



International  
**Paralympic**  
Committee

To National Paralympic Committees that have athletes competing at the Para powerlifting and Para swimming World Championships in Mexico City

Bonn, 18 August 2017

### **Important Therapeutic Use Exemption (TUE) Information for all athletes**

Dear NPCs,

The IPC wish to remind you of the process regarding Therapeutic Use Exemptions (TUE), in the case that your athletes need to take a prohibited substance for a medically justified reason. We ask that NPC's support athletes in this process.

#### **Therapeutic Use Exemptions (TUE)**

It is an athlete's responsibility to ensure that any medication or method they take to treat an illness or medical condition is not prohibited according to the World Anti-Doping Agency (WADA) Prohibited List.

Athletes may have to take a medication that is on the WADA Prohibited List to treat an acute or chronic illness or medical condition. Before doing so, they must apply for a TUE and be given an approval for the particular medication and/or method. Athletes should consult with their NPC team physician to guide them through this process. All TUEs will be managed as per the WADA International Standard for TUEs (ISTUE) and entered into ADAMS (a secure online database).

NPCs are encouraged to:

- Be proactive in assisting their athletes in verifying the status of their medications
- Identify, along with the athlete's physician, therapeutic use alternatives to prohibited medications or methods, if appropriate
- Submit legible and complete TUE application forms in a timely manner
- The most common reason a TUE is denied is because of lack of proper medical documentation. Athletes and NPC medical staff are encouraged to carefully document any and all medical treatment including proper diagnoses and treatment plans.

International Paralympic Committee

Adenauerallee 212-214 Tel. +49 228 2097-130  
53113 Bonn, Germany Fax +49 228 2097-209

[www.paralympic.org](http://www.paralympic.org)  
[tue@paralympic.org](mailto:tue@paralympic.org)



Athletes that already have a valid TUE certificate of approval (Article 4.4.2.1):

A copy of any currently valid TUE approval certificate and supporting medical documentation must be submitted to the IPC Medical Committee for review by 17 August 2017. Submissions must be in English and entered into ADAMS or by email to [tue@paralympic.org](mailto:tue@paralympic.org). The IPC will notify the athlete through the NPC whether the TUE is recognized.

Athletes that need to apply for a new TUE (Article 4.4.2.2):

From 17 August 2017, ALL athletes must apply to the IPC Medical Committee and submit the completed TUE application with supporting medical documentation either through ADAMS or by email to [tue@paralympic.org](mailto:tue@paralympic.org). Submissions must be in English. The decisions of the IPC Medical Committee will be communicated to the athlete's NPC, National Anti-Doping Organisation (NADO), and to WADA.

Retroactive TUE

Article 4.3 of the ISTUE will apply in the event of an emergency. Details of the TUE process, including the TUE application process, the medical documentation in support of the application needed, and the criteria for granting a TUE are outlined in the IPC Anti-Doping Code and ISTUE. Further information on the TUE process can be found on the IPC website: <http://www.paralympic.org/the-ipc/anti-doping/tue>

We thank you in advance for your cooperation to ensure all your athletes are aware of these requirements and are properly supported.

Kind regards,

A handwritten signature in blue ink, appearing to read 'Peter Van de Vliet', is located below the text 'Kind regards,'.

Peter Van de Vliet  
Medical & Scientific Director  
International Paralympic Committee