



2015 IPC Powerlifting
Asian Open Championships
Almaty, Kazakhstan 26-30 July



ORGANIZATION:

Ministry of Culture and Sport of the Republic of Kazakhstan and NPC Kazakhstan



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1 Introduction

The Local Organizing Committee and the International Paralympic Committee (IPC) would like to invite you to the 2015 IPC Powerlifting Asian Open Championships from 26-30 July 2015 at the Baluan Sholak Sports Palace in Almaty, Kazakhstan.

Hosted by the Baluan Sholak Sports Palace, 100 to 180 athletes from 25 countries are expected to participate in the 2015 IPC Powerlifting Asian Open Championships – an event that will be critical for a major stop for powerlifters on the road to Rio 2016.

We are very proud to host this prestigious event that will help to develop the legacy within the sport and further develop our athletes international competition experiences, which we hope will be the first of several IPC Powerlifting Championship events to be hosted in Kazakhstan in the future.

Through the continued support of the government entities, national sports governing bodies, private and public sector partners, we are very pleased that this competition is hosted in Almaty, Kazakhstan; where we are sure your lifters will experience our fantastic Kazakhstani hospitality and face elite competition.

Local Organizing Committee
National Paralympic Committee Kazakhstan



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2 General Information

2.1 IPC Membership

The Organizing Committee will only accept entry forms submitted by the NPC / NPF in good standing with the IPC. Furthermore, only those entry forms submitted by the NPC President, Secretary General or authorized person will be processed. For further information on the IPC's membership policies or to address general membership issues, please contact the IPC PO office ipcpowerlifting@paralympic.org

2.2 Rules & Regulations

The 2013-2016 IPC Powerlifting Rules & Regulations will apply for the 2015 Asian Open Championships. <http://www.paralympic.org/Powerlifting/RulesandRegulations/Rules>

2.3 Anti-Doping

The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

<http://www.paralympic.org/Powerlifting/RulesandRegulations/AntiDoping>

2.4 Classification

Athletes who have never been classified and or have a designated sport class status of "R" (Review) will be required to go through International Classification prior to the start of the 2015 IPC Powerlifting Asian Open Championships.

International Classification will be conducted on **24-25 July 2015**. A detailed classification schedule will follow after the revision of the final entries by IPC PO. All athletes informed that they require classification must arrive at a time prior to / in advance of their allocated slot within the classification process and have with them ready a completed copy of the IPC Powerlifting Medical information form (this can be found on the IPC Powerlifting website, on the download and forms section <http://www.paralympic.org/Powerlifting/Forms>.) ***The NPC must upload the Medical Information in the classification section of SDMS four (4) weeks before the competition.*** International Classification must be completed at least 2 hours prior the start of the Technical Meeting.

Athletes must be licensed through their NPC. From a classification perspective the provisions of the Classification Manual apply. For more specific details refer to the IPC Powerlifting classification rules and regulations.

<http://www.paralympic.org/Powerlifting/RulesandRegulations/Classification>



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2.5 Medical Information

2.5.1 Medical Services

The LOC will ensure the implementation of all necessary and appropriate on-site medical, emergency ambulance and first aid services during the Championships.

2.5.2 Treatment

No medical insurance will be provided to any of the participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event.

2.6 Participant Insurance

Each NPC must ensure that all members of their delegation are appropriately insured, including coverage for travel, liability, accidents and repatriation. All delegation members must have appropriate accident and health insurance accepted in order to compete at international IPC competitions.

Each participant will need to provide evidence of appropriate insurance cover no later than **22 June 2015**.

2.7 Dates

Teams Arrival dates	23-24 July
Raise the Bar!	24 July
Anti-Doping Seminar	25 July
International Classification	24 July (All day) 25 July (morning) Classification schedule will be provided after final entries by name
Technical Meeting	25 July
Opening Ceremony	26 July
Competition dates	26-30 July
Closing Ceremony	30 July
Teams Departures	31 July



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2.8 Preliminary Programme

The Provisional timetable and events programme will be provided after the final entries by name revision. (26 July 2015). The competition programme will be finalized after the technical meeting.

