



World Para Dance Sport

Rules and Regulations 2017-2020

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Official World Para Dance Sport Supplier

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1 Definitions and Abbreviations

Adjudicator – means a person recognised or licenced by World Para Dance Sport to judge national, regional and/or international competitions in Para Dance Sport.

Chairperson of Adjudicators – means a person with the responsibilities outlined in Rule 3.5.2 who is not a judge.

Conventional Event – means a Para Dance Sport event as defined in Rule 4.1.1

Freestyle/Showdance Event – means a Para Dance Sport event as defined in Rule 4.1.2.

IPC – means the International Paralympic Committee, the global governing body of the Paralympic Movement.

IPC Handbook - <http://www.paralympic.org/the-ipc/handbook>.

LOC – means a Local Organising Committee, a committee that is endorsed by the host NPC to organise a Recognised Competition.

National Coach – means any person responsible for the training and supervision of a national Para Dance Sport team.

NPC – means National Paralympic Committee, a national organisation recognised by the IPC as the sole representative of athletes with an impairment in that country or territory to the IPC.

Recognised Competition – means a Para dance sport competition as defined in Rule 3.1.

Rules and Regulations – means these World Para Dance Sport Rules and Regulations, as published and updated by World Para Dance Sport.

Sport Forum — means the meeting held by World Para Dance Sport to discuss any sport related matters in relation to the sport of Para Dance Sport, to be held after the World Championships every two (2) years, or as otherwise determined by World Para Dance Sport.

Standing Dancer – means an able-bodied athlete who participates in the professional division of Dance Sport in accordance with the World Dance Sport Federation Sport Technical Rules and Regulations.

STC – The World Para Dance Sport Sport Technical Committee, the World Para Dance Sport committee responsible for delivering specified sport technical activities and services in accordance with the IPC regulations, and providing advice to the World Para Dance Sport Management Team on all World Para Dance Sport sport technical matters.

Team Leader – means any person who is a Para Dance Sport leader, coach or representative recognised by a NPC or a Disabled Sports Federation/Association.

World Para Dance Sport Management Team - the team responsible for representing the IPC Governing Board and World Para Dance Sport in managing the business affairs of World Para Dance Sport and in all proceedings.

World Para Dance Sport Approved International Competition - means a Para Dance Sport competition as defined in Rule 3.1.

World Para Dance Sport Competition – means a Para Dance Sport competition as defined in Rule 3.1.

World Para Dance Sport Sanctioned Competition - means a World Para Dance Sport competition as defined in Rule 3.1.

2 Introduction

These Rules and Regulations are mandatory for all World Para Dance Sport Recognised Competitions. The overall governance and management of all IPC sports (including World Para Dance Sport) is subject to the detailed provisions of the IPC Handbook.

2.1 Printing of Rules and Regulations

These Rules and Regulations are the copyright property of the IPC and have been published for the benefit of NPCs, athletes, officials and those who are engaged in an official capacity with World Para Dance Sport. These Rules and Regulations may be reprinted or translated by any organisation with a legitimate need to do so, subject to the IPC's continuing ability to assert its copyright in the Rules and Regulations, including the right to insist on an assignment to the IPC of the copyright in any translated version of these Rules and Regulations. The English version of these Rules and Regulations shall be accepted as the authoritative version for the purpose of interpretation.

2.2 Effect of World Dance Sport Federation Sport Technical Rules and Regulations

The World Dance Sport Federation Sport Technical Rules only apply to Conventional Events and in circumstances where these Rules and Regulations are silent. The World Dance Sport Federation Sport Technical Rules supplement these Rules and Regulations.

2.3 Amendments to these Rules and Regulations

These Rules and Regulations will be reviewed at the Sport Forum and recommendations will be made to the STC for potential amendments. The Sport Forum will provide opportunities to discuss any sport related matters but the formal review of the Rules and Regulations will be discussed in the designated meetings according to the following timeline:

- **Year 1** (Regional Championships): World Para Dance Sport shall make any minor updates and clarifications to the Rules and Regulations it considers necessary.
- **Year 2** (World Championships): following the World Para Dance Sport World Championships World Para Dance Sport, in consultation with the STC, shall conduct a full review of the Rules and Regulations.
- **Year 3** (Regional Championships): World Para Dance Sport shall make any minor updates and clarifications to the Rules and Regulations it considers necessary.



- **Year 4** (World Championships): following the World Para Dance Sport World Championships World Para Dance Sport, in consultation with the STC, shall conduct a full review of the Rules and Regulations.

