

Astana 2019 World Para Powerlifting Championships Master Schedule by Body Weight Categories



| 09-Jul | 10-Jul | 11-Jul | 12-Jul | 13-Jul | 14-Jul | 15-Jul | 16-Jul | 17-Jul | 18-Jul | 19-Jul | 20-Jul |
|------------------|---------------------------------|---------------------------------|---------------------------|-------------|------------|------------|------------|------------|-------------|-----------------|--|
| Teams Arrival | Teams Arrival | International Classification | | Up to 41kg | Up to 54kg | Up to 55kg | Up to 72kg | Up to 73kg | Up to 86kg | Technical Forum | Heats MIXED TEAM EVENT |
| | International Classification | Technical Meeting (s) | Women's Juniors all BW | Up to 49kg | Up to 59kg | Up to 61kg | Up to 67kg | Up to 79kg | Up to 97kg | Over 86kg | Knockout, Third Place and Final MIXED TEAM EVENT |
| | | | Men's Juniors all BW | Up to 45kgs | Up to 50kg | Up to 65kg | Up to 80kg | Up to 88kg | Up to 107kg | Over 107kg | CLOSING CEREMONY |

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