An Invitation to Participate in
The 7th Fazaa, IPC Powerlifting World Cup

Dear NPC Presidents/Secretaries General,

The Dubai Club for the Disabled in cooperation with IPC Powerlifting would like to invite you to the 7th Fazza IPC Powerlifting World Cup from 15 – 19 February 2016 in Dubai, UAE.

Please find attached:
- The Invitation for the 7th Fazza 2016 IPC Powerlifting World Cup
- Visa Application Form
- Accommodation Form
- Travel Information Form
- Accreditation Form

Please distribute all these documents to your contact persons in charge of Powerlifting. Enclosed you will also find forms to identify your intention to participate, please complete fully and return to the Dubai Club for the Disabled by no later than the deadline of 31\12\2015.

This Competition will have Paralympic Rankings approval results.

We look forward to seeing you in Dubai!!!

Chairman, Dubai Club for the Disabled

Thani Juma Berregad

Dubai Club for The Disabled
Tel: 00971 4 2988205
Fax: 00971 4 2988459
P.O.BOX : 20990 - DUBAI
UNITED ARAB EMIRATES
Email: fazza.disabled.2016@gmail.com
Introduction:

The Local Organizing Committee in cooperation with IPC Powerlifting would like to invite you to the 7th Fazaa IPC Powerlifting World Cup from 15 – 19 February 2016 at the Dubai Club for the Disabled in Dubai, United Arab Emirates.

The city of Dubai previously held the IPC Powerlifting World Championships in 1998 & 2014 and is very accustomed to hosting major sporting events, including the annual Fazza International Powerlifting Championships and the Fazza International Athletics Competition.

We are very proud to host this prestigious event that will help to develop the legacy of the sport and further develop our athletes experience at international competitions, which we hope will be the one of several IPC Powerlifting competitions to be hosted within Dubai in the future.”

Through the continued support of the government entities, national sports governing bodies, private and public sector partners, we are very pleased to host this competition in the United Arab Emirates; where we are sure your lifters will experience our fantastic Emirati hospitality and face elite competition.

Local Organizing Committee
Dubai Club for the Disabled
General Information:

**IPC Membership:**
The Organizing Committee will only accept entry forms submitted by the NPC / NPF in good standing with the IPC. Furthermore, only those entry forms submitted by the NPC President, Secretary General or authorised person will be processed. For further information on the IPC’s membership policies or to address general membership issues, please contact the IPC PO office [ipcpowerlifting@paralympic.org](mailto:ipcpowerlifting@paralympic.org)

**Rules & Regulations:**
The 2013-2016 IPC Powerlifting Rules & Regulations will apply for the 7th Fazaa IPC Powerlifting World Cup.

**Anti-Doping:**
The Anti-Doping control / processes will be carried out in full accordance with the IPC Anti-Doping Code and the IPC Doping Control Agreement.

**Classification:**
Athletes who have *never* been classified and / or have a designated sport class status of “R” (Review) or Review 2016 or earlier will be required to go through International Classification prior to the start of the Competition

**Medical Information:**

**Medical Services**
The LOC will ensure the implementation of all necessary and appropriate on-site medical and first aid, to include the presence of an emergency ambulance throughout the competition.

**Treatment:**
No medical insurance will be provided to any of the participants. All participants are responsible for obtaining their own medical insurance (including Repatriation Coverage) and will be responsible for any medical expenses resulting from participation in the event.

**Participant Insurance**
Each NPC must ensure that all members of their delegation are appropriately insured, including cover for travel, liability, accidents and repatriation. All delegation members must have appropriate accident and health insurance accepted in order to compete at the 7th Fazaa IPC Powerlifting World Cup.
Dates:

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Entry by number Deadline</td>
<td>01/12/2015</td>
</tr>
<tr>
<td>Final Entry by Name &amp; with payment Deadline</td>
<td>15/12/2015</td>
</tr>
<tr>
<td>Teams Arrival dates</td>
<td>12-13/02/2016</td>
</tr>
<tr>
<td>International Classification</td>
<td>13-14/02/2016</td>
</tr>
<tr>
<td>Classification schedule will be provided after final entries by name</td>
<td></td>
</tr>
<tr>
<td>Raise the Bar! / Anti-Doping Seminar</td>
<td>13-14/02/2016</td>
</tr>
<tr>
<td>Technical Meeting</td>
<td>14/02/2016</td>
</tr>
<tr>
<td>Opening Ceremony 1\textsuperscript{st} day Competition</td>
<td>15/02/2016</td>
</tr>
<tr>
<td>Competition dates</td>
<td>15-19/02/2016</td>
</tr>
<tr>
<td>Closing Ceremony</td>
<td>19/02/2016</td>
</tr>
<tr>
<td>Teams Departures</td>
<td>20/02/2016</td>
</tr>
</tbody>
</table>

Preliminary Program:
The Provisional timetable and events Program will be provided after the final entries by name revision. (15/12/2015). The competition Program will be finalised after the technical meeting.

