# The impact of vision impairment on navigation in sport

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Faculty of

Behavioural and

Movement Sciences

### NAVIGATION IS A PERFORMANCE DETERMINANT IN MANY SPORTS









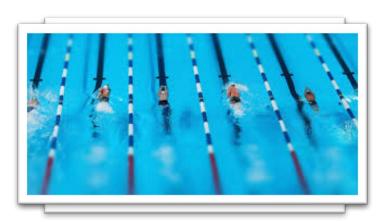


#### THE DEGREE OF THE IMPACT OF VI IS SPORT-SPECIFIC

Factors determining the degree of impact:

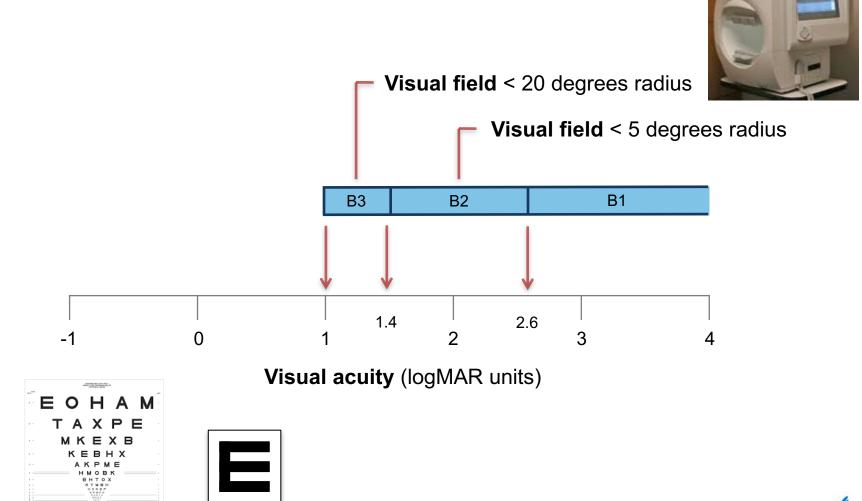
- The visual demands of a sport
- Outdoor changing lighting conditions
- The use of guides vs. no guides





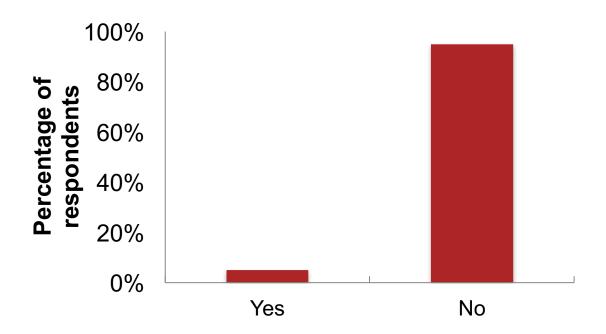


### CURRENT VI CLASSIFICATION



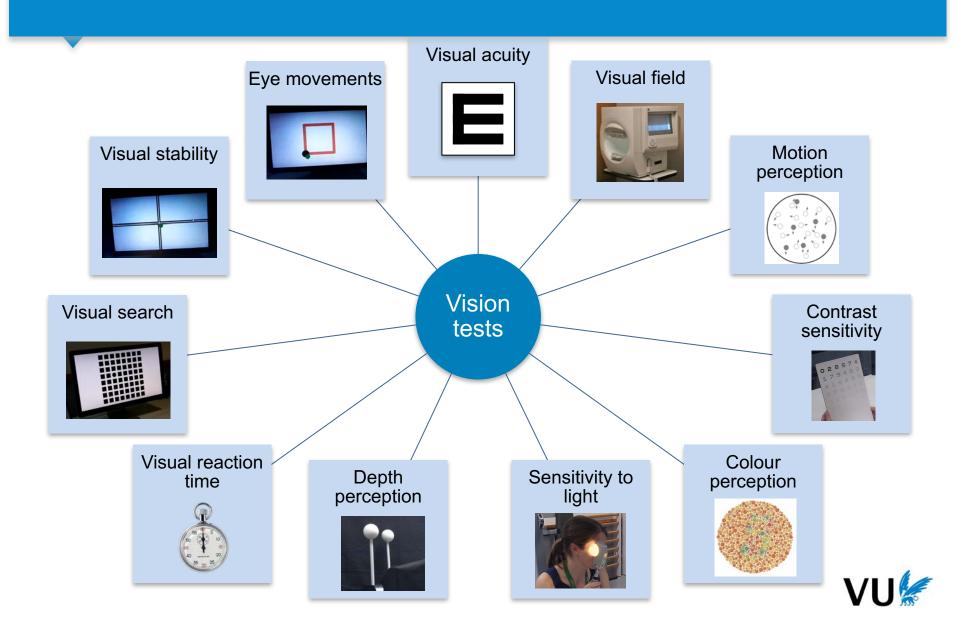
### **EXPERT CONSULTATION ACROSS VI SPORTS**

