

CODES OF EXCEPTION

STARTS

- A ASSISTANCE REQUIRED
- B BLACKENED GOGGLES
- E UNABLE TO GRIP FOR BACKSTROKE START
- H HEARING IMPAIRED LIGHT OR SIGNAL REQUIRED
- T TAPPERS
- Y STARTING DEVICE

DURING SWIMMING

- 0 NIL
- 1 ONE HAND START
- 2 RIGHT HAND TOUCH
- 3 LEFT HAND TOUCH
- 4 RIGHT HAND TOUCH WITH SIMULTANEOUS INTENT TO TOUCH WITH OTHER
- 5 LEFT HAND TOUCH WITH SIMULTANEOUS INTENT TO TOUCH WITH OTHER
- 6 SIMULTANEOUS INTENT TO TOUCH
- 7 PART OF UPPER BODY MUST TOUCH
- 8 RIGHT FOOT MUST TURN OUT
- 9 LEFT FOOT MUST TURN OUT
- 12 LEG DRAG OR SHOW INTENT TO KICK
- + DOLPHIN KICK IS ABLE TO BE PERFORMED

STROKES

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| FREE | NO EXCEPTIONS ('NIL') |
| BACK | ONLY EXCEPTION '1' MAY APPLY |
| BUTTERFLY | EXCEPTIONS '2'-'7' MAY APPLY |
| BREAST | EXCEPTIONS '2'-'12' MAY APPLY |