Maximum number of entries per event per NPC:
At all IPC PO recognised competitions (except) Paralympic Games, each country is allowed to enter a maximum of 10 senior + 10 junior male and 10 senior + 10 junior female competitors spread throughout the range of the 10 male and female bodyweight categories. There must not be more than 2 senior competitors from any one country in any particular bodyweight category.

Viability of the Events:
For an event to be considered viable for all three medals the minimum number of athletes per weight category must be 3. In the case that a bodyweight category has less than 3 athletes (2 or less) then section 9 of the 2013-2016 rules will apply and either the minus one rule will be applied and or, where considered more practical, weight
categories will be grouped together as decided upon by the technical delegate. In such circumstance of combined bodyweight groups the AH formula should be used in full accordance with the IPC PO rules. Any final decisions made will be announced prior to the competition at the technical meeting.

Results:

Results will be sent by the LOC to the IPC PO Office immediately after the competition is completed. The results will then be reviewed and the World and Paralympic Ranking lists will be updated accordingly. Only results of athletes who are licensed by IPC PO within the given timelines for results recognition and have an ‘R’ or ‘C’ sport class status will be taken into consideration for inclusion in the official ranking lists (refer to the 2013-2016 IPC PO Rules and Regulations).

Body Weight Category Change:

Bodyweight categories will apply as per the 2013-2016 IPC Powerlifting Rules and Regulations. Point 4.1 of the rules applies where entered bodyweight or change to bodyweight category is required. The bodyweight category signed off at the technical meeting is considered final and no further changes will be allowed.

Prices and awards:

<table>
<thead>
<tr>
<th>Place</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st place</td>
<td>Gold medal + 2000 AED</td>
</tr>
<tr>
<td>2nd place</td>
<td>Silver medal + 1500 AED</td>
</tr>
<tr>
<td>3rd place</td>
<td>Bronze medal + 1000 AED</td>
</tr>
<tr>
<td>World record</td>
<td>1500 AED</td>
</tr>
</tbody>
</table>

Accommodation:
The Al Bustan Hotel is the official hotel for all athletes and officials during the World Cup. This hotel offers accommodation in single, double, and triple rooms.

- Hotel name: Al Bustan
- Address: Al Nahda Road-Al Towar, P.O.Box 2017, Dubai, UAE
- Website: [www.al-bustan.com](http://www.al-bustan.com)
Type of rooms*:

- Single room: $145 US Dollar per night incl. 3 times a day meals
- Double room: $205 US Dollar per night incl. 3 times a day meals
- Triple room: $340 US Dollar per night incl. 3 times a day meals (strongly recommended: apartment including 1 single room and 1 double room, two bathrooms, kitchen, lounge and dining area)

*Teams who arrive on 12th February before 6:00am and want to have access to their rooms before the check in (6:00am) the hotel will charge an extra night. After 6:00am the hotel will have the room available (without extra cost).

*On 19th February teams who want to stay in their rooms after the check-out will be charged for an extra night. Teams are allowed to stay in the lobby without extra cost.

* All rooms will be allocated once payment has been received in full.

Payment:
The Accommodation fees should be transferred to the following bank account, according to the terms of payment: (15/12/2015, deadline to pay the full accommodation)

<table>
<thead>
<tr>
<th>Account name</th>
<th>Dubai Club for Special Sports</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bank name</td>
<td>Dubai Islamic Bank</td>
</tr>
<tr>
<td>Branch name</td>
<td>Dubai Main Branch</td>
</tr>
<tr>
<td>Account number</td>
<td>001520726988901</td>
</tr>
<tr>
<td>Swift-Code</td>
<td>DUBIAEAD</td>
</tr>
<tr>
<td>IBAN</td>
<td>AE95 0240 0015 2072 6988 901</td>
</tr>
</tbody>
</table>

Cancellation Policy:

- 50% of payment will be refunded before 10 January 2016
- No payments will be refunded after 15 January 2016

Transportation:
It will be organised from/to Dubai international Airport to the official competition hotel. The distance between the airport and hotel is 6 km; the journey takes only 10 minutes by car or bus. The distance between competition venue and hotel is 500 meters (5 minutes) by bus and 500 meters walking distance (7 minutes).
Visas:
Visa invitation letter will be provided by LOC. In order to arrange your invitation letters we ask you to provide the LOC with a fully completed VISA Form (see attached), and include a copy of both your passport and a recent passport photo. These forms must be sent to fazza.disabled.2016@gmail.com no later than 1 January 2016.