3 World Para Dance Sport Regulations

3.1 World Para Dance Sport Recognised Competitions

a) World Para Dance Sport Recognised Competitions include:

- **World Para Dance Sport Competitions:** the World Para Dance Sport World Championships, World Para Dance Sport Regional Championships and World Cups;
- **World Para Dance Sport Sanctioned Competitions:** Regional Games; and
- **World Para Dance Sport Approved International Competitions:** Youth Games, Sub-Regional Games, and competitions endorsed by a NPC.

b) A four-year-cycle for World Para Dance Sport World and Regional Championships will be adopted as follows:

- **Year 1:** Regional Championships (except if included in Regional Games)
- **Year 2:** World Championships
- **Year 3:** Regional Championships (except if included in Regional Games)
- **Year 4:** World Championships

The requirements for each of the Recognised Competitions are set out in **Appendix 1**.

3.2 Competition Management

- a) World Para Dance Sport alone shall have the right to manage World Para Dance Sport Competitions. The words “World” and “World Para Dance Sport” may not be used in connection with any wheelchair dance sport event without the prior written consent of World Para Dance Sport.
- b) World Para Dance Sport shall have jurisdiction over all matters not assigned by these Rules and Regulations to the Adjudicators, or other officials and shall have the power to postpone events.
- c) Recognised Competitions must comprise of one (1), two (2) or three (3) consecutive days.
- d) In all Recognised Competitions each event must have a minimum of three (3) participating countries and a minimum of three (3) eligible couples by the final entries deadline.
- e) In World Para Dance Sport Approved International Competitions each event must have a minimum of three (3) participating countries by the final entries deadline.

- f) For Recognised Competitions a LOC shall be approved by World Para Dance Sport to manage the competition.
- g) Each LOC, subject to the overall control and direction of World Para Dance Sport, shall be responsible for the entire management of the Recognised Competition, including the arrangement of the programme of events, classification, and technical equipment (including the installation of such equipment).
- h) To facilitate communication, each LOC must provide at least one (1) organiser with knowledge of the English language for the whole duration of the Recognised Competition (prior and during the competition).

3.3 Athlete Eligibility

- a) All athletes who wish to compete in Recognised Competitions must:
 - adhere to the IPC Athlete Nationality Policy in the IPC Handbook;
 - be 13 years of age by 1 January in the year of the Recognised Competition;
 - hold a valid World Para Dance Sport licence (after completing the IPC Athlete Eligibility Agreement);
 - be entered by their NPC, or other recognised federation, in good standing with the IPC;
 - comply with and be assigned a Sport Class and Sport Class Status in accordance with the World Para Dance Sport Classification Rules and Regulations;
 - sign the Athlete's Declaration Statement that is included in the entry form: "*I confirm that I am not: a National Coach, Team Leader, Adjudicator, or Standing Dancer of the Professional Division;*" and
 - not otherwise be disqualified or suspended from Para Dance Sport.

3.4 Officials

3.4.1 Technical Delegate

- a) Prior to each Recognised Competition, the Technical Delegate (appointed in accordance with Rule 3.4.3) shall be responsible for conducting site visits to:
 - check the dance floor and its surrounding area, the classification room, the Adjudicators and changing rooms, and the music equipment and results systems; and
 - ensure that the competition will run smoothly and according to these Rules and Regulations.

- b) During each Recognised Competition, the Technical Delegate shall be responsible for:
- the competition dance floor and its surrounding area;
 - ensuring the competition is run smoothly and according to these Rules and Regulations;
 - all technical matters;
 - all World Para Dance Sport officials appointed to each competition;
 - cross-checking the personal data of athletes with the results systems used for the competition.
 - checking the start lists at least two (2) months prior the start of each competition for World Para Dance Sport World and Regional Championships and at least two (2) weeks prior to the start of all other Recognised Competitions.
 - checking the start numbers are correct (not duplicated) and the correct couples are on the dance floor from round to round;
 - determining the number of couples to be recalled from the qualifying rounds and the number of couples for the final round of each competition.

3.4.2 Chairperson of Adjudicators

- a) At each Recognised Competition, the Chairperson of Adjudicators shall be responsible for:
- checking the scrutineers' equipment;
 - informing the Adjudicators about the heats and the rounds during the Adjudicators' meeting;
 - Checking if the dance dresses comply with these Rules and Regulations and, for Conventional Events, the World Dance Sport Federation Sport Technical Rules (in exceptional circumstances, in his or her sole discretion the Chairperson of Adjudicators may permit dance dresses to be worn that do not comply with the applicable rules);
 - checking if the music used for each dance is correct;
 - checking if the music time limits for each dance comply with these Rules and Regulations (in his or her sole discretion if he or she considers it necessary for the fair adjudication of the relevant event. the Chairperson of Adjudicators may grant exceptions to such rules); and checking if the correct number and panel of Adjudicators are on the dance floor in each round.

