10-16 June 2016
Carlo Zecchini Stadium
Grosseto





Media guide



















The biggest difference between other jumpers and me? They change their shoes. I change my leg.

> To reach your goals, dare to break down barriers.



Allianz (11)

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Welcome Speeches

Dear Media Representatives,

Welcome to the 2016 IPC Athletics European Championships in Grosseto, which I am delighted to say is the biggest single Para sport regional Championships ever held.

Around 600 athletes are set to take part in this event which will be hosted at the Carlo Zecchini Stadium, a venue that has hosted an IPC Athletics Grand Prix each year since 2013.

Four years ago in the Dutch town of Stadskanaal, many countries used the European Championships as an opportunity to give a number of young athletes their first taste of international competition ahead of the London 2012 Paralympic Games. Months after the Europeans, some of those youngsters won Paralympic medals in front of 80,000 people and millions of TV viewers in the British capital.

I think we will see a repeat of this again this year; Grosseto 2016 is the last major international Championships ahead of Rio 2016 and athletes competing here will use this event to test their form and keep an eye on their rivals ahead of Latin America's first Paralympic Games.

The continued growth of IPC Athletics events is down to your support, and your dedication in developing national high performance programmes in your country. It is clear that each year athletes are growing stronger, faster and more agile and I expect multiple records to be broken here in Grosseto and in September in Rio.

Thank you for your continued support and thank you to the Organising Committee, led by its President Sandrino Porru, who has done a fantastic job in organising this event. I hope you enjoy your time in Grosseto and your athletes get the results you desire.

I wish you the very best of luck for Grosseto 2016, the biggest IPC Athletics European Championships ever.

Best wishes
Sir Philip Craven MBE
IPC President





Dear Media Representatives,

I am delighted and honoured to welcome you in Grosseto for the 2016 IPC Athletics European Championships.

I'd like to thank you for all the work you will be doing to bring to the world's attention the beauty of para-sport.

If athletes will showcase their great performances to make Grosseto 2016 prestigious, your voice will give visibility to their feats. You will be telling the world about their incredible stories and your coverage will conquer people's hearts. That's the beauty of life.

Athletes competing here will show that their impairment does not limit what they can achieve. Through maximizing their abilities it will redefine what you think it possible in life. This is the real miracle of Paralympism: to empower the spirit, to give freedom to the body and hope to the mind.

We believe that nothing is impossible. Determination and willingness are key to reach our own goals in personal, sport and social life

Our media team will be more than happy to assist you during your work at the Zecchini Stadium and during your stay in Grosseto. We took extreme care in providing you a high-standard service to meet your needs and expectations.

I am sure that thanks to your professional work you will leave tremendous memories of our European Championships.

I hope that you will enjoy a wonderful experience of the competition and share our joy and passion for para-athletics.

A warm sporting hug to all,

Sandrino Porru

President of the Italian Federation of Paralympic and Experimental Sports



ISPIRATI

LE GRANDI IMPRESE CI ISPIRANO NEL SUPERARE LIMITI E BARRIERE, ECCO PERCHÉ AUTONOMY, IL PROGRAMMA DI MOBILITÀ DI FIAT, LANCIA, ALFA ROMEO, ABARTH E JEEP OFFRE A TUTTI I PORTATORI DI LIMITAZIONI MOTORIE, SENSORIALI O INTELLETTIVE LA POSSIBILITÀ DI POTER GODERE DI TUTTA LA LIBERTÀ DI MOVIMENTO DI CUI HANNO BISOGNO.

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DA GRANDI PERFORMANCE.













Media Team Contacts

IPC Athletics Media



IPC Communications and Media Director

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IPC Athletics Media Co-ordinator

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IPC Athletics Digital Media and Media Operations Co-ordinator

LAURA SCHREDER laura.schreder@paralympic.org +39 327 9462762

Official websites

www.grosseto2016.com (English) www.grosseto2016.it (Italian)

Watch events live on

www.grosseto2016.com

Grosseto 2016 Local Organising Committee



The LOC media team will work to ensure the best media coverage of the Grosseto 2016 IPC Athletics European Championships, assisting written press journalists, TV commentators and photographers with all the services they need to effectively accomplish their duties.