Do you believe that the assessment of <u>only</u> visual acuity and visual field is sufficient for the classification of vision impairment?



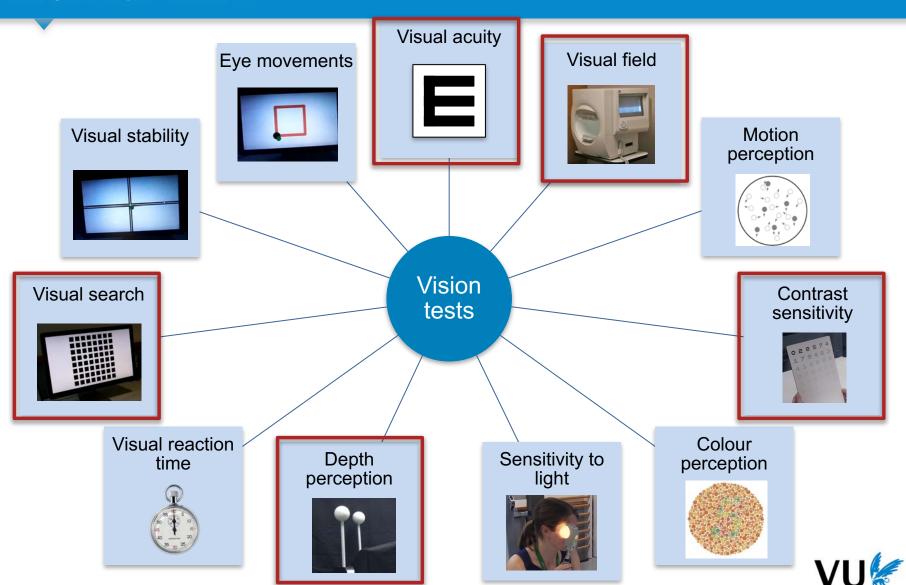


# VISION TEST BATTERY



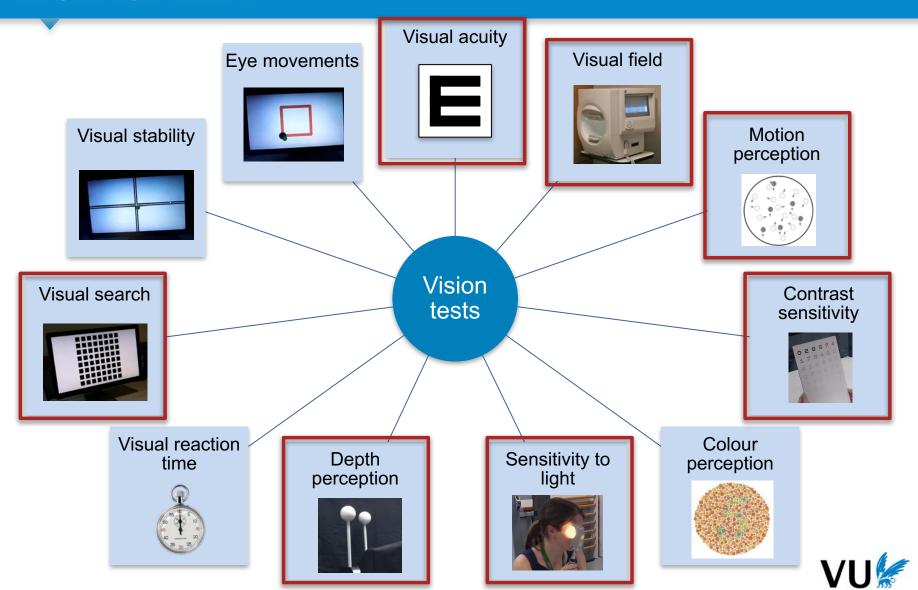
### VISION TEST BATTERY – SWIMMING

HYPOTHETICAL EXAMPLE

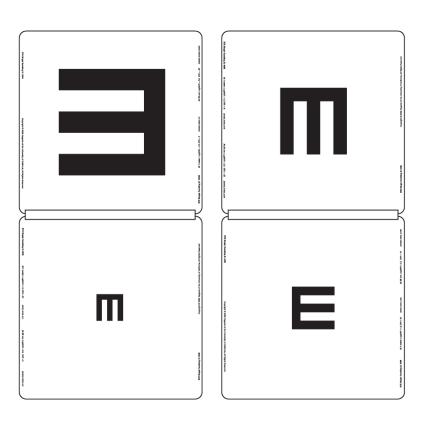


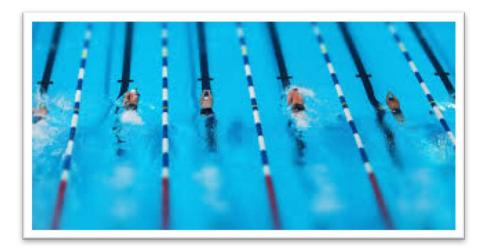