- b) The Chairperson of Adjudicators can arrange for an Adjudicator's replacement to be appointed in case of emergency during a competition.
- c) Only the Chairperson of Adjudicators can decide on the number of couples per heat based on the dance floor size.
- d) The Chairperson of Adjudicators works closely together with the Technical Delegate, the competition announcer, and the scrutineers.
- e) The Chairperson of Adjudicators has sole discretion to disqualify participants in accordance with Rules 6.10 and 6.1,1.
- f) Only the Chairperson of Adjudicators has the right to stop an event in a competition if the music, numbers of couples or music bars is not in accordance with these Rules and Regulations.

3.4.3 Duties and functions of World Para Dance Sport Adjudicators

3.4.3.1 Conventional and Freestyle/Showdance Events

- a) Only persons from the list of qualified World Para Dance Sport Adjudicators can be appointed as adjudicators for Recognized Competitions and World Cups. World Para Dance Sport must prior approve in writing any proposal from a LOC to appoint any adjudicator not from the list of qualified World Para Dance Sport Adjudicators.
- b) Adjudicators must follow the IPC Code of Ethics.
- c) In the final of World Para Dance Sport Recognised Competitions the Adjudicators shall place the couples. Place one (1) is the best place marking. The same place must not be given to more than one (1) couple.
- d) Closed marking is used in all rounds of Recognised Competitions.
- e) At World Para Dance Sport Competitions and IPC Sanctioned Competitions World Para Dance Sport shall appoint:
 - One (1) Technical Delegate.
 - One (1) Chairperson of Adjudicators. This person can be from the host country as long as he/she is qualified for World Para Dance Sport.
 - At least nine (9) Adjudicators one (1) of which may be from the host country.
 - The chief classifier and an appropriate number of other classifiers if applicable.



The LOC may recommend to World Para Dance Sport one person as the Chairperson of Adjudicators and another person as the Adjudicator representing the host country.

The Adjudicators must arrive at least one (1) day prior the opening ceremony and depart one (1) day after the closing ceremony. All costs (for each Adjudicator) of accommodation, transportation (international and local), meals, and a EUR 100 per diem per day of competition (maximum EUR 200) during the competition will be covered by the LOC.

All costs for Technical Delegate and Chairperson of Adjudicators of accommodation, transportation (international and local), meals, and a EUR 125 per diem per day of competition (maximum EUR 250) during the competition will be covered by the LOC.

f) For World Para Dance Sport Approved International Competitions;

- World Para Dance Sport shall appoint one (1) Chairperson of Adjudicators (who may be from the host country as long as he/she is recognised by World Para Dance Sport) and three (3) Adjudicators (in the case of seven (7) Adjudicators in total) and five (5) Adjudicators (in the case of nine (9) Adjudicators in total).
- the LOC shall nominate four (4) Adjudicators who must be approved by World Para Dance Sport.

All such Adjudicators must not have any responsibilities with a team delegation participating at the competition where they are appointed to judge. At least five (5) of these Adjudicators must be of an international level (according to any World Para Dance Sport specific regulations) and from different countries outside the host country.

The proposed list of Adjudicators from the LOC must be sent to World Para Dance Sport at least six (6) weeks prior the start of the competition.

The Adjudicators must arrive latest one (1) day prior the opening ceremony and depart one (1) day after the closing ceremony. All costs of accommodation, transportation (international and local), meals, and a EUR 100 per diem per day of competition (maximum EUR 200) during the competition will be covered by the LOC.

All costs for Chairperson of Adjudicators of accommodation, transportation (international and local), meals, and a EUR 125 per diem per day of competition (maximum EUR 250) during the competition will be covered by the LOC.

3.4.4 Dress code

- a) The World Dance Sport Federation dress code for the Technical Delegate, Chairperson of Adjudicators, Adjudicators and all other officials (including, but not limited to, any speaker, chairperson, scrutineer or manager) applies (except that the requirement to wear a World Dance Sport Federation tie or scarf does not apply and a neutral necktie or scarf must be worn. For the avoidance of doubt the applicable rules are as follows:

Rule C.6 (Dress Regulations for Chairpersons and Adjudicators)

Men: black business suit, white dress shirt, necktie, black dress shoes without decoration;

Women: black business suit with either skirt (covering the knees) or trousers, white dress blouse, scarf or tie.

- b) Classifiers are permitted to wear sportswear while performing classification prior to the commencement of Recognised Competitions and must wear a black/dark business suit during each competition.