2.9 Maximum number of entries per event per NPC

Only for the 2015, we will allow 15 instead of 10 maximum number of entries per NPC across all events but still with no more than 2 per event.

Each country is allowed to enter a maximum of 15 senior male and 15 senior female competitors spread throughout the range of the 10 male and female bodyweight categories. There must not be more than 2 senior competitors from any one country in any particular bodyweight category.

Additionally, each country is allowed to enter a further maximum of 15 junior male and 15 junior female competitors spread throughout the range of the 10 male and female bodyweight categories for juniors. There must not be more than 2 competitors from any one country in any particular bodyweight category.

2.10 Viability of the Events

For an event to be considered viable for all three medals the minimum number of athletes per weight category must be 3. In case of a category with less than 3 athletes (2 or less) then section 9 of the 2013-2016 rules will apply and either a minus one rule will be applied and or, where considered more practical, weight categories will be grouped together as decided upon by the technical delegate appointed by IPC PO. In such circumstance of combined bodyweight groups the HA (Haleckzko) formula should be used in full accordance with the IPC PO rules. Any final decisions made will be announced prior to the competition at the technical meeting.

2.11 Body Weight Category change

Bodyweight categories will apply as per the 2013-2016 IPC Powerlifting Rules and Regulations. Point 4.1 of the rules applies where entered bodyweight or change to bodyweight category is required. The bodyweight category signed off at the technical meeting is considered final and no further changes will be allowed.

2.12 Entries and Registration Process

All entered athletes must be registered by IPC Powerlifting by the final entries deadlines. **(refer to IPC Athlete Licensing Policy for the current season)** Athlete's entries not meeting this criterion may be rejected by IPC Powerlifting.



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All athletes must be entered online* by their respective NPCs or National organizations authorised and endorsed by the NPC to do so and accepted by IPC Powerlifting.

*Do not contact LOC about entries.

2.12.1 Late entries

The IPC PO Office must be informed about any late entry. All respective information must be reviewed on the 'case by case' basis and the entry may be accepted / rejected by IPC PO.

2.12.2 Replacements

The IPC PO Office must be informed about every replacement. Replacements of athletes may be accepted due to injury or medical reasons. All respective medical information regarding the athlete who is to be replaced must be sent to the IPC PO Office by the respective NPC for further consideration regarding its acceptance / rejection.

2.12.3 Declaration of Participation

By completing and submitting sport entries via the IPC Powerlifting European Championships Sport Entries Online System (EBS), NPCs are considered to have declared the participation of their athletes in the specified event/categories.

2.12.4 Final Entry Process

NPCs will be able to generate their competition fee invoice for the European Open Championships directly from the EBS based on its confirmed overall team delegation size.

Please note that no amendments to the invoice will be permissible after submission by **12 June 2015**, except for athlete withdrawals due to injury or medical reasons before the Championships may be granted an exception to this rule provided a medical certificate signed by the team/LOC medical officer is submitted to IPC Powerlifting for approval. IPC PO may waive the application of this rule to an athlete under exceptional circumstances. Any decision made by IPC PO will be final and not open for further contest or appeal by any other organization or body.

2.12.5 Online Entry System registration process

The registration process for the competition is as follow:

- **02 October 2014** Delivery of Invitation letter and general information
- **15 January 2015** Opening of Online Entry (**by number by event**)



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- **31 March 2015** Close of Online Entry (**by number by event**)
- **01 April 2015** Opening of Online Final Entry (**by name**) and provisions of details per persons and photographs for accreditation
- **12 June 2015** Close of Online Final Entry (**by name**) and provisions of details per persons, photographs for accreditation. **Deadline to pay in full all registration fees**
- **12 June 2015:** Close of sending back the forms for accommodation, meal and transport to the following addresses **and deadline to pay in full all fees due (see bank details in 2.17.3)**

Organizing Committee:

NPC of KAZAKHSTAN

Fax: +7 727 248 5527

Tel.: +7 701 8055222, +7 775 9130555, +7 7172 790777

Email: almatypower2015@gmail.com

IPC Powerlifting:

Adenauerallee 212-214, 53113 Bonn, Germany

Fax: +49 228 2097209

E-mail: ipcpowerlifting@paralympic.org

2.13 Results

Results will be sent by LOC to the IPC PO Office after the competition is completed. The results will then be reviewed and the Ranking list will be updated accordingly.

