



# **1<sup>st</sup> Para Athletics Coaching Conference**

**Destination Rio 2016 – Preparing for Prime Performance**

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**International Paralympic Committee**

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## Chantal Petitclerc - Canada



Chantal was born on December 15, 1969 in Saint-Marc-des-Carières, Québec. At the age of 13, she lost the use of her legs following an accident. Convincing her to take up swimming in order to develop her strength and stamina, her high school physical education teacher, Gaston Jacques, would have a decisive impact on her life.

Four years later, she would discover wheelchair athletics, paving the way for a long and very successful career which would take her from the Barcelona Games, in 1992, to the Beijing Games, in 2008.

Chantal Petitclerc is the track and field athlete having won the most medals in history (worldwide), the Canadian athlete who has amassed the most medals in all sports as well as the only Canadian athlete to have won gold medals at the Olympics, Paralympics and Commonwealth Games. Her career in numbers:

- Five Paralympic Games (Barcelona, Atlanta, Sydney, Athens, Beijing)
- 21 Paralympic medals (including 14 gold medals)
- 1 Olympic gold medal in the 800m (demonstration sport)
- 26 world records broken
- Still holder of the 200m and 400m world records

Chantal has received several prizes and awards in recognitions for her sporting exceptional career, including:

- Companion of the Order of Canada

- Chevalier de l'Ordre du Québec
- Laureus international award
- Lou Marsh Trophy as Canadian athlete of the year
- Star on Canada's Walk of Fame
- International Paralympic Committee Female athlete of the year
- La Presse Sports personality of the year
- Honorary Doctorates, University of Ottawa, Alberta and Montréal
- United States Sports Academy's Juan Antonio Samaranch IOC Disabled Athlete Award.

In 2012, she tried for the first time what would become a new career path as coach and mentor of the UK track and field team at the London Paralympic Games. In 2014, she was named Team Canada's Chef de Mission for the Glasgow Commonwealth Games and she will also be the Chef de Mission for Canada's Paralympic Team in Rio (2016).

Chantal Petitclerc is a highly sought after speaker, and shares her story with dozens of groups each year, both throughout Canada and abroad. She participates in projects by various Paralympic athletics and sports organizations, in addition to working as a spokesperson for Défi Sportif in Montréal and as an ambassador for the international Right to Play organization.

## Guido Bosen – Netherlands

### Understanding the key components of prosthetic running and jumping



Guido has been the national head coach of the Dutch Para-athletics Team since 2009. Before that he was working with able bodied athletes, with a ninth place in the heptathlon in the Beijing 2008 Olympics one of the highlights.

As coach of the Dutch Para-athletics Team he works with amputee sprinters and long jumpers on a daily basis. During his years as national coach he has brought through and trained many athletes to the elite level. He works closely together with the team's prosthetist, prosthetics supplier and team's physiotherapist.

During his lecture he will tell you what he thinks are the key factors in running and jumping with prosthesis - not only how to achieve the maximum results but also the importance of keeping athletes healthy.

## Lawrence W. Judge – USA

### Develop training methodology for seated and standing throws



Lawrence W. Judge is an associate professor and co-ordinator of the graduate coaching programme at Ball State University.

Judge recently served as the President for the National Association for the Accreditation of Coaches Education and is currently the USATF National Chairman for Coaches Education. He has co-authored three books on track and field throwing events and over 100 peer reviewed publications. He has coached over 100 NCAA All Americans, 11 NCAA champions, 16 USATF champions, eight Olympians and two American and world record holders.

In the discus throw F44, Judge recently coached Jeremy Campbell to a gold medal at the London 2012 Paralympic Games and 2013 IPC Athletics World Championships. He is an International Paralympic Committee Athletics certified Coach Educator and certified Trainer.

He was recently honoured as a research fellow by the Society of Health and Physical Educators and was named a registered strength and conditioning coach emeritus by the National Strength and Conditioning Association.

## Ciro Winckler – BRA

### Finding the right training environment for VI athletes



Ciro Winckler is a professor of physical education at the Federal University of São Paulo in Sao Paulo, Brazil. His field of study is the physical education with an emphasis on Adapted Physical Activity and Paralympic sport. He has obtained master and doctorate degrees in Physical Education with a concentration Physical Activity and Health Adaptation at the State University of Campinas in 2002 and 2006 respectively.

Ciro also serves as the Athletics Technical Co-ordinator of the Brazilian Paralympic Committee where his athletes have won multiple Paralympic and World titles and established new world records in visually impaired events.