Host City - Dubai:

Dubai enjoys, without a doubt, one of the best locations on the planet. Situated halfway between Europe and Asia, few destinations take more than 8 hours direct flying time to or from Dubai. Just overnight from London, four hours from Nairobi, three hours from Mumbai, 8 hours from Hong Kong and a direct flight from the United States or Australia.

Dubai is one of the few cities in the world that has undergone such a rapid transformation - from a humble beginning as a pearl-diving centre - to one of the fastest growing cities on earth. Dubai today is a tourism, trade and logistics hub and has earned itself the reputation of being the ‘Gateway between the east and the west.’ It is also considered as the dynamic nucleus of the Arabian Gulf region.

Home to just over 2 million people from more than 200 nationalities, Dubai is one of the most cosmopolitan cities in the world. Dubai has a lot to offer. It is safe, politically stable, centrally located, and has good education system and healthcare facilities, modern infrastructure and much more. The sun shines almost every day, the shopping and leisure facilities are impressive.

Dubai is exciting, something new and different happens every so often. Just when you think you’ve seen it all, a new project is announced, whether it is the launch of a sports...
stadium, a mega commercial tower, a residential enclave or yet another shopping mall! Dubai is constantly on the move, striving for greater heights and more facilities and comfort for its residents and visitors.

**Tourist attractions in and around Dubai:**

**Burj AL Arab:**
Is a luxury hotel located in Dubai, United Arab Emirates? At 321 m (1,053 ft), it is the fourth tallest hotel in the world. Burj Al Arab stands on an artificial island 280 m (920 ft) from Jumeirah beach and is connected to the mainland by a private curving bridge. The shape of the structure is designed to mimic the sail of a ship. Sometimes referred to as "the world's only 7-Star hotel".

**Burj Khalifa:**
World's tallest building, a living wonder, stunning work of art, incomparable feat of engineering, Burj Khalifa is all that, in concept and execution, Burj Khalifa has no peer. More than just the world's tallest building, Burj Khalifa is an unprecedented example of international cooperation, symbolic beacon of progress, and an emblem of the new, dynamic and prosperous Middle East.
The Dubai Fountain designed by WET Design, can spray 22,000 gallons (83,000 liters) of water in the air at any moment. More than 6,600 lights and 25 colour projectors have been installed. The Dubai Fountains project water in the air in many different combinations and patterns. The beam of light shining upward from the fountain can be seen from over 20 miles away. The fountain lake fills the gap between the Dubai Mall, The palace hotel, Souk Al Bahar and The Address Downtown Burj Dubai.

Metro Dubai driverless fully automated metro rail network in the United Arab Emirates city of Dubai. The Red Line and Green Line are operational, with three further
lines planned. These first two lines run underground in the city centre and elevated viaducts elsewhere (elevated railway). All trains and stations are air conditioned with platform edge doors to make this possible.

The Venue will be at the Dubai Club for the Disabled, with a seating capacity of 300 persons, where past competitions such as the World Powerlifting Championship 1998 & 2014 and Fazaa’ Powerlifting Competition (6 times since 2009) were held.

Training Area:
The training area will be located in the Dubai Club for the Disabled and it will hold 18 Benches and 12 in the warm-up area, you will be able to reach it with accessible buses.
Al Bustan Centre & Residence Hotel is located in AlNahda Road, AlTowar, Dubai. The type of rooms and Suites include studios, one bedrooms, two bedrooms and three bedrooms.

Free Internet in the Lobby

Gymnasium

Accessible Swimming Pool
Rooms:

Apartment “Triplet room” (1 single room + 1 double room and 2 bathrooms).

Accessible bathroom

Single room
Declaration

Participant's Agreement, Waiver, Release and Acknowledgement

Upon entry into this competition, I hereby on my own behalf, my heirs, executors and administrators waive and release all rights to any claims for damage or loss against Dubai Club for Special Sports, the sponsor and the organizers and successors that may arise as a result of my participation in the 7th Fazza IPC Powerlifting World Cup 2016.

I hereby declare that I have no injuries, that I am physically fit, have sufficiently trained for this event and that my physical condition has been checked by a verified by a licensed medical doctor to confirm that I am physically fit and that there is also no other medical reason that I should not participate in this competition. I agree to abide by all rules and regulations of Dubai Club for Special Sports. Further, I hereby grant full permission to any and all of the aforementioned to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose including commercial advertising.

Note:

Athletes participating in the The 7th Fazza IPC Powerlifting World Cup 2016 could be subject to anti-doping testing according to IPC PO / IPC and WADA rules. Entry to the competition will be considered as an acceptance to the above and publication of the result to the relevant parties.

Parents (or legal guardian) must sign for participants under 18 years.

Athletes Full Name :................................................. Signature :

Country/NPC :..............................................................

Date : / /