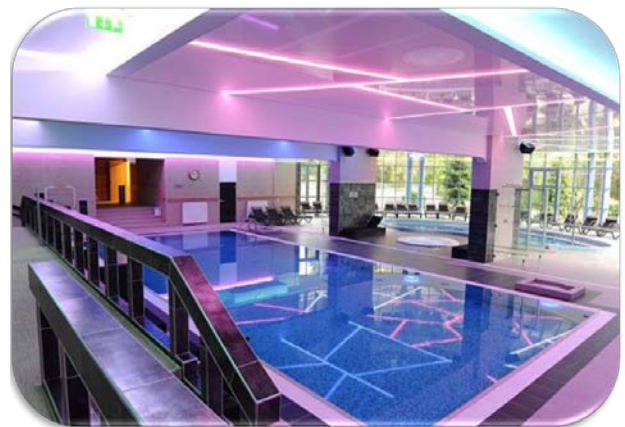
Eger's established hotel complex is situated in the town centre only 500 m far from Dobó square, the Castle of Eger and other historic monuments. Entertainment facilities can also be reached on foot. The nearby Bishopric Garden, which is the biggest park of the town, can also provide entertainment facilities.



Rooms of Hotel Eger All 173 rooms of this building were renovated, new furnishing, colours and style comforts our guests from 2013. All rooms are air-conditioned, non-smoking, equipped with flat screen tv, satellite channels, free WIFI access, telephone, minibar and hair dryer.



Accessible Rooms



Accessible Wellness area

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Competition Venue:

The competition venue will be located at the main meeting room with 1 FOP will all IPC Powerlifting requirements, one warmup area with 10 benches and one training area with 5 benches.





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3.5 Contact Details

Local Organising Committee

Name: Hungarian Paralympic Committee

Contact: Veronika Toth

Phone/ Fax: +36 1 460 6804

Email: powerliftingec2015@hparalimpia.hu

IPC Powerlifting

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**LOOKING FORWARD
TO SEE YOU IN:**