Communications and Media Director

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Senior Reporters

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GIACOMO MARGUTTI
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Event Information

Grosseto 2016 will be the fifth edition of the IPC Athletics European Championships after Swansea 2014, Stadskanaal 2012, Espoo 2005 and Assen 2003.

There will be around 600 athletes from 35 National Paralympic Committees aiming to win one of the 193 European titles at stake in track and field events.

The Opening Ceremony is scheduled on Friday 10 June at the Dante Sq. in the city centre of Grosseto with start at 18:00.

The competition will take place at the Carlo Zecchini Olympic Stadium from 11 to 16 June.

Date	Event
From Friday 3 until Thursday 9 June	NPC delegations Arrivals
From Tuesday 7 until Thursday 9 June	Classifications
Friday 10 June	Opening Ceremony
Saturday 11 June	Start of competition Day 1
Sunday 12 June	Day 2
Monday 13 June	Day 3
Tuesday 14 June	Day 4
Wednesday 15 June	Day 5
Thursday 16 June	Closing Ceremony
From Friday 17 June	NPC delegations departures

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Event Information

Carlo Zecchini Olympic Stadium

The Carlo Zecchini Olympic Stadium is the official competition venue of the Grosseto 2016 IPC Athletics European Championships. The Stadium was built between 1956 and 1960 to host the football competition of the Rome 1960 Olympic Games.

Over the years it has undergone a series of renovations to host other major sporting events. Among them, the 2001 European Athletics Junior Championships and the 2004 World Junior Championships.

The local club, Atletica Grosseto Banca della Maremma, has also organised 13 national championships, including the 100th edition of the Italian Championships in 2010.

Since 2013 the Stadium has played host to the Italian Open Championships, the Italian leg of the IPC Athletics Grand Prix organised by the FISPES, the Italian governing body for para-athletics.

Bruno Zauli Training Facility

The Bruno Zauli Training Facility is adjacent to the Stadium and will serve as training and warm-up area.

Rights-holding broadcasters are allowed to film in the warm-up and training areas under certain restrictions: The team manager or team press attaché of the athlete to be filmed has to consent to the filming and shall inform IPC Sport staff about their consent. The film crew has to be accompanied by the team's press attaché/team manager and no other athletes/teams should be filmed, unless they have given their consent.

For further details, please contact Laura Schreder (laura.schreder@paralympic.org) who will send you the full Policy for IPC Sports Championships (Filming of training sessions).





Classification

The IPC Athletics classification system serves two key purposes:

- 1. Determining eligibility: the system defines who is eligible to compete in IPC Athletics competitions;
- 2. Sport Class Allocation: system describes methods for dividing eligible athletes up into sport classes. The aim is that each class should consist of athletes who have impairments that cause approximately the same amount of activity limitation in the key athletic disciplines running, wheelchair racing, jumps and throws.

The aim of classification in IPC athletics is to minimise the impact of eligible impairments on the outcome of competition. To do this, athletes are assessed and then placed into competition categories, called sport classes, according to how much their impairment affects sports performance.

In general athletes with impairments that have a similar impact on sport performance will compete in the same sport class. The system ensures that athletes do not succeed simply because they have an impairment that causes less of a disadvantage than their competitors, but because of their skill, determination, tactics, fitness and preparation.

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Track and jumps (Prefix T for Track)

Discipline: Running and jumping (16 classes)

Sport classes (Impairment types):

T11-13 (Visual impairment)

T20 (Intellectual impairment)

T35-38 (Co-ordination impairments (hypertonia, ataxia and athetosis))

T40-41 (Short stature)

T42-44 (Lower limb affected by limb deficiency, leg length difference, impaired muscle power or impaired range of movement)

T45-47 (Upper limb/s affected by limb deficiency, impaired muscle power or impaired range of movement)

Discipline: Wheelchair racing (7 classes)

T32-34 (Co-ordination impairments (hypertonia, ataxia and athetosis))

T51-54 (Limb deficiency, leg length difference, impaired muscle power or impaired range of movement)

Throws (prefix F for Field)

Discipline: Standing throws (15 classes)

Sport classes (Impairment types):

F11-13 (Visual impairment)

F20 (Intellectual impairment)

F35-38 (Coordination impairments (hypertonia, ataxia and athetosis))

F40-41 (Short stature)

F42-44 (Lower limb affected by limb deficiency, leg length difference, impaired muscle power or impaired range of movement)

F45-46 (Upper limb/s affected by limb deficiency, impaired muscle power or impaired range of movement)

Discipline: Seated throws (11 classes)

Sport classes (Impairment types):

F31-34 (Coordination impairments (hypertonia, ataxia and athetosis))

F51-57 (Limb deficiency, leg length difference, impaired muscle power or impaired range of movement)

Media Accreditation

Media require accreditation cards to access the championship venue and their designated media working areas.