3.4.5 Classification Panels

- a) The chief classifier and classifiers shall be appointed by World Para Dance Sport and subsequently communicated to the LOC in accordance with the World Para Dance Sport Classification Rules and Regulations. .
- b) All classifiers must arrive latest one (1) day prior the start of the classification evaluation process for the relevant Recognised Competition. All costs of accommodation, transportation (international and local) and meals, during the Recognised Competition will be covered by the LOC. For Para Dance Sport Competitions a EUR 100 per diem per day of duty (maximum EUR 200) during the Competition shall be covered by the LOC.

3.5 Pre-Competition and Post-Competition Processes

Prior to the start of each Recognised Competition up until the end of the competition, the following processes must be adhered to.

3.5.1 Entries

- a) In World Para Dance Sport World and Regional Championships, each NPC is permitted to enter a maximum of three (3) couples per event and per class. This rule applies even after a couple changes class during classification.
- b) In addition, each NPC must ensure that at least 70% of the couples entered must have competed in at least one (1) World Para Dance Sport Approved International Competition in the current season of the respective Para Dance Sport Competition.
- c) All entries for Recognized Competitions must be submitted by the deadlines determined by World Para Dance Sport and the LOC.
- d) Late entries (Championships only) will be subject to a penalty fee of EUR 40 to be paid to World Para Dance Sport and will be accepted on a case-by-case basis in the sole discretion World Para Dance Sport.
- e) For World Para Dance Sport Approved International Competitions and World Cups there is no limit in the number of couples per NPC per event per class.

3.5.2 Technical Meeting

Before the start of each Recognised Competition there must be a technical meeting with at least one (1) (and no more than two (2)) representative(s) of each participating country and the LOC, supervised by the World Para Dance Sport Technical Delegate. At least one (1) of the representatives from each country must be proficient in English. An Athlete will be only be permitted be a representative at the technical meeting in cases where he or she is the only representative of a country or where the official representative does not speak English.

3.5.3 Dress Check

On each competition day there shall be a dress check of all competing couples where the athletes will be wearing their competition costumes. The Technical Delegate and/or the Chairperson of Adjudicators will conduct the check.

3.6 Results

- a) Only results from Recognised Competitions are recognised by World Para Dance Sport.
- b) For all Recognised Competitions the results system recognised by World Para Dance Sport must be used and supplied by each LOC.
- c) The LOC must submit the results from all events of each Recognised Competition in electronic version to World Para Dance Sport no later than **three (3) days** after the end of the closing ceremony of the relevant competition.

3.7 Rankings

- a) The ranking system is based on the points that athletes can achieve by participating in Recognised Competitions.
- b) Only athletes' best three (3) results from Recognised Competitions during a year will be considered for the final ranking.
- c) An athlete may receive between 1 and 100 points in a Recognised Competition.
- d) The ranking system is based on coefficients where the different levels of competitions are taken into consideration. For instance the World Championships has the highest coefficient.
- e) The coefficient tables are set out in **Appendix 2**.

3.8 Processes for World Para Dance Sport Approved International Competitions

For a Para Dance Sport competition to be recognised by World Para Dance Sport, a LOC must complete the application form attached in **Appendix 3**.

3.9 Protests

- a) The protest form attached as **Appendix 4** is to be submitted by the team leader, or the official representative of the delegation, within **15 (fifteen) minutes** after the conclusion of the heat or round of an event.
- b) The protest form must be submitted to the World Para Dance Sport Technical Delegate together with the protest fee of **EUR 100**. The protest form must include an explanation as to why the protest has been made and reference the specific rule(s) of these Rules and Regulations alleged to have been breached.

- c) The protest panel will be responsible for determining the outcome of any protest.
- d) For all Recognised Competitions the protest panel shall consist of the Technical Delegate, the Chairperson of Adjudicators and either one of the Adjudicators or one of the STC members who is not involved in any other function for the competition (selected by the Technical Delegate). The protest panel must not include any person who was involved in the decision being protested.
- e) The decision of the protest panel is final.

3.10 Anti-Doping

All athletes and each athlete support personnel who participate in or are involved in any Recognised Competition as a coach, trainer, manager, team staff, official, medical, paramedical or other similar personnel is bound by the provisions of the IPC Anti-Doping Code as a condition of such participation or involvement. The IPC Anti-Doping Code can be found in the IPC Handbook at the following link: <http://www.paralympic.org/the-ipc/handbook>.

3.11 Equipment

The IPC Equipment Policy (outlined in the IPC Handbook) applies to all Recognised Competitions.