### VISION TEST BATTERY – SNOW SPORTS

HYPOTHETICAL EXAMPLE



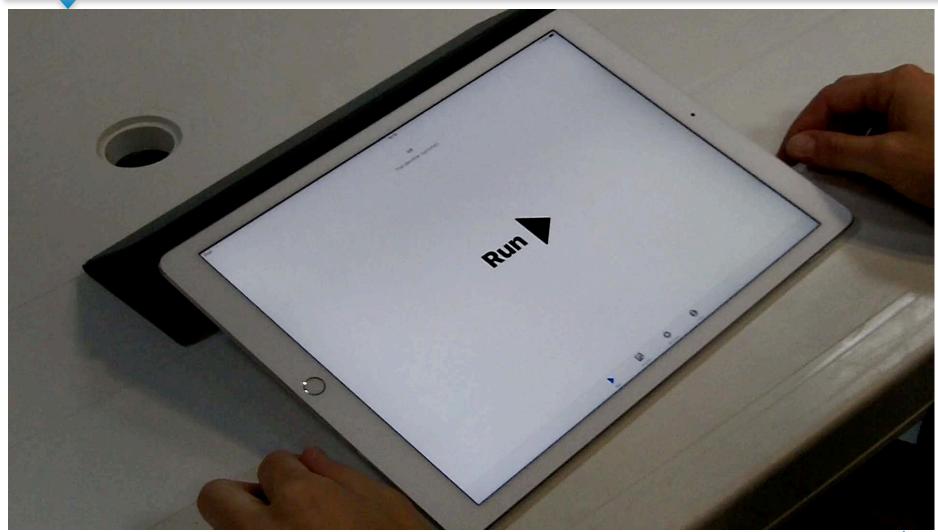
# **VISUAL ACUITY**





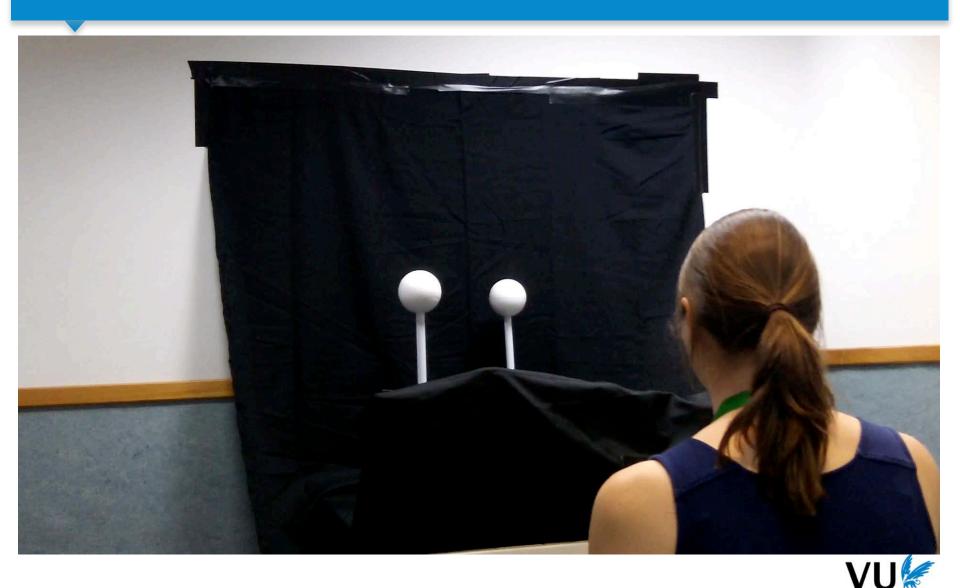


# CONTRAST SENSITIVITY

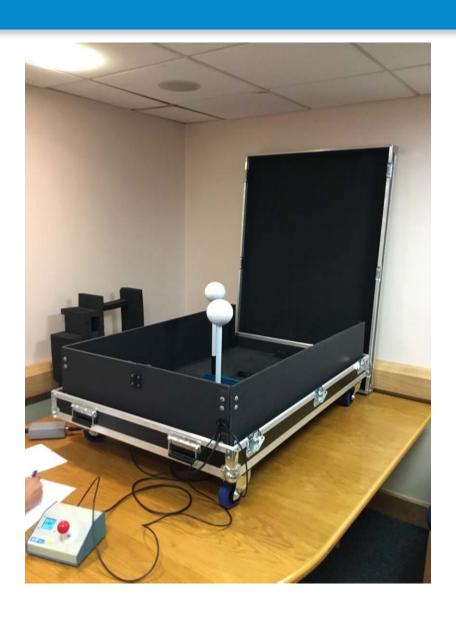




# **DEPTH PERCEPTION**

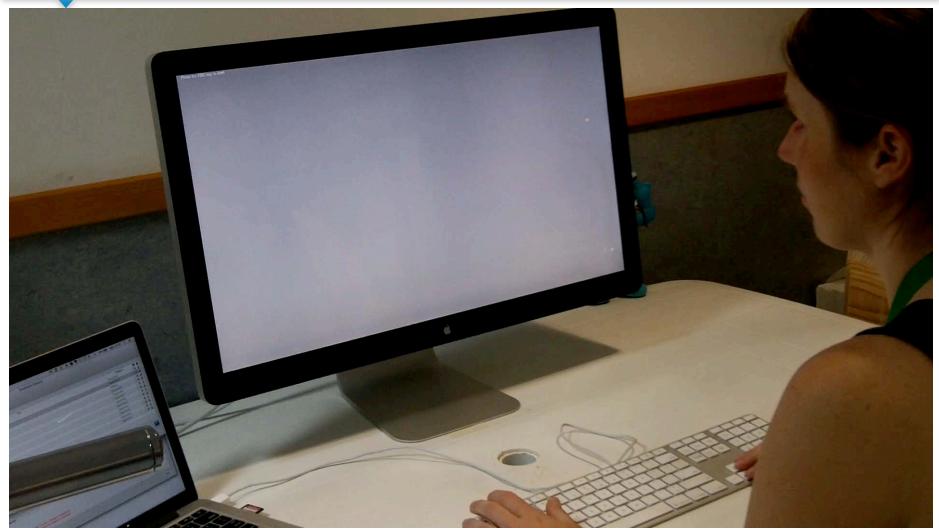


# **DEPTH PERCEPTION**



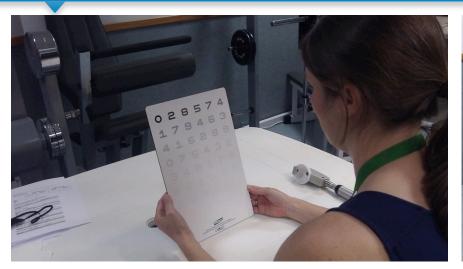