Only results of athletes who are licensed by IPC PO within the given timelines for results recognition and have an 'R' or 'C' sport class status will be taken into consideration for inclusion in the official World and Regional ranking lists (refer to the 2013-2016 IPC PO Rules and Regulations).

2.14 Rankings

Please see the IPC PO Rules and Regulations 2013-2016, point 7 (Rankings). Also please be reminded about the IPC Licensing Policy, where the requirements for the athlete to be included in the Rankings are described.

2.15 Records

Please see the IPC PO Rules and Regulations 2013-2016, point 8 (Records). Also please be reminded about the IPC Licensing Policy, where also the requirements for the athlete to be considered eligible to achieve the Record are described.



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2.16 Competition Fee

The competition fee for the 2015 European Open Championships is **550 Euros** per participant; this payment must be transferred directly to IPC. (**12 June 2015**, deadline to pay in full all necessary registration fees) The Competition Fee covers Championships services such as, basic medical services provided in the official Championships venue and transport (return journey to / from the airport to the official Championships hotel) **from 23-31 July (official Championships period)**. In case of early departure on **1 August**, the LOC will provide extra service free of charge until **6:59am**. If you will require transport services after **7:00am**, please contact the LOC, and all associated costs are to be covered by the NPC / delegation.

The entry fees should be transferred to the following IPC bank account and identify your payment by stating a clear reference **NPC name- 2015 IPC PO ACH competition fee** on the bank documents:

Account Name:	IPC, Adenauerallee 212-214, D-53113 Bonn, Germany
Bank:	Deutsche Bank AG, D-53113 Bonn, Germany
Bank code:	380 700 59
Branch No.:	414
SWIFT Address:	DEUT DE DK 380
Account number:	0290 122 00
IBAN:	DE75380700590029012200

Please note that incomplete payment will result in all athletes from your delegation being ineligible to compete. **No reimbursements will be granted after the payment.**

IPC Powerlifting acknowledges in certain countries/territories the restrictions to transfer money abroad. In the event of such difficulty, please contact IPC Powerlifting on ippowerlifting@paralympic.org for an alternative payment option. Please note absolutely no cash payment in any kind for the competition fee will be accepted by IPC PO without its prior approval.

2.17 Accommodation

2.17.1 Aiser Hotel

Official hotel for all athletes and officials during the Championships, the hotel offers accommodation in single, double, and triple rooms.

- **Hotel name:** Aiser Hotel
- **Address:** Pozharsky 1 street, 050013, Almaty, Kazakhstan
- **Website:** <http://www.grandaiserhotel.kz/en/>

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2.17.2 Type of rooms*:

- **Single room (20 rooms available).**- 150 euros per night per room incl. 3 times a day meals
- **Double room (20 rooms available).**- 200 euros per night per room incl. 3 times a day meals
- **Triple room (30 rooms available).**- 260 euros per night per room incl. 3 times a day meals (**recommended**)
- **Four beds room (30 rooms available).** – 320 euros per night per room incl. 3 times a day meals

*Teams who arrive on July 23 before 12:00am and want to have access to their rooms before the check in (12:00am) the hotel will charge an extra night. After 12:00am the hotel will have available the room (without extra cost)

*On July 31 teams who wants to stay in their rooms after the check-out (11:59 a.m) will be charge for an extra night. Teams are allowed to stay in the lobby without extra cost.

* All rooms will be allocated on the bases of when NPCs pays as money was received.

2.17.3 Payment

The Accommodation fees should be transferred to the following bank account, according to the terms of payment: (**12 June 2015**, deadline to pay the full accommodation)

Account name:	“Social Innovation Fund for Support and Development of Sport in the Republic of Kazakhstan” Public Fund
Bank name:	JSC «ATF Bank»
Branch name:	Almaty Branch of ATFBank JSC
BIC/Swift-Code:	ALMNKZKA
IBAN:	KZ04826A1EURD2003386

2.17.4 Accommodation Cancellation Policy

- 50% of payment will be refunded before 26 June 2015
- No payments will be refunded after 26 June 2015



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2.18 Transport

Transportation will be organized from/to **Almaty International Airport** to the official Championships hotels.