3.12 Gender

- a) Subject to Rule 3.12c), below, an athlete shall be eligible to compete in men's competition if he is:
 - recognised as a male in law; and
 - eligible to compete under these Rules and Regulations.
- b) Subject to Rule 3.12c), below, an athlete shall be eligible to compete in women's competition if she is:
 - recognised as a female in law; and
 - eligible to compete under these Rules and Regulations.
- c) World Para Dance Sport will deal with any cases involving transgender athletes in accordance with the IOC's transgender guidelines (as amended by the IOC from time to time) and any applicable World Para Dance Sport regulations.

- d) The eligibility of persons recognised as third gender in law will be determined by the IPC on a case-by-case basis, in accordance with any applicable World Para Dance Sport regulations.

3.13 Medical Services

- a) **Medical Code:** The IPC Medical Code (outlined in the IPC Handbook) applies to all Recognised Competitions. The IPC has appointed the IPC Medical Committee under the guidelines of the IPC Handbook to provide Para dance sport with general advice on medical matters.
- b) **Responsibilities:**
- In accordance with the IPC Medical Code, athletes are responsible for their own physical and mental health and for their own medical supervision.
 - By participating in a Recognised Competition, all participants specifically release IPC and World Para Dance Sport from any liability to the extent permitted by law for any loss, injury or damage that he or she may suffer in relation to or as a result of his or her participation in the Recognised Competition.
 - Notwithstanding the above provisions, NPCs shall use best efforts to ensure that all athletes under their jurisdiction competing in Recognised Competitions are in a state of physical and mental health that is compatible with elite level competition in Para dance sport.
 - Every NPC shall use best efforts to ensure that appropriate and continuous medical monitoring of its athletes is undertaken. It is further recommended that NPCs organise, for a period, health evaluation of each athlete that it enters into competitions.
 - NPCs are responsible to ensure suitable medical provision and medical insurance coverage for their delegation during travel to and from Recognised Competitions.
 - It shall be the responsibility of the LOC in each case to ensure that suitable medical provision, medical services and medical insurance coverage are provided at all Recognised Competitions. The scope of medical services may vary according to the following factors: the size and nature of the Recognised Competition, the number of athletes participating, the number of support staff and spectators and the health standards of the country where the Recognised

Competition takes place. The IPC Medical Committee shall issue and keep updated practical guidelines to assist LOCs in providing adequate medical services and taking appropriate safety measures at international competitions.

- A Chief Medical Officer (CMO) shall be appointed by the LOC for each Recognised Competition to prepare and co-ordinate the medical services and safety requirements during the competition and liaise with the IPC Medical & Scientific Director if necessary.
- c) **Medical Exclusions:** In exceptional circumstances, if an athlete has a medical condition that requires special treatment or poses special risk and cannot be reasonably managed by the LOC or World Para Dance Sport that condition may represent grounds for a refusal to accept the entry of that athlete. The IPC Medical & Scientific Director will make a final decision, in consultation with the IPC Medical Committee and sport-technical experts as identified by the STC. The affected athlete and his/her NPC must be given opportunity to provide evidence that the medical risks are manageable. In making the decision, the following factors should be weighed:
- the risk to the athlete's health, including both the likelihood of an incident and its potential severity;
 - the risk to other athletes and officials who will be on the dance floor at the same time;
 - the medical resources which will be available at the Recognised Competition and the practicality and cost of any additional measures necessary to protect the athlete;
 - the extent of insurance coverage obtained by the athlete, the team, and the relevant NPC, and the LOC; and
 - any evidence produced by the affected athlete and the NPC.

While awaiting any final decision of the IPC Medical & Scientific Director, the athlete will not be allowed to enter the Recognised Competition. The athlete and NPC are therefore required to bring possible exceptional circumstances to the attention of Para dance sport in a timely fashion.

3.14 Injuries

At competition venues, it is the responsibility of the team physician to determine whether an injured athlete may continue or return to the competition. This decision should not be delegated to other professionals or personnel. In the absence of the competent physician, other professionals or personnel should adhere strictly to the instructions that he or she has provided. At all times, the overriding priority should be to safeguard the health and safety of athletes. The outcome of the competition should never influence such decisions.