# MOTION PERCEPTION





# LIGHT SENSITIVITY



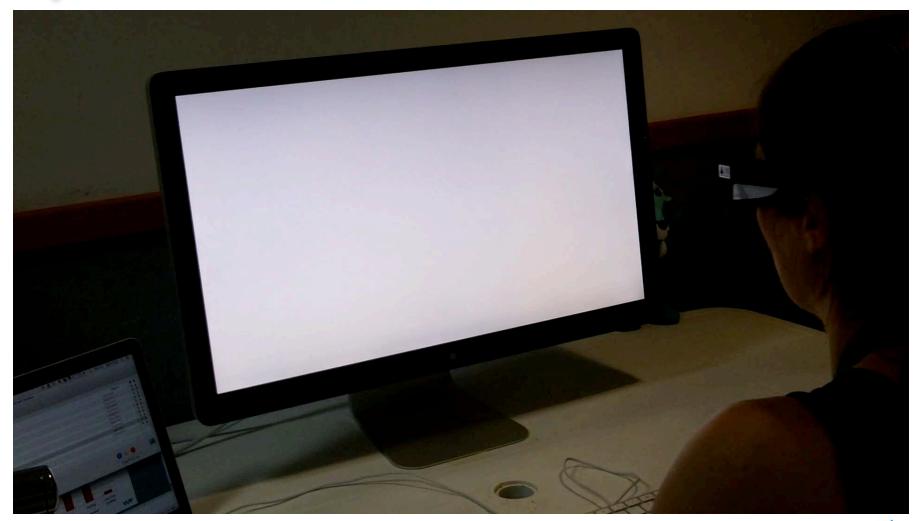






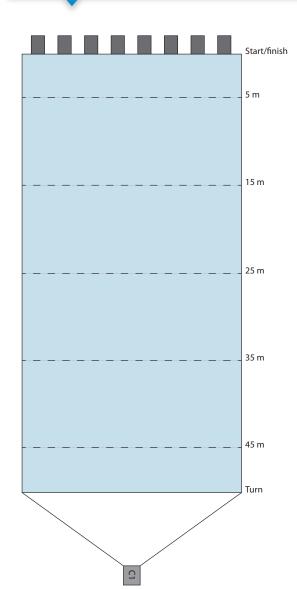


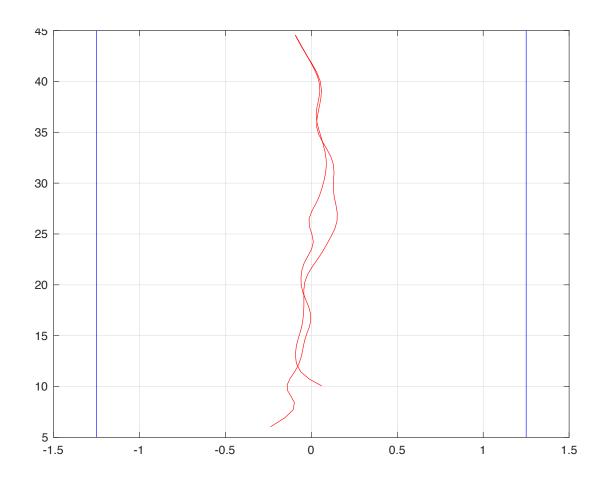
# VISUAL SEARCH





### NAVIGATION WITHIN THE LANE

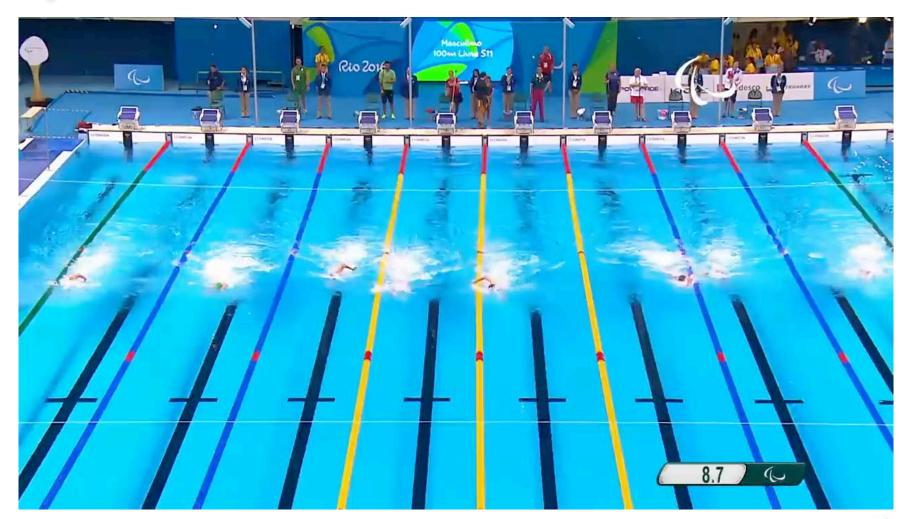






### NAVIGATION WITHIN THE LANE

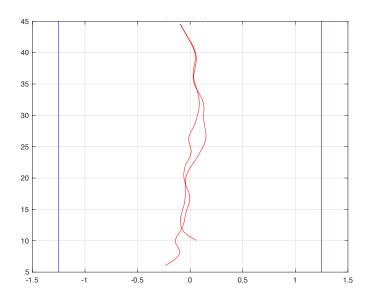
VIDEO 100M FREESTYLE S11 (PG2016 – RIO DE JANEIRO)