The distance between the airport and hotel is 17 km; the journey takes only 30 minutes by car or bus. The distance between competition venue and hotel is 500 meters (5 minutes by bus and 500 meters walking distance (5 minutes)).

2.19 Extra Days

In case of early arrival or late departure (outside the official dates) any additional needs (example for accommodation / transportation etc), 100% of associated costs are to be covered by the NPC / delegation. Please contact the LOC for more information about any additional requirements.

2.20 Entry Forms

The Online Entry forms are through the **IPC Online Entry System (EBS)**. Please refer to attached manual).

The event form named as:

- **2015 IPC Powerlifting Asian Open Championships**
(According to the athlete selection made, it will register in the entry forms as Junior or Senior).
- On 15 January, 0:00am, the entries by number phase is opened (male, female, staff, plus entries by gender, age group and weight category, IPC Powerlifting > Asian Open Championships > Entries by Number or > Slot Allocation).

2.21 Visas

For those delegation members who require visa to enter Kazakhstan, you are to contact the nearest Kazakhstan Embassy/Consulate in your country. All NPC's to fill up the Visa Request Form (see attached) and copy of your passport and send it to the LOC. The LOC will provide you with a formal invitation letter together with the list of your delegation to your NPC and the Kazakhstan Embassy/Consulate in your country.

Please be reminded that it is important that your NPC arrange all RELEVANT VISAS well in advance with the respective deadlines.

The forms must be sent to almatypower2015@gmail.com no later than **12 June 2015**.

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3 Extra Information

3.1 Athlete Eligibility

To be eligible to be entered by an NPC to participate (compete) in the 2015 IPC Powerlifting Asian Open Championships must:

- have held an active IPC Powerlifting Athletes License for the 2015 season*;
- be internationally classified with a ‘Confirmed’ sport class status or a ‘Review’ sport class status with a review date set for after the 2015 ACH;
- have achieved the respective Minimum Qualification Standard (MQS) for the weight category that they will be entered for in the 2015 ACH* within the period 1 January 2013 and 12 June 2015; (*exception being where rule 4.1 of the 2013-2016 IPC PO rules apply)

3.2 Powerlifting Medal Events and Minimum Qualification Standards

Medals will be awarded in ten (10) body weight categories for men and ten (10) body weight categories for women.

Seniors

Men's Event	MQS
Up to 49.00 kg	95 kg
Up to 54.00 kg	105 kg
Up to 59.00 kg	115 kg
Up to 65.00 kg	125 kg
Up to 72.00 kg	132 kg
Up to 80.00 kg	140 kg
Up to 88.00 kg	147 kg
Up to 97.00 kg	155 kg
Up to 107.00 kg	162 kg
Over 107.00 kg	170 kg

Juniors

Men's Event	MQS
Up to 49.00 kg	87 kg
Up to 54.00 kg	97 kg
Up to 59.00 kg	107 kg
Up to 65.00 kg	117 kg
Up to 72.00 kg	125 kg
Up to 80.00 kg	132 kg
Up to 88.00 kg	140 kg
Up to 97.00 kg	147 kg
Up to 107.00 kg	155 kg
Over 107.00 kg	162 kg



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Seniors

Women's Event	MQS
Up to 41.00 kg	52 kg
Up to 45.00 kg	55 kg
Up to 50.00 kg	57 kg
Up to 55.00 kg	60 kg
Up to 61.00 kg	62 kg
Up to 67.00 kg	65 kg
Up to 73.00 kg	67 kg
Up to 79.00 kg	70 kg
Up to 86.00 kg	77 kg
Over 86.00 kg	82 kg

Juniors

Women's Event	MQS
Up to 41.00 kg	47 kg
Up to 45.00 kg	50 kg
Up to 50.00 kg	52 kg
Up to 55.00 kg	55 kg
Up to 61.00 kg	57 kg
Up to 67.00 kg	60 kg
Up to 73.00 kg	62 kg
Up to 79.00 kg	65 kg
Up to 86.00 kg	72 kg
Over 86.00 kg	77 kg

In addition, where categories have competitors who are juniors (from day of 14th Birthday up to until the day of the 20 birthday by the 31st of December of the year of the competition)

For juniors, in the situation that there is only one (1) athlete in the category then medals will be awarded according to the provisions that are described in the 2013-2016 Rules and Regulations.