4 World Para Dance Sport Technical Rules

4.1 Events and Programme of Events

World Para Dance Sport Competitions and World Para Dance Sport Sanctioned Competitions must consist of the following events (subject to prior approval of World Para Dance Sport, World Para Dance Sport Approved International Competitions may consist of all or some of the following events):

4.1.1 Conventional Events:

Sport Discipline		Events (competition class)
Combi Standard		Class 1, Class 2
Duo Standard		Class 1, Class 2
Combi Latin		Class 1, Class 2
Duo Latin		Class 1, Class 2
Single	Men	Class 1, Class 2
	Women	Class 1, Class 2

World Para Dance Sport Conventional Events consist of the following dances:

Sport Discipline	Dances
Standard Dances	Waltz, Tango, Viennese Waltz, Slow Foxtrot, Quickstep

Latin Dances	Samba, Cha-Cha-Cha, Rumba, Paso Doble, Jive
Single Dances*	Waltz, Tango, Samba, Rumba, Jive

*The dances are fixed – always five dances of Standard and Latin

4.1.2 Freestyle/ Showdance Events:

Sport Disciplines		Events
Combi		Class 1, Class 2
Single	Men	Class 1, Class 2
	Women	Class 1, Class 2

4.1.3 Sport Class allocations, Competition Classes for Duo Events

Sport Discipline		Class 1	Class 2
Combi Standard		SC1	SC2
Duo Standard*		Duo ST1	Duo ST2
Combi Latin		L&F1	L&F2
Duo Latin*		Duo LA1	Duo LA2
Single	Men	L&F1	L&F2
	Women	L&F1	L&F2
Freestyle/ Showdance (combi)		L&F1	L&F2

*For Duo events, the competition class is decided by the sum of the scores of the two athletes in a couple, the allocation is described in Rule 4.1.4.

4.1.4 Competition Class Allocation in Duo Events

a) Duo Standard Events

- **Duo ST1:** A couple will compete in **Duo ST1**, if both athletes are allocated an SD1 Sport Class, or if the sum of both Athletes scores from the Technical Assessment (as defined in Rule 3.6.2 of the World Para Dance Sport Classification Rules and Regulations), is less than 50 points.
- **Duo ST2:** A couple will compete in **Duo ST2**, if both athletes are allocated an SD2 Sport Class, or if the sum of both Athletes scores from the Technical Assessment (as defined in Rule 3.6.2 of the World Para Dance Sport Classification Rules and Regulations), is equal to or greater than 50 points.

b) Duo Latin Events

- **Duo LA1:** A couple will compete in **Duo LA1**, if both athletes are allocated an L&F1 Sport Class, or if the sum of both Athletes scores from the Technical Assessment (as defined in Rule 3.6.3 of the World Para Dance Sport Classification Rules and Regulations), is less than 50 points.
- **Duo LA2:** A couple will compete in **Duo LA2**, if both athletes are allocated a L&F2 Sport Class, or if the sum of both Athletes scores from the Technical Assessment (as defined in Rule 3.6.3 of the World Para Dance Sport Classification Rules and Regulations), is equal to or greater than 50 points.

Only World Para Dance Sport is authorised to grant exceptions to the event programmes of Recognised Competitions.

4.2 Uniform Advertising

The World Para Dance Sport Uniform and Wheelchair Advertising Guidelines must be applied at all Recognised Competitions. (Appendix 7)

4.3 Medals and Certificates

Gold, silver and bronze medals shall be awarded to those couples/athletes who finish in the first three places of each event. For the avoidance of doubt both athletes in a couple shall receive a medal.



- a) In World Para Dance Sport World and Regional Championships the IPC Protocol Guides for such competitions level apply.

- b) In all other Recognised Competitions, if an event is finalised with only three (3) couples/athletes, medals will be awarded only to the first and second ranked couple/athlete. The third ranked couple/athlete will get only a certificate.

5 Judging Criteria

All Recognised Competitions are adjudicated according to the Judging Criteria set out in Appendix 5.

6 Competition Rules

6.1 Dance Floor

- a) For World Para Dance Sport World and Regional Championships the dance floor must be at least 350m².
- b) For all other Recognised Competitions the dance floor must have a surface area of at least 250m² where no side length is below 10m.
- c) A maximum of eight (8) couples is permitted to enter on each dance floor in one heat.
- d) Chairperson of Adjudicators

6.2 Start Number

- a) The start numbers are produced and distributed by the LOC.
- b) A start number must be assigned to each participating couple and single athlete and such numbers, together with the corresponding athlete names, must appear on all competition lists and timetables.
- c) The start numbers must be worn always on the man's back.
- d) If the male partner is a wheelchair user and his backrest is high then the start numbers must be worn on his backrest.
- e) In Duo Dance both athletes must wear the start number.
- f) The start numbers must be visible at all times.

- g) The start numbers must always be printed in **black** on a white background (or vice versa). The colours for the competition name and sponsor field may vary.
- h) The start numbers must be A5 in size and adhere to the design requirements set out **Appendix 6**.

6.3 Dress Code

6.3.1 Conventional Events

- a) The World Dance Sport Federation Sport Technical Rules apply.
- b) In Latin dances a two piece dance dress is permitted but the upper part must be decorated and must not, in the reasonable opinion of World Para Dance Sport, look like a bra.
- c) Changes to the dance dress are permitted from round to round but never from heat to heat (between dances).
- d) The only exception to Rule 6.3.1c) is in case that the dance dress is damaged and only after the Chairman of Adjudicator's approval.

