



Kitakyushu 2018 World Para Powerlifting Asia-Oceania Open Championships

Competition Schedule – Bodyweight Category by Day

Day 1 – Saturday 08 September 2018

- Opening Ceremony
- Women's Up to 41kg
- Women's Up to 45kg
- Men's Up to 49kg
- Men's Up to 54kg

Day 2 – Sunday 09 September 2018

- Women's Up to 50kg
- Women's Up to 55kg
- Men's Up to 59kg
- Men's Up to 65kg

Day 3 – Monday 10 September 2018

- Women's Up to 61kg
- Women's Up to 67kg
- Men's Up to 72kg
- Men's Up to 80kg

Day 4 – Tuesday 11 September 2018

- Women's Up to 73kg
- Women's Up to 79kg
- Men's Up to 88kg
- Men's Up to 97kg

Day 5 – Wednesday 12 September 2018

- Women's Up to 86kg
- Women's Over 86kg
- Men's Up to 107kg
- Men's Over 107kg
- Closing Ceremony