Media are required to wear their accreditation at all times in the competition venue. The accreditation card is strictly personal.

The media accreditation form will be available online via www.grosseto2016.com/media until the start of the Championships. Late requests should be directed to the Main Accreditation Centre or contact Laura Schreder (laura.schreder@paralympic.org).

Main Accreditation Centre

Media can collect their accreditation cards at the Grosseto 2016 Main Accreditation Centre located at the main entrance of the Carlo Zecchini Olympic Stadium.

Media must personally collect their accreditation cards by showing their passport.

The Main Accreditation Centre will be operational as follows:

- from Monday 6 to Friday 10 June: 9:00 19:00
- from Saturday 11 to Thursday 16 June: $\,9{:}00$ $20{:}00$

If an accreditation is lost or damaged, it can be re-issued at the Main Accreditation Centre after submitting a written request to the Media Manager.

Accreditation categories

There will be four media accreditation categories with access to zone 4 which includes all media working areas (Media Centre, Media Conference Room, Photo Positions, Media Tribunes, Mixed Zone). Rights-holding broadcasters and Host Broadcasters also have access to zone 5.

CATEGORIES	FUNCTION	ZONE
MEDIA Press	Press	4, White
MEDIA Photographer	Photographer	4, White
MEDIA Host Broadcaster	Host Broadcaster	4, 5, Blue
MEDIA Rights-holding Broadcaster	Rights holding broadcaster	4, 5, White
MEDIA Non-rights holding Broadcaster	Non-rights holding broadcaster	4, White

Photographers and broadcasters are required to wear bibs that can be collected at the Media Centre.





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POLE VAULT AND HIGH JUMP MATS





OUTDOOR AND INDOOR CAGES





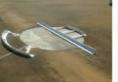






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Media Accommodation

There are two hotels available to the Grosseto 2016 accredited media.

- Hotel Airone, fully accessible to wheelchair users
- Hotel Granduca.

Both hotels offer free Wi-Fi connections.

The Hotel Airone is 1.5km away from the city centre and 2.5km from the competition venue. It's situated close to the railway station.

The Hotel Granduca is 3km away from the city centre and 3.5km from the competition venue.

Media Hotels	Hotel Airone Hotel Granduca
Hotel Category	4 stars
Distance from the competition venue	Hotel Airone: 2.5km Hotel Granduca: 3.5km
Official websites	www.hotelairone.eu www.hotelgranduca.com

Free shuttle buses will be available from the media hotels to reach the competition venue.

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Media Transport

There will be two transport services free of charge available to all accredited media.

Rome Fiumicino Airport - Grosseto Media hotel for Arrivals and Departures

The Rome Fiumicino Airport (FCO) airport is located 172 km from Grosseto, and is roughly a two-hour coach journey in normal traffic conditions.

Transport from Rome Fiumicino to Grosseto will available only to all international accredited media staying at the official media hotels upon specific request. This service will be offered free of charge and needs to be pre-booked by sending an email to the Grosseto transport team at

transport@grosseto2016.it and media@grosseto2016.it.

At the airport's **Terminal T3** there will be a Grosseto 2016 Welcome Desk which will serve as meeting point for international media after baggage claim and security checks. Once arrived at the Welcome Desk, media will be escorted outside the airport to take their coach to Grosseto.

Grosseto Railway Station - Grosseto Media hotel for Arrivals and Departures

The transport service from the station to the Media hotel will be ensured upon previous agreement with the LOC. This service, free of charge, needs to be pre-booked by sending an email to the Grosseto transport team at

transport@grosseto2016.it and media@grosseto2016.it.

Media hotel - Competition venue

Media shuttle buses will be available to connect the media hotels and the competition venue. The service will be offered free of charge to all accredited media.

The service will be available from Wednesday 8 June.