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3.3 Host City – Almaty

Almaty is the largest city of Kazakhstan located on the South-East of the Republic of Kazakhstan in the foothills of Zailisky Alatau. Almaty is known as the “Southern Capital” and is the financial, economic and cultural center of the Republic and Central Asia.

Almaty literally means ‘city of apple trees’, and, because of its relatively mild climate, it has a wide range of apple trees.

Population of more than 1.7 million residents.



Scenic mountains are the visiting card of Almaty. You can enjoy the view of the cable car ascending to the highest point of city of Kok-Tobe ("Blue Mountain") located at an altitude of 1.130 m above sea level. Almaty hosted Asian Winter Games in the 2011.

First President's Park

The Park is about 1.5 km from one end to the other with trees and habitats interspersed with features. It is located in the southern part of Almaty and has a spectacular mountain backdrop.

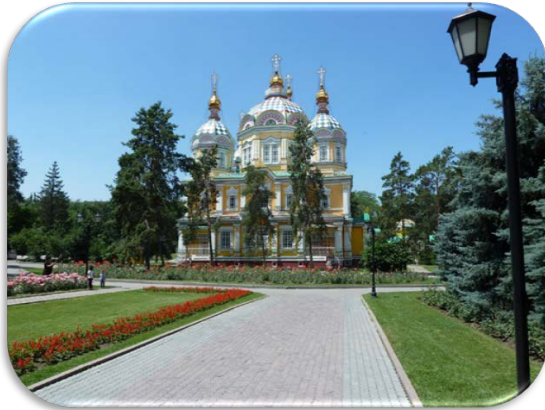


No admission charge and entrance only through the colonnade at the north end of the park.

The park was opened in November 2011 in respect to the First President of Kazakhstan Nursultan Nazarbayev and was then opened to the general public.

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Zenkov Cathedral



It is located in Panfilov Park and it is probably the only wooden Cathedrals in the world. The cathedral is built without using any nails, which again, makes it pretty unique.

Kok-Tobe

The hill the mast stands on is the highest point of the city of Almaty at 1100 metres and the mast itself is 350 meters tall. The viewpoint from Kok-tobe is well worth a visit with panoramic views of the city in all directions. A cable car ride is a really good way to the top of Kok-tobe Hill and see the view of surrounding mountains, the start of which is located close to the Hotel Kazakhstan. The cable car goes over some of the oldest parts of Almaty and it is interesting to see the old fruit growing gardens.



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3.4 Venue

The Competition Venue will be at the Baluan Sholak Sports Palace, with a seating capacity of 5,000. With one Field of Play with all IPC Powerlifting requirements, one warmup area with 10 benches.



3.4.1 Training Area

The training area will be located in the Competition hotel at the main meeting room.



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3.5 Aiser Hotel

The hotel is located in the Centre of the city. Comfortable accessible rooms with satellite TV, air conditioning and Wi-Fi Internet access in 14 floors with beautiful Mountain view.



It is located just a 5 minutes walking distance from the competition venue.





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3.6 Contact Details

Local Organizing Committee

Contact: Artur Tommitsskiy

Phone: +7 701 8055222, +7 775 9130555

Fax: +7 727 248 5527

Email: almatypower2015@gmail.com

IPC Powerlifting

Jon Amos

IPC Powerlifting STC Chairperson

Phone: +44 (0)7775 584475

Email: jonamos@ipcpowerlifting.com

Jorge Moreno

IPC Powerlifting Sport Manager

Phone: +49 228 2097 260 Fax +49 228 2097 209

Email: ipcpowerlifting@paralympic.org

*LOOKING FORWARD
TO SEE YOU IN:*



**IPC POWERLIFTING
ASIAN OPEN CHAMPIONSHIPS**