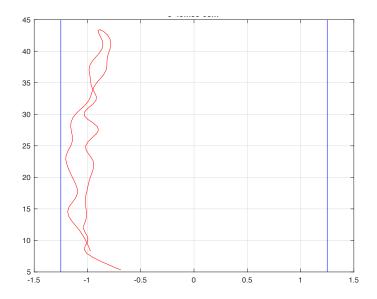


### NAVIGATION WITHIN THE LANE

#### Optimal: straight through the middle



#### Following the lane rope

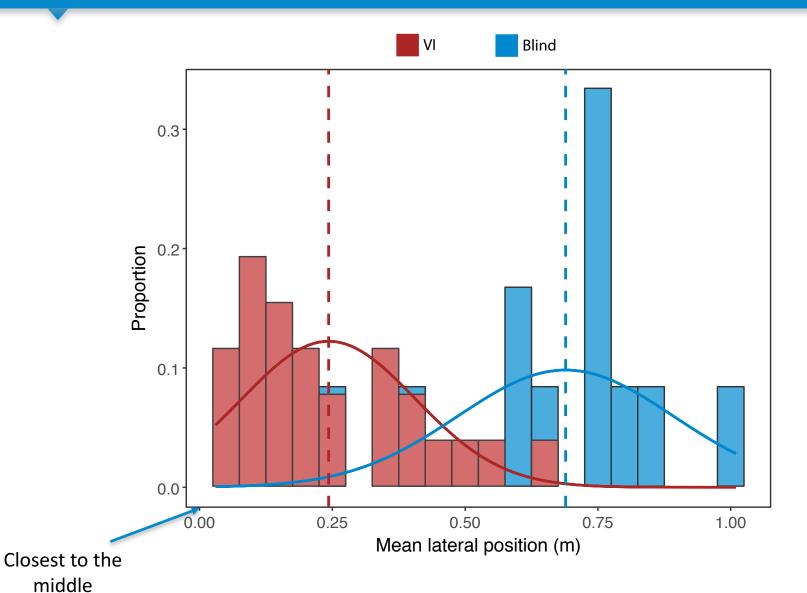


#### **Outcome measures**

- Mean position
- Variation in position



### ONLY BLIND SWIMMER'S ABILITY TO NAVIGATE IS AFFECTED



#### **FUTURE**

The impact of VI on navigation is expected to be very different across sports

Currently ongoing research in Athletics and Snow Sports



### **ACKNOWLEDGMENTS**





Classification Research Partner



supported by



#### **International Paralympic Committee**

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#### International Blind Sports Federation

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