During non-competition days there will be a shuttle bus every 90 minutes. On competition days it will be available every 30 minutes in the first part of the morning session and in the last part of the evening session. During the day frequency will be of 90 minutes

A bus timetable will be available at the welcome desk of the media hotel.

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Media Services

Media Working Areas

Access to the media working areas will be permitted only to accredited media, LOC media team and volunteers, and NPC press attachés.

Media Centre

The Media Centre, located at the Azzurri d'Italia Sporting Hall, will be provided with all equipment needed for the media to accomplish their duties.

There will be 50 workstations available for journalists and photographers.

WiFi connection and cabled internet connection will be available free of charge at the Media Centre.

A Media Workroom team will be in place to assist media for any information or help they may require. TV monitors and CIS terminals for results will be available.

The Media Workroom will be operational on Wednesday 8 June, two days prior the start of the competition.

The Media Centre will be operational as follows:

Date	Opening hours
From Wednesday 8 until Friday 10 June	9:00 - 17:00
Saturday 11 June	8:00 - 21:30
Sunday 12 June	8:00 - 21:30
Monday 13 June	8:00 - 21:30
Tuesday 14 June	8:00 - 21:30
Wednesday 15 June	8:00 - 21:30
Thursday 16 June	8:00 - 21:30

The Media Conference Room is located in the Media Workroom and will be used to a Norld of Athletics host press conferences in exceptional cases.

Media Services

Mixed Zone

After competition all athletes will be obliged to go through the Mixed Zone.

Access to the mixed zone will be granted to accredited media only and will be monitored at all times

The Mixed Zone will be divided into two sectors, both accessible to wheelchair users.

The first sector is assigned exclusively to TV rights holders. The second sector is assigned to TV non-rights holders, radio journalists and written press.

The Mixed Zone is located outside the external fence of the Stadium with easy access from the Media Centre and Tribunes.

TV monitors and CIS terminals for results will be available.

A news team will be responsible to provide athletes' flash quotes to the media after competition. Flash quotes will be distributed electronically to the media who require this service and will be available on the Grosseto 2016 website. Priority will be given to gold medalists.

Media Tribunes

Media tribunes are of exclusive access to accredited media and will be monitored at all times

There will be four dedicated sections for the media with excellent visibility of the field of play.

The upper tier's tribune, which is not accessible, will provide 30 temporary tabled positions in front of the finish line. This working area will be primarily assigned to TV commentators.

Other 30 tabled positions are available in the existing media tribune of the Stadium.

There will be also 60 non-tabled positions available in the upper tier.

The bottom tier will offer up to 5 tabled accessible positions that will be assigned to wheelchair users.

Media tribunes will be constantly monitored by media tribune volunteers that will assist journalists for any requests.

WiFi internet connection will be available free of charge.

Interview area

There will be an extra opportunity for press, radio journalists and TV crews to conduct interviews of athletes at the Bruno Zauli training venue.

Only accredited journalists will be able to access the Interview Area and will be always escorted by a member of the media team.

Interviews need to be officially requested to the Media Manager and can be conducted only upon approval.

The management of this area will fall under the media team's responsibility.

Photo positions

Photo positions in the field of play have been carefully identified to secure the best shooting views to capture images of the competition. Only accredited photographers can have access to the photo positions in the field of play.

Positions will be available in front of the victory ceremony podium and at the finish line.

A Photo Manager will manage photo positions, assist photographers in their work and distribute bibs for the competition. It will be the Photo Manager's responsibility to decide which photographers can access the field of play as only a limited number of infield photographers can be accepted.

Accredited photographers must wear photo bibs at all times when on duty, infield photographers will receive an extra bib.

Sixty minutes before the start of each competition day a photo briefing will be held by the Photo Manager to explain behaviour's rules and distribute bibs.

The Photo Manager is entitled to deny access to the FOP or withdraw accreditation to any photographers breaking the rules.



Dallo sport professionistico alla vita di tutti i giorni.

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grasso localizzato, Synergy Mat per l'esercizio propriocettivo a piedi nudi, Synergy HCR (nuova tecnologica di fabbricazione WHTcare SA - Svizzera) per la riattivazione del microcircolo e la vasodilatazione e Synergy Viss per la riprogrammazione neuro muscolare mediante la vibrazione meccano-sonora focalizzata. Segui i programmi di formazione Human Tecar.