6.3.2 Freestyle/ Showdance Events

- a) Costumes and make-up
 - All types of costumes and make-up are permitted provided they reflect the programme, performance and age of the athletes.
 - All costumes must cover the intimate areas of the athletes' bodies.
 - Changes to costumes are not permitted at any time.
- b) Decoration and jewellery
 - Religious symbols as decoration or jewellery are not permitted (unless otherwise approved by World Para Dance Sport). Any other decoration or jewellery is permitted.
- c) Accessories
 - The only accessories permitted are: hats (up to 40 cm in diameter and up to 30 cm in height (with the exception of sombreros), gloves, masks, glasses, fans and hair ribbons and feathers provided they form part of the costume and are not a prop.
 - Any accessories used by athletes must not be placed on the floor, on a wheelchair or handed to another person during dances.
- d) Underwear
 - Must provide full coverage.
 - Skin colour underwear is not permitted.
 - Breasts must be covered.
- e) Skirts and Trousers
 - Hip line skirts or pants are permitted, provided the line between the buttock muscles (the inter-gluteal line) is not visible.

- All types of trousers, shorts, dresses and skirts are permitted, provided the length, in the opinion of the Chairperson of Adjudicators, is appropriate.
- f) Shirts and blouses
 - Men may wear short, long or no sleeves, provided the torso is covered.
 - Men's tops or shirts may only be open until the centre of the belt buckle or the centre of the trousers top line.
 - All blouses and tops are permitted, provided coverage, in the opinion of the Chairperson of Adjudicators, is appropriate.
- g) Tights and leotards
 - All tights and leotards are permitted.
- h) Colours
 - All colours and combinations are permitted.
- i) Shoes
 - All types of dance shoes (including trainers) are permitted except character shoes with cloves or spikes that could damage the dance floor.
 - Bare feet are also permitted,

6.3.3 Approval from the Chairperson of Adjudicators.

The Chairperson of Adjudicators, in his or her sole discretion, may require an athlete to remove an item of jewellery or dress if it presents a danger to that athlete or other athletes.

6.4 Use of Props in Freestyle/ Showdance Events.

Props (any movable or portable object used on the dance floor during a performance that is not an accessory as defined in Rule 6.3.2) are not permitted in Freestyle/ Showdance Events.

6.5 Music for Conventional Events

The music must be relevant to the dance.

6.5.1 Music Time Duration

In all rounds of Recognised Competitions, the music played shall be as follows:

- a) A minimum of one and a half (1 ½) minutes for Waltz, Tango, Slow Foxtrot, Quickstep, Samba, Cha-Cha-Cha and Paso Doble.
- b) A minimum of one (1) minute for Viennese Waltz and Jive.
- c) The same style of music must be played during the heats and qualifying rounds of each competition.
- d) Any changes to the music durations outlined above can only be done by the Chairperson of Adjudicators.

6.5.2 Music Bar/Minute

In all rounds of Recognised Competitions the music played shall be as follows:

6.5.2.1 Standard dances

Dance	Sport Class 1	Sport Class 2
	Bar/minute	Bar/minute
Waltz	28-30	28-30
Tango	31-33	31-33
Viennese Waltz	56-58	58-60
Slow Foxtrot	28-30	28-30
Quickstep	48-50	50-52

6.5.2.2 Latin dances

Dance	Sport Class 1	Sport Class 2
	Bar/minute	Bar/minute
Samba	48-50	50-52
Cha-Cha-Cha	28-30	30-32
Rumba	24-25	24-25
Paso Doble	58-60	60-62
Jive	40-42	42-44

6.6 Music for Freestyle/ Showdance Events

- a) Athletes may choose any type of music for Freestyle/ Showdance Events
- b) The music must meet a specific length:
 - The duration of the free dance presentation for Singles: 1:30 min to 2min
 - The duration of the free dance presentation for Combi: 2:30 to 3min
- c) Athletes must submit their music prior to the relevant competition in mp3 format, and should give credit to the artist.
- d) Music should be audible and clear.
- e) The Chairperson of Adjudicators is responsible for checking the length of the music provided by each couple/athlete meets the requirements above.