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Grosseto at a glance

Grosseto is the main city located at the heart of Maremma

Maremma is a vast geographic Italian region extending from northern Latium to the southern coastal part of Tuscany. Its landscape, climate and high quality of life are worldwide renowned for their unique features

If nowadays Maremma is considered one of the most friendly areas in Italy, history tells us this land was originally a wetland with air, water and soil environmental issues. The measures taken to reclaim the central and southern territories were part of a great hydraulic intervention which attracted settlements of people and developed urbanisation.

Today, Maremma's reclamation is considered one of the biggest Italian historic accomplishments that left a mark on the villages and cities founded to accommodate those workers who helped building the region's existing beauty.

The City of Grosseto is situated in one of the most beautiful, striking and fascinating areas of Tuscan Maremma extending from the Uccellina Mountains to the promontory of Punta Ala. The Ombrone river which goes through the city played an important role in its history and development. Today, Grosseto is a remarkable provincial

capital, a wealthy and dynamic centre and a land of agriculture, industry and tourism. Like other rare examples in Italy, the "old city" is surrounded by well preserved and intact walls which have been built from the XII century by Francis I Medici for defensive purposes.

Over the years floods and battles affected the walls that underwent a few changes until 1855. That year, during the most significant phase of Maremma's reclamation, Archduke Leopold II decided to demolish all guard posts to create a more pleasant infrastructure for Grosseto's citizens, including a dirt-track promenade to enjoy during their free time.

Moreover, the coastal beauties of the Grosseto province with the Giglio Island, the entire Tuscan Archipelago and the villages of Marina di Grosseto, Principina a Mare, Castiglione della Pescaia and Punta Ala are a prominent pure maritime heritage of the Italian peninsula.

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Grosseto at a glance

Grosseto as a sporting city

The city of Grosseto has a high profile sporting tradition helped by local clubs' great achievements and the performances of leading athletes at the national level.

In team sports, Grosseto features: a football club, the US Grosseto Calcio, which in recent years has reached the B League in the Italian championships and is currently competing in the D League; the BBC Grosseto Baseball club that in its history secured a Champions Cup; the Maremma Cricket Club, founded in 1992, which over a few years has topped the national competitions; and a roller hockey team called CP Grosseto existing since 1951. There is also a number of smaller sporting clubs for basketball,

volleyball and futsal that are very proactive in promoting development programmes in schools and are successful at the grassroots level and in minor championships.

In individual sports, Grosseto has a highly respected fencing training centre, a remarkable boxing preparation site and a top-value athletics movement considered a real strength for the city and the entire province.

Grosseto's athletics history extends for over a century. The first athletics association called "Dopolavoro Cosimini" was founded in 1912 and operated until 1952 when it was officially replaced by the Atletica Grossetana club.





In the 60 years of its history the Atletica Grossetana club has produced 27 athletes in the national junior athletics team and three representatives in the senior Italian squad (Andrea Giannini, Elisabetta Artuso and Stefano La Rosa). Their sporting career share the same roots: they all moved their first athletics steps within the Grosseto's club.

The city also offers cutting-edge sporting facilities: the baseball stadium is one of the biggest pitches in Italy, the park around the stadium is provided with a cycling track and with a number of pathways and trails for runners, mountain-bikers and climbers. The cycling track, one of the longest existing tracks in Italy, was used in the past for major cycling events and is nowadays employed for training purposes by inline skaters and track cyclists.

The sporting complex consisting of the Bruno Zauli training venue, the Carlo Zecchini Olympic Stadium and the Azzurri d'Italia sports hall is beneficial for local athletics as well as a true invaluable heritage for Italian athletics. With the exception of the Olympic Stadium in Rome, Grosseto's athletics stadium is the second biggest in Italy, and features an IAAF certified double track and has a capacity to host major international events, attracting huge crowds.

Along with the traditional athletics international meet "Città di Grosseto", this facility has hosted several editions of the Italian Athletics Championships organised by the FIDAL (Italian Athletics Federation), the European Athletics Junior Championships in 2001 and the IAAF World Junior Championships in 2004.

These successful events proved how Grosseto is deeply bound to athletics and how the city has been able to effectively respond to the challenge of being a perfect host in the eyes of the world.









Parthers



















































www.grosseto2016.com

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