6.7 Composition of Participants

a) Singles

A Singles participant must consist of one (1) individual athlete (either a man or a woman), who is a wheelchair user and who meets the eligibility requirements set out in Rule 3.3. A Singles participant can participate in Conventional Events, Freestyle/ Showdance Events or both Conventional Events and Freestyle/ Showdance Events. A Singles participant participates in either the women's section or the men's section.

b) Combi

Combi participants must consist of one (1) male and one (1) female athlete who both meet the eligibility requirements set out in Rule 3.3 one of whom must be a wheelchair user. Combi participants can participate in Conventional Events, Freestyle/ Showdance Events or both Conventional Events and Freestyle/ Showdance Events.

c) Duo

Duo participants must consist of one (1) male and one (1) female athlete who both meet the eligibility requirements set out in Rule 3.3; both of whom must be wheelchair users. Duo participants can participate in Conventional Events.

Combi and Duo participants must always dance with the same partner in Standard, Latin and Freestyle/ Showdance sections throughout the duration of each season (1 January – 31 December). Partners can be different (or changed) only between Duo and Combi. Wheelchair users may compete in both Singles and Combi. Athletes may dance in all sections (Standard, Latin or Freestyle/ Showdance) or only one section.

6.8 Dance Rounds in Conventional Events

- a) Recognised Competitions shall be comprised of at least two (2) qualifying rounds to allow all couples the opportunity to dance twice.
- b) The number of rounds during a competition (first round, second round, semi-final and final) depends on the number of couples competing in the relevant competition.
- c) At least 50% of participating couples shall be recalled to the next round excluding the final.
- d) Six (6) couples must participate in the final of Recognised Competitions, but if more than six (6) couples qualify, the Technical Delegate has sole discretion to increase the number of participants in the final round.
- e) In the event there are only one or two couples/athletes in Class 1, they will be permitted to compete together with Class 2. Each couple/athlete will get ranking points in their own Class 1, according to the place achieved in the competition.
- f) The way in which rounds will proceed based on the couples' numbers is presented in the table below:

Number of couples	1st round	Re-dance	Semi-final	Final
3 couples	General look			
4 couples	General look			
5 couples	General look			
6 couples	General look			
7 couples	General look			7
8 couples	3	3		6
9 couples	3	3		6
10 couples	3	3		6

11 couples	3	3		6
12 couples	3	3		6
13 couples	6	4	10	6
14 couples	7	5	12	6
15 couples	7	5	12	6
16 couples	7	5	12	6
...				
24 couples		also 1/4 Final		

6.9 Dance Rounds in Freestyles/ Showdance Events

- a) Singles and Combi couples/athletes present their programme to the Adjudicators only once.
- b) Singles and Combi couples/athletes participate on the dance floor one by one and get points after their performance.
- c) If an athlete falls down during a performance if he/she can recover immediately, he/she can continue. In case assistance is needed, the music will be stopped and then, if the athlete is able to continue, restarted from the point of the fall.

6.10 Disqualifications in Conventional Events

Participants may be disqualified in the sole discretion of the Chairperson of Adjudicators for any one or more of the following reasons:

- a) Failing to meet the eligibility requirements set out in Rule 3.3.
- b) Not showing up to a Recognised Competition (No Show) (if an entered couple/athletes does not show up without providing prior notice to the LOC) In this case, the couple/athlete will be disqualified from the next Recognised Competition.
- c) Performing dangerous movements (high back kicks, laying or sitting on the floor, uncontrolled speed, crashing on purpose or fighting).
- d) Performing a lift.
- e) Dancing against the line of dance.
- f) Not adhering to any one or more of the rules set out in these Rules or Regulations.

- A couple/athlete will be disqualified if the offence is repeated after the Chairperson of Adjudicators has provided a warning to the team leader.
- If a couple/athlete is disqualified their/his/her results will appear as DSQ.

6.11 Disqualifications in Freestyle/ Showdance Events

Participants may be disqualified in the sole discretion of the Chairperson of Adjudicators for any one or more of the following reasons:

- a) Failing to meet the eligibility requirements set out in Rule 3.3.
 - b) Not showing up to a Recognised Competition (No Show) (if an entered couple/athletes does not show up without providing prior notice to the LOC) In this case, the couple/athlete will be disqualified from the next Recognised Competition.
 - c) Not adhering to the any one or more of the rules set out in these Rules or Regulations.
- A couple/athlete will be disqualified if the offence is repeated after the Chairperson of Adjudicators has provided a warning to the team leader.
 - If a couple/athlete is disqualified their/his/her results will appear as DSQ.

6.12 Discipline

World Para Dance Sport may take disciplinary action for any breach of these Rules and Regulations and/or for any conduct that, in the opinion of World Para Dance Sport, is, or could be, harmful to another person and/or detrimental to the sport of Para dance sport. If World Para Dance Sport takes such disciplinary action it will do so under the advice of the IPC Legal Counsel and in accordance with the principles of natural justice.



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